EFIM Young Internists Report

Dr. Ieva Ruža
Latvian Society of Internists
EFIM YI Chair

EFIM Day Brussels, 16.03.2018.
Young Internists Assembly

- 26 members
- 3 main officers (Chair, Past-Chair, Secretary)
- 22 countries
- 23 from 31 EFIM Member National Societies

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Young Internists Subcommittee

Ieva Ruža (Chair)
Alberto Marra (Secretary)
Ewelina Biskup (Treasurer)
Matthias Raspe
Ricardo Fernandes
Vikas Kumar Sarna
Caterina Delcea
Frauke Weidanz (Past-Chair)
New Young Internists in Assembly

• Poland – Tomas Imiela
• Slovakia – Marek Felšoci
• Still missing YI members from:
  – Austria, Cyprus, Estonia, FYR Macedonia, Malta, Russia, Serbia, Slovenia
Projects and scientific work

- EFIM Clinical Research Course (Paris, France)
- **Scientific grants** (rare diseases)
- **Projects** (ALCHIMIE, competencies, working satisfaction, End-of-Life decisions, Gender Medicine etc.)
Projects and scientific work

• Surveys

• Publications (EoL)

• 3 Working Groups of EFIM (YI representatives):
  – Professional Issues and Quality of Care
  – Choosing Wisely
  – Gender Medicine (IMAGINE project)

• Promotional work (participations in national conferences, plenary sessions and YI Corner during ECIM, social media)
Welcome to the Foundation

Latest News...
Benefit Concert for FDIME.
St Petersburg Foundation - "Stars of Tomorrow"
Monday 21 October 2013, 19.30 hr.
YI Workshops during ESIM 2017:
Winter – Riga (Latvia), Summer – Ede (The Netherlands)

• ESIM Winter – Mikko Parry (Choosing Wisely)
• ESIM Summer – Matthias Raspe (scientific data accountability and biases)

Photo credits – ESIM faculty
• 3 plenary sessions by YIs:
  – “Internists Out of the Box” – academic, perioperative consultant, manager
  – “Epigenetics”
  – “High Tech or High Touch?”
• YI Corner – 5 informal discussions during breaks
• Case report competition (collaborate with EJCRIM)
YI Corner – 5 informal discussions during breaks

- Registration waiving lottery – A.A.Stan (Romania) – donated by prof. Victor Novack (Israel)

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EFIM Exchange Program (15 YIs)

The European Exchange Programme is going from strength to strength and is very popular and competitive among the young internists community. The quality of the residents is excellent and the participating Centers and the training experience. As you may know, the Exchange Programme of EFIM offers opportunities for Young Internists to gain knowledge and skills that will enable them to become more confident and self-reliant in your professional development and the realities of other European countries. Each National Society can apply for 2 scholarships per year for the Programme. There are only 20 scholarships per year, courtesy of EFIM, FDIME and AMGEN Europe.

For applications the candidate must fill in an online application and submit the requested documents below.

1) Application form: http://www.efim.org/efim-exchange-program-application-form
2) Curriculum vitae
3) Motivation letter for the Exchange
4) Support letter from the National Society

www.efim.org/working-groups/exchange-programme
Dear friends, I would like to remind and welcome to the page what was created for communication and information exchange for European Internists of all generations. Please, feel free to contribute to the new page by liking, reading, viewing, posting, sharing, suggesting etc. Only together we are stronger to grow! 😊
Facebook – EFIM and Young Internists
EASIM – European Advanced School of Internal Medicine
A new postgraduate course for young certified specialists in IM

• Pilot project in Riga, Latvia
• 24-26 November, 2018 (Saturday - Monday)
• Society “ESIM in Riga”, involving EFIM educational forces
• Director – Dr. Ieva Ruža (Latvia)
• Co-Directors – Prof. Nicola Montano (Italy), Dr. Frauke Weidanz (UK)
• Venue – Astor Riga Hotel
EASIM – European Advanced School of Internal Medicine
A new postgraduate course for young certified specialists in IM

• **Goal** – to become a full EFIM educational initiative
• **Small scale** – 20-30 participants
• **Target** – early-in career (5-10 years after training) IM specialists
• **Based on ESIM concept**, but tailored to prepare young specialists for independent practice
• **Balanced clinical and non-clinical training** (leadership skills, conflict management, less is more, pro-social behaviour etc.) – lectures, workshops, clinical case presentations (challenging cases)
EASIM – European Advanced School of Internal Medicine
A new postgraduate course for young certified specialists in IM

• Participants cover their costs
• **Costs** – 350-400 Eur / person + 150-200 Eur / Astor Riga Hotel stay = **600 Eur package**

• **Course announcement** – May
• **Web-based application** in order to select the balanced group
Thank you for continuous support of Young Internists!
See you in Wiesbaden!

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