

## Report from the 10th EFIM Day – Friday, 17 October 2025

The 10<sup>th</sup> EFIM Day took place on Friday, 17 October 2025, marking a decade of EFIM Days gathering EFIM national societies leadership, representatives, and invited guests. We had the pleasure to celebrate 10 years of sharing knowledge and European insight with participants presenting 25 EFIM national societies members.

EFIM Day opened with a presentation by Prof. George Dalekos, EFIM President, who provided a comprehensive overview of EFIM's activities and achievements since March 2025 following the congress in Florence.

The presentation highlighted a wide range of developments and activities in the past few months including the work of the Executive Committee and their representation at major national and international meetings, preparations for ECIM 2026 scientific programme, EFIM governance updates, and upcoming initiatives like the call for the next EJIM Editor-in-Chief (2026), election of new Treasurer and Bylaws updates.

Furthermore Prof. Dalekos was pleased to present the members of the new European Board of Internal Medicine EBIM following a call to EFIM national societies, the current activities of EFIM WG, especially the launch of the two new Working Groups on Systemic Autoimmune Diseases and Rare Diseases.

Additionally, Prof. Dalekos introduced the Standard Rules Process (SRP) for developing EFIM Clinical Practice Guidelines and Position Statements to ensure methodological consistency and transparency.

Prof. Giancarlo Agnelli, EJIM Editor-in-Chief was invited to provide an update via Zoom on the European Journal of Internal Medicine, highlighting the recent progress and future editorial plans.

Prof. Dalekos presented the ECIM 2026 progress update, scheduled to take place in Vienna from 25–28 March, informing the participants about the planning process and the scientific programme, which will feature a wide range of experts and engaging activities for all attendees.

Prof. Dalekos encouraged the Presidents to motivate their members to submit abstracts and showcase their work in Vienna, as the submission deadline is approaching at the end of October.

The programme continued with presentations from EFIM's national societies:

- Dr. Noor Lasheen – Austrian Society of Internal Medicine
- Prof. Richard Češka – Czech Society of Internal Medicine
- Dr. Andreas Ioannou – Cyprus Society of Internal Medicine
- Dr. Francesco Dentali – FADOI Italy
- Dr. Karamanakos – Hellenic Society of Internal Medicine (since Prof. Margus Lember could not attend and present the Estonian Society)



**EFIM**  
[www.efim.org](http://www.efim.org)

President – **Prof. George Dalekos** – Greece  
President Elect – **Dr. Fredrik von Wöhrn** – Sweden  
Past President – **Prof. Ricardo Gomez Huelgas** – Spain  
Secretary General – **Prof. Margus Lember** – Estonia  
Treasurer – **Dr. Filomena Pietrantonio** – Italy

We would like to thank the Presidents and Board members for presenting their societies, ideas and practices, addressing critical issues in internal medicine across Europe.

Alexis Müller-Marbach and Johanna Brägelmann presented the upcoming German Society Congress, inviting EFIM's Young Internists to submit Case reports to the DGIM congress in Wiesbaden.

The highlight of the 10<sup>th</sup> EFIM Day were the two keynote lectures:

- Dr. Juan García Burgos (European Medicines Agency, EMA) presented “EMA’s Role in the Approval of New Medicines: Process and Challenges.”
- Dr. José Alves Delgado, the newly appointed EBIM President, delivered an engaging and interactive talk on “EBIM’s Projects and the Revision of the EU Curriculum in Internal Medicine: Priorities and Perspectives.”

Both keynotes engaged the audience with numerous questions raised by participants on education systems in their respective countries, the shortage of medicines for certain diseases, and the harmonization of the EU Curriculum in Internal Medicine creating a very interactive atmosphere, allowing members to learn more about each other’s national challenges, priorities, and achievements.

The 10<sup>th</sup> EFIM Day successfully presented EFIM’s expanding activities and, ongoing collaborations towards advancing internal medicine across Europe. We are proud to celebrate a decade of EFIM Days, which have provided an excellent platform for dialogue, exchange, and networking among EFIM members.