

**European Young
Internists Assembly and
EFIM Administrative
Council meeting,
Tartu, September 2014**



Tartu, 27 September 2014

I represented the RCP at the European Federation of Internal Medicine (EFIM) Young Internist meetings in Estonia this week.

The European Young Internists Assembly now has representation from almost all EFIM member countries, and is coordinated by a subcommittee. The Young Internists chair, Dr Carla Araujo from Portugal, and myself as Secretary, represent trainee views on the EFIM executive committee. Besides the specific roles of subcommittee members and assembly representatives, all trainees and young specialists from EFIM member countries are Young Internists 'members' and are encouraged to take part in our activities, which include:

- twice yearly European Schools of Internal Medicine
- a yearly Clinical Research Course
- Young Internists Days at the yearly EFIM congresses
- an active exchange programme

as well as many opportunities to get involved in specific projects and to contribute to educational events on an ad-hoc basis!

This year's assembly was very fruitful. New Young Internists from Latvia and Germany joined, and the discussion focused mainly on using the Young Internists network to carry out new international projects. We formed several new project groups, which will all be open to any interested trainee or young specialist from any EFIM member country. Projects will include end-of-life decision-making, acute care delivery, and generic versus branded prescribing. Development of the new website is progressing and a group of YIs will collate information of training programmes and work opportunities on different European countries and add this to the Young Internists section of the new EFIM website. Pablo Demelo from Spain was elected as a new subcommittee member during the Assembly.

We are already planning the next Young Internists Day, which will form part of the European Congress of Internal Medicine in Moscow in October 2015! Apart from offering the opportunity to some Young Internists to present at our YI Day, the congress will accept abstracts from trainees in many categories, including case reports – for details see www.efim2015.org.

The EFIM Young Internists group offers trainees the chance to meet like-minded people from other countries as well as providing access to events and scientific opportunities. Details on how to get involved are on our website at www.efim.org/young-internists-news - or find us on Facebook! It would be great to see many of you at one of our upcoming events - please do not hesitate to contact me directly with any queries.

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