

# Candidacy for Secretary General

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**EFIM**  
[www.efim.org](http://www.efim.org)



**SPMI**  
Sociedade Portuguesa  
de Medicina Interna





Portuguese Internist

Pedro Hispano Hospital, Matosinhos Local Health Unit, Oporto

Head of the Internal Medicine Service since 2016

Professor at Oporto University

PhD candidate

Portuguese Society of Internal Medicine since 2018 (currently Vice President)

Associated Editor of the Portuguese Journal of Internal Medicine

EFIM Quality of Care and Professional Issues Working Group since 2018

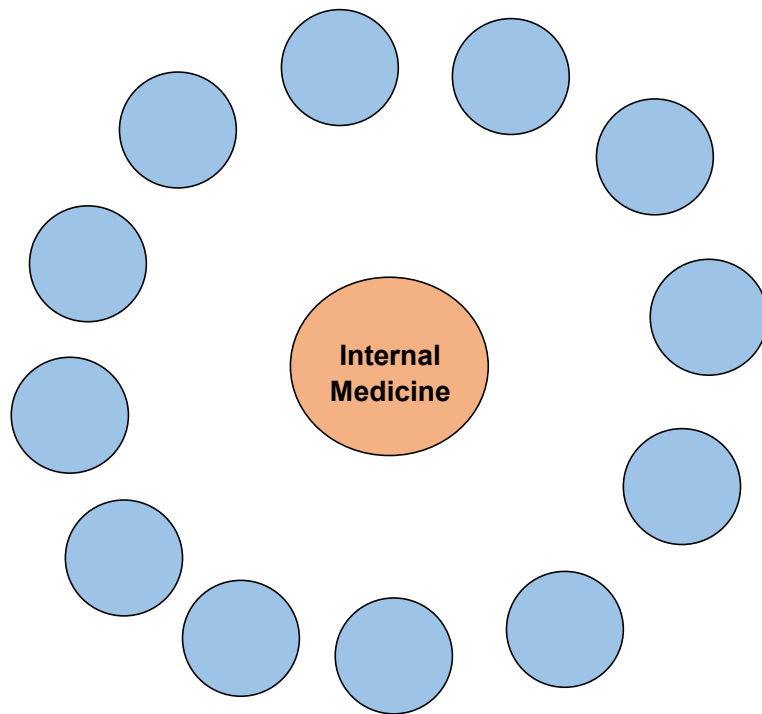
Organizing Committee of the 18<sup>th</sup> European Congress of Internal Medicine



Candidacy support:



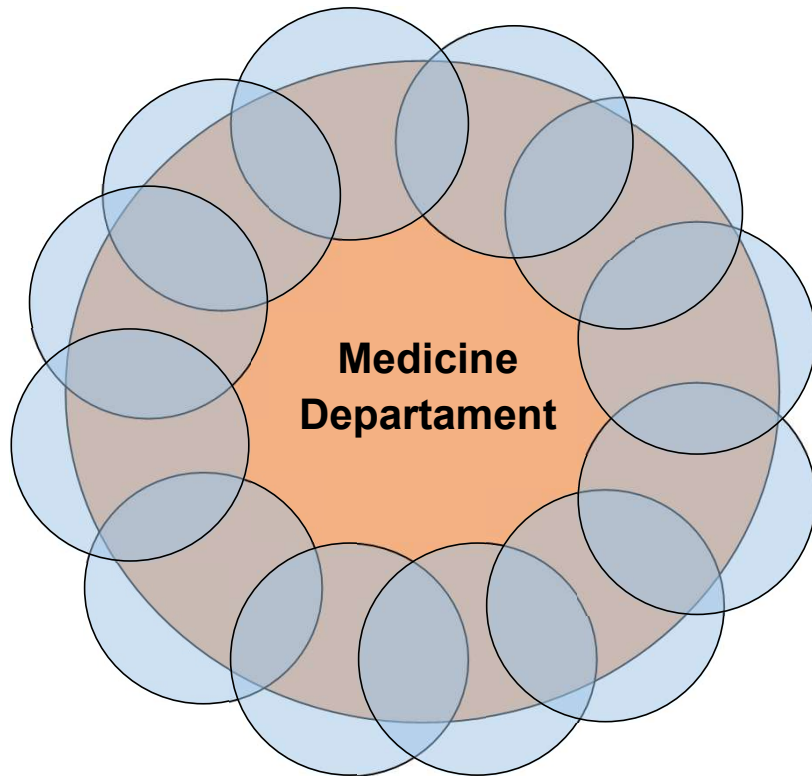
Internal Medicine is the original matrix of all medical specialties  
Growing knowledge led to the development of multiple specialties  
**There is a risk of emptying of “general” Internal Medicine**



Older population, multimorbidity and increasing clinical complexity

**Generalists are indispensable**

Covid-19 pandemic: need for Internal Medicine as core hospital specialty



## Across Europe, different models of Internal Medicine

### Double titration system:

Common trunk (general IM)

Subspecialization

### Portugal, Spain, etc:

Internal Medicine as a final specialty

Other specialties are not titrated as Internists

### In either of these models

Subspecialties fit well

General Internal Medicine does not have a well defined role or identity everywhere



**I see generalism as a value, not as a status of indifferentiation**

**Internists are the experts in the exhaustive approach to each patient**

**This skill that must be present at all hospital sectors**

**No other specialty can accomplish it**



General Internal Medicine needs to be recognized as **the fundamental hospital medical specialty**

General Internists must be the core of **multidisciplinary hospital teams**

Acute patients at general wards and at disease-specific units

Co-management in surgical Services

Leadership of innovative healthcare structures

Hospital at home

Day hospitals

Quick Diagnostic Units

Case management programs for complex chronic patients





Achieving uniformity in the identity of European Internal Medicine is unrealistic

We can strengthen the position of General Internal Medicine at our National Health Systems and redefine its fundamental role in the Hospital organization

As EFIM's Secretary General, this would be my main goal





Thank you