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## AIM



The Exchange Programme intends to provide opportunities for gaining knowledge and skills for the Young Internists taking part. This is a chance to become more confident and self-reliant in professional life.

- This experience gives the Young Internists the edge in an increasingly competitive labour market and has a positive impact throughout their careers.
- This is a great opportunity to know each other better and understand the realities of other European countries.

## OBJECTIVES



The objective of this Programme is to promote short internships of one month among our European specialist training centers in Internal Medicine Units.

- The Exchange is open for Internal Medicine trainees in their third to fifth / sixth year.
- Each National Society will select one candidate per country. EFIM and FDIME will sponsor 10 scholarships of €1.000 which number could be increased at the discretion of and sponsored by the National Society.
- EFIM and FDIME will select the 10 best applications to participate in the programme.

## TRAINEE'S CRITERIA



- Speak fluent English.
- Completed the first two years of medical residency in Internal Medicine.
- Must have current and valid Health Insurance.
- Must have the support of their National Society.
- The resident should write a final report of the Exchange Programme in order to get the certificate and the Exchange programme bursary.
- EFIM Secretariat will be responsible for coordinating with the designated Tutor at the selected Hospital Centre for the organisation of the Exchange Programme.

## CENTER'S CRITERIA



Hospital should be able to provide an appropriate training in Internal Medicine.

- The host hospital should ensure that the visiting resident receives appropriate training in Internal Medicine.
- The designated tutor must be able to communicate effectively in English with the visiting resident.
- Clinical cases should be presented, discussed, and documented in English during the placement.
- The host institution must assist the visiting resident in securing accommodation, preferably within hospital residency facilities when available.
- The tutor is responsible for reviewing the trainee's final report and submitting an evaluation to EFIM at the end of the placement.
- Participating hospitals may not charge any administrative or registration fees for trainees taking part in the EFIM Exchange Programme

# List of Hospital Centers Available

COUNTRY	CENTERS	TUTOR	LOCATION
FRANCE	Service de Médecine Interne-Immunologie Clinique, CHU Tours. Centre de Compétence des Maladies Auto-Immunes et Auto-Inflammatoires de l'Adulte de Tours	Prof. Francois Maillot Prof. Alexandra Audemard	Tours
	Polyvalent internal medicine and clinical immunology department, Jean Verdier Hospital, APHP, Bondy; Sorbonne Paris Nord University, France.	Porf. Anne Bourgarit	Paris
	Jean Verdier Hospital, APHP, Bondy; Sorbonne Paris Nord University, France.	Prof. Luc Mouthon	Paris
	Department of Internal Medicine and Clinical Immunology. Groupe Hospitalier Sud Ile-de-France, Melun, Ile-de-France (Paris region).	Prof. Nabil Belfeki	Paris
GERMANY	Clinic for Endocrinology, Diabetology and Metabolism at Essen University Hospital	Prof. Dagmar Führer-Sakel	Essen
	Medizinische Klinik I	Prof. med. Stefan Frantz	Würzburg
GREECE	National & Kapodistrian University of Athens, School of Medicine, 2 <sup>nd</sup> Propaedeutic Department of Internal Medicine & Research Institute	Prof. Panagiotis Halvatsiotis	Athens
	National & Kapodistrian University of Athens, School of Medicine, 1 <sup>st</sup> Department of Internal Medicine, Laikon Hospital	Prof. Michail Samarkos	Athens
	4th Department of Internal Medicine and Unit for Medical Angiology, "Evangelismos" General Hospital	Prof. Panagiota Katsanou	Athens
	Tzaneio General Hospital of Piraeus, 1 <sup>st</sup> Department of Internal Medicine	Prof. Starvos Antonopoulos and Prof. Georgios Athanasakis	Piraeus
	Aristotle University Thessaloniki, 3 <sup>rd</sup> Department of Internal Medicine, Papageorgiou Hospital	Prof. Vassilios Kotsis	Thessaloniki
	Aristotle University of Thessaloniki, 1 <sup>st</sup> Internal Medicine Department, AHEPA University Hospital	Prof. Symeon Metallidis	Thessaloniki
	University Hospital of Ioannina, 2 <sup>nd</sup> Division of Internal Medicine Department	Prof. Christos Rizos	Ioannina
	1 <sup>st</sup> Department of Internal Medicine & Infectious Diseases Department, University Hospital of Ioannina, Faculty Medicine, School of Health Sciences, University of Ioannina	Prof. Fotios Barkas	Ioannina
	Thessaly University Faculty of Medicine, Department of Internal Medicine	Prof. George Dalekos	Larissa
	Democritus University of Thrace, 1 <sup>st</sup> Department of Internal Medicine, University General Hospital of Alexandroupolis	Prof. Panagiotis Skendros	Alexandroupolis
ISRAEL	Sheba Medical Center, Tel-Hashomer, Tel-Aviv University	Prof. Howard Amital	Tel-Aviv
	Yoseftal Medical Center	Prof. Eyal Leibovitz	Eilat
	Galilee Medical Center	Prof. Kamal Abu Jabal	Nahariya
ITALY	Campus Bio Medico Di Roma	Prof. Raffaele Franco Antonelli Incalzi	Rome
	Aopg-Ospedale Santa Maria Della Misericordia A Perugia	Prof. Cecilia Becattini	Perugia
	Ospedale Papa Giovanni Xxii A Bergamo	Prof. Alberto Benetti	Bergamo
	Azienda Ospedaliera Universita' Federico Ii Di Napoli	Prof. Alberto Maria Marra	Naples
	A.R.N.A.S. Civico A Palermo	Prof. Salvatore Corrao	Palermo
	Universita' Degli Studi Di Bologna	Prof. Francesco Palmese	Bologna
	Fondazione Policlinico Universitario Gemelli Ircs Di Roma	Prof. Antonio Gasbarrini	Rome
	Dipartimento Medico Ausl Di Bologna	Prof. Primiano Iannone	Bologna
	Division of Internal Medicine, Immunology & Allergology - IRCCS Fondazione Ca' Granda, Ospedale Maggiore Policlinico, Milano	Prof. Nicola Montano	Milan
	Universita' Degli Studi Del Piemonte Orientale Novara	Prof. Mario Pirisi	Piemonte
	Azienda Ospedaliera Universitaria Di Bari	Prof. Piero Portincasa	Bari
	Ospedale Riuniti Di Foggia	Prof. Gaetano Serviddio	Puglia

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MALTA	Diabetes and Endocrine Centre, Mater Dei Hospital, Malta	Prof. Mark Gruppetta	Msida
POLAND	Department of Gastroenterology and Hepatology Medical University Center	Prof. Elżbieta Poniewierka	Wrocław
	Department of Internal Medicine and Hypertension Medical University	Prof. Edyta Zbroch	Białystok
	Department of Internal Medicine and Transplant Nephrology Medical University	Prof. Ilona Kurnatowska	Lodz
PORTUGAL	Hospitais Da Universidade De Coimbra	Prof. Lélita Santos	Coimbra
	Centro Hospitalar e Universitário do Algarve/Hospital de Portimão	Dr. Nuno Bernardino Vieira	Portimão
	Hospital Santo António	Prof. Paulo Paiva	Oporto
SLOVAKIA	Dpt. Internal Medicine nº1 University Hospital Košice	Prof. Ivica Lazurova	Kosice
	Department of Internal Medicine 5, University Hospital Bratislava	Prof. Juraj Payer	Bratislava
SPAIN	Training stays for foreign residents are regulated by the Spanish Ministry of Health and require completion of the official procedures via the Ministry's website: <a href="https://www.sanidad.gob.es/en/areas/profesionesSanitarias/profesiones/estanciasFormativasExtranjeros/home.htm">https://www.sanidad.gob.es/en/areas/profesionesSanitarias/profesiones/estanciasFormativasExtranjeros/home.htm</a> Applications open in January, with placements scheduled from July to December of the same year		
	Hospital Costa Del Sol	Prof. María Dolores Martín Escalante	Marbella
	Hospital Regional Universitario De Málaga	Prof. Ricardo Gomez Huelgas	Malaga
	Hospital Gregorio Marañón	Prof. Ana Torres do Rego	Madrid
SWITZERLAND	Division of Internal Medicine University Hospital Basel	Dr. Sonja Seelmann, Dr. Olivia Müller	Basel
TÜRKİYE	Hacettepe University, Faculty of Medicine, Department of Internal Medicine	Prof. Oguz Abdullah Uyaroglu	Ankara
	Hacettepe University, Faculty of Medicine, Department of Infectious Diseases and Clinical Microbiology	Prof. Lale Özışık	Ankara
	Istanbul University, Istanbul Faculty of Medicine, Department of Internal Medicine	Prof. Tufan Tükek	Istanbul
	Baskent University, Faculty of Medicine, Adana Dr. Turgut Noyan Practice and Research Centre, Department of Internal Medicine	Prof. Birol Özer	Adana

# HOW TO APPLY

Online via [www.efim.org/efim-exchange-program-application-form](http://www.efim.org/efim-exchange-program-application-form)

## YOU MUST SUBMIT ONLINE:

- Curriculum vitae
- Motivation letter for the Exchange programme
- Support letter from the National Society

**All documents must be submitted in English.**

# WHEN TO APPLY

Application for EFIM Exchange Programme open in January for the following year. The deadline for candidate applications is 22 February, and successful applicants will be informed by the end of February.

# WHY EXCHANGE PROGRAMME

## TO GAIN INSIGHT INTO:

- Key differences between healthcare systems in participating countries
- Differences in the management and treatment of specific diseases or clinical topics across countries

## Exchange programme management

### EFIM Secretariat

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