



ANNUAL REPORT·2025



EFIM
www.efim.org



AIMS MISSION AND OBJECTIVES

The European Federation of Internal Medicine (EFIM) was founded in 1996 following the merger of the Association Européenne de Médecine Interne (AEMI) and the Forum of Presidents of National Internal Medicine Societies in Europe.

From the outset, EFIM has been committed to the core objectives enclosed in its Statutes:



To promote internal medicine on scientific, ethical, and professional grounds

To publish research and policy resolutions

To organize high-level congresses and academic meetings

To foster communication among European internists

To provide expertise to public and private health organisations

The central mission of EFIM is to reaffirm the importance of internal medicine in delivering high-quality, integrated patient care, especially in a world increasingly shaped by medical sub-specialisation. Education, research, and the advancement of internal medicine remain the core pillars of EFIM's vision.

Over the years, EFIM has developed a rich portfolio of successful initiatives and events that have grown into cornerstones of the European internal medicine community. These include:

- The European Congress of Internal Medicine (ECIM)
- The Summer and the Winter European Schools of Internal Medicine
- The EFIM Academy, offering educational courses and webinars
- The Clinical Research Seminar organised by FDIME
- The EFIM Exchange Programme, enabling cross-border training opportunities for residents
- The EFIM Fellowship, recognising excellence and engagement in internal medicine
- The EFIM Webinar Series, featuring expert-led sessions on topical issues
- The annual EFIM Day, a strategic forum uniting national society leaders to advance shared goals

EFIM remains committed to building collaborative networks, raising the visibility of internal medicine, and strengthening the voice of internists across Europe and worldwide.

As healthcare systems evolve, internal medicine continues to serve as the cornerstone of every national healthcare system.

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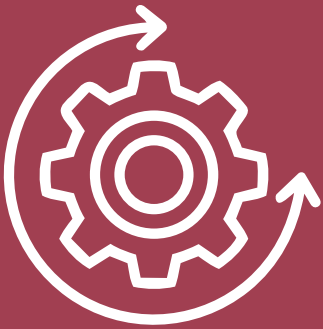
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EFIM 2025 Milestones



Activities

Prof. George N. Dalekos
EFIM President



Dear Colleagues and Friends,

It is both an honour and a privilege to reflect on my first year as President of the European Federation of Internal Medicine. Taking over this role after the remarkable presidency of Prof. Ricardo Gomez Huelgas was both inspiring and challenging and I would like once again to express my sincere gratitude for his leadership and vision.

The year 2025 has been one of progress, collaboration, and continued growth for EFIM.

One of the highlights was undoubtedly the successful organisation of the European Congress of Internal Medicine in Florence in collaboration with our two Italian Members, SIMI and FADOI. The congress brought together more than 2,300 participants from across Europe and worldwide, confirming ECIM as one of the leading scientific meetings in Internal Medicine. The high-quality scientific programme and the strong networking atmosphere in Florence demonstrated the strength of our Internal Medicine community.

Following the success of ECIM 2025 in Florence, we have immediately turned our attention to ECIM 2026 in Vienna. I am particularly pleased with the outstanding scientific programme that has been developed, which I believe will further strengthen and improve EFIM congresses.

EFIM has also continued to reinforce its commitment to research and education.

During the past year, we launched two new clinical research grants encouraging Young Investigators in Internal Medicine. At the same time, additional hospital centres joined our highly valued Exchange Programme, further expanding educational opportunities for our residents.

EFIM has continued to grow through the addition of several new member societies, including societies from Australia, Armenia, Egypt, Sri Lanka, the United Kingdom (Society for Acute Medicine), and a new Turkish society. This expansion reflects the increasing international relevance and attractiveness of EFIM as a platform for cooperation, education, and scientific exchange.

Collaboration with partner organisations has also advanced significantly. We established new partnerships with the ESC Council on Stroke and with the European Health Alliance on Alcohol (EHAA), opening new possibilities for collaboration and joint initiatives addressing important healthcare challenges.

In 2025, we officially launched the Standard Rules Process (SRP) to guide the development of Clinical Practice Guidelines (CPGs) and Position Statements (PSs) within the European Federation of Internal Medicine, further strengthening and expanding its activities.

Education remains at the heart of EFIM's mission. The Winter School held in Björkliden, Sweden, in its final year, and the Summer School held for the first time in Alexandroupolis, Greece, were both great successes, bringing together Young Internists from many countries in a stimulating academic and cultural environment. We are very pleased to have selected Bari, Italy, as the host city for the next Winter School, which is expected to continue this important tradition of education and networking under the leadership of FADOI.

I would also like to acknowledge the continued success and growth of our official journals, the European Journal of Internal Medicine (EJIM) and the European Journal of Case Reports in Internal Medicine (EJCRIM). Their increasing impact and visibility are a testament to the dedication and excellent work of the editors, Prof. Agnelli and Dr. Kellett, together with their editorial teams.

Finally, one of the most important milestones of this year has been the establishment of the new European Board of Internal Medicine, EBIM under the leadership of Professor José Alves Delgado from Portugal. This represents a major milestone for the future of Internal Medicine in Europe. EBIM plays a central role in advancing the harmonisation of the European curriculum and exploring the development of a European Examination in Internal Medicine, a highly significant initiative for our specialty.

As we look ahead, I remain confident that EFIM will continue to grow stronger dedicated to excellence in patient care, education, research, and professional collaboration.

I would like to thank all members of the EFIM Executive Committee, our member societies, partners, colleagues, and friends for their trust, commitment, and support throughout this first year of my presidency.

Together, we will continue shaping the future of Internal Medicine in Europe and beyond.

Prof. George N. Dalekos

President, European Federation of Internal Medicine, EFIM

MEMBERSHIP 2025

	COUNTRIES	ORDINARY MEMBERS	MEMBERS
1	ALBANIA	Albania Society of Internal Medicine	70
2	ARMENIA	Armenian Society of Internal Medicine	200
3	AUSTRIA	Austrian Society of Internal Medicine	3214
4	AZERBAIJAN	Azerbaijan Society of Internal Medicine	88
5	BELGIUM	Belgian Society of Internal Medicine	137
6	CYPRUS	Cypriot Society of Internal Medicine	85
7	CZECH REPUBLIC	Czech Society of Internal Medicine	1150
8	ESTONIA	Estonian Society of Internal Medicine	97
9	FINLAND	Finnish Society of Internal Medicine	880
10	FRANCE	French Society of Internal Medicine	1054
11	GEORGIA	Georgian Association of Therapists	76
12	GERMANY	German Society of Internal Medicine	12817
13	GREECE	Hellenic society of Internal Medicine	1100
14	ICELAND	Icelandic Society of Internal Medicine	220
15	ISRAEL	Israeli Society of Internal Medicine	628
16	ITALY	Italian Society of Internal Medicine	4761
17	ITALY	Italian Federation of Associations of Hospital Internists	3237
18	LATVIA	Latvian Society of internal Medicine	335
19	NORTH MACEDONIA	Macedonian Association of Internal Medicine	80
20	MALTA	Association of Physicians of Malta	40
21	NETHERLANDS	Netherlands Society of Internal Medicine	2497
22	NORWAY	Norwegian Society Of Internal Medicine	1880
23	POLAND	Polish Society of Internal Medicine	400
24	PORTUGAL	Portuguese Society of Internal Medicine	2360
25	ROMANIA	Romanian Society of Internal Medicine	280
26	RUSSIA	Russian Scientific Society of Internal Medicine	997
27	SERBIA	Serbian Society of Internal Medicine	385
28	SLOVAKIA	Slovakian Society of Internal Medicine	497
29	SLOVENIA	Slovenian Society of Internal Medicine	220
30	SPAIN	Spanish Society of Internal Medicine	6700
31	SWEDEN	Swedish society of Internal Medicine	1375
32	SWITZERLAND	Swiss Society of General Internal Medicine	6268
33	TURKEY	Turkish Association of Internists	870
34	TURKEY	Turkish Society of Internal Medicine	1420
35	UK	Federation of Royal College of Physicians UK	5807
36	UK	Society for Acute Medicine	582
37	UKRAINE	Association of Internists of Ukraine	700

	COUNTRIES	ASSOCIATE MEMBERS	MEMBERS
38	ALGERIA	Algerian Society of Internal Medicine	400
39	ARGENTINA	Argentinian Society of Internal Medicine	650
40	AUSTRALIA and NEW ZEALAND	Internal Medicine Society of Australia and New Zealand	769
41	DOMINICAN REPUBLIC	Dominican Republic Society of Internal Medicine	800
42	EGYPT	Egyptian Society of Internal Medicine	278
43	LEBANON	Lebanese Society of Internal Medicine	190
44	MEXICO	Mexican College of Internal Medicine	1200
45	MOROCCO	Moroccan Society of Internal Medicine	215
46	SRI LANKA	Ceylon College of Physicians	1420
47	PERU	Peruvian Society of Internal Medicine	401
48	IRAQ	Thi-Qar Internists Association of Iraq	135

2025 TOTAL

69965



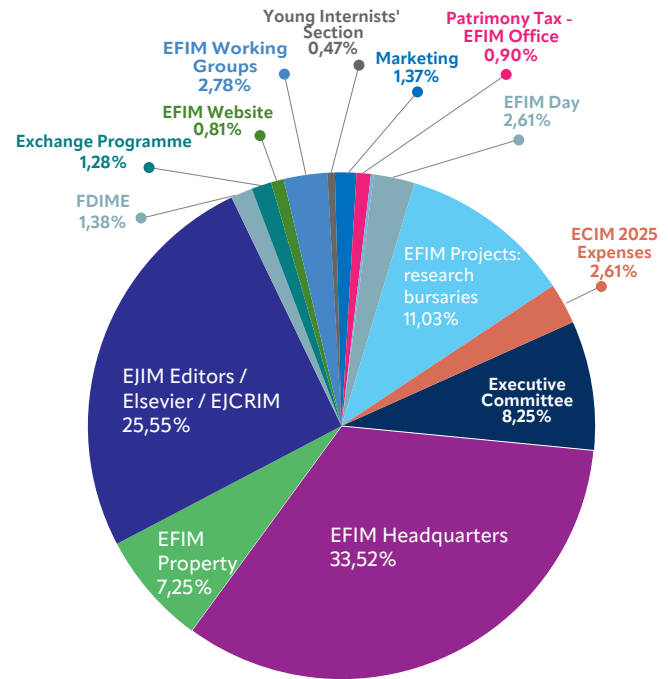
MEMBERSHIP 2025

EFIM currently comprises **48 MEMBER SOCIETIES** representing **ALMOST 70,000 INTERNISTS**



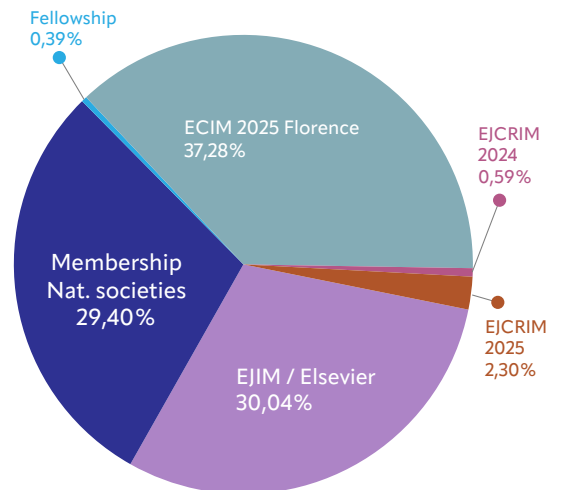
Expenses

	Expenses Approved	Final 31 Dec. 2025
Executive Committee	€ 35.000,00	€ 29.919,91
EFIM Headquarters	€ 112.332,00	€ 121.563,62
EFIM Property	€ 19.519,76	€ 26.287,15
EJIM Editors / Elsevier / EJCRI	€ 94.160,00	€ 92.660,00
FDIME	€ 5.000,00	€ 5.000,00
Exchange Programme	€ 6.000,00	€ 4.635,00
EFIM Website	€ 4.000,00	€ 2.944,10
EFIM Working Groups	€ 20.000,00	€ 10.074,98
EFIM Subcommittee	€ 2.000,00	€ 0,00
Young Internists' Section	€ 3.000,00	€ 1.717,49
Marketing	€ 9.049,00	€ 4.960,43
Patrimony Tax - EFIM Office	€ 1.750,00	€ 3.275,00
Bank Charges	€ 500,00	€ 681,29
EFIM Day	€ 13.000,00	€ 9.465,78
EFIM Projects: research grants	€ 50.000,00	€ 40.000,00
ECIM 2025 Expenses	€ 2.109,50	€ 9.452,61
TOTAL Expenses	€ 377.420,26	€ 362.637,36



Income

	Income Approved	Final 31 Dec. 2025
EJIM / Elsevier	€ 130.000,00	€ 190.199,54
Membership - Nat. societies	€ 175.000,00	€ 186.135,41
Fellowship	€ 1.500,00	€ 2.487,38
ECIM 2025 Florence	€ 100.000,00	€ 236.033,41
EJCRI 2024	€ 0,00	€ 3.740,00
EJCRI 2025		€ 14.580,00
TOTAL Income	€ 406.500,00	€ 633.175,74



2025 - Result Preview

	Accounts Approved	Final 31/12/2025
Income	€ 406.500,00	€ 633.175,74
Expenditure	€ 377.420,26	€ 362.637,36
Provisions Added		-€ 2.730,00
Social Liabilities		-€ 2.730,00
Net Result		€ 267.808,38

Acute Medicine and Hospital Medicine Working Group

Chair: **Manuel Méndez Bailón**



During the first half of 2025, the Acute Medicine Working Group was chaired by Prof. Christiane Erley. During this period, the group successfully organised a parallel session at ECIM 2025 in Florence entitled *"Management of Patients with Kidney Failure in Internal Medicine Departments."* The session was chaired by Prof. Runolfur Palsson (Iceland) and Prof. Christiane Erley (Germany) and featured invited speakers Dr. Mariam Abu-Tair and Dr. Daniel Zickler (Germany). Dr. Abu-Tair focused on the topic of *"Incidence of Kidney Failure in the Context of Inpatient Care,"* while Dr. Zickler delivered a lecture on *"Hospital Care for Patients with Kidney Failure."*

Following Prof. Erley's leave, the Working Group appointed Dr. Manuel Méndez Bailón, from the Spanish Society, to lead the Acute Medicine and Hospital Medicine Working Group during the second half of 2025.

During the Chairs' Meeting held in Vienna in June 2025, initial discussions were initiated regarding the Acute Medicine Units survey, which was subsequently developed by the group. Throughout the year, the Working Group also prepared scientific sessions on pulmonary embolism and pleural effusion for the upcoming ECIM 2026 Congress.

These initiatives are expected to contribute to the advancement of the field and to strengthen collaboration within EFIM.

Choosing Wisely Working Group

Chair: **Omar Kherad**



In 2025, the EFIM Working Group on Choosing Wisely continued its efforts to promote high-value care across member countries, with a particular focus on the environmental impact of healthcare. The group convened three times over the year: two virtual meetings via videoconference and one in-person meeting during the ECIM 2025 congress in Florence. These meetings provided an opportunity to consolidate ongoing projects and define new strategic priorities.

A central theme of this year's work was the intersection between environmental sustainability and medical practice. The group explored how the Choosing Wisely campaign can contribute to reducing the environmental footprint of healthcare systems by limiting unnecessary or low-value interventions. This reflection led to the development and publication of a policy-oriented article highlighting the environmental benefits of avoiding overuse in medicine (PubMed ID: 40781455). This publication represents a key milestone in integrating ecological considerations into clinical decision-making.

In parallel, the working group advanced several initiatives. First, the EFIM committee approved the creation of a new designation, "EFIM Hospital Choosing Blood Wisely," aimed at recognizing hospitals that adhere to best practices in blood transfusion. Eligibility is based on the ability to monitor transfusion practices, specifically ensuring that fewer than 20% of transfusions occur above a hemoglobin threshold of 80 g/L. Member societies have been encouraged to engage affiliated hospitals in data collection to support this initiative.

Second, a multicenter study led by Ludovico Furlan was presented, focusing on determinants of clinical decision-making. The study investigates whether increased awareness of clinical benefit, economic cost, and environmental impact can reduce inappropriate care. Members of the working group have been invited to participate.

Finally, the group initiated new work on caregiver burnout. This project aims to identify predictors of burnout and propose targeted interventions, recognizing that clinician well-being is closely linked to the delivery of high-value care.

Overall, 2025 marked a productive year, with strengthened collaboration and a growing emphasis on sustainability within the Choosing Wisely framework.

Critical Appraisal of Guidelines in Internal Medicine Working Group

Chair: **Valentin Kokorin**



In 2025, the EFIM Working Group on Critical Appraisal of Guidelines in Internal Medicine carried out a wide range of activities. These included organizing a parallel session at ECIM 2025 in Florence, chaired by Wiktoria Lesniak with presentations from Ignacio Marin and Valentin Kokorin, as well as holding a face-to-face WG meeting during the congress.

The group also conducted online meetings of task forces focusing on venous thromboembolism (VTE) prophylaxis and sarcopenia, the latter in collaboration with the Multimorbidity Working Group.

Throughout the year, significant progress was made in the critical appraisal of guidelines on VTE prophylaxis in hospitalized patients and sarcopenia, including survey preparation and analysis, selection of PICOs, identification of relevant guidelines, and development of recommendations.

WG members also participated in the EFIM Executive Committee and WG Chairs meeting held onsite in Vienna. Additionally, the group finalized and submitted a webinar on the critical appraisal of guidelines for acute heart failure for the EFIM Academy and prepared another webinar on the critical appraisal process targeted at Young Internists, which took place in January 2026. Preparations were also initiated for the group's session at ECIM 2026.

Overall, more than 20 WG members from 10 EFIM member countries actively contributed to these activities throughout the year.

Diabetes and Obesity Working Group

Chair: **Alexandra Kautzky-Willer**



On 8 November 2025, the paper entitled “Gaps in Glycaemic Monitoring and Underuse of Cardioprotective Glucose-lowering Agents” by the EFIM Working Group on Diabetes and Obesity was published in the European Journal of Internal Medicine. The initial findings of the study were presented on 6 March 2025 at ECIM 2025 in Florence, Italy. With the aim of addressing the in-hospital complications and increased risk of hospitalisation that individuals with diabetes and obesity experience.

The rising prevalence of diabetes and obesity, including their co-occurrence, “diabesity”, make guideline-compliant treatment increasingly important. However, evidence on specific in-hospital diabesity treatment is limited. The study therefore sought to classify inpatients with diabetes/diabesity and evaluate their in-hospital care to identify challenges in inpatient diabetes/diabesity management.

To achieve this, cross-sectional data was collected from patient records and ward charts. An analysis of the difference between inpatients, with and without diabesity, was conducted, as well as an exploration of in-hospital diabetes treatment. Subsequently, the group further compared inpatients with type 2 diabetes who started insulin treatment or received cardioprotective glucose-lowering agents to those who did not and used logistic regression to identify predictors of insulin initiation and use of cardioprotective agents.

The study included 207 people with diabetes from eight European hospitals, 50 % with diabesity. Most inpatients had a HbA1c >6.5 % (48 mmol/mol). Among inpatients with type 2 diabetes, one third did not have a recent HbA1c reading, blood glucose levels were monitored <3 times daily, and only 40 % of those with cardiovascular/renal disease received cardioprotective therapies. HbA1c, creatinine and at-home medications predicted insulin initiation, while admission cause and BMI predicted use of cardioprotective agents.

Overall, the study demonstrated an underuse of cardioprotective glucose-lowering therapies, low rates of glycaemic monitoring, and low availability of HbA1c readings, concluding that clinical guidelines are not sufficiently implemented in everyday practice in Europe. Based on these findings, the WG advocates for better staff training, involvement of diabetologists, and raising awareness of the benefits of cardioprotective agents in the hospital.

Reference:

Porth AK, Palma A, Sallarel B, Patoulas D, Muller-Wieland D, Dicker D, Ruza I, Davidenko I, Skrha J, Jr, Brandts J, Gomez-Huelgas R, Gruber S, Smirnova S, Koufakis T, Sener YZ, Krsakova Z, Kautzky-Willer A, EFIM Diabetes and Obesity Working Group. Gaps in Glycaemic Monitoring and Underuse of Cardioprotective Glucose-lowering Agents: Challenges of inpatient diabetes care identified by EFIM's Diabesity Day Survey 2024. Eur J Intern Med. 2026;144:106583. doi: 10.1016/j.ejim.2025.106583.

Other Activities:

- ❖ A multinational cross-sectional survey was conducted on preparedness of European Internal Medicine residents regarding obesity management lead by Dr. Caterina Conte from the Italian Society of Internal Medicine, SIMI. The results are still pending.
- ❖ Numerous discussions and meetings took place as part of the involvement in the ECIM 2026 Scientific Committee (ECIM 2026 Chair: Prof. Alexandra Kautzky-Willer). Among other things, our working group on diabetes and obesity planned a joint session with EASO, an EASO preconference workshop, and a joint session with EASD as part of ECIM 2026.
- ❖ On 23 June 2025, the meeting of the chairs of the EFIM working groups in Vienna was attended.

Heart Failure Working Group

Chair: **Antonio Cittadini**



The EFIM Heart Failure Working Group has continued its scientific and educational activities, with a particular focus on fostering collaboration among European experts and promoting discussion on emerging challenges in heart failure management.

Currently, the Working Group is actively developing two Position Papers addressing areas of growing clinical relevance that remain insufficiently covered by current guidelines:

- **Infections in Heart Failure**
- **Palliative Care in Heart Failure**

Both documents involve multidisciplinary panels of international experts and are being developed according to EFIM methodological standards. Preliminary drafts of these Position Papers are expected to be ready before the Congress in Paris in 2027.

The Working Group also successfully organized two well-attended sessions during the ECIM Congress in Florence. The first session, entitled **"Heart Failure: Treating the Patient and Not Only the Disease"**, featured talks on sarcopenia and heart failure, delivered by Prof. Stephan von Haehling (Germany), and on multiple hormonal deficiency in heart failure, presented by Prof. Antonio Cittadini (Italy). The second session, **"Daily Challenges in Heart Failure"**, included presentations on the management of congestion by Prof. Joan Carles Trullas (Spain) and on the management of iron deficiency by Prof. Zhanna Kobalava (Russia).

The excellent attendance and active audience participation confirmed the strong interest of the internal medicine community in heart failure and highlighted the importance of continuing educational initiatives in this rapidly evolving field.

The Working Group remains committed to promoting scientific collaboration, educational activities, and multidisciplinary approaches aimed at improving the care of patients with heart failure across Europe.

Infectious Diseases Working Group

Chair: **Emanuele Durante-Mangoni**



The Infectious Diseases WG was established in January 2024 and currently includes six active members:

Emanuele Durante-Mangoni, Italy, who is the current Chair; Agnès Lefort Des Ylouses, France; Jose Manuel Ramos Rincon, Spain; Fausto Roxo, Portugal; Michael Samarkos, Greece; Miriam Stegemann, Germany.

Meetings

The Infectious Diseases WG held an in-person meeting on March 6, 2025, during the European Congress of Internal Medicine in Florence.



Planned activities

After convening, the group proposed some activities aligned with goals set by the EFIM Executive Committee, including:

- The group agrees to gather data on the current practice patterns of antibiotics use in Internal Medicine departments. A simple cross-sectional snapshot survey study in 2 days of the year, targeting seasonal variations (January and June), has been approved.
- In addition to contributing to annual meetings (ECIM) and organization of symposia or courses, the Infectious Diseases WG is preparing a podcast on Arboviroses and a contribution on reading and interpreting the antimicrobial susceptibility report for the EFIM Academy.

Dissemination Activities

The Infectious Diseases WG contributed to a very important and successful educational initiative on vaccination for fragile patients, developing case-based learning materials for a dedicated ECIM 2025 session.

In addition, the group organized an ECIM 2025 Session on clinically relevant topics, such as differentiating infection vs. colonization and new antibiotics in Internal Medicine.

Collaborations and Knowledge Sharing

The Infectious Diseases WG started to work with the EFIM Heart Failure WG and set forth a team made up of the two WG members as well as external European experts to analyze the current evidence on infections in patients with heart failure.

On the other hand, we are working to establish a European network for Infectious Diseases research in Internal Medicine, develop diagnostic/therapeutic guidelines tailored to Internal Medicine practices, and advocate for EU public health policies on Infectious Diseases in collaboration with EFIM.

Future plans

The WG will work on education for internists on topics of major relevance, including vascular line-related infections, chronic management of people living with HIV, with a specific focus on cardiometabolic and renal outcomes, antibiotic stewardship ("Less is More") and infections in patients on biologics therapy. The group is exploring the feasibility to organize a 2-day residential course for young internists (educational school) on interpreting microbiological reports and antibiotic stewardship.

Multimorbidity Working Group

Chair: **Máximo Bernabeu-Wittel**



The EFIM Multimorbidity Working Group has been very active this past 2025. It is currently composed by 17 members from 16 scientific societies linked to the EFIM.

In the fifth year of walking together we have continued our collaborations with EFIM activities (in congresses and other events) and have carried out our own training, research and positioning activities as a corporation in the clinical, health and social paradigm of multimorbidity in Europe.

Our group has taken part in the ECIM 2025 in Florence, organizing two parallel sessions and one Meet the Expert Session titled:

- 'New EFIM critical appraisals and adaptations of guidelines for internists'
- 'Cerebrovascular disease and multimorbidity'
- 'Management of antithrombotic and anticoagulant therapy in patients with comorbidities linked to a potential high haemorrhagic risk'

In the training activities we have continued with our collaborations with the EFIM Academy. We have conducted both, a spring- and an autumn webinar in 2025 ('Role of Internists in Hospitalist Medicine across Europe' chaired by Dr Ombretta Para; and 'Sarcopenia in patients with multimorbidity' chaired by Dr Máximo Bernabeu-Wittel).

The 2026 spring and autumn webinars have already been scheduled, which will be chaired by Dr. Edouard Battegay ('Artificial intelligence applied to clinical practice') and Michal Holecki ('Palliative care of end-organ disease in patients with multimorbidity'), respectively. In addition, the on-line course dealing with practical aspects of managing patients with multimorbidity, which counts with five modules, is already in production in the webpage of EFIM Academy.

In the area of research during 2025, we have prepared the originals of our first multicenter project to determine the impact of polypharmacy in patients with multimorbidity admitted to internal medicine or geriatrics departments, and have published a multinational survey regarding the role of hospitalist medicine across Europe (Para O et al. The role of the hospitalist in Europe: results by EFIM MMWG survey. Eur J Intern Med. 2025; 140: 106341. doi: 10.1016/j.ejim.2025.05.006).

At last, we advanced in our first collaborative project with another EFIM Working Group (Critical Appraisal of Guidelines in Internal Medicine Working Group), with an adaptation of most relevant guidelines regarding 'Identification and Management of Sarcopenia in patients with multimorbidity'.



REPORTS FROM THE EFIM WORKING GROUPS

Rare Diseases Working Group

Chair: **François Maillot**



The EFIM working group dedicated to rare diseases was established in 2025. It brings together internists from numerous European countries, as well as colleagues from Algeria and Argentina.

The first online meeting was held on 21 October 2025, during which the group defined its working methodology and main objectives. It was agreed that online working meetings would be organized every three months, with specific topics to be advanced between meetings through email exchanges.

The first objective identified concerned the teaching of rare diseases, which was judged a priority. This educational activity will consist of webinars addressed to internal medicine residents as well as senior physicians. The educational emphasis will remain practical, providing actionable tools for internists. The first selected topic is a webinar devoted to Hereditary Angioedema, scheduled for 10 June 2026. A second seminar will take place in autumn 2026.

The second objective is to develop surveys; the first one will be a pan-European survey to assess the organization, capacity, and existing gaps in the management of rare diseases by country, planned for implementation during 2026–2027.

Further objectives will be discussed in future meetings, particularly those relating to research and scientific publication.

The group also considered it necessary to strengthen its visibility. This includes the development of a logo and the definition of a communication strategy.

REPORTS FROM THE EFIM WORKING GROUPS

Systemic Autoimmune Diseases Working Group

Chair: **Chloe Comarmond Ortoli**



The Systemic Autoimmune Diseases Working Group (WG) was launched in 2025 under the leadership of Prof. Chloe Comarmond Ortoli, with the aim of advancing research and clinical practice in this field across Europe and beyond. The WG currently comprises 19 members representing 12 national societies. Since its establishment, the group has held two official meetings, during which discussions have focused on future collaborative projects. These include research initiatives such as observational studies on Takayasu arteritis and surveys examining clinical practices in mixed connective tissue disease (MCTD).

During these initial meetings, the group defined its core objectives and explored potential activities, including the development of surveys, webinars, and position papers. In addition, the WG began strengthening its identity through the development of a dedicated logo.

Overall, 2025 represented a foundational year for the WG, establishing a clear direction for future growth and collaboration.

Telemedicine, Innovative Technologies and Digital Health Working Group

Chair: **Ismael Said Criado**



Over the past year (2025), the Telemedicine, Innovative Technologies and Digital Health Working Group has focused its activities on three areas:

1. Enhancing the quality of the sessions at the European Congress of Internal Medicine
2. Developing training sessions through collaborative webinars
3. Publishing our working group's perspective on the key aspects of implementing artificial intelligence in clinical practice.

ECIM 2025 - Florence

At the ECIM 2025 Congress in Florence Telemedicine WG hosted some activities.

To kick off the congress, a pre-conference workshop was held, focusing on AI tools and their applications in clinical research

During the congress Telemedicine WG led two parallel sessions:

- Enhancing the practice in Internal Medicine with new technologies
This session explored:
 - * AI & clinical decision support systems
 - * Bioethics and digital health, threats, and opportunities
- Core competences for the use of AI in Internal Medicine
This session addressed:
 - * The role of scientific societies in training and implementation of AI in the clinical field
 - * Building data and digital literacy among the clinical workforces.



Webinars

- In collaboration with EFIM Young Internists and Giovani Internisti SIMI: "The Unexpected Fundamentals of AI in Internal Medicine" webinar.
- "Digital Transformation of the Clinical Reasoning in Internal Medicine" webinar.
- "Training Doctors in Digital Therapeutics: Skills of the Future Medicine" webinar.

Organized by the EFIM Early Career Group
in collaboration with the Telemedicine, Innovative Technologies and Digital Health WG

Training Doctors in Digital Therapeutics: Skills of the Future Medicine

November 19th 2025
4:30 PM CET

Moderators:
Filomena Pietrantonio, Alina Dima
New Competences for the Use of Digital Therapeutics
Ismael Said
Implementation of AI to Leverage Clinical Performance
Juan Mora Delgado
The Patients' Side: Perceptions and Concerns about AI and Digital Therapeutics
Enes Erul

Organized by the EFIM WG of Telemedicine, Innovative technologies and Digital Health

Digital Transformation of Clinical Reasoning in Internal Medicine

May 8th 2025
18:00 - 19:30h CEST.

Moderator: **Dr. Ismael Said Criado** (Spain)
Speakers:
Quality of clinical data to enhance decision making.
Prof. Mahmood Adil (UK/Qatar)
Barriers on redefining clinical performance with new technologies in Internal medicine
Prof. Filomena Pietrantonio (Italy)
New skills for internists in the era of AI
Prof. Henrique Martins (Portugal)

Telemedicine, Innovative Technologies and Digital Health Working Group



Other Activities

- International Course in Internal Medicine in Sinaloa, Mexico
 - * Lecture: "How Can We Make Use of Generative AI in Clinical Practice within Internal Medicine?"
- Romanian Society of Internal Medicine online course: "Bridging the Gap: Research and Innovation in Internal Medicine"
 - * Session: The Impact of Artificial Intelligence and Digital Transformation on Modern Medicine

Scientific Publication

In addition to the mentioned activities the Telemedicine working group published in MDPI journal:

- ❖ Said-Criado, I.; Pietrantonio, F.; Montagna, M.; Rosiello, F.; Missikoff, O.; Drago, C.; Leung, T.I.; Vinci, A.; Signorini, A.; Gómez-Huelgas, R., on behalf of the EFIM Telemedicine, Innovative Technologies and Digital Health Working Group. **Advancing Toward P6 Medicine: Recommendations for Integrating Artificial Intelligence in Internal Medicine.** Clin. Pract. 2025, 15,200. <https://doi.org/10.3390/clinpract15110200>

Through active collaboration among Working Group members and recognised experts in the field of digital medicine, significant progress has been made in advancing the adoption of technology in European Internal Medicine.

While the rapid development of AI in clinical settings continues to pose challenges for training and implementation, the Working Group can take pride in its contribution to keeping the specialty at the forefront of medical innovation.

Ultrasound Working Group

Chair: **João Neves**



During 2025, the Working Group expanded to 47 members, representing 26 National Societies and the Young Internists. This growth has strengthened our capacity to deliver coordinated, high-impact initiatives across the European Federation of Internal Medicine network.

At ECIM 2025 in Florence, we delivered a hands-on workshop entitled *"Point-of-Care Ultrasound in the Approach to Chest Pain and Dyspnea"*, which reached full capacity. In parallel, we organized a dedicated session on Point-of-Care Ultrasound, also with strong attendance, confirming sustained interest and demand for structured training in this domain.



In collaboration with the EFIM Academy, we delivered a live webinar on *"Abdominal Ultrasound: A Tool for the Internal Medicine Specialist"*. In addition, we developed a series of educational videos on ultrasound-guided vascular access, scheduled for publication in 2026, reinforcing our digital and scalable training strategy.

Operationally, we conducted six online coordination meetings across multiple project teams. These efforts have advanced key strategic priorities: the development of a Training Centre Certification programme, the establishment of an international Research Network, the expansion of hands-on training workshops, and the consolidation of our collaboration with the EFIM Academy.

From a scientific and academic perspective, we published in European Journal of Internal Medicine the Letter to the Editor *"Substantial Variety in Point-of-Care Ultrasound Training Across EFIM"*. Furthermore, two members of the Working Group were appointed to contribute to the WINFOCUS review of lung ultrasound recommendations, reinforcing our international positioning.

2025 was an exceptionally active and productive year for the Ultrasound Working Group, marked by substantial growth, strong educational impact, and significant progress across strategic, scientific, and collaborative initiatives.



Chair: **Miguel Romano**

The YI Board held regular online meetings throughout the year to coordinate ongoing projects and strategic initiatives. In addition, one YI Assembly meeting was convened during ECIM 2025 in Florence and another face to face meeting during the 10th EFIM Day in Brussels.

During 2025, the European Young Internists Section successfully organised three educational webinars addressing key topics in contemporary Internal Medicine.

The first webinar, entitled *"The (Unexpected) Fundamentals of Artificial Intelligence in Internal Medicine"*, was held in February and co-organized with the Young Internists of Italy. The event focused on the growing role of artificial intelligence in clinical practice and provided participants with an introduction to its practical applications in Internal Medicine.

The second webinar was organized in May in collaboration with the Young Nephrologists Platform (YNP) of the European Renal Association (ERA). Titled *"Cardiorenal Syndrome: Perspectives from Nephrology and Internal Medicine"*, the webinar highlighted the importance of interdisciplinary collaboration in the management of complex cardiorenal conditions. This successful initiative served as a catalyst for a broader partnership between YI and YNP, which was formally established later in the year. The collaboration is expected to include annual joint webinars, scientific and educational activities, collaborative publications, and the development of practical recommendations.

In the autumn, YI organised a clinically focused webinar on endocrine emergencies. The session provided participants with practical guidance on the recognition and management of acute endocrine conditions commonly encountered in everyday clinical practice.

The European Young Internists played an active role in the 23rd European Congress of Internal Medicine, ECIM 2025 in Florence. At the beginning of the congress, YI organised the workshop *"How to Write a Paper"*. The workshop was chaired and delivered by members of the YI Board, with the traditional participation of the distinguished guest speaker, Professor Giancarlo Agnelli. The session provided practical guidance on scientific writing and publication strategies for early-career internists. YI also organized a dedicated parallel session entitled *"Preparing for the Unpredictable: The Power of Collaboration in Crisis Management"*, which explored the importance of multidisciplinary teamwork and preparedness in addressing healthcare crises and unexpected clinical challenges. In addition, six YI Corner sessions were held during congress coffee breaks. These informal educational and networking events provided opportunities for discussion, knowledge exchange, and engagement among young internists from across Europe.

All Board members actively contributed to the planning of ECIM 2026 in Vienna, and were represented by Dr. Anna Mavromanoli online as well as in person at organising committee meetings.



EARLY CAREER SUBCOMMITTEE REPORT

Chairs: **Frauke Weidanz / Sara Lindberg**



The Early Career Group's activities during ECIM 2025 focused on the main objectives the group, supporting Early Career internists in the development of their careers and their non-clinical skills.

Prior to the congress, the group held an engaging pre-congress course "Career development for Internists – Opportunities & Special Interests" focusing on different ways to evolve your career as an internist through inspiring talks and coaching exercises.

During the congress, The Early Career Group also hosted some activities:



- ❖ A parallel session on physician wellbeing "Happy Internists & happy patients: Improving our work environment & workplace culture and providing safer and more effective care" where we focused on the role of positive psychology.
- ❖ A debate focusing on how to teach soft skills in internal medicine: "Soft but Hard: How to develop, teach and assess the essential non-technical skills of a successful internist".
- ❖ The "Celebrating Joy in Internal Medicine Award" saw a wide range of innovative and creative projects in the poster discussion.
- ❖ A new Speed dating event with focus on different career opportunities.
- ❖ An open meeting for Early Career Internists where lots of new ideas and potential future activities and collaborations were discussed.
- ❖ An informal open invitation dinner at a restaurant in the city.

Apart from the Congress, the ECG organised several webinars and were again represented with interactive sessions at the European Summer and Winter Schools in Spain and in Sweden. We are working hard to grow the wider group of Early Career Internists who participate in our activities and collaborate with us and are active on social media. We had monthly virtual meetings and alternated between 'business' planning meeting of the Subcommittee members and open meetings to involve and engage other interested Early Career Internists.

During the year our chair Frauke Weidanz stepped down for personal reasons and Sara Lindberg from Sweden acted as the chair for the last part of the year. Upcoming projects includes a fresh start to the advanced school in internal medicine.

Organized by the EFIM WG of Early Career Group

The Connection Between Internal Medicine and Lifestyle Medicine

September 24th 2025
18:00 CEST

Moderators: Mihaela Tarabucă, MD
Alina Dima, MD, MSc, PhD, FEFIM

Presentations and Speakers:
Definition, Particularities, and Ecosystem of Lifestyle Medicine:
Emanuela Mercore Hutanu, MD, DDr&M, President, Romanian Society of Lifestyle Medicine, Treasurer, European Lifestyle Medicine Council
Why We All Health Professionals Need Lifestyle Medicine?
José Luis Palma-Giñón, MD, Cardiologist, President of the Spanish Lifestyle Medicine Institute
The Role of Behavior Change in Lifestyle Medicine
Simon Matthews, FACIM, MChD, DDr&M, Psychologist, Faculty, Awardee University & Wellcoaches School of Coaching



EUROPEAN BOARD OF INTERNAL MEDICINE

The European Board of Internal Medicine has been restructured during 2025 following a collaborative initiative between UEMS and EFIM, with its three year mandate starting officially in September 2025. It is composed of 7 members: Prof. José Delgado Alves, President; Dr Marc Cranston, Vice-president; Dr Paul Krediet – Secretary; Dr. Friederike Bennett – Treasurer; Prof. Nada Cikes; Prof. Panagiotis Skendros and Dr. Anna Mavromanoli.

The main tasks to be accomplished by this board during the mandate are:

- ❖ To revise and update the 2016 ETR to revitalise the overall project of an unified European Curriculum of Internal Medicine.
- ❖ To revise and update the criteria for reference centres of Internal Medicine in Europe to create the basis for the establishment of a training network for interns across the continent to facilitate cooperation and promote the exchange of clinical experience.
- ❖ To advise EFIM and UEMS on possible options for the implementation of the European exam, following previous negotiations with the Royal College of Physicians of Ireland (RCPI).
- ❖ To propose parameters that may be used as a set of criteria for the initial evaluation of specialists from other continents that want to practice Internal Medicine in Europe.



The work on the first task was started with the analysis of the 2016 edition of the ETR and the revision of the list of conditions and diseases which should be managed by internists, always taking into account the specificities of each country. Another important aspect of this plan is the adaptation of the current Entrustable Professional Activities (EPAs) to the new guidelines and classification that has been more recently proposed and presented by different institutes (both academic and professional). The complete revised edition should be presented to both EFIM and EBIM by the end of 2026.

Furthermore, negotiations have been ongoing between EFIM, UEMS and RCPI towards the possible implementation of the European Exam. A final decision should be expected until the end of July.

This work has been developed over more than ten online meetings, over a seven-month period, complemented with two onsite meetings (one in Lisbon in February 2026 and the second in Viena, in March, during the European Congress of Internal Medicine).

This plan has been presented and discussed at the General Assembly of EFIM in Viena as well as in national meetings in Portugal and Italy, following invitations by the respective societies of Internal Medicine.

As in previous years, EBIM is still very committed to fostering excellence in internal medicine education and practice across Europe, and we are grateful for the continued support and dedication of our colleagues, EFIM and UEMS.

New European Board of Internal Medicine, EBIM 2025



EBIM President:
Prof. José Delgado Alves
(EFIM)
Portugal



EBIM Vice-President:
Dr. Marc Cranston
(UEMS)
UK



EBIM Secretary:
Dr. Paul Krediet
(UEMS)
The Netherlands



EBIM Treasurer:
Dr. Friederike Benett
(EFIM)
Germany



EBIM Member:
Prof. Panagiotis
Skendros
(EFIM)
Greece



EBIM Member:
Prof. Nada Cikes
(UEMS)
Croatia



EBIM Member:
Dr. Anna Mavromanoli
(YI Observer EFIM)
Switzerland



Events



The 10th EFIM Day took place on Friday, 17 October 2025, marking a decade of EFIM Days gathering EFIM national societies leadership, representatives, and invited guests.

We had the pleasure to celebrate 10 years of sharing knowledge and European insight with participants presenting 25 EFIM national societies members.

EFIM Day opened with a presentation by Prof. George Dalekos, EFIM President, who provided a comprehensive overview of EFIM's activities and achievements since March 2025 following the congress in Florence.

The presentation highlighted a wide range of developments and activities in the past few months including the work of the Executive Committee and their representation at major national and international meetings, preparations for ECIM 2026 scientific programme, EFIM governance updates, and upcoming initiatives like the call for the next EJIM Editor-in-Chief (2026), election of new Treasurer and Bylaws updates.

Furthermore Prof. Dalekos was pleased to present the members of the new European Board of Internal Medicine EBIM following a call to EFIM national societies, the current activities of EFIM WG, especially the launch of the two new Working Groups on Systemic Autoimmune Diseases and Rare Diseases.

Additionally, Prof. Dalekos introduced the Standard Rules Process (SRP) for developing EFIM Clinical Practice Guidelines and Position Statements to ensure methodological consistency and transparency.

Prof. Giancarlo Agnelli, EJIM Editor-in-Chief was invited to provide an update via Zoom on the European Journal of Internal Medicine, highlighting the recent progress and future editorial plans.

Prof. Dalekos presented the ECIM 2026 progress update, scheduled to take place in Vienna from 25–28 March, informing the participants about the planning process and the scientific programme, which will feature a wide range of experts and engaging activities for all attendees.

Prof. Dalekos encouraged the Presidents to motivate their members to submit abstracts and showcase

their work in Vienna, as the submission deadline was approaching at the end of October.

The programme continued with presentations from EFIM's national societies:

- **Dr. Noor Lasheen** – Austrian Society of Internal Medicine
- **Prof. Richard Češka** – Czech Society of Internal Medicine
- **Dr. Andreas Ioannou** – Cyprus Society of Internal Medicine
- **Dr. Francesco Dentali** – FADOI Italy
- **Dr. Karamanakos** – Hellenic Society of Internal Medicine

We would like to thank the Presidents and Board members for presenting their societies, ideas and practices, addressing critical issues in internal medicine across Europe.

Dr. Alexis Müller-Marbach and Dr. Johanna Brägelmann presented the upcoming German Society Congress, inviting EFIM's Young Internists to submit Case reports to the DGIM congress in Wiesbaden.

The highlight of the 10th EFIM Day were the two keynote lectures:

- **Dr. Juan García Burgos** (European Medicines Agency, EMA) presented "EMA's Role in the Approval of New Medicines: Process and Challenges."
- **Dr. José Alves Delgado**, the newly appointed EBIM President, delivered an engaging and interactive talk on "EBIM's Projects and the Revision of the EU Curriculum in Internal Medicine: Priorities and Perspectives."

Both keynotes engaged the audience with numerous questions raised by participants on education systems in their respective countries, the shortage of medicines for certain diseases, and the harmonization of the EU Curriculum in Internal Medicine creating a very interactive atmosphere, allowing members to learn more about each other's national challenges, priorities, and achievements.

The 10th EFIM Day successfully presented EFIM's expanding activities and, ongoing collaborations towards advancing internal medicine across Europe. We are proud to celebrate a decade of EFIM Days, which have provided an excellent platform for dialogue, exchange, and networking among EFIM members.



The European Congress of Internal Medicine, ECIM 2025, held in Florence from 5–8 March 2025, brought together a highly engaged global community of internists, researchers, and healthcare professionals, reaffirming its role as a leading platform for Internal Medicine and professional development.

The congress welcomed a total of 2,241 participants, from more than 70 countries in Europe and globally, demonstrating its strong international appeal. The largest delegations came from Spain followed by Switzerland, Portugal, Italy, and Turkey. More than 950 Young Internists attended, highlighting ECIM's continued success in engaging the next generation of internists.

ECIM 2025 showcased an extensive scientific programme, featuring almost 2,500 submitted abstracts from Europe and internationally. Research activity was particularly strong in Infectious Diseases, Cardiovascular Diseases, and Rheumatologic and Immune-mediated Diseases. Spain, Portugal, Turkey, Italy, and Greece ranked among the most active countries in abstract submissions.

The congress delivered a rich and diverse programme, including:

- ✓ **5 Plenary Sessions**, addressing key topics such as sepsis, metabolic diseases, and neurodegenerative protection
- ✓ **35 Parallel Sessions, 11 Meet-the-Expert sessions, and 4 Joint Sessions**
- ✓ **6 pre-conference workshops** focused on skills development and emerging topics
- ✓ **7 rapid-fire sessions and special sessions** showcasing cutting-edge research

The joint sessions organised in collaboration with international partners, including the American College of Physicians, ACP, Society of Hospital Medicine, SHM, European Society of Hypertension, ESH, European Association for the Study of Diabetes, EASD, FDIME, and others, were of particular importance to EFIM, reinforcing international cooperation and strengthening the global dimension of the congress.

Pre-conference workshops were well attended, particularly the EASO Adult Obesity Treatment Course underlining the demand for practical, skills-based education. The programme also emphasised innovation, multidisciplinary care, and emerging topics such as Ultrasound, artificial intelligence, digital health, and climate change.

ECIM 2025 was accredited by the European Union of Medical Specialists, UEMS with 25.5 Continuing Medical Education, CME credits, further reinforcing the congress's high educational standard.

The success of ECIM 2025 would not have been possible without the valuable support and contributions of many partners. EFIM extends its sincere gratitude to all sponsors and partners for their commitment and collaboration.

Special thanks are given to the two Italian host societies, the Italian Society of Internal Medicine, SIMI and FADOI Italy for their support of the congress.

ECIM 2025 successfully combined high-level scientific programme with broad international participation and strong engagement from all the participants. The congress further strengthened EFIM's mission to advance Internal Medicine through education, research, and collaboration across Europe and beyond.

ECIM  **2026**
AUSTRIA

24th European Congress of Internal Medicine

— Care Beyond Diagnosis —

25–28 March 2026
Vienna, Austria





ESIM winter school 2025 took place in the small village of Björkliden in Northern Sweden. The school was arranged for the third time by the Swedish Society of Internal Medicine. The director of the school was Dr. Christine Sävervall and the co-directors were Dr. Ieva Ruza and Dr. Amie Burbridge.

A total of 60 residents from more than 27 different countries attended. They all presented interesting cases and discussions continued way beyond the slots for the scientific program. Speakers from 8 different countries held workshops, lectures and talks. The lectures focused on clinical topics relevant to the internist, but were also focused on soft skills, how to be a good doctor and how to handle the many complex situations you might face as a clinician. In the Frailty workshop, the differences between countries when it comes to end-of-life decisions were evident and created a lot of discussions. The program also included a workshop in point of care ultrasound and a workshop in how to present science.



The social program included a lecture in northern lights and how to dress in a cold climate followed by a guided tour to see the northern lights. We were so lucky to have several sightings of this beautiful phenomenon throughout the week. The program also included a sauna experience with ice swimming in the nearby lake, and a walking tour called "winter wonderland" where the participants were taught how to build an igloo and ski school for cross country and alpine skiing.

During the evenings there were salsa lessons and karaoke night, more sauna and rolling in the snow. The last night the participants presented something from their own countries to each other, followed by a gala dinner to end a wonderful week. The participants made friends for life, and the overall experience was magical.

The Swedish Society of Internal Medicine is grateful for the opportunity to host winter school, and will forever be grateful for our three years of hosting this school.



The Summer European School of Internal Medicine, ESIM 2025 of EFIM took place from 1-7 June 2025 at the Egnatia Hotel of Alexandroupolis, a vibrant seaside university city in northern Greece. The event was organized under the auspices of the Hellenic Society of Internal Medicine, with the support of the Medical School of the Democritus University of Thrace and the Municipality of Alexandroupolis. Summer ESIM 2025 brought together 52 residents representing 22 national societies from 21 countries, highlighting EFIM's strong commitment to international collaboration and excellence in Internal Medicine training.

The scientific programme was delivered by 19 experienced instructors, along with technical staff. The curriculum effectively combined theoretical knowledge with practical skills, ensuring a balanced and comprehensive educational experience.

Teaching activities included expert lectures covering key topics in Internal Medicine, complemented by "How-to-Treat" sessions focused on practical clinical decision-making. A major strength of the programme was the sessions of Interactive Case presentations by residents, enhanced by a voting system that facilitated active participation and critical thinking among attendees.

A central component of Summer ESIM 2025 was its strong emphasis on hands-on training, conducted at the University Hospital of Alexandroupolis. Participants completed 4 hands-on workshops, covering essential clinical skills such as diabetic foot and neuropathy assessment, musculoskeletal point-of-care ultrasound and arthrocentesis, fundus examination, and blood smear interpretation. These sessions were highly valued for their practical relevance and direct applicability to clinical practice.



In addition to structured teaching, the programme included an open discussion session titled "Study Internal Medicine Today," encouraging meaningful dialogue between trainees and faculty on current challenges and future directions in the field.

The social and cultural programme complemented the academic activities, featuring guided visits to local landmarks such as the Archaeological Museum of Alexandroupolis and a traditional olive mill. A highlight was the seaside farewell event, which included food grilling, karaoke, and dancing.

This gathering further strengthened friendships and the team spirit among residents from diverse health-care systems and countries, united by a shared passion for the Internal Medicine specialty.

Taken together, Summer ESIM 2025 successfully combined high-quality training with international networking, continuing to serve as an important EFIM initiative for Young Internists.



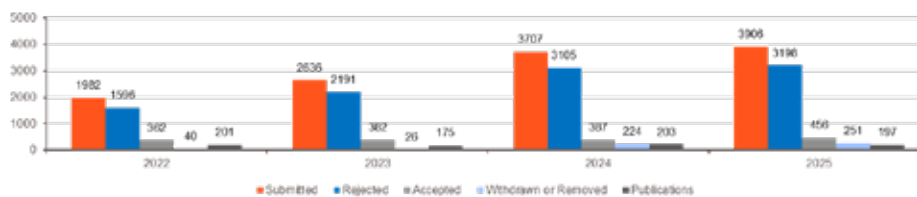
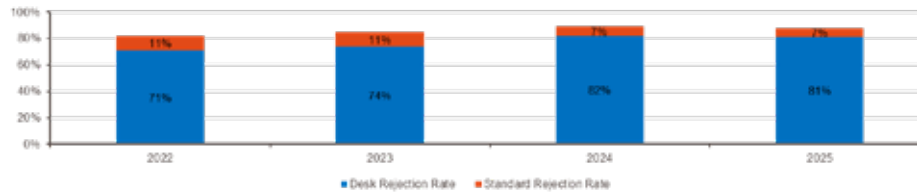


Journals

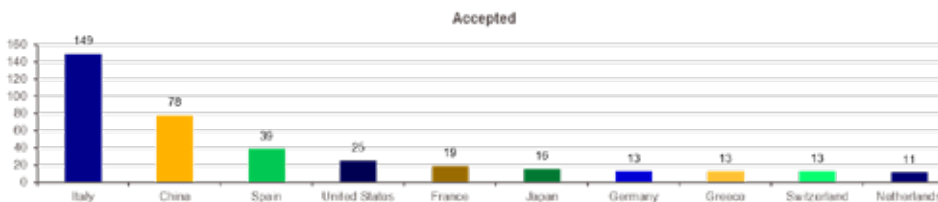
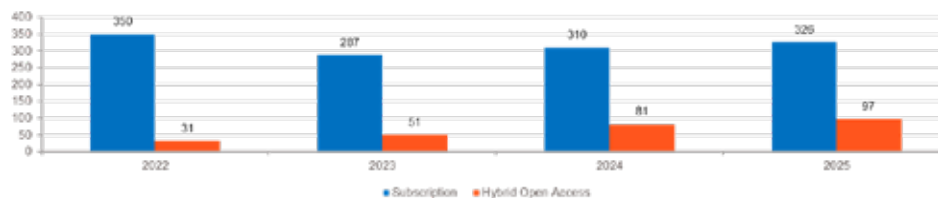


Executive Summary:

Elsevier is pleased to share positive updates regarding the European Journal of Internal Medicine (EJINME) in 2025. The journal has seen a modest rise in its impact factor, accompanied by an improvement in its ranking (JIF Percentile) within the Clarivate internal medicine category, as well as a higher volume of submissions. EJINME remains dedicated to delivering content that is both meaningful to the field and broadly engaging for its readership.



Key performance indicators:



Submitted and Accepted Articles by Country in 2025:



Article flow:

In 2025, the European Journal of Internal Medicine (EJINME) saw continued growth in submissions, surpassing 3,900 manuscripts. The journal maintained a selective acceptance approach, with an overall rejection rate of 88%, including 81% of submissions declined prior to peer review. As a result, 456 manuscripts were accepted, among them 197 research and review articles.

China remained the largest contributor, submitting 1,780 manuscripts—an increase compared to 2024—and ranked second in accepted articles. Italy once again led in accepted submissions, while Spain held its position as the third-largest contributor, consistent with the previous year. Notably, manuscripts from Italian authors achieved the highest acceptance rate, reaching 48% in 2025.

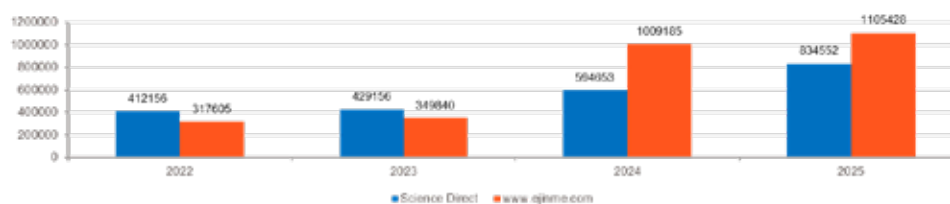
Editorial efficiency also improved, with an average of 16 days from submission to first decision and approximately 39 days from submission to online publication. These streamlined timelines continue to represent a strong advantage for authors considering EJINME as a publication venue.



EUROPEAN JOURNAL OF INTERNAL MEDICINE REPORT 2025

Usage:

As a result of ongoing efforts to strengthen visibility, full-text article usage continued to grow across both ScienceDirect and the EIJNME websites in 2025. While the www.ejinme.com platform experienced a notable surge in 2024, the most significant growth in 2025 was observed on ScienceDirect.



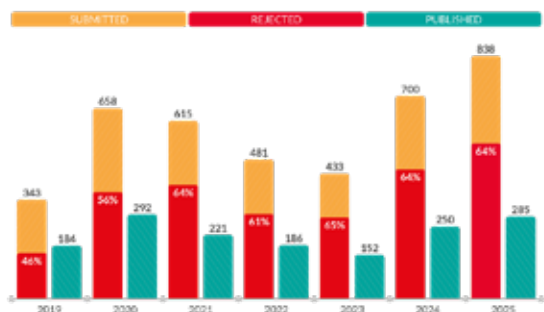
Top Journal Titles Ranked by 2024 Impact Factor (including EIJNME):

Despite a decline seen across many medical journals following the COVID-19 pandemic, the 2025 Impact Factor has resumed an upward trajectory. The journal's standing within the Medicine, General & Internal category of the Journal Citation Reports has strengthened, reaching the 91.4th percentile. The European Journal of Internal Medicine continues to rank within the top decile, reinforcing its appeal to authors highlighting the strong standards upheld by its editorial board.

	Journal name	Total Citations	Impact Factor
1	LANCET	347,563	88.5
2	New England Journal of Medicine	397,323	78.5
3	Nature Reviews Disease Primers	37,841	60.6
4	JAMA-Journal of the American Medical Association	194,087	55
5	BMJ-British Medical Journal	173,910	43
6	Lancet Digital Health	8,495	24.1
7	JAMA Internal Medicine	26,042	23.3
8	Military Medical Research	5,419	22.9
9	Annals of Internal Medicine	65,428	15.4
10	Canadian Medical Association Journal	18,414	12.2
11	BMJ Evidence-Based Medicine	1,917	10.4
12	Journal of the Royal Society of Medicine	5,354	10.3
13	BMJ Medicine	998	10
14	EClinicalMedicine	19,277	10
15	PLOS Medicine	43,413	9.9
16	JAMA Network Open	74,261	9.7
17	Cochrane Database of Systematic Reviews	79,183	9.4
18	Journal of Internal Medicine	15,520	9.2
19	Journal of Cachexia Sarcopenia and Muscle	13,644	9.1
20	Medical Journal of Australia	12,517	8.5
21	BMC Medicine	31,553	8.3
22	Journal of Translational Internal Medicine	1,325	7.4
23	AMYLOID-Journal of Protein Folding Disorders	2,447	7.4
24	Chinese Medical Journal	14,639	7.3
25	Deutsches Arzteblatt International	9,535	7.2
26	Mayo Clinic Proceedings	20,392	6.7
27	QJM-AN International Journal of Medicine	6,521	6.5
28	Journal of Travel Medicine	4,001	6.4
29	European Journal of Internal Medicine	8,566	6.1
30	Translational Research	7,093	5.9
31	American Journal of Chinese Medicine	5,757	5.5
32	British Medical Bulletin	5,558	5.4
33	American Journal of Medicine	24,192	5.3
34	British Journal of General Practice	9,630	5.2
35	Annals of Family Medicine	6,382	5.1
36	Polish Archives of Internal Medicine-Polskie Archiwum Medycyny Wewnetrznej	2,368	4.7
37	American Journal of Preventive Medicine	25,385	4.5
38	Medical Sciences	2,634	4.4
39	Primary Care	2,571	4.3
40	American Journal of Preventive Medicine	4.3	24,327



The year 2025 represented a further period of growth and consolidation for the *European Journal of Case Reports in Internal Medicine (EJCRIM)*. The increasing interest in the journal observed during 2024 was not only confirmed, but further surpassed in 2025, highlighting the journal's growing visibility within the scientific community.



The number of submissions increased significantly, rising by 19.7%. Similarly, also the number of published articles increased by 14%. Despite this growth, the journal maintained a stable rejection rate of 64%, in line with the trend observed in the previous year, confirming the consistency of the editorial standards and peer-review process.



The increasing interest in EJCRIM is also reflected in the growing number of citations and in the consistent rise in journal views and online access.

This positive trend has likely been further supported by the adjustments of the search engine optimization (SEO) implemented to better adapt the journal website to the continuous evolution of browsers search algorithms and to further enhance the discoverability of published contents.



In March 2025 the Editorial Office submitted the journal application to Clarivate for Impact Factor evaluation. The application is currently still under evaluation, and it is hoped that the outcome of this process will be available by the next ECIM meeting.

Important developments also took place within the Editorial Board. Professor Avishay Elis was appointed as Deputy Editor and now collaborates with Dr. John Kellett in managing the increasing editorial workload associated with the journal's growth.

Overall, 2025 marked another important step forward for EJCRIM, both in terms of scientific value and editorial structure, laying the groundwork for continued growth in the coming years.



Flagships

EFIM FELLOWSHIP 2025



The EFIM Fellowship Programme 2025 received a total of 38 applications from Internal Medicine specialists from across Europe. This year, 26 successful applicants from 8 EFIM national societies were awarded the EFIM Fellowship, alongside 15 invited Fellows. The Fellowship ceremony was held in Florence during the Opening Ceremony of the European Congress of Internal Medicine, ECIM 2025, which took place from 5–8 March. The event provided a prestigious platform to celebrate the professional achievements and contributions of the new Fellows to the field of Internal Medicine.

EFIM warmly congratulates all newly appointed Fellows and thanks the national societies for their continued support in promoting excellence in internal medicine across Europe.

Join us and become Fellow today!

<https://efim.org/fellowship>





EXCHANGE PROGRAMME REPORT

EFIM Exchange Programme 2025 successfully welcomed the top 10 selected applicants from various national societies to participate in a one-month observership programme across several hospital centres in Europe. In total, 34 hospital centres from 11 EFIM countries volunteered to host exchange residents.

Of the 10 selected participants, 8 residents successfully completed their observership programme and were awarded a €1,000 bursary, generously supported by EFIM and the Foundation for the Development of Internal Medicine in Europe, FDIME.

Feedback from both participants and host centres was very positive, highlighting the programme's strong educational value, diverse clinical exposure, and meaningful intercultural exchange.

EFIM extends its sincere gratitude to the National Societies and Hospital Centres whose support and commitment made this initiative a continued success.

Here's what our participants had to say about their experience:



“This observership was not just a clinical experience—it was one of the highlights of my career as a doctor and the motivation for the next few years. I return to medicine at my home institution in Tirana with the bounty of knowledge, confidence, and inspiration to better serve the field of internal medicine.”

Dr. Xhesika Habilaj, Albanian Society

“This was a fruitful month in my training as an internal medicine specialist, combining many essential aspects of medical education. I am deeply grateful to EFIM for giving me the opportunity to carry out this rotation and for providing all the necessary support to make it possible.”

Dr. Juan Besterio Suarez, Spanish Society

“The EFIM Exchange Programme at Universitätsklinikum Würzburg was a fantastic opportunity to observe high-quality European medical practice and improve clinical and interpersonal skills. It has significantly enhanced my development as an Internal Medicine resident and encouraged me to pursue further international academic cooperation. I also enhanced my vision on Internal Medicine and the present career opportunities.”

Dr. Barkın Yiğitbaşı, Turkish Society

“My time at San Raffaele Hospital was enriching both professionally and personally. The department's supportive environment, combined with the excellent mentorship of Dr. Castellani, made this experience highly worthwhile. I am grateful for the opportunity, and I am confident that the knowledge and perspectives gained will significantly contribute to my development as a future specialist in Internal Medicine.”

Dr. Georgios Dimitriou, Austrian Society

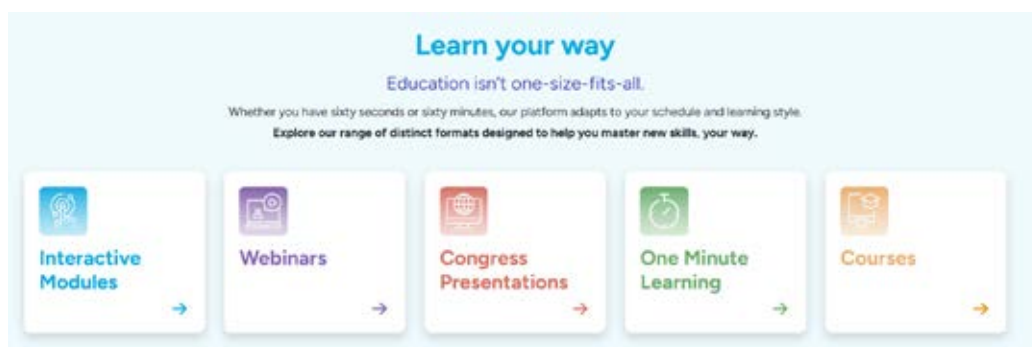


Editor-in-Chief: **Mine Durusu Tanriover**

Associate Editor: **Janaka Karalliedde**

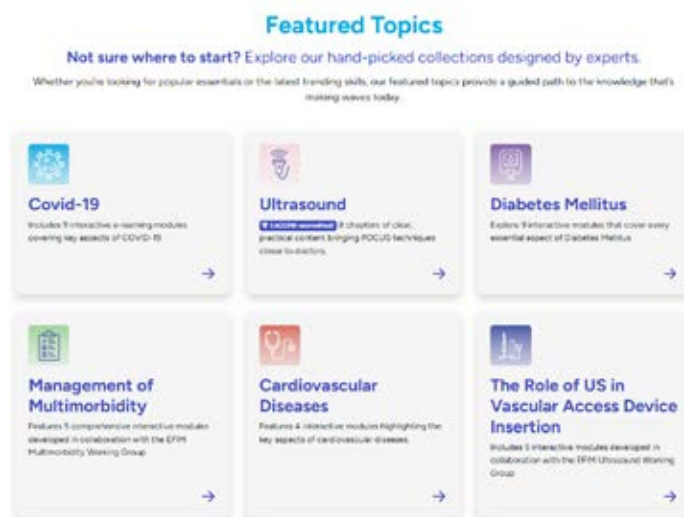


www.efimacademy.org



The EFIM Academy continues to provide an interactive, case-based learning experience across a wide range of internal medicine topics and remains freely accessible to healthcare professionals worldwide. The year 2025 marked significant progress in both the technical development of the platform and the expansion of its educational content.

Throughout the year, a total of 27 modules were released. We completed the publication of all modules within the "Cardiovascular Diseases" and "Diabetes Mellitus" courses. In addition, a new course entitled "The Role of Ultrasound in Vascular Access Device Insertion" was launched with the valuable contribution of the EFIM Ultrasound Working Group. Five new "One-Minute Learning" resources were also added to the platform, further enriching the educational offering.



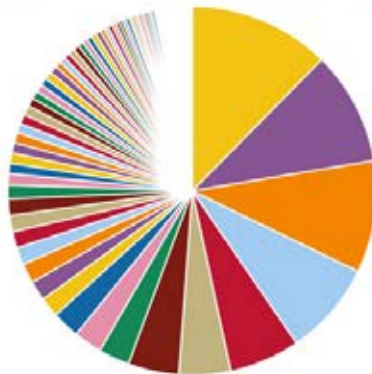
To complement the web-based learning experience, the EFIM Academy offered downloadable podcasts through the "Home of Medicine" section, supporting flexible learning on the go until October 2025, when the podcast section was discontinued. Prior to its closure, a total of 14 podcast episodes, led by Dr. Amie Burbridge and Dr. Ben Lovell, were released.

The EFIM Academy Newsletter continued to be distributed monthly throughout 2025, with 12 editions published during the year, each reaching more than 20,000 email addresses. The newsletter provides updates on EFIM Academy activities, highlights newly released content, and previews upcoming educational



materials. In 2025, a new section entitled "Case of the Month" was introduced, featuring a selected article each month from the European Journal of Case Reports in Internal Medicine (EJCRIM).

By the end of 2025, the platform had reached 7,300 registered users from 147 countries, including 1,323 active users (see figure below). We encourage all member societies to contribute educational content to the EFIM Academy and to support the promotion of the platform by sharing its resources within the medical community, thereby enhancing its visibility and engagement worldwide.



1,323 active users



Partners and Institutional Collaborations



Research grant

The Foundation has launched a new research grant specifically dedicated to the use of AI in the field of Internal Medicine. The has awarded a grant of €10,000 to Dr Christel Gerardin (France) for her project entitled: 'Development and Evaluation of an AI-based diagnostic support system in Internal Medicine, with a focus on rare diseases.'

Bursaries

The Foundation awarded four €1,250 scholarships allowing four young internists to participate in the sessions of the European School of Internal Medicine (ESIM). These scholarships are reserved for young physicians belonging to an EFIM member or associate society that does not have the financial means to support its candidates. FDIME has provided a 4000 euros support to the EFIM Young Internists exchange Program. Finally, the Foundation has awarded prizes for the three best research summaries presented during ECIM 2025 in Florence.

Clinical Research Seminar

The 20th annual Clinical Research Seminar was organized in Paris from 6 to 8 October. From the 41 applicants, 15 were selected. This "master class" in clinical research benefits from the generous participation of academic experts in clinical research and covers various aspects of Internal Medicine. The Seminar was highly evaluated by the participants. It is important to note that all expenses are covered by the FDIME independently from any industrial source.

The Aletheia Project

The project initiated by the Foundation to improve medical care made significant progress during the year. Results of phase I evaluation exceeded expectations: the model achieved 84% diagnostic accuracy across several complex cases. In an evaluation conducted by three senior clinicians on 114 real cases, the model obtained an impressive average score of 4.2 out of 5. FDIME is ready to launch Phase II of development. The model analyzes the full clinical presentation of patient's symptoms and searches extensive validated medical databases. It then proposes the five most probable diagnoses in order of likelihood. The final decision remains entirely with the clinician. The tool is specifically designed to avoid AI "hallucinations" or invented information. Each diagnostic suggestion includes a clear physio pathological explanation, clinical elements supporting or contradicting the diagnosis and recommended additional investigations to confirm or exclude it.

Information to the public

FDIME has pursued its information activities toward the patients and the public. Newsletters and health communications on various subjects have been published on the website and on Facebook. Besides, during the European Congress of Internal Medicine (ECIM) held in Florence, the Foundation organized, in partnership with EFIM, a one-hour session dedicated entirely to dialogue with patients.



EMA - HEALTHCARE PROFESSIONALS' WORKING PARTY (HCPWP)

EFIM representative: **Prof. Teun Van Gelder**



The HCPWP enables EMA to build upon its existing interactions with healthcare professionals. It provides recommendations to the EMA and its human scientific committees on all matters of interest in relation to medicines.

In the year 2025 the HCPWC had 3 meetings, each of 2 days in April, September and November. As usual the HCPWC meetings are combined with those of the Patients and Consumers Working Party (PCWP). During the joint meetings of PCWP-HCPWP a wide range of topics is discussed. A number of topics of particular interest to EFIM are:

Engagement framework with healthcare professionals and organisations: EMA is strengthening the framework that describes the interaction with organizations such as EFIM. This involves for example a closer dialogue, identifying strategic areas for future collaboration.

EMA is eager to take measures for optimal participation in EMA activities, for example by offering financial support for representatives and by offering training opportunities. Furthermore EFIM is asked to help in identifying individual experts in specific fields, to involve them in EMA activities. At the same time EMA also supports capacity building to bring young professionals into the regulatory environment, partly through educational activities.

Competing interest: in line with the previous point EMA has updated its policy on handling competing interests for scientific committee members and experts (Policy 0044), effective from 1 May 2025. The revised policy introduces stricter, aligned, and 3-year cooling-off periods for industry employment, strengthens restrictions on current interests, and applies to all scientific committees and working parties.

Data Analysis and Real World Interrogation Network (DARWIN EU):

EMA and the European Medicines Regulatory Network established a coordination centre to provide timely and reliable evidence on the use, safety and effectiveness of medicines for human use, including vaccines, from real world healthcare databases across the EU. This capability is called the Data Analysis and Real World Interrogation Network (DARWIN EU®). This enables EMA and national competent authorities in the European medicines regulatory network to use these data whenever needed throughout the lifecycle of a medicinal product.

Scientific advice: For academic researchers involved in drug discovery and drug development EMA offers the possibility to obtain guidance on the appropriate tests and studies for human medicines via the IRIS platform. EMA is willing to prepare academics by providing training material on Scientific Advice.

Shortages in medicines. In the meetings of the EMA-HCPWP we regularly get updates on the European Shortages Monitoring Platform (ESMP). EMA monitors critical medicine shortages that might lead to a crisis situation, and is involved in mitigating them, by working with the EU Member States and European Commission. It is important that at a European level there is information about medicine availability, supply and demand and hopefully these activities reduce the risk of human medicine shortages in the EU.



EFIM representative: **Javier García Alegría**



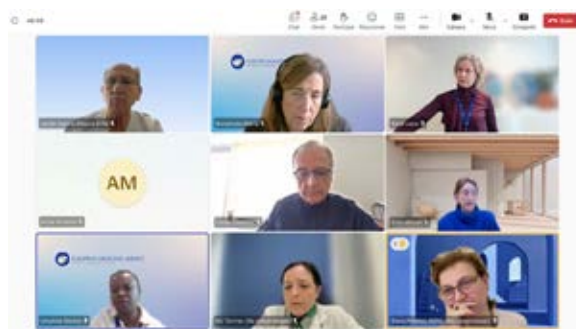
Professional Organisations' Policy Officers' Group

European Federation of Internal Medicine (EFIM), with other European professional organisations, is part of the Healthcare Professionals Working Party (HCP-WP). The Healthcare Professionals' Working Party (HCPWP) provides a platform for exchange of information and discussion of issues of common interest between the EMA and healthcare professionals.

HCP-WP has 3-4 regular meetings per year. The topics reviewed in 2025 were as follows

End of year-POG meetings 2025

Engagement with HCPs: 2025 planning	Early dialogue with healthcare professional organisations : 1-year report	(EHA) Recommendations of the Coalition for Reducing Bureaucracy in Clinical Trials	PGEU-Position Paper on Artificial Intelligence (link)	EMA's strategy for scientific publications	DHPC website
ACT EU/ Multistakeholder platform update	Public webinar on shortages EMA event page	ESC EU Cardiovascular Health plan ESC policy statement on MDR	EMA's activities targeting Engagement with Academia	EAHP Antimicrobial Resistance Working Group report 2025 AMR report	EMA news, events, consultations publications
Update from drafting groups on shortages and surrogate endpoints	Clinical trial map (CTIS website)	EPA updates workforce shortages	(EU-EYE) "A patient's quest: finding clinical trials to participate".	Communication activities- Podcast: Inside EMA-	Mapping of topics of common interest.....



Of particular interest to EFIM members are:

- **Safety of medicines**
<https://www.ema.europa.eu/en/about-us/what-we-do/safety-medicines>
- **Handling competing interests**
<https://www.ema.europa.eu/en/about-us/how-we-work/handling-competing-interests>
- **Clinical trial map (CTIS website) all EU/EEA official languages**
<https://euclinicaltrials.eu/search-for-clinical-trials/trial-map/?lang=en>
- **EMA welcomes political agreement on new EU pharmaceutical legislation**
<https://www.ema.europa.eu/en/news/ema-welcomes-political-agreement-new-eu-pharmaceutical-legislation>

During the year EMA conducted a survey to assess the key areas of interest for the POG meetings.



THE HEALTH TECHNOLOGY ASSESSMENT STAKEHOLDER NETWORK

EFIM representative: **Filomena Pietrantonio**

The European Union Health Technology Assessment (EU HTA) Stakeholder Network is a formal coalition established by the European Commission that brings together organizations representing patients, consumers, health technology developers (HTDs), and health professionals. Its role is to advise the Member State Coordination Group on HTA (HTACG) to ensure that diverse stakeholder perspectives—particularly those of patients and clinical experts—are integrated into joint clinical assessments (JCAs).



1. Implementation Milestones

The year 2025 marked the first year of full application of the HTA Regulation (HTAR). During primary meetings in Brussels, the Commission confirmed the operational launch of joint work:

- ❖ Joint Clinical Assessments (JCAs): Procedures were initiated for Advanced Therapy Medicinal Products (ATMPs) and new cancer medicines.
- ❖ Joint Scientific Consultations (JSCs): The first JSC procedure was successfully completed, with seven medicinal product JSCs programmed for 2025.
- ❖ Implementing Acts: The six implementing acts necessary to detail the procedural rules for joint work were adopted by October 2025.



2. Patient and Clinical Expert Involvement

A central theme was the “meaningful involvement” of experts. A dedicated working group held four meetings to improve the identification and training of patients and clinicians.

- ❖ Over 200 experts were invited to submit Declarations of Interest, and more than 40 were selected for JCA and JSC procedures.
- ❖ Projects such as HTA4Patients and EUCAPA worked to train patient organizations, ensuring their input is technically sound and transparent.
- ❖ The European Patients’ Forum (EPF) presented results from a consensus-building exercise (Modified Delphi method) to better define PICO (Population, Intervention, Comparator, and Outcomes) parameters from a patient perspective.



3. Monitoring and Evaluation Framework

In preparation for the Commission’s 2028 report on the application of the Regulation, the Network developed a draft matrix of performance indicators divided into four categories: input (23 indicators), output (10), results (19), and impact (16). These measure factors like human resources, report user-friendliness, and alignment with national dossiers.

4. Focus on Medical Devices and Digital Health

The Network began preparing for the extension of joint assessments to high-risk medical devices (MDs) and in-vitro diagnostics (IVDs), promoting a “lifecycle approach” emphasizing early feedback. The EDiHTA project was also presented, aiming to create a harmonized assessment framework for Digital Health Technologies and AI, with pilot tests starting in 2026.

NEW COLLABORATIONS AND PARTNERSHIPS

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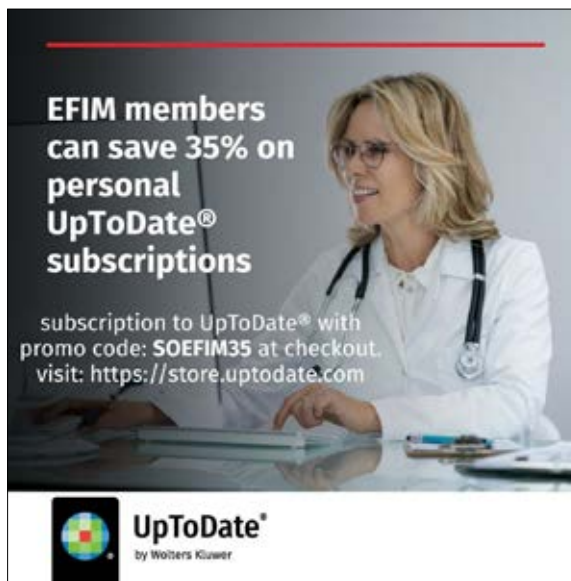
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EFIM 2025 MILESTONES





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