

# INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

was founded in 2008

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Dear colleagues, first of all as vice president of the **Internal Medicine Society** of **Northern Greece** (IMSNG), I would like to express the cordial thanks of IMSNG to EFIM, because the latter has accepted us to join it.

- The Internal Medicine Society of Northern Greece (IMSNG) was founded in 2008 and for the time being it has more than 500 active members. I would like to underscore that the members of our Society as well as the members of our Society's board are internists representing various regions of Greece and belonging to the public and private sectors of the primary, secondary and tertiary health care system (academics, hospital physicians, physicians) working in the private sector). Furthermore, in order to incorporate the growing number of members from other Greek regions and to serve the Internists, which are working in every region, we have decided to introduce alterations in our statute.
- Additionally, according to the new statute, our society will be renamed to Internal Medicine Society of Greece (IMSG).

The members of the IMSNG board are the following:

- **Prof. E. Maltezos**; Head Internal Medicine Dept., Democritus University of Thrace, Alexandroupolis, President of IMSNG,
- Prof A. Hatzitolios; Head Internal Medicine Dept., Aristotle University of Thessaloniki, Vice President A of IMSNG,
- **Prof. G. Dalekos**; Head Internal Medicine Dept., University of Thessaly, Larissa, Vice President B of IMSNG,
- **Prof. D. Papazoglou**; Democritus University of Thrace, Alexandroupolis, General Secretary of IMSNG
- Assoc. Prof. C. Savopoulos; Aristotle University of Thessaloniki, Treasurer of IMSNG,
- Assist. Prof. G. Liamis; University of Ioannina, Member of IMSNG,
- **Mpakatselos Spiros**; Director of the National Health Care System, Clinic of Internal Medicine of the Public Hospital, Thessaloniki
- **Milonas Stefanos**; Director of the National Health Care System, Clinic of Internal Medicine of the Public Hospital, Trikala (Thessaly)
- **Skoutas Dimitrios**; Freelance Physician, Responsible for the Department of Internal Medicine of a Private Clinic, Thessaloniki

I would like to give you the greetings of the President of our society Prof. Maltezos as well as the greetings of all the members of the board of our Society.

- Beginning from its foundation, IMSNG has undertaken numerous actions towards a greater support of the Internists' profession.
- During the recent years the discipline of Internal Medicine confronts numerous difficulties. From the one side, many professional duties have been taken away and have been transferred to other relevant medical specialties - for example, the physicians of Internal Medicine are not allowed neither to perform various tests as for example spiroergometric exercise testing or ambulatory blood pressure monitoring, nor to prescribe common drugs such as PPIs or lab exams (e.g. PSA ) in the private sector.

- From the other side, the discipline of Internal Medicine has been defragmented to numerous other disciplines. Noteworthy is that in the secondary and tertiary care each one of them has its own separate department. This occurs at cost of a more comprehensive treatment of the patients. Moreover, despite the fact that the training of the General Practitioners in the discipline of Internal Medicine takes six months only (!), the Greek State promotes their involvement in the primary care at the highest level.
- Recently (2014) the IMSNG has contributed decisively to the foundation of the Hellenic Professional Union of Internists (H.P.U.I) and since this time it is in close cooperation with the latter.

As far as concerns the scientific contribution of our society, it is noteworthy, that it has already organized two Pan-Hellenic congresses, in which participated international scientists.



Furthermore, during these years (2008-2016), our society in cooperation with other scientific societies, such as:

- the Hellenic Endocrine Society
- the Hellenic Society of Nephrology
- the Hellenic Society of Gastroenterology and
- the Hellenic Association of Orthopaedic Surgery and Traumatology.

has hosted numerous scientific events (conferences, symposia etc.) as well as similar events in the fields of Diabetology, Hepatology and Immunology.



# Moreover the IMSNG publishes (quarterly) the **"HELLENIC JOURNAL OF MEDICINE"**



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## Dear colleagues,

- the IMSNG hopes, that it will represent the Greek Internists in EFIM deservedly.
- We believe that a close cooperation between the Societies of Internists of all European countries within the frames of EFIM is very important.
- Additionally, this cooperation should take place both within the frames of the UEMS section of the Society of Internal Medicine and of the European Board of Internal Medicine.
- Our aim is to establish a progressive harmonization of the content and quality of training and practice in internal medicine within the European countries.
- In our opinion, there should be a core competency in the training and practice of internal medicine in Europe, which should have the same content.
- On the other hand, we believe that the national authorities might supplement additional regulations that they deem relevant to their own health care system.

Particularly, as far as concerns a common European training Curriculum, please let me read the relevant decision of our society.

«The Internal Medicine Society of Northern Greece (I.M.S.N.G.), under admission member of the E.F.I.M., would like to state the decisions that have been taken during its Administrative Board Meeting on 15/02/2016, concerning the European Curriculum in Internal Medicine. The Curriculum is currently under submission, and was demanded to start with, by the UEMS according the EU directive 2005/36/EC.

During the European Curriculum Meeting on 11/12/2015 that took place in EFIM'S Headquarters in Brussels, we felt the need to adopt the position presented by other countries, such as Spain and Portugal. Specifically, our Society would like to declare and propose the following, concerning the possibility of dual certification in another specialty beyond Internal Medicine:

• Dual certification should be entailed (granted) only to those who gain full training (5 or 6 years) in Internal Medicine first, and then continue their full training in a second specialty.

• Only a single qualification should be permitted to be practiced (e.g. only Internal Medicine or only another specialty).

• The main role of the Internal Medicine in the National Health Systems should be fully supported and the training in Internal Medicine should not be converted into a transitional stage of obtaining another one specialty. On the contrary, it should be encountered as a training leading to specialized physicians capable to deal with complex cases by a comprehensive way and with common health issues.

• In order to obtain a specialty in a field that is relative to Internal Medicine (e.g. hematology, gastroenterology, cardiology, etc.), the mandatory prerequisite duration of training in Internal Medicine (common trunk) should be two to three years. Of course, this training does not provide the scientific, educational or professional right to bear the title or to practice the specialty of Internist."

Thank you again!