



ESIM Summer School Ede (The Netherlands) 2017

The first European European Summer School of Internal Medicine in Ede (the Netherlands) has taken place from 25th till the 30th of June 2017 in Akoesticum. With fantastic help of The Dutch Society of Internal Medicine (NIV) the committee has organized and carried out an excellent event. The general theme of the week was 'Internal Medicine in Harmony', a perfect theme for a school held in a performers arts training centre, in a world where residents have to perform many more roles besides the role of medical expert.

The school was directed by prof. Rijk Gans, and codirected by Jan Willem Elte, Hein Muller, residents Madelon de Rooij and Charlotte de Bree and former summer school director Nicola Montana.

A total of 34 participants of 19 different countries participated in this school. With great enthusiasm they took part in vivid discussions about several topics, contributing with interesting experiences from different cultural settings and educational programs. Importantly, an unique network of young, talented, inspiring residents has been created; the future of internal medicine in Europe!



The scientific program was of high quality. The program started with an introduction of prof. Palsson (current EFIM president) about the European curriculum for internists. Participants compared the European curriculum with their own national curriculum and presented the differences and similarities. The overall conclusion was that current practice lacks personalized supervision throughout Europe, what could partially be overcome by introducing Entrusted Professional Activities (EPA's), as written in the European curriculum. Matthias Raspe (EFIM young internist) gave an interesting workshop about all sorts of bias. Frank Bosch and Alexis Muller gave an excellent hands-on ultrasound workshop. Participants took part in the Delirium Experience of Sophia de Rooij. Martijn van Ooijen explicated if we can rely on Dr. Watson. The interactive grand rounds by Paul van Daele, as well as the interactive water and salt workshop of Ewout Hoorn and Yvo Sijpkens, were highly appreciated. Inspiring sessions about arts and medicine were given by Paul Wilson and Hans Ablij. Lorenzo Dogna talked about rare diseases and rare presentations of common diseases. Nicola Montana touched nicely upon value based medicine, Rijk Gans gave us insight in clinical reasoning and patient safety. During the clinical case presentations moderated by Nica Cappelini, Nicola Montana and Ramon Pujol all participants presented an interesting case. Presentation skills were fine-tuned during the week, in the workshop 'the Art of presenting science' as well as the voice workshop of Harjo Pasveer. This resulted in two winners of the clinical case presentations, Maria Ines Costa and Laurentiu Broscaru, which were offered submission of their excellent cases in the European Curriculum of Case Reports.



The social program was carefully selected by the organising committee. The bonding experience started in the early morning with bootcamp sessions given by a Dutch military, followed by yoga classes. On Wednesday we visited Amsterdam, and explored some of its highlights by bicycle and

foot, followed by a canal tour and a lake side dinner at one of the docks of Amsterdam. On Friday we made a beautiful cycling tour through the National Park the Hoge Veluwe and we visited the fabulous Kröller-Müller museum, which boasts the second largest van Gogh collection, masterpieces of Claude Monet, Piet Mondriaan and Pablo Picasso and one of Europe's largest sculpture gardens. The fantastic week ended officially with a barbeque and the first ESIM pubquiz.



To conclude, the first Dutch edition of the ESIM summerschool was superb and we are looking forward to surpass ourselves and to organise the next two editions!

Madelon de Rooij & Charlotte de Bree, residents internal medicine

On behalf of the Dutch Society of Internal Medicine and EFIM young internist group