

**European Young Internists Assembly
and EFIM Administrative Council
Meeting, Helsinki, May 2013**



I attended the 7th Young Internists Assembly and the European Federation of Internal Medicine Administrative Council Meeting in Helsinki on behalf of the RCP. The voice of the Young Internists within EFIM is becoming more established and respected, with the vast majority of EFIM member societies now supporting one Young Internist as their representative. The network of physicians in training in Europe is growing, and it was again inspiring and refreshing to see the enthusiasm of Young Internists for strengthening Internal Medicine and Internal Medicine Training.

The Assembly took place the day before the EFIM Administrative Council and was well attended: One Young Internist even joined the Assembly via Skype as she was unable to travel to Helsinki. Preparations for the Young Internists Day at the upcoming congress in Prague in October are well underway: The keynote lecture will focus on the transition from trainee to consultant, the interactive clinical gymnasium is now a regular feature, and the Exchange programme will be introduced. This new EFIM initiative was driven predominantly by Young Internists within EFIM, and the first batch of trainees have finished their period of supervised work in an Internal Medicine Unit abroad, with consistently excellent feedback on their experiences. Other current projects initiated by Young Internists include a large-scale European survey on work-life balance and trainee satisfaction and the project on error reporting and clinical governance procedures.

Unfortunately only two hours were scheduled for the Assembly due to a tight programme of working group meetings, all of which now have significant contribution from Young Internists. The discussions around quality of training as well as trainee representation in different European countries were therefore continued over dinner and during breaks in the programme over the following two days.



The current chair of the Young Internists group, Dr Lenka Bosanska, finishes her two-year term, and Dr Carla Araujo, Portuguese representative at the Assembly with extensive experience in coordinating trainee activities at national level, was unanimously elected as her successor. I will take on the role of Secretary, and we will both represent the Young Internists on the EFIM Executive Committee.

Overall, this was a fruitful and encouraging meeting, and we will work to hard to improve cooperation and networking between physicians in training in Europe, as well as making our voice and interests heard within EFIM and our National Societies. We are also keen to explore new ways of communicating amongst Young Internists in Europe, and have set up an active Facebook Group.

There are plenty of EFIM activities open to trainees – including from the UK – who would like to become involved: The twice yearly European Schools of Internal Medicine, a yearly Clinical Research Seminar, and of course the European Congress of Internal Medicine with its Young Internists day. This year's Congress will be held in Prague on 2nd – 5th October, there is a reduced registration fee for Young Internists and the deadline for abstract submissions is 31st May – a fantastic opportunity to combine an international meeting, a presentation and networking with trainees from across Europe!

Details of all activities are on the EFIM Young Internists website at <http://younginternists.efim.org>.

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