

**Welcome to EFIM's 10th Day –
Ten years of sharing knowledge
and European insight**

EFIM Activities since March 2025

EFIM President, Prof. George Dalekos

EFIM Executive Committee 2025



Prof. George
Dalekos –
EFIM
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Dr. Fredrik
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– EFIM
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EFIM Past
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EFIM
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Manager



Catalina
Angulo –
EFIM
Secretariat
Support

EFIM Executive Committee participation in national and international meetings

ACP Internal Medicine Meeting -April 2025



SHM Meeting – April 2025



FADOI - May 2025

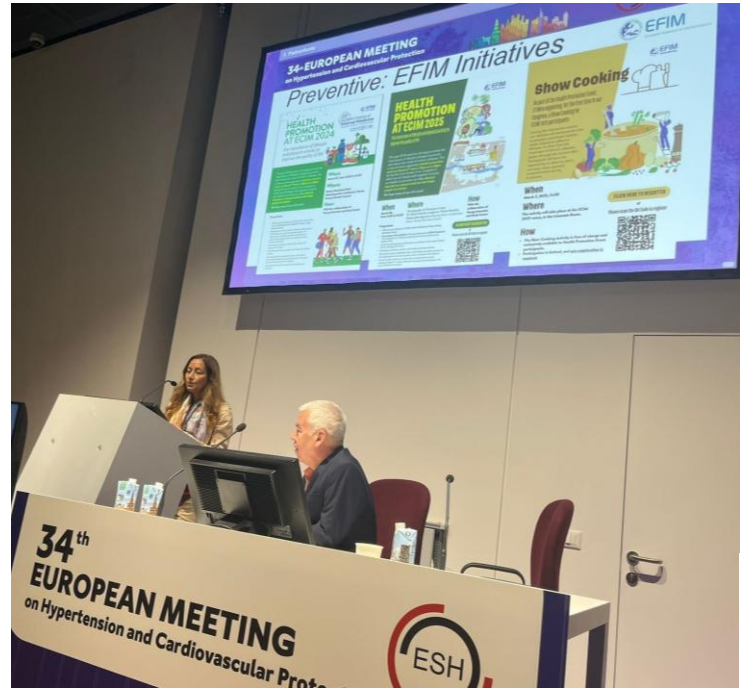


Armenian Society Congress – May 2025

Romanian Society of Internal Medicine – 19-20 September 2025



EFIM Joint Session with ESH - May 2025



Athens, 24-27 September 2025



Ceylon College of Physicians, Opening Lecture by Prof. George Dalekos, Colombo, Sri Lanka, 10-13 September 2025



Many others in progress up to the end of 2025.....

46^o CONGRESO NACIONAL
de la Sociedad Española
de Medicina Interna

39^o CONGRESO
de la Sociedad Andaluza
de Medicina Interna

SEMI
SOCIEDAD ESPAÑOLA DE MEDICINA INTERNA
La asistencia integral de la persona enferma

Sademi
Sociedad Andaluza de Medicina Interna

#46SEMI
congresosemi.com

26 al 28
Noviembre

CÓRDOBA 2025

Centro de Exposiciones, Ferias
y Convenciones de Córdoba



#SNFMI

91e CONGRÈS DE LA

SNFMI

TOURS

PALAIS DES CONGRÈS

10.11.12. DÉCEMBRE 2025

QR code

sfmp

La sfmp La médecine polyvalente Actualités

Nous sommes la

**société française de
médecine polyvalente**

Κυπριακή Εταιρεία Παθολογίας
ιδρ. 1980

Limassol, 28-30 November 2025

EFIM Executive Committee meetings ECIM 2026 preparation

Preparation of ECIM 2026 – April & June



Preparation of ECIM 2026 – April & June



EFIM Executive Committee – upcoming activities

Upcoming projects and activities of EFIM EC



EFIM Bylaws
Updates: EC
Officers age, criteria
amendment for EC
Officers

Opening Elections
Executive
Committee:
- EFIM Treasurer

New EBIM
Constitution and the
launch of the Exam
of Internal Medicine
with RCPI

Opening call for
Editor in Chief –
EJIM - 2026

Preparation of
ECIM 2027- Paris
and ECIM 2028 -
Edinburgh

EBIM



New European Board of Internal Medicine, EBIM 2025



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**EBIM
Member:**
Dr. Anna
Mavromanoli
(YI Observer
EFIM)
Switzerland

Upcoming Projects and Activities of EBIM



EU Curriculum
Revision in
Internal Medicine

Launch of the
European Exam
in Internal
Medicine (EEIM)

Quality
Assurance and
Harmonization of
Training

Accreditation and
Certification
Initiatives of
Training Centres

Continuing
Medical
Education and
Professional
Development

European
Internal Medicine
Passport

EFIM Young Internists



EFIM

European Federation of Internal Medicine

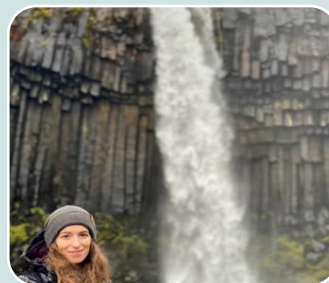
EFIM Young Internists Section



**Dr. Anna
Mavromanoli
- Swiss Society**



**Dr. Zora
Lazurova –
Slovakian
Society**



**Dr. Lucia
Ordieres
Ortega –
Spanish
Society**



**Dr. Andrea
Salzano –
Italian
Society –
Secretary YI**



**Dr. Miguel
Romano –
Portuguese
Society –
Chair YI**



Projects and Activities of EFIM Young Internists

- **EFIM Young Internists Survey to Assess the Situation of Gender Equality in Internal Medicine**
- **Parallel session - ECIM 2026, Vienna**
- **Joint Session with the Austrian YI – ECIM 2026, Vienna**
- **Workshop – ECIM 2026, Vienna**
- **YI Corner, Vienna**

EFIM Early Career Subcommittee





EFIM

European Federation of Internal Medicine

EFIM Early Career Subcommittee



Dr.
Friederike
Bennett –
German
Society



Dr. Alina
Dima –
Romanian
Society



Dr. Sara
Lindberg
– Swedish
Society –
Co-
CHAIR



Dr.
Candido
Munoz –
Spanish
Society



Dr.
Frauke
Weidanz
– FRCP
UK
CHAIR



Projects and Activities of EFIM Early Career

- **Early Career Webinar: The Connection Between Internal Medicine and Lifestyle Medicine – September 2025**
- **Parallel session - ECIM 2026, Vienna**
- **Mentorship event – ECIM 2026, Vienna**

EFIM Journals

EJIM and EJCRIM



www.ejinme.com



**Editor in Chief –
Prof. Giancarlo Agnelli**



**Editor in Chief –
Dr. John Kellett**

EJIM – European Journal of Internal Medicine

2024 Impact Factors of the European Journal of Internal Medicine is **6.1** (up from 5.9 in 2023).

The ranking of EJIM: CATEGORY
MEDICINE, GENERAL & INTERNAL
29/332

JCR YEAR	JIF RANK	JIF QUARTILE	JIF PERCENTILE	
2024	29/332	Q1	91.4	
2023	30/329	Q1	91.0	



EJCRIM
European Journal
of Case Reports
in Internal Medicine

EJCRIM Achievements and upcoming goals

Editor in Chief –
Dr. John Kellett



- **IMPACT FACTOR APPLICATION:**

EJCRIM citations have increase encouraging us to apply for the impact factor with Clarivate..help us and cite EJCRIM case reports!

CiteScore 2023



2.1 = $\frac{1.762 \text{ Citations } 2020 - 2023}{842 \text{ Documents } 2020 - 2023}$

Calculated on 05 May, 2024

Source Scopus

- **EJCRIM EDITORIAL :**

After a remarkable decade as Editor-in-Chief, Dr. Kellett's editorial is a powerful tool to highlight the value of your case reports! READ IT AT



**CHECK
IT
OUT**

- **EJCRIM BLOG «What's wrong with medicine and how to fix it»:**

What's wrong with medicine? 🩺 🤔 We are glad you asked!

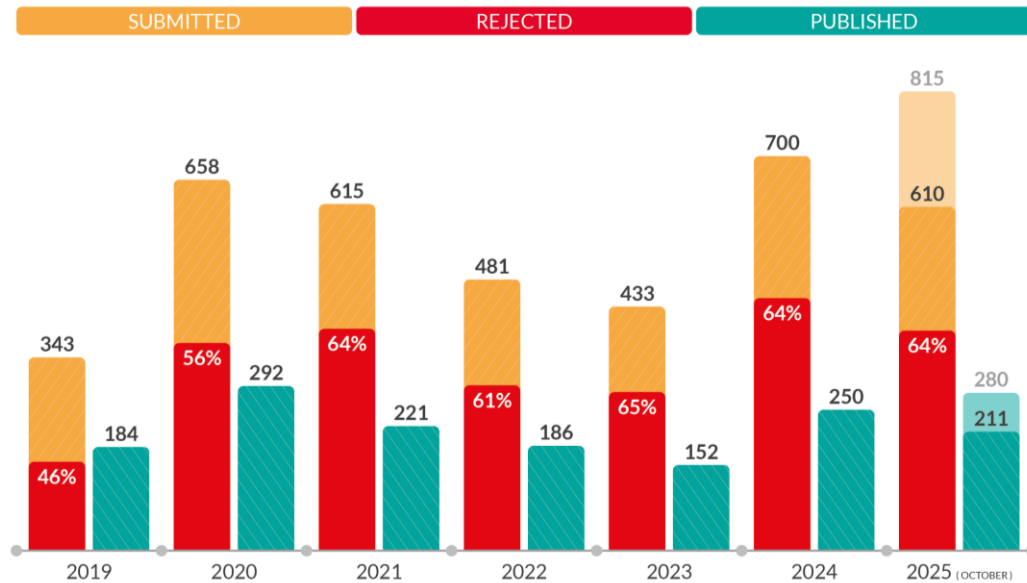
Join the discussions and explore insightful debates on EJCRIM NEW BLOG



**JOIN
THE
CHAT**



RISING SUBMISSION NUMBERS



READERS SHARP INCREASE

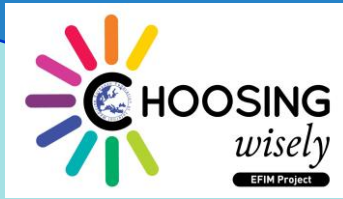


NEW DEPUTY EDITOR: Professor AVISHAY ELIS

IMPACT FACTOR EVALUATION: ONGOING - SUPPORT EJCRIM BY CITING OUR CASES!

EFIM Working Groups

EFIM Working Groups



Choosing Wisely

- Chair: Prof. Omar Kherad
- Swiss Society of General Internal Medicine



Critical Appraisal of Guidelines WG

Chair: Prof. Valentin Kokorin

Russian Scientific Society of Internal Medicine



Multimorbidity WG

- Chair: Prof. Maximo Bernabeu Wittel
- Spanish Society of Internal Medicine



EFIM Working Groups



Telemedicine WG

- Chair: Dr. Ismael Said Criado
- Spanish Society of Internal Medicine



Ultrasound WG

- Chair: Dr. João Neves
- Portuguese Society of Internal Medicine



Acute Medicine and Hospital Medicine WG

Chair: Prof. Manuel Mendez Bailon

Spanish Society of Internal Medicine



Clinical Working Groups



Diabetes and Obesity WG

- Chair: Prof. Alexandra Kautzky-Willer
- Austrian Society of Internal Medicine



Heart Failure WG

Chair: Prof. Antonio Cittadini
Italian Society of Internal Medicine



Infectious Diseases in Internal Medicine WG

- Chair: Prof. Emanuele Durante Mangoni
- Italian Society of Internal Medicine



EFIM New Working Groups launched in June 2025

Systemic Autoimmune Diseases WG

- Chair: Prof. Chloé Comarmond Ortoli
- French Society of Internal Medicine



Rare Diseases WG

- Chair: Prof. Francois Maillot
- French Society of Internal Medicine



2nd EFIM WGs Chairs meeting – 23 June



Surveys

Multimorbidity WG Survey:

- **What Would Help Me in Identifying and Managing Sarcopenia in Hospitalised Patients with Multimorbidity?**
- **Feelings and Thoughts About the Role of Hospitalist. A Survey For European Internist**

Diabetes and Obesity WG Survey:

- **Multinational cross-sectional survey on preparedness of European Internal Medicine residents regarding obesity management: The Internal Medicine Residency Programs Obesity Survey – Europe (IMeRPOS)**

Critical Appraisal of Guidelines in Internal Medicine WG

- **Survey on Venous Thromboembolism Prophylaxis in Hospitalized Patients - Adaptation of CPG**

Activities of the Working Groups

Webinars



Organised by the EFIM WG of Telemedicine, Innovative technologies and Digital Health

Digital Transformation of Clinical Reasoning in Internal Medicine

May 8th 2025
18:00 - 19:30h CEST.

Moderator: Dr. Ismael Said Criado (Spain)

Speakers:
Quality of clinical data to enhance decision making.
Prof. Mahmood Adil (UK/Qatar)
Barriers on redefining clinical performance with new technologies in Internal medicine
Prof. Filomena Pietrantonio (Italy)
New skills for internists in the era of AI
Prof. Henrique Martins (Portugal)

Organised by the EFIM Multimorbidity WG

Hospitalist Model and Co-management in Surgical Areas Across Europe

April 29th 2025
17:30 to 18.30 CET

Chair:
Ombretta Para. Internal Medicine 1 - University Hospital of Careggi, Florence Italy

17:30-17:55
Lecture 1. A travel through different co-management models in surgical settings.
Professor Francesco Dentali.
Department of Medicine and Surgery, University of Insubria, Varese, Italy

17:55-18:20
Lecture 2. Managing relevant diseases and medical complications in patients with multimorbidity
Professor Arantxa Alvarez de Arcaya Vicente.
Hospitalist Medicine Unit, Hospital Clínico San Carlos, Madrid, Spain.

18:20-18:30. Discussion and conclusions.

Publications in EJIM 2025:

Treatment of hospitalized patient with hyperglycemia: An EFIM critically appraised and adapted guideline. 2025;132:27-36.

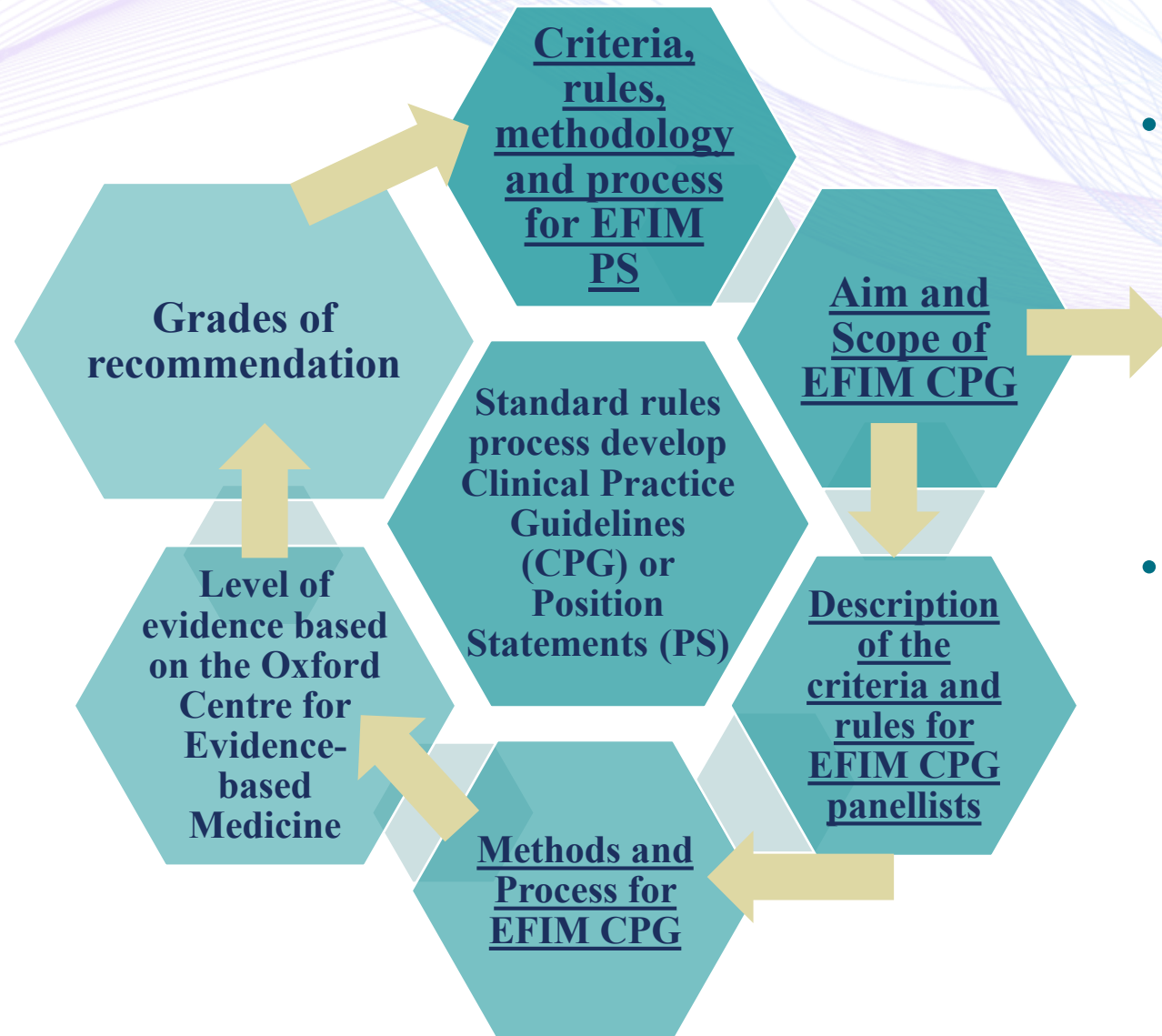
The role of the hospitalist in Europe: results by EFIM multimorbidity working group survey. 2025;Oct:140:106341.

Preparations for ECIM 2026 sessions and workshops: Dedicated sessions for each WG!

2 Webinars are in the process of planning to be held in the coming months!

Introduction of the Standard Rules Process (SRP) to develop Clinical Practice Guidelines (CPG) or Position Statements (PS) of EFIM

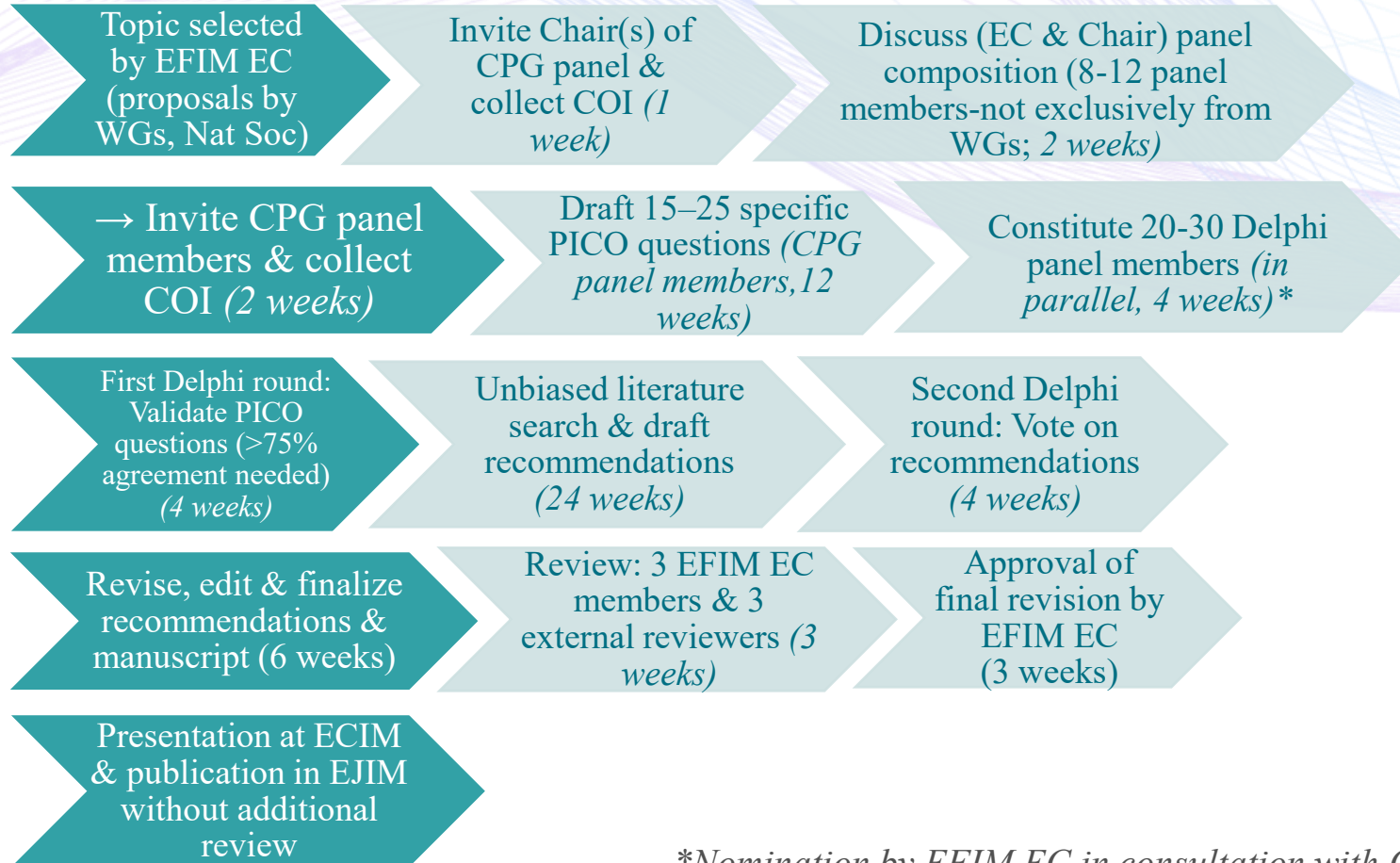
Standard Rules Process (SRP) to develop Clinical Practice Guidelines (CPG) or Position Statements (PS) of EFIM



- To harmonise the procedure of developing and implementing reliable, evidence-based and up-to-date CPG or PS of EFIM according to international standards for CPG established by the Guidelines international network (www.g-i-n.net)
- To advance methodology, transparency and science, but preserving at the same time practicability

Standard Rules Process for CPG and PS

(Max Duration: 62 Weeks)



**Nomination by EFIM EC in consultation with CPG Chair(s), National Societies and Patient Associations*
Note: Position Statements (PS) follow the same steps but do NOT include Delphi rounds – internal voting is conducted instead. For more details see the document at EFIM website.

Institutional collaborations & new membership applications

Collaboration with FDIME



Monday, 6 October, 2025 - 09:00 to Wednesday, 8 October, Paris

Joint EFIM and FDIME session at ECIM 2026, Vienna

Bursaries for the Winter school 2026 open

Support of EFIM Exchange programme with 5 bursaries

Aletheia project

New collaborations



European Health Alliance on Alcohol



Potential collaboration



New membership applications:



The Korean Association
of Internal Medicine

Address message by EFIM
President, October 2025



Existing Collaborations



Collaborating with the Society of Hospital Medicine and American College of Physicians via congresses and joint initiative



Institutional Collaborations



Wolters Kluwer

New
collaboration
established

- Wolters Kluwer

New
collaboration
established

- Amboss

**Personal letter was sent to each President
to launch the discount for their members!**

EFIM members **save** on
personal UpToDate®
subscriptions



European Federation of Internal Medicine (EFIM)
professional and trainee members SAVE 20%
and student members SAVE 50% on an annual
or longer personal subscription to UpToDate as a
special member benefit



As part of this partnership, all EFIM-member
societies (ordinary and associate) will receive a
special, ongoing benefit for their members:

- **3 months of free access**
- **25% discount on the first annual subscription**

EFIM Annual Report 2024



Annual Report 2024 – Published and Disseminated!



EFIM Communication



EFIM Quarterly Newsletters



It is a great honour for me to address you for the first time as President of the European Federation of Internal Medicine (EFIM), following the success of ECIM 2025 in Florence.

The congress was a tremendous success, bringing together more than 2,200 participants from across Europe and beyond. It was inspiring to see internists from all stages of their careers engaging in dynamic discussions, exchanging knowledge, and networking during our congress.



As we enjoy the summer season, I am pleased to reflect on what has already been achieved in the past months for EFIM.

In addition to the recent ECIM Congress in Florence in March, which was a resounding success, and the highly successful ESIM Summer School held for the first time in Alexandroupolis, Greece in June, with over 50 residents in attendance I am also proud to share the publication of the EFIM 2024 Annual Report.

EFIM Academy Monthly Newsletters since March

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

The 23rd European Congress of Internal Medicine (ECIM) 2025 took place in Florence, Italy, on 5–8 March 2025. During the EFIM Academy session, Janaka Karalliedde led a discussion on the clinical management of type 2 diabetes in the outpatient setting, offering valuable insights for internists.

For a more comprehensive learning experience on the diagnosis and management of type 2 diabetes, explore the resources available on

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

Resistant hypertension, hypertension-mediated organ damage (HMOD), and acute heart failure are interrelated cardiovascular conditions that carry significant individual and public health implications. Resistant hypertension is associated with high cardiovascular risk, including stroke, myocardial infarction, chronic kidney disease, and heart failure. Patients are more likely to have HMOD, contributing to poor outcomes. Chronic kidney disease associated with hypertension is a growing burden, especially in aging populations. Hence, it is critical to systematically address these conditions as early detection and tight control of hypertension can prevent organ damage and heart failure. Two newly released modules in EFIM Academy provide practical approaches to tackle these conditions.

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

Early recognition of a stroke is crucial because timely treatment can significantly improve outcomes for patients. The sooner a stroke is identified, the quicker medical intervention can be initiated, which can help minimize brain damage and improve recovery chances.

Internists play a key role in stroke recognition and management. Education and training for early and accurate diagnosis of stroke, screening, and risk assessment, operationalizing rapid response

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

Starting in August 2025, the EFIM Academy newsletter will feature the “Case of the Month” from *The European Journal of Case Reports in Internal Medicine (EJCRIM)*, the official journal of the European Federation of Internal Medicine (EFIM), representing 40 national societies across 38 European countries. EJCRIM's mission is to promote best medical practice and innovation in acute and general medicine while offering a platform for internal medicine physicians to share new approaches that enhance diagnostic and clinical skills. As Editor-in-Chief John G. Kellett [notes](#), “To be accepted by EJCRIM a case report does not have to be outstanding, but it does have to be true, illuminating, useful, interesting, and easy to read.” Through this new feature, we aim to bring valuable learning opportunities to our community by highlighting cases that reflect the breadth and depth of internal medicine practice.

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

This month we are focusing on two very important topics around acute cardiovascular care and prevention.

Our latest digital training release delivers three high-impact cardiology resources: two full E-learning modules—“Acute Coronary Syndromes & Myocardial Infarction” and “Transient Ischemic Attack & Stroke Prevention”—that walk learners through evidence-based diagnostics, treatment algorithms, and case studies; plus a bite-sized “One-Minute ECHO” lesson showing how to spot severe pulmonary hypertension via the tricuspid-regurgitation jet. Log in to sharpen your clinical edge in minutes or dive deep at your own pace.

We want to improve the EFIM Academy to better meet your training needs. If you haven't already done so, please do so now and give us

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

[Data](#) from European Centre for Disease Prevention and Control (ECDC) shows that seasonal influenza and RSV epidemics come to an end in the EU/EEA region. Although SARS-CoV-2 activity is also low, ECDC calls for vigilance for potential increases. This month you can have insights at the role of emergency department in managing COVID-19 and the care algorithms in the post-pandemic era. Additionally, you can navigate different types of heart failure and its management through case stories.

We want to improve the EFIM Academy to better meet your training needs. If you haven't already done so, please do so now and give us your feedback at

What's new in EFIM Academy?

EFIM Academy is free
for all Healthcare
Professionals & Trainees

Diabetic foot diseases are complex, sometimes very hard to treat conditions that require a coordinated team work. This month, we have published a very comprehensive module on the clinical presentation, diagnosis, and management of diabetic foot disease which will greatly help you to coordinate and manage the care of your diabetic patients. Additionally, don't forget to take a look at the case of the month and listen to the lively conversations of Amie and Ben on acute conditions and ‘being a doctor’.

CASE OF THE MONTH

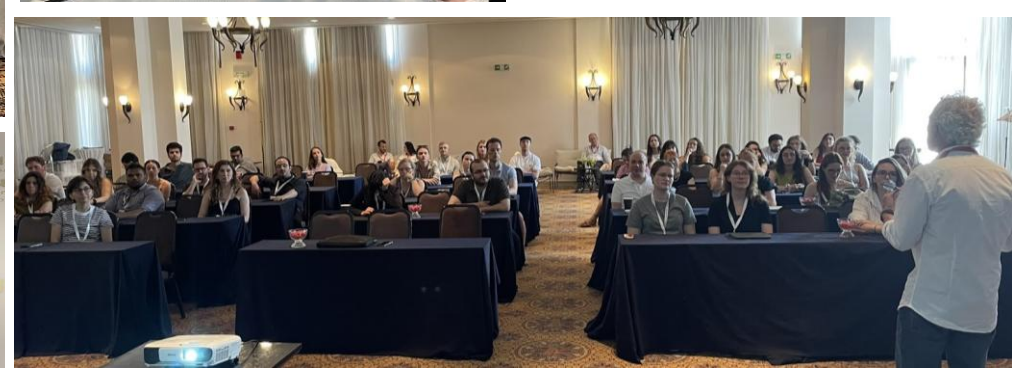
Severe hyponatremia after Roux-en-Y gastric bypass: a diagnosis of exclusion

European Schools of Internal Medicine





54 PARTICIPANTS
FROM 21 COUNTRIES
Director: Prof. Skendros





ESIM Winter and Summer 2026



**ESIM Winter 2026 - 15 to 21 February 2026,
Bari, Italy (Prof. Dentali)**



**ESIM Summer 2026 - 31 May to 6 June 2026,
Alexandroupolis, Greece (Prof. Skendros)**

EFIM Fellowship



EFIM Fellowship 2025 (168 Fellows)



Since ECIM 2025:

- 17 applications received
- 8 successful applications
- 5 non eligible
- 4 application still to be processed

2022 – Malaga 78 (45 registered, 19 invited, 14 invited Past Fellows)

2023 – Athens 22 (14 registered, 8 invited)

2024 – Istanbul 27 (13 Registered, 11 Invited)

2025 – Florence 41 (24 registered, 17 Invited)

EFIM Academy





Editor-In-Chief

**Prof. Mine Durusu Tanriovert, MD,
FEFIM**

Hacettepe University Faculty of Medicine, Department of
Internal Medicine, Ankara, Türkiye
Hacettepe University Vaccine Institute, Ankara, Türkiye

[Email Mine](#)



Associate Editor

**Dr. Janaka Karalliedde, MBBS
FRCP FHEA PhD**

King's College London Faculty of Life Sciences &
Medicine, the School of Cardiovascular Medicine &
Sciences

[Email Janaka](#)

Released modules

Course Name	Release date
MANAGEMENT OF MULTIMORBIDITY	
Multimorbidity in the end-of-life care	21.03.2025

Course Name	Release date
COVID-19 COURSE	
Role of the emergency department in managing COVID-19: Identifying patients with a risk of progression - Care pathways	20.06.2025

Course Name	Release date
DIABETES MELLITUS COURSE	
Management of acute complications of diabetes - Diabetic ketoacidosis	23.01.2025
Management of acute complications of diabetes - Hyperosmolar hyperglycemic state (HHS) and hypoglycemia	23.01.2025
Management of type 1 diabetes	25.02.2025

Course Name	Release date
CARDIOVASCULAR DISEASES COURSE	
Acute coronary syndromes and myocardial infarction	09.05.2025
Transient ischemic attack and stroke prevention	27.05.2025
Heart Failure – Why it should matter to you?	30.06.2025

Module name	Release date
Classification and work-up of ischemic stroke patients A stroke classification based on etiopathogenesis	25.04.2025

Congress presentations	Release date
EFIM 2024 WEBINAR: Challenges and updates in dyslipidemia	20.02.2025
EFIM 2024 WEBINAR: The frail patient	25.02.2025
EFIM 2024 WEBINAR: Outpatient healthcare: hospital at home, quick diagnosis units, case management of chronic complex patient	19.03.2025
EFIM 2024 WEBINAR: Digoxin in heart failure? Yes or no?	24.04.2025
EFIM 2024 WEBINAR: Women's health for internists	24.04.2025
EFIM 2024 WEBINAR: Joint Session International Atherosclerosis Society - Recent advances in managing/understanding the epidemic of cardiometabolic disease	25.08.2025
EFIM 2024 WEBINAR: Adult vaccination	25.08.2025

Webinars	Release date
EFIM Guideline Appraisal and Adaptation for Internists on Acute Heart Failure	16.07.2025
ANCA-Associated vasculitis	26.09.2025

One-minute learning	Release date
One-minute ECHO: Diagnosing severe pulmonary hypertension with a TR Jet	27.05.2025
Palmar rash: A diagnostic crossroad	23.09.2025

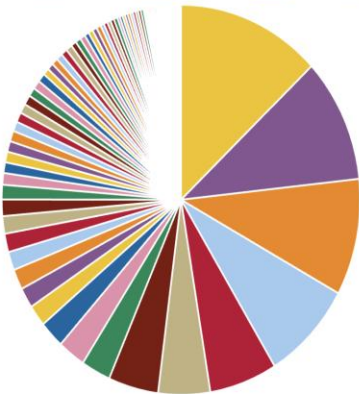
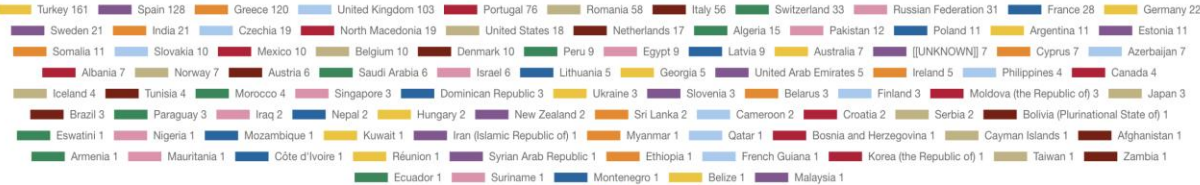
User statistics

Site users by countries (n=7153)

Reports / 04-10-2025

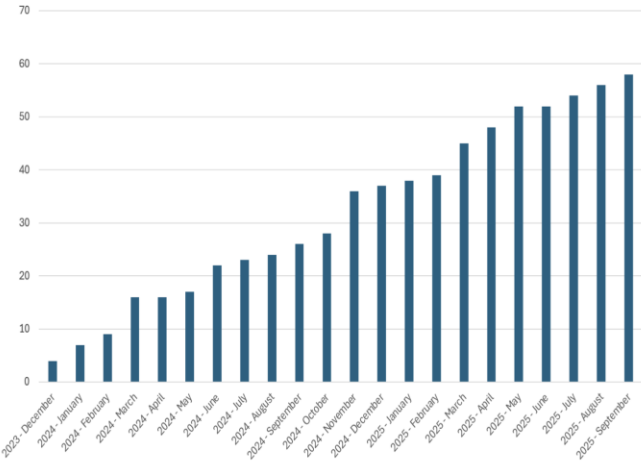


Active users by countries (n=1241)



Basic Clinical Ultrasound Completion Report

Month	Completion
2023 - December	4
2024 - January	7
2024 - February	9
2024 - March	16
2024 - April	16
2024 - May	17
2024 - June	22
2024 - July	23
2024 - August	24
2024 - September	26
2024 - October	28
2024 - November	36
2024 - December	37
2025 - January	38
2025 - February	39
2025 - March	45
2025 - April	48
2025 - May	52
2025 - June	52
2025 - July	54
2025 - August	56
2025 - September	58



Ongoing funded activities

- **Release of 5 Chronic Kidney Disease (CKD) and Cardio-Renal-Metabolic (CRM) modules**
 - Pathophysiology and early identification of CKD (2 modules)
 - Management of the person with type 2 diabetes mellitus and early CKD
 - Heart failure, Cardiovascular disease and CKD
 - Management of the person with type 2 diabetes mellitus and late CKD
- **Monthly release of one CRM module over a 12-month period**
- **Young Internist / Internist of the Year CRM Championship:** Open to all Young Internists/Internist enrolled in the EFIM Academy
- **CRM certification**

Exchange Programme

EFIM Exchange programme 2025



Testimonials



10 applications processed

- **10 Scholarships offered** of 1000€ per participant from EFIM and FDIME together
- A total of 4 bursaries have been granted up to October.
- 2 residents are currently following the Exchange programme in different hospital centres in Europe
- 2 Residents cancelled participation in the Exchange programme
- 2026 Exchange programme applications will be opened in December

I am highly grateful to EFIM for offering this exchange experience. Special thanks are hereby extended to Prof Mouthon, under whose guidance and zeal I was greatly influenced. **Dr. Xhesika Habilaj, Albanian Society of Internal Medicine**

Thanks to every supporter of this exchange programme. Thanks to my Italian team, every single one of you has taught me something and I am grateful for this. **Dr. Roberta La Cava, FRCP UK**

I am deeply grateful for this extraordinary and unforgettable 1-month experience. I have gained extensive knowledge and cherished many memorable moments. I'd like to express my heartfelt gratitude to Prof. Dalekos for accepting my application, warmly welcoming me, and making concerted efforts to ensure the most enriching experience. **Dr. Djafour Wissame – Algerian Society**

ECIM 2026 Vienna, Austria



24th European Congress of **Internal Medicine**

— Care Beyond Diagnosis —

25–28 March 2026
Vienna, Austria

Save the date!

www.ecim2026.org





EFIM
www.efim.org

Thank you!

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infor@efim.org

www.efim.org