



**EFIM**  
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**ANNUAL / 2022  
REPORT**

# AIMS MISSION AND OBJECTIVES

The European Federation of Internal Medicine (EFIM) was established in 1996 through a merger of its predecessor AEMI and the Forum of Presidents of National Internal Medicine Societies in Europe.

From the beginning, the aims of the organisation were as laid down in the Statutes:



To promote internal medicine scientifically (but also ethically and professionally)



To publish research and resolutions



To organize meetings and congresses



To establish communication between internists



To provide information to private and public organisations

The purpose of EFIM is to re-emphasize the importance of internal medicine in patient care in a world of increasing specialisation. Education, research and the promotion of internal medicine are at the heart of the EFIM mission. The European Congress of Internal Medicine, the European School of Internal Medicine and the Clinical Research Seminar have become popular events, bringing together internists and internal medicine trainees from across Europe and around the world. EFIM will continue to build programmes that will raise the profile of internal medicine and encourage greater collaboration of European internists in years to come.

Internal medicine will remain the cornerstone of every national healthcare system.

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**Prof. Dror Dicker**  
*EFIM President*

Dear Members and Colleagues,

It is my great pleasure to present the Annual Report of 2022 which highlights the important contributions and achievements of EFIM.

Throughout the year, we have organized a range of activities, events, and initiatives that have had a positive impact on our societies' members and the broader healthcare community.

We have launched the EFIM Academy during our 20th ECIM congress in Malaga, we've discussed the possibilities for a European Exam of Internal Medicine with EBIM, we have awarded the 1st EFIM Life Achievement Award given to Prof. Jaime Merino Sánchez in appreciation of his outstanding contributions to EFIM and Internal Medicine during the very successful ECIM congress in Malaga and we have elected new Secretary General and new Treasurer.

Furthermore, we have worked on relaunching the Exchange programme with new hospital centres and our EFIM Fellowship has slowly grown the network of leading internal medicine physicians in Europe, completing 55 successful applications.

Most importantly, 2022 was marked by EJIM receiving an Impact Factor of 7.749 (previously 4.624) making a huge jump in its already impressive Impact Factor growth development under the leadership of Prof. Giancarlo Agnelli. EJCRIM has continued to publish highly relevant and much read content.

One of the highlights of the year was the EFIM 2022 Congress, which took place in Malaga from 9 - 11 June. The successful 2021 Virtual Congress demonstrated that we needed a place to connect and share our experiences now more than ever. Hence it was EFIM's priority to facilitate acquiring expert knowledge,

learning, and sharing experiences, and discussing the latest breakthrough in the clinical areas related to internal medicine while meeting face to face. The Congress was a great success, and we look forward to hosting the next ECIM 2023 in Athens.

In addition to the Congress, EFIM also organized several educational activities throughout the year. Our online learning platform, EFIM Academy, provided high-quality education and training to internal medicine professionals across Europe in the course of 2022. We also supported our Young Internists Section and the Early Career Subcommittee, offering networking opportunities and various sessions at ECIM. The 6th EFIM Day was organised virtually discussing initiatives with all our members societies on how to improve the quality and safety of healthcare, and to ensure that internal medicine is recognized as a key specialty in the delivery of healthcare services. EFIM Working Groups have been extremely busy working on publication of various position papers.

Looking ahead, we remain committed to promoting the importance of internal medicine, and to working collaboratively with our member societies and partners to advance the science and practice of internal medicine across Europe.

Finally, I would like to express my gratitude all our national societies members, Executive Committees and Secretariat, Working Groups and Subcommittees, partners, and supporters for their continued dedication to EFIM and to the field of internal medicine. It has been a great honour to lead EFIM over the last two years.

Enjoy reading our Annual Report

Sincerely,

The European Board of Internal Medicine (EBIM) has been working diligently over the past year to advance its mission of improving the quality of Internal Medicine training and practice in Europe. We are pleased to present this annual report to provide an update on our progress.

## 1 Tendering process for the provision of services to provide a European exam in Internal Medicine

We are excited to announce that a tendering process has been written and approved by the UEMS central office for the provision of services to provide a European exam in Internal Medicine. This process will be issued shortly, and we look forward to receiving bids from providers.

## 2 Creation of blueprint for the upcoming European exam in Internal Medicine

We have completed the creation of a blueprint for the upcoming European exam in Internal Medicine. This blueprint provides a framework for the exam, including the topics covered, the format of the questions, and the scoring system. We believe this blueprint will be invaluable for candidates preparing for the exam.

## 3 Training survey

The training survey for trainees and recently qualified internists on the issues of postgraduate training and work-life balance is still open. We have received 209 responses thus far; both UEMS and EFIM should do better. The results of this survey will inform our future work in these areas and help us to better support internists throughout their careers.

## 4 Call for working group to review the first European curriculum in Internal Medicine

A call has been made for a working group to review the 2016-approved first European curriculum in Internal Medicine. To ensure the European Curriculum's fairness, comprehensiveness, and rigor, we believe a diverse group of internists with experience in training and education, representing all EFIM and UEMS members, is essential. This review will ensure that the curriculum remains relevant and up to date with the evolving needs of internists.

## 5 Call for future question writers and exam board members

We have issued a call for future question writers and exam board members for the proposed

European exam. We believe that a diverse group of professionals representing all EFIM and UEMS members will be essential to ensuring that the exam is fair, comprehensive, and rigorous.

## 6 Collaboration with EFIM Academy

We are excited to announce that we have begun collaborating with the EFIM Academy on a joint website, which will serve as a central hub for information and resources related to Internal Medicine training and practice in Europe.

Additionally, we are proposing guidance and accreditation for both EFIM Academy and EBIM content, including the newsletter 'EBIM in the Loop'. We are confident that accreditation will guarantee the highest quality and relevance of the content provided by the EFIM Academy and EBIM.

## 7 Review of the Terms of Reference

We have reviewed the Terms of Reference for EBIM to include Young Internist representation. We believe that this will help to ensure that the perspectives and needs of Young Internists are properly considered in our work.

## 8 Proposal to further pursue European Internal Medicine training program accreditation

We are proposing to continue our efforts in pursuing accreditation for European Internal Medicine training programs. We have designed an application form for accreditation, which will undergo testing. Our goal is to ensure that training programs offer the highest quality education and training to internists through accreditation.

## 9 Proposal to further pursue European Internal Medicine certification of training

Finally, we are proposing to further pursue European Internal Medicine certification of training. We have created an application form for certification, which is currently undergoing testing. This certification will help to ensure that internists have the skills and knowledge necessary to provide high-quality care to patients throughout Europe.

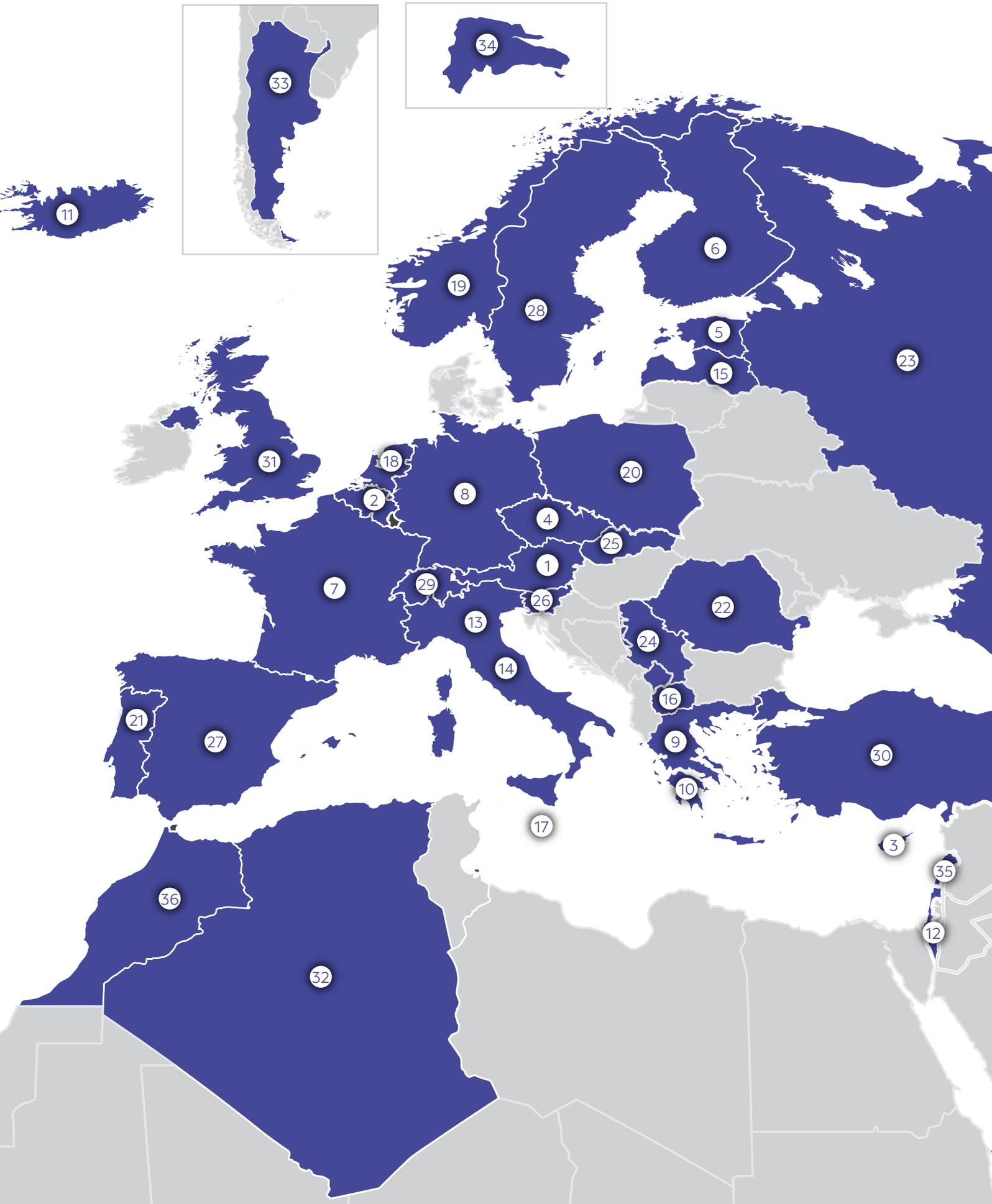
We are proud of the progress we have made over the past year and look forward to continuing our work to improve Internal Medicine training and practice in Europe. We would like to thank all our members and partners for their support and commitment to this important work.

EFIM currently comprises **36 MEMBER SOCIETIES** representing **OVER 50,000 INTERNISTS**

COUNTRIES	ORDINARY MEMBERS	MEMBERS
1 AUSTRIA	Austrian Society of Internal Medicine	967
2 BELGIUM	Belgian Society of Internal Medicine	137
3 CYPRUS	Cyprus Federation of Internal Medicine	85
4 CZECH REPUBLIC	Czech Society of Internal Medicine	1072
5 ESTONIA	Estonian Society of Internal Medicine	97
6 FINLAND	Finnish Society of Internal Medicine	994
7 FRANCE	French Society of Internal Medicine	975
8 GERMANY	German Society of Internal Medicine	9448
9 GREECE	Internal Medicine Society of Greece	613
10 GREECE	Hellenic Society of Internal Medicine	800
11 ICELAND	Icelandic Society of Internal Medicine	220
12 ISRAEL	Israeli Society of Internal Medicine	448
13 ITALY	Italian Society of Internal Medicine SIMI	2978
14 FADOI ITALY	Italian Federation of Associations of Hospital Internists FADOI	2208
15 LATVIA	Latvian Society of Internal Medicine	333
16 NORTH MACEDONIA	Macedonian Association of Internal Medicine	170
17 MALTA	Association of Physicians of Malta	80
18 NETHERLANDS	Netherlands Society of Internal Medicine	2000
19 NORWAY	Norwegian Society of Internal Medicine	1980
20 POLAND	Polish Society of Internal Medicine	400
21 PORTUGAL	Portuguese Society of Internal Medicine	2419
22 ROMANIA	Romanian Society of Internal Medicine	300
23 RUSSIAN FEDERATION	Russian Scientific Society of Internal Medicine	988
24 SERBIA	Serbian Society of Internal Medicine	385
25 SLOVAKIA	Slovakian Society of Internal Medicine	506
26 SLOVENIA	Slovenian Society of Internal Medicine	220
27 SPAIN	Spanish Society of Internal Medicine	6300
28 SWEDEN	Swedish Society of Internal Medicine	1232
29 SWITZERLAND	Swiss Society of General Internal Medicine	5993
30 TURKEY	Turkish Society of Internal Medicine	1365
31 UNITED KINGDOM	Royal College of Physicians	2415
COUNTRIES	ASSOCIATE MEMBERS	MEMBERS
32 ALGERIA	Algerian Society of Internal Medicine	443
33 ARGENTINA	Argentinian Society of Internal Medicine	650
34 DOMINICAN REPUBLIC	Dominican Republic Society of Internal Medicine	800
35 LEBANON	Lebanese Society of Internal Medicine	190
36 MOROCCO	Moroccan Society of Internal Medicine	210

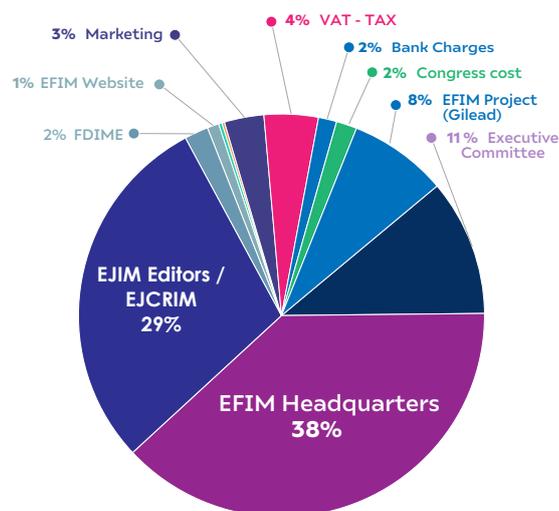
2022 TOTAL

53839



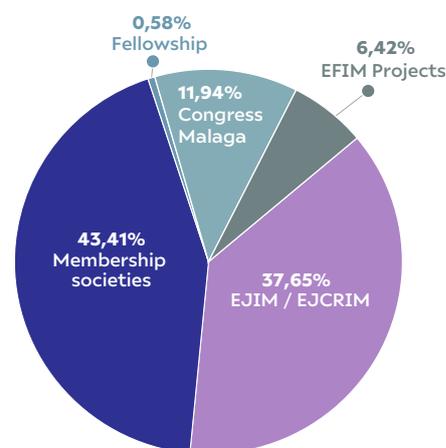
## Expenses

	Expenses Approved	Final 31 Dec. 2022
Executive Committee	€ 25.000,00	€ 28.706,40
EFIM Headquarters	€ 101.741,32	€ 100.358,09
EJIM Editors / EJCRIM	€ 77.000,00	€ 76.228,50
FDIME	€ 5.000,00	€ 5.000,00
Exchange Programme	€ 3.000,00	€ 0,00
EFIM Website	€ 5.700,00	€ 2.429,94
EFIM Working Groups	€ 16.000,00	€ 0,00
EFIM Subcommittee	€ 2.000,00	€ 697,50
Young Internists' Section	€ 3.000,00	€ 537,00
Marketing	€ 8.500,00	€ 8.252,49
VAT - Tax - Patrimony Tax	€ 13.000,00	€ 11.310,15
Bank Charges	€ 2.000,00	€ 3.815,87
EFIM Projects	€ 3.500,00	€ 0,00
Congress cost	€ 0,00	€ 4.311,21
EFIM Project (Gilead)	€ 0,00	€ 20.624,74
<b>Total:</b>	<b>€ 265.441,32</b>	<b>€ 262.271,89</b>



## Income

	Income approved	Final 31 Dec. 2022
EJIM / Elsevier	€ 90.000,00	€ 117.224,61
Membership - Nat. societies	€ 135.000,00	€ 135.157,82**
Fellowship	€ 1.200,00	€ 1.800,00
Congress Malaga	€ 25.000,00	€ 37.174,56
EFIM Projects (Gilead)	€ 20.000,00	€ 20.000,00
EFIM Endorsements	€ 1.500,00	€ 0,00
<b>TOTAL Income</b>	<b>€ 250.500,00</b>	<b>€ 311.356,99</b>



(\*\*) of which 5741.82 EUR remains unpaid

## 2022 - Result Preview

	Accounts Approved	Final 31/12/2022
Income	€ 272.700,00	€ 311.356,99
Expenditure	€ 265.441,32	€ 262.271,89
Provisions Added		€ 22.280,00
Social liabilities		€ 780,00
IT Equipment		€ 1.500,00
EFIM Office		€ 20.000,00
Provisions Taken Back		-€ 27.000,00
Website		-€ 1.000,00
Legal Liabilities		-€ 8.000,00
Promotional Materials		-€ 18.000,00
<b>Result</b>	<b>€ 7.258,68</b>	<b>€ 53.805,10</b>

It was a pleasure to have welcomed so many participants from the EFIM National Societies during the 7th EFIM Day held virtually on 9 December.

78 participants representing 29 EFIM National societies attended the virtual EFIM Day representing almost all EFIM members..

We would like to thank all our participants for the active participation in the EFIM Day meeting.

The meeting has been recorded and the video link is published on EFIM Day page accessible for all members.

Prof. Dr. Dror Dicker, EFIM President and EFIM Executive Committee were pleased to welcome and address the Presidents and the Society Representatives. Prof. Dr. Dicker presented all the activities and achievements following the ECIM 2022 congress in Malaga and thanked the representatives for their active contribution.

Prof. Dr. Dicker together with Prof. George Dalekos the Presidents of ECIM 2023 and the 12th ICIM invited the participants to the upcoming congress in Athens and asked the support of the participants to circulate the communication among their societies' members, colleagues and peers.

The highlight of the meeting was the presentation and the discussion for the launch of the European Exam of Internal medicine.



We had the pleasure to welcome Prof. Maeve Durkan, the Vice-President of CESMA and Prof. Vassilios Papalois, the President of UEMS discussing the need of European Exams and the achievements of other medical societies. Prof. Rijk Gans together with Dr. Marc Cranston presented the proposal for the European Exam of Internal Medicine which was followed by a lively discussion.

Prof. Agnelli, EJIM Editor-in-Chief was invited to address the Presidents and update on the progress of EJIM while Dr. John Kellett gave an update on the current progress of the case report journal, EJCRIM.

Prof. Mine Durusu reflected back on the progress of the EFIM Academy following the launch of the programme during the ECIM 2022 in Malaga. Prof. Durusu invited EFIM National Societies to take more active participation in the development of the Academy content and to spread the word among the members about EFIM Academy.

Prof. Fredrik von Wowern, from the Swedish Society of Internal Medicine gave progress update on the preparations of the next Winter School in Sweden thanking all national societies for sending residents to the school which has been fully booked.

We would like to congratulate the Swedish society on the smooth organisation as they have received requests for 50 residents to attend the Winter School.

Prof. Dr. Dicker announced, that the next General Assembly will take place on 15 March in Athens informing the participants on the upcoming elections for the President Elect Officer.

Prof. Dr. Dicker thanked the societies representatives for their participation and invited all the members to the upcoming ECIM 2023 congress in Athens, for another memorable meeting.



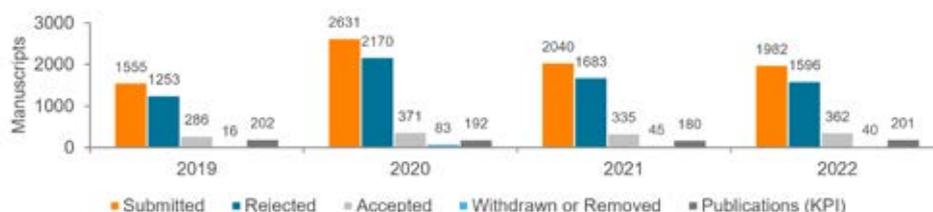
Helen Habernickel, Elsevier



## Executive Summary:

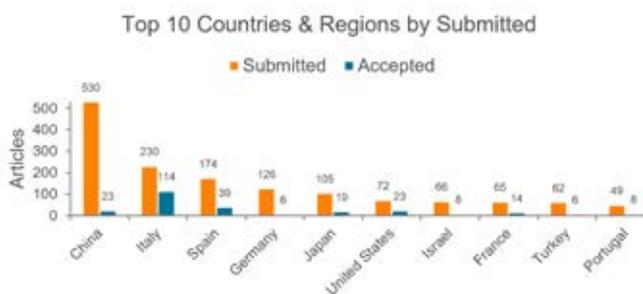
Elsevier is happy to report that the *European Journal of Internal Medicine (EJINME)* shows a very strong development in all relevant metrics for 2022. When reviewing the performance indicators, it is important to continue to keep in mind that the pandemic years of 2020 and 2021 need to be viewed as outlier years. Trends can more realistically be identified by comparing 2022 figures with those of 2019. Most importantly, 2022 was marked by EJINME receiving an Impact Factor of 7.749 (previously 4.624) making a huge jump in its already impressive Impact Factor growth development. In the first year after the COVID-19 pandemic article flow in the journal continued to be at very high levels. EJINME has continued to publish highly relevant and much read content.

## Active Flow:



There has been a slight drop in the number of submissions in 2022 in comparison to 2021 of minus 2.8 percent (but an increase by plus 27.5 percent when comparing submissions with pre-pandemic 2019 numbers). The rejection rate remains at a high level of 82 percent (of which 71 percent of articles were rejected without going out to peer review), resulting in 362 accepted manuscripts and 201 published articles in 2022. The highest number of accepted articles continues to originate from Italy and Spain. For the second year in a row, submissions from China make up for the largest country of origin with 530 submissions to EJINME and a rejection rate of 96 percent, resulting in 23 accepted articles in 2022 – the same number of accepted articles as those from the United States. Italian authors were the most successful in getting their article accepted in EJINME: 114 manuscripts out of 230 submitted in 2022 were accepted (49.6 percent). Editorial & Production times: The Editorial handling times have remained extremely competitive and have further improved from 2021: from submission to first decision at 3.6 weeks in comparison to 4.4 weeks in 2021 (6.0 weeks in 2019). The time from submission to online publication was around 7.6 weeks in 2022 making further speed gains from the 10.7 weeks in 2021 (11.8 weeks in 2019). The journal's fast Editorial handling times continue to be impressive and one strong deciding factor for authors to publish in EJINME.

## Submitted and Accepted Articles by Country in 2022:



## Usage:

Since 2020 EJINME is an online-only journal. The journal's full-length content can be accessed and downloaded on several platforms. Please note that the statistics for downloads provided in the table below reflect ScienceDirect html views and pdf downloads, views and downloads from [www.ejinme.com](http://www.ejinme.com) and Clinical Key. In total 2022 has again shown a strong usage performance. Apart from a small decrease on [www.ejinme.com](http://www.ejinme.com) (minus 6.7 percent), the total usage continues its strong-post pandemic growth (plus 4.3 percent from 2021).

Platform	2018	2019	2020	2021	2022
ScienceDirect	318,982	295,281	367,880	357,778	408,473
<a href="http://www.ejinme.com">www.ejinme.com</a>	137,429	169,138	324,504	339,575	316,767
ClinicalKey	44,993	41,714	36,552	34,669	38,145
<b>Total</b>	<b>501,404</b>	<b>506,133</b>	<b>728,936</b>	<b>732,022</b>	<b>763,385</b>

## Top Journal Titles Ranked by 2021 Impact Factor (and EJINME):

The Impact Factor in the 2021 JCR Science edition has significantly increased from 4.624 to 7.749. The journal has also made strong rank gains from position 37 to position 26 out of now 172 journals listed in the MEDICINE, GENERAL & INTERNAL category of JCR. EJINME continues to be listed in the first quartile of the category. This outstanding Impact Factor performance should be utilized to further promote the high quality of the journal to potential authors and other stakeholders.

## Financials:

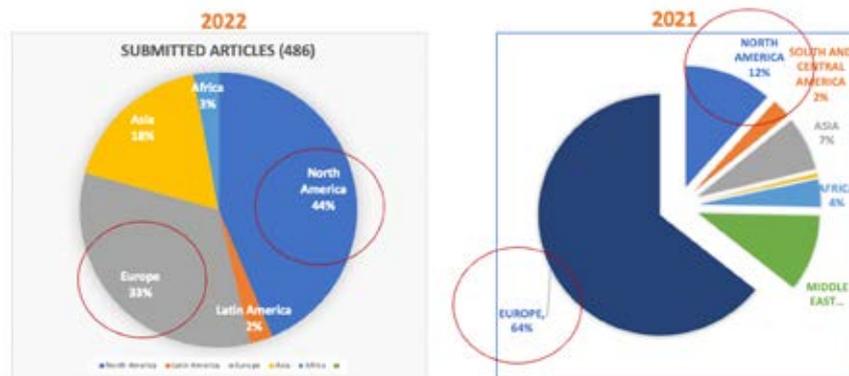
The journal's finances have not yet been finalized, however based on an un-audited overview, it would appear to have performed well. It is too early to predict the royalties over 2021.

	Journal Name	Total Citations	2021 Impact Factor
1	LANCET	403,222	202.731
2	NEW ENGLAND JOURNAL OF MEDICINE	506,071	176.082
3	JAMA- JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION	242,430	157.375
4	BMJ-British Medical Journal	183,671	96.216
5	Nature Reviews Disease Primers	21,565	65.038
6	ANNALS OF INTERNAL MEDICINE	83,712	51.598
7	JAMA Internal Medicine	31,244	44.424
8	JOURNAL OF TRAVEL MEDICINE	6,380	39.194
9	Lancet Digital Health	3,373	36.615
10	Military Medical Research	3,830	34.915
11	JOURNAL OF THE ROYAL SOCIETY OF MEDICINE	5,569	18.000
12	EClinicalMedicine	8,029	17.033
13	CANADIAN MEDICAL ASSOCIATION JOURNAL	21,958	16.876
14	QJM-AN INTERNATIONAL JOURNAL OF MEDICINE	8,176	14.040
15	JAMA Network Open	31,809	13.360
16	JOURNAL OF INTERNAL MEDICINE	15,805	13.068
17	MEDICAL JOURNAL OF AUSTRALIA	14,683	12.776
18	MAYO CLINIC PROCEEDINGS	23,573	12.213
19	Journal of Cachexia Sarcopenia and Muscle	7,461	12.063
20	Cochrane Database of Systematic Reviews	92,845	11.874
21	BMC Medicine	25,254	11.806
22	PLOS MEDICINE	47,916	11.613
23	Translational Research	6,741	10.171
24	ANNALS ACADEMY OF MEDICINE SINGAPORE	3,779	8.713
25	Deutsches Arzteblatt International	8,039	8.251
26	European Journal of Internal Medicine	8,641	7.749
27	MEDICAL CLINICS OF NORTH AMERICA	5,255	6.912
28	AMERICAN JOURNAL OF PREVENTIVE MEDICINE	30,469	6.604
29	AMYLOID- JOURNAL OF PROTEIN FOLDING DISORDERS	2,335	6.571
30	CLEVELAND CLINIC JOURNAL OF MEDICINE	2,636	6.522
31	JOURNAL OF GENERAL INTERNAL MEDICINE	30,806	6.473
32	BRITISH JOURNAL OF GENERAL PRACTICE	9,368	6.302
33	Journal of Evidence Based Medicine	1,128	6.224
34	CHINESE MEDICAL JOURNAL	12,633	6.133
35	AMERICAN JOURNAL OF CHINESE MEDICINE	5,403	6.005
36	American Journal of Medicine	29,888	5.928
37	BRITISH MEDICAL BULLETIN	5,758	5.841
38	JOURNAL OF URBAN HEALTH-BULLETIN OF THE NEW YORK ACADEMY OF MEDICINE	6,264	5.801
39	EUROPEAN JOURNAL OF CLINICAL INVESTIGATION	9,263	5.722
40	PALLIATIVE MEDICINE	7,829	5.713
40	MILITARY MEDICINE	6,638	1.437

Just as predicted last year, submissions have been slowing down after the flood of COVID-19 papers, but still above average compared to the pre-pandemic era (481 articles received in 2022). Nevertheless, EJCRIM's performance has maintained its momentum with a fast peer-review and publication performance, i.e., 6 days to first decision and 5 weeks to publication from start to finish, including language editing which is performed by the journal at no extra cost for the authors.

The journal has continued to enlarge its audience: North America has surpassed Europe as top submitter (44% in 2022 vs 12% in 2021) and reader (29% readers from North America vs 28% from Europe).

## Geographical origin of submitted manuscripts



## Geographical distribution of readers



### European audience is weak except for UK and Portugal



The rejection rate of the journal maintains itself around 62% and the flow of accepted and published papers allows to publish approximately 10-12 papers per issue with no backlog.

Unfortunately, a few authors of accepted papers "disappear" once they have to pay their Article Publication Charge, although the price has remained the lowest in the market (€300). It looks like it is not a matter of price but rather of expediency which is commonly seen across the market. EJCRIM remains alert on ethical issues such as duplicate submissions and other illicit behaviour.

In 2022 the journal has been officially included in **Scopus** which is now indexing EJCRIM content since 2017.

Advantages can be seen in the fact that Scopus includes a much larger number of articles and congress proceedings than PubMed and Web of Science (Clarivate®), and provides metrics, such as h-index, that are often used by institutes to rank individual authors for career advancement purposes.

Once again in 2022, EJCRIM published the Abstract Book of the 20th ECIM and supported and promoted the **Best Case Report Competition** at ECIM and MIRCIM 2022.

EJCRIM is indexed in **Scopus**

And from 2022 it has been included in Scopus  
EJCRIM articles are indexed retrospectively from 2017

Google Scholar  
PMC  
PubMed  
DOAJ  
Hinari  
CNR\_SOLAR  
And  
COPE



On 15 November, at its 3rd EU Health Summit, the EU Health Coalition called on Europe to think big and make health and life sciences a third strategic pillar for delivering a true EU Health Union (EHU). 9 concrete recommendations and policy proposals launched on the day are designed to make this vision happen. Over 300 participants – both at the Flemish Parliament and online across Europe – joined the EU Health Coalition’s call.

Please read the 9 Recommendations here:

<https://www.euhealthcoalition.eu/wp-content/uploads/2022/11/Towards-an-EU-Health-Union.pdf>

Prof. Nicola Montano took active participation in the meeting as EFIM Representative of the Value-Based Healthcare Think Tank.

Powerful video testimonials from Commissioner Stella Kyriakides, and from patients from Denmark, Ireland, and the UK/Greece set the scene for a day of policy deep dives, networking, and connections around all things health in the future EU Health Union. The programme featured 6 panels and 27 speakers, including those from the WHO Regional Office for Europe, the European Commission, the European Parliament, the European Committee of the Regions, and several NGOs and civil society organisations.

EFIM in coalition with more than 43 stakeholders from patient organisations, EU research-oriented medical societies, industry organisations, healthcare providers, regional and local health authorities advocates for the improvement of health policies and practices in Europe. The EU coalition aims to promote health equity, patient-centered care, and sustainable health systems.



# EUROPEAN CONGRESS OF INTERNAL MEDICINE, ECIM 2022 REPORT

The 20th European Congress of Internal Medicine (ECIM) took place from 9-12 June 2022 in the beautiful city of Malaga. The successful 2021 Virtual Congress demonstrated that we needed a place to connect and share our experiences now more than ever. Hence it was EFIM's priority to facilitate acquiring expert knowledge, learning, and sharing experiences, and discussing the latest breakthrough in the clinical areas related to internal medicine while meeting face to face. For close to 1500 specialists from around the globe, who had submitted 1868 abstracts, the congress provided this opportunity.

This year's theme "Internal Medicine in the Front Line of Health Care", highlighted the leading role that internal medicine plays in providing health care to communities, particularly in the current environment. The COVID-19 pandemic confirmed that Internal Medicine must be one of the cornerstones of the European health care systems. Our holistic person-centered approach has been crucial to understand this new complex and multi-systemic disease, to provide a comprehensive care to patients and to assure an efficient use of the resources.

The 20th anniversary edition saw a couple of new additions to the programme: the ECIM Honorary Lifetime Achievement Award given to Prof. Jaime Merino Sánchez in appreciation of his outstanding contributions to EFIM and Internal Medicine and the Early Career – "Joy in Internal Medicine Award". Added to that six pre-congress workshops, five plenary sessions, fourteen parallel sessions, six oral presentation sessions, one poster discussion sessions and ten rapid-fire sessions were showcased. The successful formats of joint sessions with several international associations were repeated this year as well. The scientific programme was awarded 17 European CME credits by the European Accreditation Council for Continuing Medical Education (EACCME).

It proved to be a truly international event with participants from 71 countries around the world, 1868 abstracts were submitted and the quality of the scientific programme was judged to be very high.



# 71

countries around the world



# 1868

abstracts were submitted





**EFIM**  
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# Joint European Congress of Internal Medicine and the International Congress of Internal Medicine

Internal Medicine - a Bridge  
Between Health and Disease

15-18 March, 2023  
Athens, Greece

**Save the Date**

# A T H E N S

[efim.org/ecim2023](http://efim.org/ecim2023)



## FELLOWSHIP REPORT

Since the launch of EFIM Fellowship during the 1st Virtual congress, in 2021, more than 55 successful Fellowships were granted to physicians representing 15 EFIM member societies round Europe.

The 1st Fellowship Ceremony was organized during the 20th ECIM held in Malaga in June 2022 acknowledging the new EFIM Fellows for their outstanding achievements, and contribution to internal medicine and the community during the congress Opening Ceremony.

EFIM Fellowship programme is designed for all members of EFIM national societies who want to be part of a global community that share the same vision.

EFIM Fellows Lounge was established during the ECIM 2022 in Malaga to meet and greet the new Fellows, to network and to engage in EFIM activities.

Besides the reduced congress fee and free access to EJIM, EFIM Fellowship will give the leading internal medicine physicians the ability to connect with one another, network and engage through numerous EFIM activities and become a vital part in engaging into the European network of internal medicine.

We would like to welcome all our new Fellows and encourage them to attend EFIM congresses, workshops, and other events organised by EFIM as a great way to meet other members, learn about new developments in the field of internal medicine, and share own research and expertise.

**Join us and become Fellow today!**

<https://efim.org/fellowship>



### ADVICE Working Group

**Chair: Serhat Unal**

**Secretary: Mine Durusu Tanriover**



The ADVICE Working Group had its annual meeting during the 20th European Congress of Internal Medicine, ECIM in Malaga, June 2022. The Working Group is now working on a project to develop a face-to-face training course on adult vaccination, which will include eminent speakers from Europe to discuss on every aspect of vaccinology and adult vaccination practices.

Case based discussions will help internists to develop their clinical skills on vaccination practices, to strengthen them around discussions with vaccine hesitant patients and to recommend vaccination to their patients.

COVID-19 pandemic has once again shown the vital role of vaccination as a prevention tool and internists should develop their core skills around vaccine preventable diseases.

### Choosing Wisely Working Group

**Chair: António Vaz Carneiro**



The year 2022 was a continuation – somewhat better – of 2021: the restrictions and difficulties in organizing meetings were present. On the other hand, the hardships with publishing scientific papers got significantly better.

The continuous personal collaboration of all the members of the EFIM CW WG made things easier and we believe that the final result is a very positive one.

#### Meetings

- ❖ Choosing Wisely Working Group organized the annual meeting on 25 October 2021 Portugal
- ❖ ANDIC N, YILDIZ PINAR. Blood management - Choosing Wisely Turkey. 27/01/2022
- ❖ Pinar Yıldız et al. Choosing Wisely Meeting. Turkish Internal Medicine Specialty Association, (Choosing Wisely Turkey)
- ❖ XII. Istanbul Internal Medicine Clinics in the program 'Rational Use of Blood Meeting' (Choosing Wisely Turkey)
- ❖ Choosing Wisely Portugal Annual Meeting – Lisbon 19/09/2022
- ❖ Choosing Wisely International Lisbon Roundtable organized by Choosing Wisely Portugal – 21-22/09/2022

#### Programme Courses

- ❖ Summer school of Emergency Medicine and Summer School on Methodology of the Società Italiana di Medicina Interna. (Choosing Wisely Italy)
- ❖ Issues of the CW in other courses: Summer school of Emergency Medicine and Summer School on Methodology of the Società Italiana di Medicina Interna. (Choosing Wisely Italy)
- ❖ Choosing Wisely Paper 30/04/2022. How to write recommendations for Choosing Wisely.

### Publications

1. Furlan L, Di Francesco P, Tobaldini E, Solbiati M, Colombo G, Casazza G, Costantino G, Montano N. The environmental cost of unwarranted variation in the use of magnetic resonance imaging and computed tomography scans. *Eur J Intern Med.* 2023 Feb 7:S0953-6205(23)00021-3. doi: 10.1016/j.ejim.2023.01.016.
2. Furlan L, Francesco PD, Costantino G, Montano N. Choosing Wisely in clinical practice: Embracing critical thinking, striving for safer care. *J Intern Med.* 2022 Apr;291(4):397-407. doi: 10.1111/joim.13472.
3. Knut Lundin and Stephen Hewitt. Wiser choices with internal medicine? “Indremedisineren” 2022 issue no 2.
4. A Vaz Carneiro. Practical Management Methodology of the Program Choosing Wisely Portugal: Wise Health Decisions. *Acta Med Port* 2022 May;35(5):399-408
5. A Vaz Carneiro. Diagnosis is a probabilistic estimate of disease. A dynamic approach to diminish resource overuse. *Eur J Int Medicine* 2022;95:40-41
6. Kherad O and Vaz Carneiro A. Ten years anniversary of Choosing Wisely campaigns. DOI:<https://doi.org/10.1016/j.ejim.2022.05.028>
7. Bandovas JP et al. Broadening risk factor or disease definition as a driver for overdiagnosis: A narrative review. *J Intern Med.* 2022;291:426–437.
8. Kherad O. <https://www.revmed.ch/revue-medicale-suisse/2021/revue-medicale-suisse-726/nouvelle-rubrique-5-minutes-pour-apprendre>.
9. Kherad O. Importance of best practice adherence in upper gastrointestinal bleeding. <https://pubmed.ncbi.nlm.nih.gov/36172991/>
10. Kherad O. Inappropriate gout treatment <https://pubmed.ncbi.nlm.nih.gov/35224910/>
11. Kherad O. A perspective letter about checkups based on the best available evidence. <https://pubmed.ncbi.nlm.nih.gov/36609089/>
12. Kherad O. Implementing a Multifaceted Intervention among Internal Medicine Residents with Audit and Educative Data Feedback Significantly Reduces Low-Value Care in Hospitalized Patients *J Clin Med* 2022 Apr 26;11(9):2435 doi: 10.3390/jcm11092435

### Presentations

- ❖ 19/03/2022 A. Vaz Carneiro, Choosing Wisely Portugal. SPPC meeting
- ❖ 30/04/2022 A. Vaz Carneiro, Choosing Wisely Portugal. CESARAM meeting
- ❖ 19/09/2022 A. Vaz Carneiro, Choosing Wisely Portugal and EFIM. CWP Annual Meeting

## Appraisal of Guidelines in Internal Medicine Working Group

### Chair: Wiktor Lesniak

In 2022 Appraisal of Guidelines in Internal Medicine Working Group continued its work on adaptation of existing Clinical Practice Guidelines relevant to the work in Internal Medicine departments and outpatient services.

The adaptation of guidelines on community acquired pneumonia was finalized.

2 adaptations are in progress:

1. Acute heart failure management in internal medicine department (in 2022 a survey among internists was conducted, clinical questions were chosen, existing clinical practice guidelines identified, their quality assessed, and the recommendation preparation started)
2. Treatment of hyperglycemia in internal medicine department (in 2022 a survey among internists was conducted, clinical questions were chosen, existing clinical practice guidelines identified, and their quality assessment started)

The following specific actions were carried out in 2022:

### Meetings

- ❖ many regular online meetings of Acute Heart Failure Task Force (Chaired by Prof. Valentin Kokorin and Dr. Álvaro González-Franco) took place to prepare the adaptation
- ❖ many regular online meetings of Hyperglycemia Task Force (Chaired by Prof. Ignacio Marin-Leon) took place to prepare the adaptation
- ❖ many regular online meetings of Community Acquired Pneumonia (CAP) Task Force (Chaired by Prof. Serhat Unal and Prof. Ignacio Marin-Leon) were organized to prepare the paper for publication in EJIM
- ❖ an annual hybrid meeting of the WG chaired by Dr. Wiktor Lesniak with 17 participants took place on 11th June 2022 during ECIM in Malaga and the action plan and the objectives for 2022–2023 were discussed and agreed

### Dissemination activities

- ❖ publications in EJIM
  - Becattini C, Kokorin VA, Lesniak W, Marin-Leon I, Medrano FJ, Morbidoni L, Marra AM, Biskup E, Riera-Mestre A, Dicker D. Pulmonary embolism - An EFIM guideline critical appraisal and adaptation for practicing clinicians. *Eur J Intern Med.* 2022 Feb;96:5-12. doi: 10.1016/j.ejim.2021.12.001. Epub 2021 Dec 11. PMID: 34903446
  - Er AG, Alonso AAR, Marin-Leon I, Sayiner A, Bassetti S, Demirkan K, Lacor P, Lode H, Lesniak W, Tanriover MD, Kalyoncu AF, Merchante N, Unal S. Community-acquired pneumonia - An EFIM guideline critical appraisal adaptation for internists. *Eur J Intern Med.* 2022 Dec;106:1-8. doi: 10.1016/j.ejim.2022.10.009. Epub 2022 Oct 19. PMID: 36272872
- ❖ Translation of guidelines on pulmonary embolism to Russian
- ❖ The materials for the webinar on Pulmonary embolism EFIM guidelines were sent to EFIM Academy
- ❖ The adaptation of guidelines on community-acquired pneumonia was presented by prof. Serhat Unal during ECIM 2022.



### Multimorbidity Working Group

#### Chair: Máximo Bernabeu-Wittel

The EFIM Multimorbidity Working Group had a busy year with many activities in 2022.

The WG is currently composed of 16 members from 16 scientific societies linked to the EFIM.

In the second year of working together the WG have continued the collaborations among the members with EFIM activities (in congresses and other events) and have carried out own training, research and positioning activities as a corporation in the clinical, health and social paradigm of multimorbidity in Europe.

The Multimorbidity WG is taking part in the next ECIM 2023 in Athens, organizing two sessions focusing on: 'Competences of internists in the management of multimorbidity' (Chair – Máximo Bernabeu-Wittel), and 'Patient with diabetes is a patient with multimorbidity. What is more important: glossocentrism or cardiorenal protection' (Chair – Michal Holecki).

In the training activities the WG continued the collaborations with the EFIM Academy. EFIM Multimorbidity WG have conducted both a spring and an autumn webinar in 2022 on ('Polypharmacy' by Dr. Václavik and Dr. Voicehovska; and 'Anticoagulation in frail elderly patients' by Dr. Para, Prof. Dentali and Prof. Tuttolomondo). We participated also in the EFIM-ME'NA co-joint webinar 'Influenza and Multimorbidity' organised by Dr. Bernabeu-Wittel, Prof. Durusu-Tanriover, Prof. Kürrie, Dr. Voicehovska, and Prof. Dhar taking place in May 2022. The programme for a spring and an autumn webinar for 2023 is already in place.

In the area of research during 2022, the Multimorbidity WG published in the EJIM a multinational survey to find out the opinion and perspectives of European Internists on Multimorbidity, to which more than 750 professionals responded (doi: 10.1016/j.ejim.2022.02.008). The WG also finished the preparation of EFIM's first multicenter project to determine the impact of polypharmacy in patients with multimorbidity admitted to internal medicine or geriatrics departments (project led by Dr. Václavik), and have launched it recently, to start inclusion period.

Finally, the WG worked hard and finished the preparation of a position paper dealing with the topic 'COMPETENCES OF INTERNAL MEDICINE SPECIALISTS FOR THE MANAGEMENT OF PATIENTS WITH MULTIMORBIDITY'. This paper has recently been published by the EJIM (doi: 10.1016/j.ejim.2023.01.011).

January 2023



### Report of the Quality of Care and Professional Issues Working Group 2022



**Chair: Luis Campos**

During 2022 the Quality of care and Professional Issues Working Group organized

Pre-congress course in ECIM 2022 on the topic of Quality of Care and Patient Safety was limited to 30 participants. The course was coordinated by Prof. Luís Campos, current Chair of the WG. Four speakers were involved in a lively discussion with the participants talking about various topics on Quality of Care. Prof. Campos gave lecture on the topic: “What have we learned from the pandemic to improve quality of care and patient safety in healthcare. Prof. Reinhard Strametz from Germany was invited to talk about “Tools to improve quality of care and patient safety while active discussion was organized by Dr. Amie Burbridge from UK talking about “The Human Factor”, covering various causes of medical errors and what we can learn from them. Dr. Mine Durusu from Turkey focused on “Tuning the safety environment in the wards and keeping the team in”, discussing the role of leadership and teamwork for improving quality of care and patient safety.

The WG published one article in EJIM:

Campos L, Barreto JV, Bassetti S, et al. Physicians’ responsibility toward environmental degradation and climate change: A position paper of the European Federation of Internal Medicine. *Eur J Intern Med.* 2022;104:55-58. doi:10.1016/j.ejim.2022.08.00

## Telemedicine, Innovative Technologies and Digital Health Working Group



### Chair: Filomena Pietrantonio

The year 2022 was characterized by intense work on Telemedicine Position Paper, presentation of digital health topics at congresses and training events, introduction of new topics in the field of eHealth.

In particular we animated the Joint session with American College of Physicians at Chicago ACP Congress (April 28-30, 2022), we organized two sessions at Malaga Efim Congress 2022: Joint Session with ACP and Session focusing on New Technology: Telemedicine in Internal Medicine: what are we talking about?. We were present at the European Summer School of Internal Medicine in Madrid with a presentation of a new format of interactive lesson on Telemedicine.

Telemedicine topic with a focus on Internal Medicine has also attracted great interest in South America and we have been invited to Buenos Aires to participate to the Congreso Nacional de Medicina.

In Italy we have witnessed innovative ideas in various training events, both at the University of l'Aquila and dedicated to young people in the Fadoi Giovani Congress in Rome.

We published the EFIM Position Paper of Telemedicine that was completed on December 2022 (Eur J Intern Med. 2023 Mar 3;S0953-6205(23)00061-4. doi: 10.1016/j.ejim.2023.02.021. Epub ahead of print. PMID: 36872139.)

### We introduced also new topics inside the Working Group:

Telemedicine in Developing Countries. We start of planning collaboration and research activities with research centers in Developing Countries to realize internship for medical students and residents, to promote use of electronic medical system in selected facilities and link with the surrounding Health and Demographic Surveillance systems, to introduce Artificial Intelligence applications, to set up joint research projects in Telemedicine and emerging Non Communicable Diseases.

Research Projects in Digital Health. We are working on the creation of an international network for the development of research projects on Digital Health, active scouting of international research funds to publish original articles in the field of Digital Health.

The collaboration with the American College of Physicians is ongoing and we are completing the Joint Position Paper on Telemedicine.



Our participation to ESIM Summer School Madrid, June 2022



The core of the Working Group



Our session at Malaga Congress 2022



Our speakers

### Ultrasound Working Group

Chair: Juan Torres Macho



During 2022, EFIM Ultrasound Working Group organised different workshops during the ECIM 2022 in Malaga. There were three pre-congress workshops organised: “ABC of Lung Ultrasound”, “ABC of Cardiac Ultrasound” and a lecture performed by Prof. Frank Bosch about handheld devices. Prof. Chiara Cogliati from Italy, Prof. Luis Beltran and Prof. Santiago Rodríguez from Spain also participated as speakers and trainers. More than 50 participants attended the workshops.

In May 2022 the Ultrasound Working Group organise a joined webinar entitled: “Internal Medicine Ultrasound: 10 years on”. This webinar was organized by Winfocus, EFIM and the Canadian Society of Internal Medicine. Expert leaders from Europe and the US discussed about lessons learned, challenges and possible solutions in the current landscape of internal medicine Point-of-Care Ultrasound. The webinar was moderated by Dr. Juan Torres-Macho, the Chair of EFIM Ultrasound Working Group and Dr. Irene Ma, Professor of Medicine, and the John A. Buchanan Chair in General Internal Medicine at the University of Calgary. Dr. Nick Smallwood close collaborator to the EFIM Ultrasound Working Group from the Society of Acute Medicine in UK was one of the invited speakers.



The Working Group organised Ultrasound Workshops during the **EFIM Summer School** that took place in El Escorial in Madrid, in June 2022.

In October 2022, Dr. Juan Torres and Dr. Oguz Uyaroglu organized the first Point of Care Ultrasound Workshop for Internists in Turkey during the Turkish Congress of Internal Medicine which took place in Antalya.

In December 2022, some members of the working group like Prof. Chiara Cogliati, Prof. Joao

Neves and Prof. Maximo Bernabeu participated at the **Winfocus World Congress** at different online round tables discussions dealing with heart failure, sarcopenia or systemic diseases.

At the end of 2022 and early 2023, the Ultrasound Working Group launched the European survey about the use of Point of Care Ultrasound in Europe. This survey is led by Prof. Joao Neves from Portugal. The aim of this project is to know what the current situation of POCUS in Europe is, and to establish a network to enhance training and research across Europe. Results will be presented during the 2023 ECIM congress and the network will be developed during 2023.



The aim of the Early Career group is to bring together specialists in Internal Medicine from across Europe who want to develop their professional and personal skills, and to organise networking and educational activities aimed primarily at newly appointed specialists in Internal Medicine. We organised a number of activities at the ECIM congress in Malaga, including a pre-congress course on Ethical Decision Making, We used a practical, case based and interactive approach, inviting the delegates to contribute and share their own experiences. This format received excellent feedback:

*“A great workshop!”*

*“Very well organised. The most enjoyable in the whole conference.”*

*“This format is so effective.”*

Additional Early Career activities at the congress included a session on risk communication and the innovative “Joy in Internal Medicine” award, which promotes projects focusing on teamwork, workplace culture and physician wellbeing. This attracted excellent innovative and creative contributions, and will be repeated in Athens.

Early Career group members contributed to the organisation and faculty at ESIM summer and winter schools and also continue to build a social media presence. One of our flagship activities remains EASIM, the “European Advanced School of Internal Medicine”. This educational activity is similar to ESIM but a little shorter, with recently appointed specialists in mind. It offers a mix of clinical updates as well as workshops focusing on non-technical skills. Following the break over the pandemic, we re-launched with a small-scale course in Riga in July, and also contributed to a further edition in November, organised by Latvian society of Internal Medicine with contribution of Early Career members. As previously, the courses received excellent feedback, which highlighted the usefulness of communication training, the interactive format and the benefit of sharing experiences and learning. The next edition of EASIM will take place in Bratislava on 3-5 Nov 2023.



## Chair: Caterina Delcea

The Young Internists' Assembly is formed of 27 representatives from 23 countries members of EFIM. The aim of the group is to develop common educational projects, to consolidate collaborations and to improve the programs dedicated to the internists in training across Europe.



### 1. Elections

In June 2022 we had elections for all members of the Board. Caterina Delcea from Romania was elected chair. Christine Sävervall from Sweden was elected Chair. Tuomas Tuukka Aro from Finland, Miguel Romano from Portugal, Oğuz Abdullah Uyaroğlu from Turkey, and Gabriele Angelo Vassallo from Italy were elected members of the Subcommittee.



### 2. Webinar

On April 27th, 2022, professor Antonio Brucato from Italy was the guest speaker for the webinar "Acute pericarditis - Primer for the internist". Christine Sävervall from Sweden and Shkelqim Muharremi from North Macedonia were the moderators. Over 100 young internists participated live and started a lively discussion on the topic.

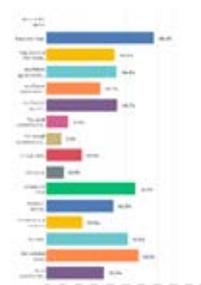


### 3. Challenges in Internal Medicine Survey

In November 2022 we launched the Challenges in Internal Medicine survey, a way to identify the similarities and differences between the Internal Medicine training programs across Europe, and to set the stage for our activities to address some of these issues that burden Young Internists across the borders. The questions cover topics such as the workload, satisfaction with the acquired theoretical and practical skills, guiding and supervision, ultrasound and soft skills. We gathered approximately 350 responses up to February 2023.

Results of the survey will be presented during the ECIM 2023 and will be published in 2023.

Q11. Which of these aspects do you consider to be current challenges in your training and career in Internal Medicine? Please choose all that apply.



### 4. Collaboration with the Argentinian and Latin American Young Internists

The partnership with the Argentinian and Latin American Young Internists started in November 2022 with their invitation to prepare a common session during the 7th International Ibero-Panamerican Congress of Internal Medicine/ Argentinian Society of Internal Medicine's XXXI National Congress. In the session "Perspectives report of the Young Internists", Caterina Delcea, Christine Sävervall and Miguel Romano represented EFIM and discussed the European perspective on Burnout, Medical Training and Satisfaction, Future

Perspectives and Soft skills.



### 5. Young Internists sessions during European Congress of Internal Medicine 2022

During the past ECIM we organized one parallel session "No-one has ever become poor by giving" and four Young Internists' Corners "Integrating innovation in medical teaching", "How to move on after the pandemic", "How Internal Medicine can save the world" and "Awareness of sex/gender in Internal Medicine: results from the IMAGINE survey".



### **A. Support of research and training of Young Internists**

The Foundation has organised the 17th annual Clinical Research Seminar in Paris from October 25th to October 27th. Fourteen applicants were selected, coming from 10 different European countries. The three days program included lectures on various clinical research issues and interactive workshops. Short presentations were made by participants on their own work, followed by a discussion. Participants have unanimously returned a very positive evaluation on the seminar.

The Foundation offers grants to support Young Internists in their research projects. In 2022 a research grant has been attributed to Dr. Candido Munoz from Spain, for a project entitled: "Clinical utility of the Immuno-dot blot technique for detecting non-conventional antiphospholipid antibodies to improve the diagnosis and management in criteria and non-criteria APS and SLE patients". His research will be carried out at the University College London under the supervision of Professor Ian Giles.

During the ECIM 2022 in Malaga three prizes were awarded by FDIME for the best research posters.

Due to the pandemic situation, no ESIM or Exchange program bursaries could be attributed in 2022.

### **B. Information of the public and patients on health issues**

The Foundation has initiated a new activity dedicated to the dialogue between internists and patients. During the European Congress of Internal Medicine (ECIM) held in Malaga in June 2022, the Foundation organized in partnership with EFIM a one-hour session dedicated to dialogue with patients' representatives.

Newsletters with answers on questions about Covid-19 have been distributed approximately monthly through the FDIME website, Mailchimp and Facebook. The Foundation has also started publishing "Short News". This new activity provides clear information to the public on simple health issues. The three first topics were: effects of coffee and tea drinking and the bad and the good cholesterol.





The year 2022 was characterized by the beginning of the new three-year mandate of the Healthcare Professional Working Party (HCP-WP), to which EFIM was again invited to join by the European Medicines Agency (EMA), following the active participation carried out in previous years by the EFIM representative Prof. Daniel Sereni. As known, the objective of this Working Party is



to create a two-way dialogue between EMA and a selected group of organizations of healthcare professionals, so that EMA can collect inputs and transmit information on its activities and strategies in a more structured way.

The improvement in the health situation has made it possible to significantly increase the activities of the Working Party (which in many cases are associated with those of the Patients and Consumers Working Party - PCWP), and to combine virtual meetings with some face-to-face ones.

The main topics covered in 2022 concerned the management of the CoViD-19 pandemic, antimicrobial resistance and other emerging health threats (e.g. monkeypox), the problem of drug shortages resulting from the difficult international political and economic situation, patient involvement in medicines development and regulation, the effective entry into force of the European Regulation and the ongoing review of the Good Clinical Practice for clinical trials, and

big data. In addition to presenting their opinions at the meetings, the organizations represented in the HCP-WP were called upon to respond to surveys such as the one which concerned the issue of access to medicines.

Overall, in 2022 the EFIM representative participated in 19 meetings (2 at the new EMA headquarters in Amsterdam), part of which concerned two parallel initiatives to which EFIM adhered: the EMA eligible healthcare professional organizations' policy officers group (HCP POG) and the EU Decentralized Clinical Trials (DCT) project involving representatives of the European Commission, EMA, and the Drug Agencies of many European countries.

Specifically, the EFIM representative at EMA participated in the drafting and is among the Authors of a position document on the use of experimental surrogate endpoints for regulatory approval (expected release early 2023), and of a "Recommendation paper on decentralized elements in clinical trials" which was released in December 2022, and is available at the link

[https://health.ec.europa.eu/system/files/2022-12/mp\\_decentralised-elements\\_clinical-trials\\_rec\\_en.pdf](https://health.ec.europa.eu/system/files/2022-12/mp_decentralised-elements_clinical-trials_rec_en.pdf)





The summer school took place in El Escorial, Madrid, Spain. Located in the Real Centro Universitario El Escorial-María Cristina. All under the tutelage of the Spanish Society of Internal Medicine.

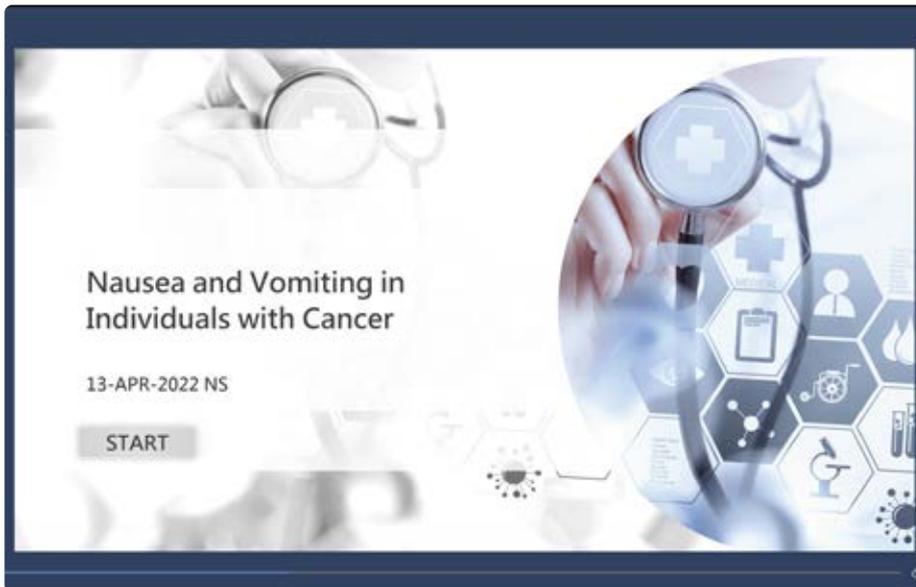
The director of the school was Dr. Javier Moreno Díaz and the co-directors were Dr. M<sup>o</sup> Asunción Gonzalez Guasch and Gemma Ortiz Llauro.

A total of 41 residents from 17 different societies attended.

The program was similar to other editions, made up of lectures and workshops and also several clinical case discussion sessions in which the residents participated. The winners of the best clinical cases are offered publication in a clinical case review. The lectures were focused on addressing several of the areas of interest of internists. On the other hand, soft skills were also taken into account, on which work was also done. In addition, practical ultrasound workshops were also carried out thanks to the ultrasound working group. Attendees were also able to enjoy a social program that included a visit to the El Escorial Monastery and an outdoor activity to encourage teamworking.

The overall assessment of the attendees has been very favorable. We are looking forward to the next successful ESIM Summer in June 2023!





The Homebase of Medicine



**Editor:** Mine Durusu Tanriover

**Associate Editor:** Amie Burbridge

The EFIM Academy was launched in June 2022, at ECIM Malaga.

The online educational platform is free to access for all health professionals. It provides in-depth and up to date educational material in a variety of forms, including structured e-learning modules, webinars, pre-recorded session videos and the Home of Medicine Podcast, which is available on all major podcast platforms.

The Academy has knowledge testing and CME accreditation.

In 2022, users of the academy grew monthly.

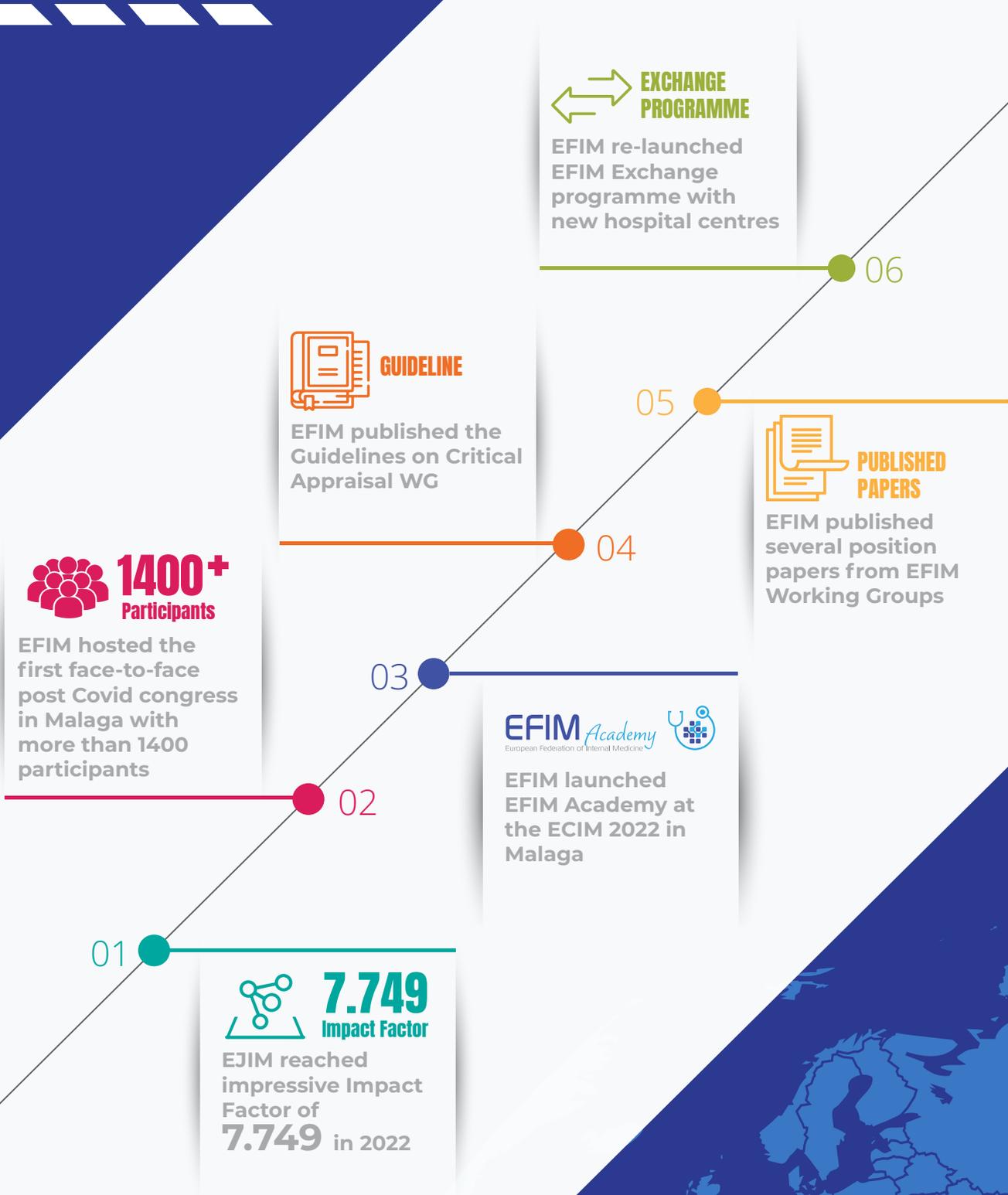
- ✔ Over 2000 users of the academy platform
- ✔ Accessed in 101 countries
- ✔ 20 e-learning modules
- ✔ 10 webinar recordings
- ✔ 2 modules in progress

Home of Medicine Podcast

- ✔ Over 50,000 downloads
- ✔ Accessed in 128 countries
- ✔ 22 episodes
- ✔ 4 episodes in progress
- ✔ In top 10 medical podcasts in UK in 2022

The focus for 2023 is to engage more experts to provide content/record podcasts and to peer review. Through continued dedication from the editorial team and enhanced support from the executive committee the EFIM Academy will grow and provide excellent, peer reviewed education for all in healthcare.

# EFIM 2022 MILESTONES





**EFIM**  
www.efim.org

# 22<sup>nd</sup> European Congress of Internal Medicine

Complexity in Internal Medicine – From Bench to Bedside

6-9 March 2024 | **ECIM**  
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**Save the date**



[efim.org/ecim2024](http://efim.org/ecim2024)



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