


# ESIM WINTER 2025

## European School of Internal Medicine in Björkliden 2025 – Winter School Programme

| Sunday 9 feb   | Monday 10 feb  | Tuesday 11 feb  | Wednesday 12 feb   | Thursday 13 feb  | Friday 14 feb  | Saturday 15 feb   |   |   |  |
|--|--|---|--|--|--|---|---|---|--|
|  | 07.30-08.30<br><b>Breakfast</b>  | 07.30-08.30<br><b>Breakfast</b>   | 07.30-08.30<br><b>Breakfast</b>  | 07.30-08.30<br><b>Breakfast</b>  | 07.30-08.30<br><b>Breakfast</b>  | 07.30-08.30<br><b>Breakfast / Packing</b>   |   |   |  |
| <p><b>Welcome!</b></p> <p>Residents arrive today</p> <p><b>Evening: 19.00</b></p> <p><b>Reception</b></p> <p><b>Meet &amp; Greet</b></p> <p><b>Dinner at hotel</b></p> | 08.30 - 09.10<br><b>Welcome and Introduction</b><br><i>Organising Committee</i>                                  | 08.30-09.25<br><u>Lecture</u><br>"What's in the doctor's bag?"<br><i>Andrew Elder</i>   | 8.30 - 10.00<br>Workshop/lecture<br>"Bias"<br><i>Amie Burbridge</i>  | 08.30 - 09.25<br><u>Lecture</u><br>"IgG4-related diseases"<br><i>Farouk Benmediouni</i>    | 08.30 - 09.45<br><u>Lecture</u><br>"Endocrine cases"<br><i>Ieva Ruza</i>   |   |   |   |  |
|  | 09.15 - 10.15<br><u>Lecture</u><br>"Medical generalism"<br><i>Ricardo Gómez Huelgas</i><br><i>President EFIM</i> | 09.30-10.15<br><u>Lecture</u><br>"Living in a cold climate"<br><i>Niklas</i>  |  | 09.30 - 10.15<br><u>Lecture</u><br>"Frailty"<br><i>Sara Lindberg and Veronika Lindblom</i> | 09.50-11.00<br>Workshop<br>"Education and work environment"<br>ECG session<br><i>Jonatan Haile and Sara Lindberg</i> |   |   |   |  |
|  | 10.15-10.45<br><b>Coffee Break</b>   | 10.15 - 10.45<br><b>Coffee Break</b>  | 10.00-10.30<br><b>Coffee Break</b>   | 10.15-10.45<br><b>Coffee Break</b>   | 10.45 - 11.15<br>Workshop<br>"Frailty"<br><i>Sara Lindberg and Veronika Lindblom</i>                                 | 11.00-11.30<br><b>Coffee Break</b>  | Residents depart in the morning<br><br><b>Have a safe trip home!</b>            |   |  |
|  | 10.45 - 12.00<br><u>Lecture</u><br>"Toxidromes"<br><i>Mir Fraz</i>   | 10.45 - 12.00<br><u>Lecture</u><br>"Diagnostics in inflammation of unknown origin: shifting paradigms"<br><i>Steven Callens Novel</i> | 10.30 - 12.30<br>Workshop<br>Ultrasound<br><i>Michael Kallenbach</i>   | 11.15-12.30<br><u>Lecture</u><br>"Acid-Base Enigmas + quiz"<br><i>Adrian Hassler</i>       |  |   |   | 11.30 - 12.30<br><u>Lecture</u><br>"Gender Medicine"<br>Young Internist<br><i>Lucia Ordieres Ortega</i> |  |
|  | 12.05 - 13.00<br><u>Lecture</u><br>"Cardiac arrest - beyond the basics"<br><i>Erik Ullemark</i>                  | 12.00-12.30<br><b>Lunch</b>   | 12.30-17.30<br>12.30 Bus to Abisko Polar research science center and sauna 17.00 bus back to Björkliden<br><i>Organising Committee</i> | 12.30-15.00<br>Lunch and free time / skiing lessons (cross country or beginner's alpine)   | 12.30-15.00<br>Lunch and guided tour "winter wonderland"   | 12.30-16.30   |   |   |  |
|  | 13.00-15.00<br>Lunch and free time + activity of choice  | 15.00-16.45<br><u>Workshop</u><br>Presenting Science<br><i>Gijs Meusen</i>  |  |  |  |   | 15.00-16.45<br>Clinical case presentations 11-15<br><i>Organising committee</i> | 15.00-15.55<br><u>Lecture</u><br>"From Stethoscope to Datascope: What can data do for your patients?"   | Lunch and free time + activity of choice |
|  | 16.45-17.15<br><b>Coffee Break</b>   | 16.45-17.15<br><b>Coffee Break</b>  |  |  |  |   | 16.00-16.45<br><u>Lecture</u><br>"Medical Errors"<br><i>Amie Burbridge</i>      | 16.30-17.30<br><u>Lecture</u><br>"The future of Internal Medicine"<br><i>Organising committee</i>       |  |
|  | 17.15-18.45<br>Clinical case presentations 1-5<br><i>Organising Committee</i>                                    | 17.30-18.55<br>Clinical case presentations 6-10<br><i>Organising Committee</i>  | 16.45-17.15<br><b>Coffee Break</b>   | 17.15-18.30<br><u>Lecture</u><br>"Empathy - from brain to bedside"<br><i>Andrew Elder</i>  | 17.15-18.45<br>Clinical case presentations 16-20<br><i>Organising Committee</i>                                      |   |   |   |  |
|  | 19.00-20.30.00<br>Buffet Fjället<br>20.30 - 22.30<br>Guide Northern lights                                       | 19.00-20.30<br>Buffet Fjället<br>20.30 - 22.30<br>Salsa   | 19.00-20.30.00<br>Buffet Fjället<br>20.30 - 22.30<br>Guide Northern lights   | 19.00-20.30<br>Buffet Fjället<br>21.00 - 24.00<br>Karaoke night                            | 19.00-late<br><b>Dinner and danceparty</b><br>Gala dinner<br>Fjället   |  |   |   |  |