Endorsed by:

EUROPEAN FEDERATION OF INTERNAL MEDICINE

FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Under the auspices of:

UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

HELLENIC SOCIETY OF INTERNAL MEDICINE

ORGANIZERS:

INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY

DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE, UNIVERSITY HOSPITAL OF LARISSA, LARISSA, CREECE

11th International Congress of INTERNAL MEDICINE 2020

Royal Olympic Hotel, Athens Greece

19-21 March 2020

www.internalmedicine-uth.gr

Preliminary Programme

Greetings

Already 10 years old and we witness how interest grows not only for our congress but also in the range of all topics of Internal Medicine!

Dear colleagues,

On behalf of the Organizing Committee, it is our great pleasure to invite you to the

11th International Congress of Internal Medicine,

which will be held from March **19th to March 21st, 2020** at **Royal Olympic Hotel in Athens, Greece**.

The Congress will be organized by the **Institute of Internal Medicine and Hepatology**, the **Department of Medicine and Research Laboratory of Internal Medicine of the University Hospital of Larissa** and under the auspices of the **University of Thessaly Medical School, Larissa, Greece** and **the Hellenic Society of Internal Medicine**.

The congress is also endorsed by the **European Federation of Internal Medicine** and the **Foundation for the Development of Internal Medicine in Europe**.

With the experience of 10 International congresses, we promise to organize an outstanding scientific meeting and we are delighted to welcome you in the exciting and historic city of Athens, one of the great European destinations. Every two years our congress gains in maturity and experience, and the 11th edition promises to provide to the scientific community the kind of information and education needed to help all specialists evolve even further in science, research and clinical practice.

The Organizing committee is preparing a program which meets and successfully merges with the deepest, strongest and most diverse qualities of participants, established international scientists and experts and hope that this year the congress will beat its own records of participants, overcoming the number of 800 attendees from all over the world.

The scientific program will keep the traditional form of the abstract based sessions providing the young-and not only-colleagues with a great opportunity to present their work, research and clinical experience through oral presentations and e-posters covering various fields of Internal Medicine. We look forward to welcoming you all in the ***11th International Congress of Internal Medicine*** to exchange views and share experiences with other high level professors, colleagues and friends, representing many well-known Universities and Medical Institutes together with members of relevant international organizations.

We are confident that the Congress will represent for all participants an unforgettable personal and professional experience!

With my warmest regards

George N. Dalekos
President of the Organizing Committee
Head, Department of Medicine and Research Laboratory of Internal Medicine
University Hospital of Larissa, Larissa, Greece

Preliminary Scientific Programme

Thursday, March 19, 2020

09:00-10:30 ORAL PRESENTATIONS

Chairpersons: **TBA**

10:30-11:00 STATE - OF THE ART - LECTURE

Chairperson: **Stella Douma** *(Thessaloniki, Greece)*

Metabolically healthy obesity: Fact or myth?
Peter Nilsson *(Malmo, Sweden)*

11:00-11:30 E-POSTER VIEWING / Coffee Break

11:30-13:00 ROUND TABLE
Current evidence in obesity treatment

Chairpersons: **Peter Nilsson** *(Malmo, Sweden)*
Vasilios Kotsis *(Thessaloniki, Greece)*

Obesity as a disease: beyond BMI
Luca Busetto *(Padova, Italy)*

Practice guidelines to treat obesity induced hypertension, diabetes and dyslipidemia from the ESH WG on obesity, diabetes and the high risk patient and EASO
Vasilios Kotsis *(Thessaloniki, Greece)*

The effects of Metabolic Surgery on health.
What is the evidence?
Dror Dicker *(Petach-Tikva, Israel)*

Thursday, March 19, 2020

13:00-14:00 Debate: Blood pressure targets

Chairpersons: **George S. Stergiou** *(Athens, Greece)*
Konstantinos Tsioufis *(Athens, Greece)*

<130mmHg
Michel Burnier *(Lausanne, Switzerland)*

<140mmHg
Roland Schmieder *(Nuremberg, Germany)*

14:00-16:00 E-POSTER VIEWING / Leisure time

16:00-17:30 ROUND TABLE
Ageing and renal function

Chairpersons: **Michel Burnier** *(Lausanne, Switzerland)*
Demetrios Vlahakos *(Athens, Greece)*

Epidemiology of aging and chronic kidney disease:
Is aging a renal disease?
Carmine Zoccali *(Regio Calabria, Italy)*

Relationship between aging and hypertension:
Which came first the chicken or the egg?
Pierre Boutouyrie *(Paris, France)*

Cardiorenal anemia syndrome in aging
Demetrios Vlahakos *(Athens, Greece)*

Guidelines for cardiovascular diseases in elderly people
Michel Burnier *(Lausanne, Switzerland)*

17:30-18:00 SATELLITE LECTURE

Thursday, March 19, 2020

18:00-19:30 ROUND TABLE
An update in the management of dyslipidemia

Chairpersons: **Moses Elisaf** *(Ioannina, Greece)*
Haralampos Milionis *(Ioannina, Greece)*

Treating blood lipids according to the current European guidelines
Alberico L. Catapano *(Milan, Italy)*

Statin-associated side-effects: Myths and facts
Peter Lansberg *(Amsterdam, The Netherlands)*

Today's trials, tomorrow's therapies
Kausik K. Ray *(London, UK)*

19:30-19:45 Break

19:45-21:00 OPENING CEREMONY

Welcome

Inaugural Lecture
Challenges in the broad spectrum of Internal Medicine: The paradigm of Gastroenterology and Hepatology challenges
Michael P. Manns *(Hannover, Germany)*

21:00 WELCOME RECEPTION

Friday, March 20, 2020

08:30-10:00 ORAL PRESENTATIONS

Chairpersons: **TBA**

10:00-11:30 Teaching course: Acute ischemic stroke

Chairpersons: **George Ntaios** *(Larissa, Greece)*
Jesse Dawson *(Glasgow, UK)*

Ischemic stroke in disabled or demented patients
Janika Korv *(Tartu, Estonia)*

Repeated intravenous thrombolysis after recent stroke
Timo Kahles *(Aarau, Switzerland)*

Blood pressure management during intravenous thrombolysis
Alexandra Pavlovic *(Belgrade, Serbia)*

Oral anticoagulation after ischemic stroke: How early?
Patrik Michel *(Lausanne, Switzerland)*

11:30-12:00 E-POSTER VIEWING / Coffee Break

Friday, March 20, 2020

12:00-13:30 ROUND TABLE
Heart and stroke

Chairpersons: **Patrik Michel** *(Lausanne, Switzerland)*
Konstantinos P. Makaritsis *(Larissa, Greece)*

Atrial cardiopathy and stroke risk
Tatjana Potpara *(Belgrade, Serbia)*

Detection of atrial fibrillation among patients with stroke due to large or small vessel disease
Robin Lemmens *(Leuven, Belgium)*

Detection of atrial fibrillation after transient ischemic attack
Eleni Korompoki *(Athens, Greece)*

Non-adherence to secondary preventive medication after stroke
Jesse Dawson *(Glasgow, UK)*

PARALLEL SESSION

12:00-13:30 ROUND TABLE
Updates in hepatitis B, D and E

Chairpersons: **Michael P. Manns** *(Hannover, Germany)*
George V. Papatheodoridis *(Athens, Greece)*

When can we stop NUCs in chronic hepatitis B?
George V. Papatheodoridis *(Athens, Greece)*

What is the future of the hepatitis B cure?
Alessio Aghemo *(Milan, Italy)*

Future management of hepatitis D
Ramazan Idilman *(Ankara, Turkey)*

Hepatitis E revisited
Heiner Wedemeyer *(Essen, Germany)*

Friday, March 20, 2020

13:30-14:30 SATELLITE LECTURE

14:30-15:30 E-POSTER VIEWING / Leisure time

15:30-16:30 SYMPOSIUM
NAFLD / NASH

Chairpersons: **Francesco Negro** *(Geneva, Switzerland)*
Eirini I. Rigopoulou *(Larissa, Greece)*

Who is at risk and whom to biopsy?
Francesco Negro *(Geneva, Switzerland)*

Fatty liver disease in lean persons
Ramy Younes *(Torino, Italy)*

Lifestyle and drugs: What is the crucial element in management?
Frank Tacke *(Berlin, Germany)*

16:30-17:00 STATE -OF THE ART- LECTURE

Chairperson: **George N. Dalekos** *(Larissa, Greece)*

Pregnancy and autoimmune liver diseases
Michael A. Heneghan *(London, UK)*

17:00-17.45 SATELLITE SYMPOSIUM

17:45-18:15 E-POSTER VIEWING / Coffee Break

Friday, March 20, 2020

18:15-19:45 ROUND TABLE
Infections in the immunocompromised host

Chairpersons: **George L. Daikos** *(Athens, Greece)*
Evangelos J. Giamarellos-Bourboulis *(Athens, Greece)*

Modulation of the microbiome in immunocompromised patients
Joost Wiersinga *(Amsterdam, The Netherlands)*

Empirical antimicrobial treatment
Matteo Bassetti *(Udine, Italy)*

New biological agents and infections
Evangelos J. Giamarellos-Bourboulis *(Athens, Greece)*

19:45-20:15 STATE -OF THE ART- LECTURE

Chairperson: **George Dimopoulos** *(Athens, Greece)*

Redefining colistin: How can we use it in the era of new antibiotics?
Murat Akova *(Ankara, Turkey)*

20:15-21:00 SATELLITE SYMPOSIUM

Saturday, March 21, 2020

08:30-09:30 ORAL PRESENTATIONS

Chairpersons: **TBA**

09:30-11:00 Teaching course: Challenging cases in Internal Medicine

Chairperson: **Luis Campos** *(Lisbon, Portugal)*

Commentators: **Carlos Vasconcelos** *(Porto, Portugal)*, **Teresa Mesquita** *(Lisbon, Portugal)*

Clinical Case 1
Marco Fernandes *(Lisbon, Portugal)*

Clinical Case 2
Ines Egidio *(Lisbon, Portugal)*

11:00-11:30 STATE - OF THE ART - LECTURE

Chairperson: **Dina Tiniakos** *(Athens, Greece)*

Hepatic fibrosis in the context of alcoholic liver disease
Carolin Lackner *(Graz, Austria)*

11:30-12:00 E-POSTER VIEWING / Coffee Break

Saturday, March 21, 2020

12:00-13:30 ROUND TABLE
Extra-intestinal manifestations in inflammatory bowel disease

Chairpersons: **Tom H. Karlsen** *(Oslo, Norway)*
Ioannis Koutroubakis *(Heraklion Crete, Greece)*

Arthropathy and arthritis
Ioannis Koutroubakis *(Heraklion Crete, Greece)*

Eye and skin involvement
Stephan R. Vavricka *(Zurich, Switzerland)*

Metabolic bone disease
Pierre Ellul *(Msida, Malta)*

Hepatobiliary disease
Tom H. Karlsen *(Oslo, Norway)*

PARALLEL SESSION

12:00-13:30 ROUND TABLE
Clinical aspects in SLE, Sjögren's syndrome and APS

Chairpersons: **Panagiotis Vlachoyiannopoulos** *(Athens, Greece)*
Yves Renaudineau *(Brest, France)*

Challenges in systemic lupus diagnosis
Athanasios Tzioufas *(Athens, Greece)*

Epigenetics in Sjögren's syndrome: Implications in clinical practice
Yves Renaudineau *(Brest, France)*

Updates on diagnosis and management of catastrophic APS
Ricard Cervera *(Barcelona, Spain)*

Saturday, March 21, 2020

13:30-14:00 STATE - OF THE ART - LECTURE

Chairperson: **Konstantinos Triantafyllou** *(Athens, Greece)*

Updates in celiac disease
Joost P.H. Drenth *(Nijmegen, The Netherlands)*

14:00-14:30 SATELLITE LECTURE

14:30-16:00 E-POSTER VIEWING / Leisure time

16:00-17:30 ROUND TABLE
Practical issues in the management of the diabetic patient

Chairpersons: **Nicholas Katsilambros** *(Athens, Greece)*
Erifili Hatziagelaki *(Athens, Greece)*

Diabetic diet - What is sure and what is questionable?
Gabriele Riccardi *(Naples, Italy)*

Insulin treatment: Cutting-edge data on newer insulin formulations and delivery technology
Roger Lehmann *(Zurich, Switzerland)*

SGLT-2 inhibitors: Their role beyond glucose regulation
Michael Roden *(Dusseldorf, Germany)*

Diabetic foot - Modern aspects concerning treatment
Andrew JM Boulton *(Manchester, UK)*

17:30-18:00 STATE - OF THE ART - LECTURE

Chairperson: **Michael Voulgarelis** *(Athens, Greece)*

Updates in multiple myeloma
Meletios-Athanasios Dimopoulos *(Athens, Greece)*

Saturday, March 21, 2020

18:00-19:15 SYMPOSIUM
Managing complications in decompensated cirrhosis

Chairpersons: **Paolo Angeli** *(Padova, Italy)*
John Koskinas *(Athens, Greece)*

Multidrug-resistant bacterial infections in patients with cirrhosis
Paolo Angeli *(Padova, Italy)*

Assessment of kidney function in cirrhosis
Elsa Sola *(Barcelona, Spain)*

Key points in EASL guidelines on HCC diagnosis and management
Albert F. Stättermayer *(Vienna, Austria)*

19:15-19:30 E-POSTER VIEWING

19:30-21:00 SATELLITE SYMPOSIUM

Faculty Members

Aghemo Alessio *(Milan, Italy)*

Akova Murat *(Ankara, Turkey)*

Angeli Paolo *(Padova, Italy)*

Bassetti Matteo *(Udine, Italy)*

Boulton Andrew J.M. *(Manchester, UK)*

Boutouyrie Pierre *(Paris, France)*

Burnier Michel *(Lausanne, Switzerland)*

Busetto Luca *(Padova, Italy)*

Campos Luis *(Lisbon, Portugal)*

Catapano Alberico L. *(Milan, Italy)*

Cervera Ricard *(Barcelona, Spain)*

Daikos George L. *(Athens, Greece)*

Dalekos George N. *(Larissa, Greece)*

Dawson Jesse *(Glasgow, UK)*

Dicker Dror *(Petach-Tikva, Israel)*

Dimopoulos George *(Athens, Greece)*

Dimopoulos Meletios-Athanasios *(Athens, Greece)*

Douma Stella *(Thessaloniki, Greece)*

Drenth Joost P.H. *(Nijmegen, The Netherlands)*

Egidio Ines *(Lisbon, Portugal)*

Elisaf Moses *(Ioannina, Greece)*

Ellul Pierre *(Msida, Malta)*

Fernandes Marco *(Lisbon, Portugal)*

Giamarellos-Bourboulis Evangelos J. *(Athens, Greece)*

Hatziagelaki Erifili *(Athens, Greece)*

Heneghan Michael A. *(London, UK)*

Idilman Ramazan *(Ankara, Turkey)*

Kahles Timo *(Aarau, Switzerland)*

Karlsen Tom H. *(Oslo, Norway)*

Katsilambros Nicholas *(Athens, Greece)*

Korompoki Eleni *(Athens, Greece)*

Korv Janika *(Tartu, Estonia)*

Koskinas John *(Athens, Greece)*

Kotsis Vasilios *(Thessaloniki, Greece)*

Koutroubakis Ioannis *(Heraklion Crete, Greece)*

Lackner Carolin *(Graz, Austria)*

Lansberg Peter *(Groningen, The Netherlands)*

Lehmann Roger *(Zurich, Switzerland)*

Lemmens Robin *(Leuven, Belgium)*

Makaritsis Konstantinos P. *(Larissa, Greece)*

Manns Michael P. *(Hannover, Germany)*

Mesquita Teresa *(Lisbon, Portugal)*

Michel Patrik *(Lausanne, Switzerland)*

Milionis Haralampos *(Ioannina, Greece)*

Negro Francesco *(Geneva, Switzerland)*

Nilsson Peter *(Malmo, Sweden)*

Ntaios George *(Larissa, Greece)*

Papatheodoridis George V. *(Athens, Greece)*

Pavlovic Alexandra *(Belgrade, Serbia)*

Potpara Tatjana *(Belgrade, Serbia)*

Ray Kausik K. *(London, UK)*

Renaudineau Yves *(Brest, France)*

Riccardi Gabriele *(Naples, Italy)*

Rigopoulou Eirini I. *(Larissa, Greece)*

Roden Michael *(Dusseldorf, Germany)*

Schmieder Roland *(Nuremberg, Germany)*

Sola Elsa *(Barcelona, Spain)*

Stättermayer Albert F. *(Vienna, Austria)*

Stergiou George S. *(Athens, Greece)*

Tacke Frank *(Berlin, Germany)*

Tiniakos Dina *(Athens, Greece)*

Triantafyllou Konstantinos *(Athens, Greece)*

Tsioufis Konstantinos *(Athens, Greece)*

Tzioufas Athanasios *(Athens, Greece)*

Vasconcelos Carlos *(Porto, Portugal)*

Vavricka Stephan R. *(Zurich, Switzerland)*

Vlachoyiannopoulos Panagiotis *(Athens, Greece)*

Vlahakos Demetrios *(Athens, Greece)*

Voulgarelis Michael *(Athens, Greece)*

Wedemeyer Heiner *(Essen, Germany)*

Wiersinga Joost *(Amsterdam, The Netherlands)*

Younes Ramy *(Torino, Italy)*

Zoccali Carmine *(Regio Calabria, Italy)*