
INTERIM PROGRESS REPORT



Post covid decision disorder



ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN

Post covid decision disorder



ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN

Post covid decision disorder



ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN

THE TEAM



Organisers/Contact

ESIM Director and Lead for the School:

Dr Fredrik von Wowern

Co-Directors and Organising Committee:

Dr Kim Petterson-Fernholm

Dr Ieva Rusa

Contact: ESIM.winter.sweden@gmail.com

Administrators:

Dr Christine Sävervall

Dr Sara Lindberg

Dr Daniel Towie

Dr Malin Hanehøj

ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN

LOCATION AND VENUE



WELCOME TO BJÖRKLIDEN

250 km north of the Arctic Circle, beautifully situated among towering mountains and magnificent scenery, lies Björkliden. We have delivered great experiences since 1926 and we strive to protect the small and genuine; with empathy, traditions and atmosphere; an oasis for body and soul; all year round.

Hotell Fjället is closed for the season and will open again on the 12/02/21.

WEATHER FORECAST FROM SMHI



BJÖRKLIDEN

Open slopes	0 / 15
Open offpists	0 / 8
Open lifts	0 / 5
Snow depth	120 cm

RIKSGRÄNSEN

Open slopes	0 / 17
Open offpists	0 / 14
Open lifts	0 / 6
Snow depth	210 cm

 **SNOW REPORT & WEBCAM**

ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN

LOCATION AND VENUE



HOTEL FJÄLLET

ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN

Programme

Below you can find an outline of the planned programme, please note that the order and titles of the activities may change as we receive speaker nominations from the national societies.

[Click here](#) to open and download the programme

Both downhill (alpine) and cross-country ski rental is available at hotel Fjället and there will be time for skiing during the stay.



ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN



Focus areas

- PoCUS
- Case discussions
- Meeting new friends
- Academic discussions
- Having fun
- Learning new stuff

Sunday 13 feb	Monday 14 feb	Tuesday 15 feb	Wednesday 16 feb	Thursday 17 feb	Friday 18 feb	Saturday 19 feb
Welcome! Residents arrive today	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-10.30 Breakfast
	08.30-08.55 Welcome and Introduction <i>J Bergman</i>	08.30-09.15 Seminar "Medical Errors" TBA	08.30-10.15 Lecture "Coagulation" TBA	08.30-09.20 Clinico-path Conference 1 "Complicated Diabetes" TBA	08.30-09.15 Clinico-path Conference 3 "Toxicology and Clinical Pharmacology" TBA	
	08.55-10.45 Lecture "Acid-Base Enigmas + quiz" TBA	09.15-10.00 Seminar "Patient Safety" TBA		09.20-10.15 Clinico-path Conference 2 "Toxidromes" TBA	09.15-10.15 Clinico-path Conference 4 "Vacuitis" TBA	
	10.45-11.15 Coffee Break	10.00-10.30 Coffee Break	10.15-10.45 Coffee Break	10.15-10.45 Coffee Break	10.15-10.45 Coffee Break	
Evening: 19.00 Reception Meet & Greet Dinner at hotel	11.15-12.30 Workshop 1 "Internal Medicine – The Future" TBA	10.30-11.25 Seminar "Bias" TBA 11.25-12.30 Seminar "Patient involvement" TBA	10.45-12.30 Workshop 2 "POCUS" TBA	10.30-11.25 Seminar "Clinical burn-out and resilience" TBA	10.45-11.30 Workshop 3 "Less is more" TBA 11.30-12.30 Workshop 4 "Giving and getting feedback" TBA	Residents depart in the morning Have a safe trip home!
	12.30-15.00 Lunch and free time or Pulka/Pinnbread/ Surströmming	12.30-13.30 Lunch and free time	12.30-15.00 Lunch Free time Ski-school or PoCUS- training	12.30-15.00 Lunch and free time	12.30-15.30 Lunch and free time	
	15.00-16.45 Lecture "Ethical dilemmas within healthcare" TBA	13.30-17.15 Social Program	15.00-16.45 Clinical case presentations 12-17 <i>Malin Hanehöj</i>	15.00-16.00 Lecture "The cardiac patient – Beyond the guidelines" TBA 16.00-16.45 Lecture "ECG-quiz" TBA	15.30-16.30 Lecture "The future of Internal Medicine" <i>Fredrik von Wöhrn</i> 15.00-17.00 Closing <i>Jan Bergman</i>	
	16.45-17.15 Coffee Break			16.45-17.15 Coffee Break	17.15-19.00 Free time	
	17.15-18.45 Case presentations 1-5 <i>Malin Hanehöj</i>	17.15-18.45 Clinical case presentations 6-11 <i>Daniel Towie</i>	17.00-18.30 Buffet Fjället	17.15-18.45 Clinical case presentations 18-23 <i>Daniel Towie</i>		
	19.00-21.00 Buffet Fjället	19.00-22.30 Buffet Fjället Quiz & Karaoke	19.00-20.30 Lecture "Presenting research" TBA	19.00-20.00 Buffet Fjället	19.00-23.30 Gala dinner Fjället	
	21.00 - Free time		20.30 - Mingle & Free time	20.00 - Free time	20.00 - Sleep well!	



NATIONAL SOCIETIES THAT APPLIED 2022

- Cypriot Society of Internal Medicine
- Portuguese Society of Internal Medicine
- Dutch Society of Internal Medicine
- Icelandic Society of Internal Medicine
- Czech Society of Internal Medicine
- Turkish Society of Internal Medicine
- Israel Society of Internal Medicine
- Swiss Society of Internal Medicine
- Italian Society of Internal Medicine
- German Society of Internal Medicine
- Spanish Society of Internal Medicine
- Swedish Society of Internal Medicine
-

GETTING THERE



Travel from Stockholm to Björkliden, Lapland

Travelling by air:

From Stockholm (ARN) to Kiruna (KRN) takes about 90 min. Transfer from Kiruna airport to Hotel Fjället, Björkliden also takes about 90 min (112km) and can be booked [here](#).

Travelling by train:

Board the train in the evening in Stockholm and wake up in a fantastic winter wonderland the day after! You will arrive at Björkliden around lunchtime. The journey takes about 18 hours from Stockholm. From the train station in Björkliden it's just a 7 min walk to Hotel Fjället. The train can be booked [here](#) but at present it seems that you only can book about 3 or 4 months ahead.

If you arrive by air in Stockholm you need a transfer from Arlanda airport to the Central station (Stockholm C) in Stockholm where the onward trains to Björkliden depart from. The transfer is easy - take the Arlanda Express from the arrivals in Arlanda (well signed) directly to the Central station, a journey of 15-20 min. You can buy your ticket [here](#).

ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN



SEE YOU IN FEBRUARY IN BEAUTIFUL BJÖRKLIDEN



<https://efim.org/esim2022/>

ESIM 2022
WINTER SCHOOL

13-19/2
BJÖRKLIDEN,
SWEDEN