



Foundation for the Development of Internal
Medicine in Europe

FDIME

Activities 2020-21

Daniel Sereni
Président FDIME



FDIME Main activities

- offers ESIM Bursaries
- organizes with EFIM the Clinical Research Seminar
- Supports YI exchange program
- Supports poster prizes at ECIM
- Supports Research with annual grants

- Informs the public on health issues



Covid 19 years

Due to the Covid 19 pandemic some of FDIME activities had to be cancelled

- the annual Clinical Research Seminar in Paris initially scheduled in June 2020
- Bursaries for the 2020 ESIM
- Best Posters prizes at ECIM 2020
- Bursaries for the EFIM exchange program

During the virtual ECIM 2021 three abstracts were awarded as FDIME best research abstracts: Dr. Janine Rupp (Austria), Dr. Lata Bhandary (Ireland) and Dr Stephanie Zühlke (Norway)



Research Grants 2020

- 17 500 euros grant to Dr P. Wolf from Vienna to Paris
Diagnostic Algorithm in excess of Growth Hormone
- 8750 euros grant to Dr M. Manzillotta from Milan to Karolinska University in Sweden
Optimization of autoimmune pancreatitis treatment



Research Grants 2021

- 17 500 euros grant to Dr Benjamin Chaine (F)

Integrated proteomic analysis of blood B cells and skin fibroblasts in systemic sclerosis: toward proteomic B/F signatures of SSc patients.

at the Division of Medicine, Research Department of Inflammation Centre for Rheumatology and Connective Tissue Diseases at the University College London

- 17 500 euros grant to Dr Leonardo Bencivenga (I)

Role of frailty and polymorbidity on blood pressure variability in elderly.

at the Aging Gerontopole, Toulouse University Hospital



EFIM

European Federation of Internal Medicine

Clinical Research Seminar

- From 25 to 27 October 2021 In Paris
- All expenses covered by the Foundation
- 10 academic speakers (6 countries)
- One patient representative
- Participants
 - 32 applicants
 - 14 accepted
 - 6 countries



EFIM

European Federation of Internal Medicine

Clinical Research Seminar topics

- Protection of persons in clinical research
- A patient's representative point of view
- How to deal with sample size and power
- Clinical epidemiology
- How to build a clinical trial
- Research in rare diseases
- Genetic research in Iceland



EFIM

European Federation of Internal Medicine

Clinical Research Seminar topics

- Clinical research on obesity
- Analyzing a clinical paper
- High yield tips in grant application writing
- How to write a medical paper
- How to communicate with the public
- Short presentations of their own experience in research by all residents



Public Information Letters

13 newsletters dedicated to Covid 19 issues

- In plain language accessible to lay people
- Giving the opinion of European Internists
- On epidemiology , virus and mutants , clinical symptoms and complications, diagnosis, immune response , treatments, vaccines and prevention ..
- Thanks to active participation of FDIME Council members



Circulation of the newsletters (FAQs)

- Facebook (**Numbers In average for each of 13 Newsletters**)
 - people reached 120.000
 - “Emoji’s” sent 2.150
 - written comment 15
 - shared pages 35
- Mailchimp (**Numbers In average for each of 13 Newsletters**)
 - 1000-1500 recipients,
 - 500-1500 opened,
 - 50-190 clicks
- Website (www.fdime.org)



Public Information Letters

What next?

- Probably move to other major health topics
- Enlarge our audience
- Associate new experts and writers
- Obtain more financial support from sponsors and the public

All Internists interested in joining this fascinating experience are warmly welcomed !