

EBIM POSTGRADUATE TRAINING SURVEY.

PRELIMINARY RESULTS 2024

15.10.XXIV



AGENDA

BACKGROUND TO SURVEY

DESIGN OF SURVEY

RESULTS

RELEVANCE

WHAT'S NEXT





INTRODUCTION

BACKGROUND TO EBIM

EBIM is the collaborative joint association of EFIM & UEMS that promotes harmonisation in postgraduate medical training across Europe

Today we'll review our survey from 2019 to 2023 last year and give you an overview of the results so far.



METHODS & THEMES

Creation of Survey

EBIM met to design the survey based on the requirements of the curriculum and to inform future educational output

Sections:

1. Individual criteria about training
2. Organisation of training
3. Procedures
4. Internal Medicine working conditions
5. Assessment of training
6. Attitudes to work and training



Review

RESULTS

REVIEW



RESULTS

Overview

- 100 Questions (6 sections)
- 519 respondents with a 71% completion rate
- 51% Female
- Average age of respondent 36.8 years



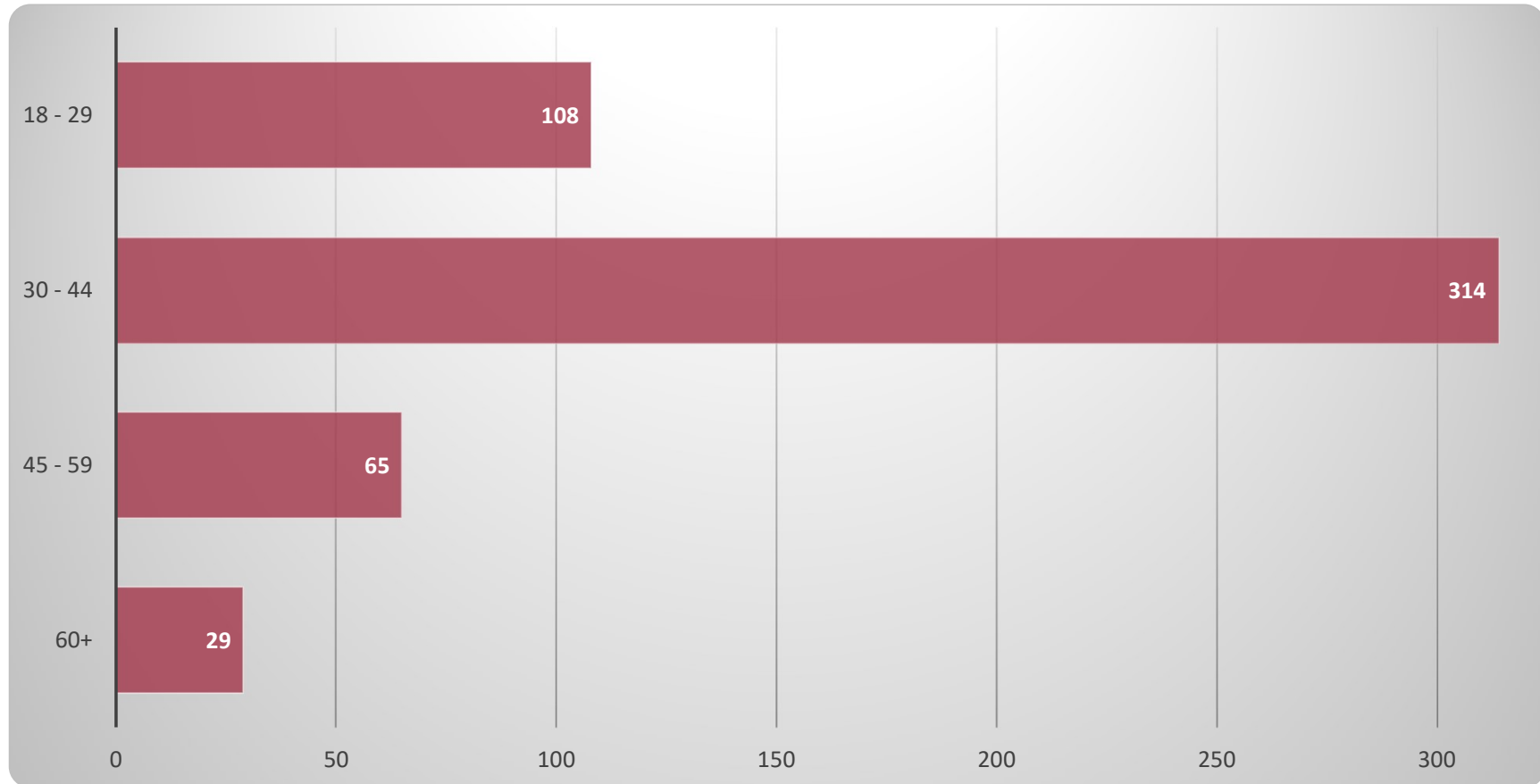
Review

SECTION 1 INDIVIDUAL CRITERIA ABOUT TRAINING

REVIEW

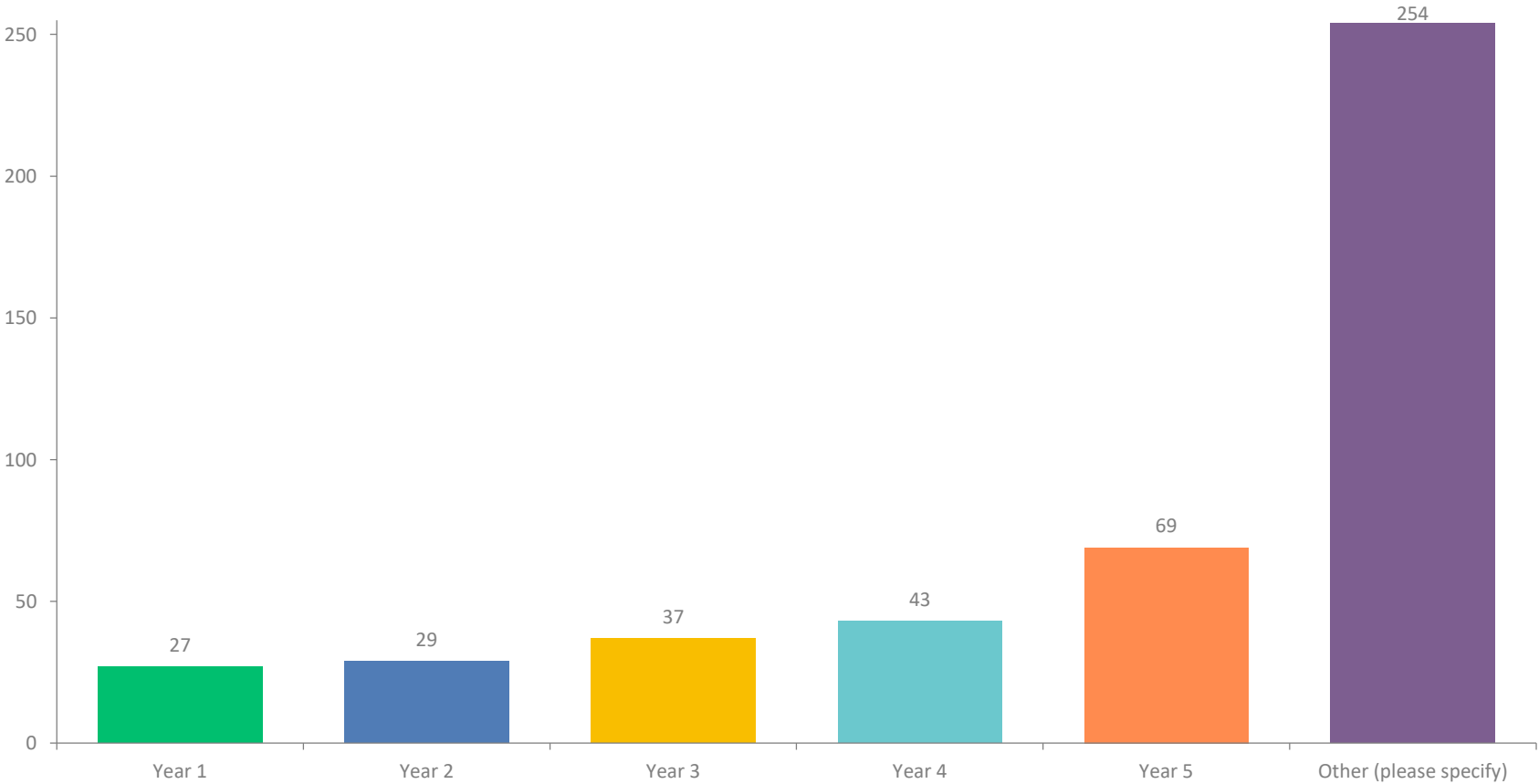
Q3: WHAT IS YOUR AGE?

- Answered: 516 Skipped: 3



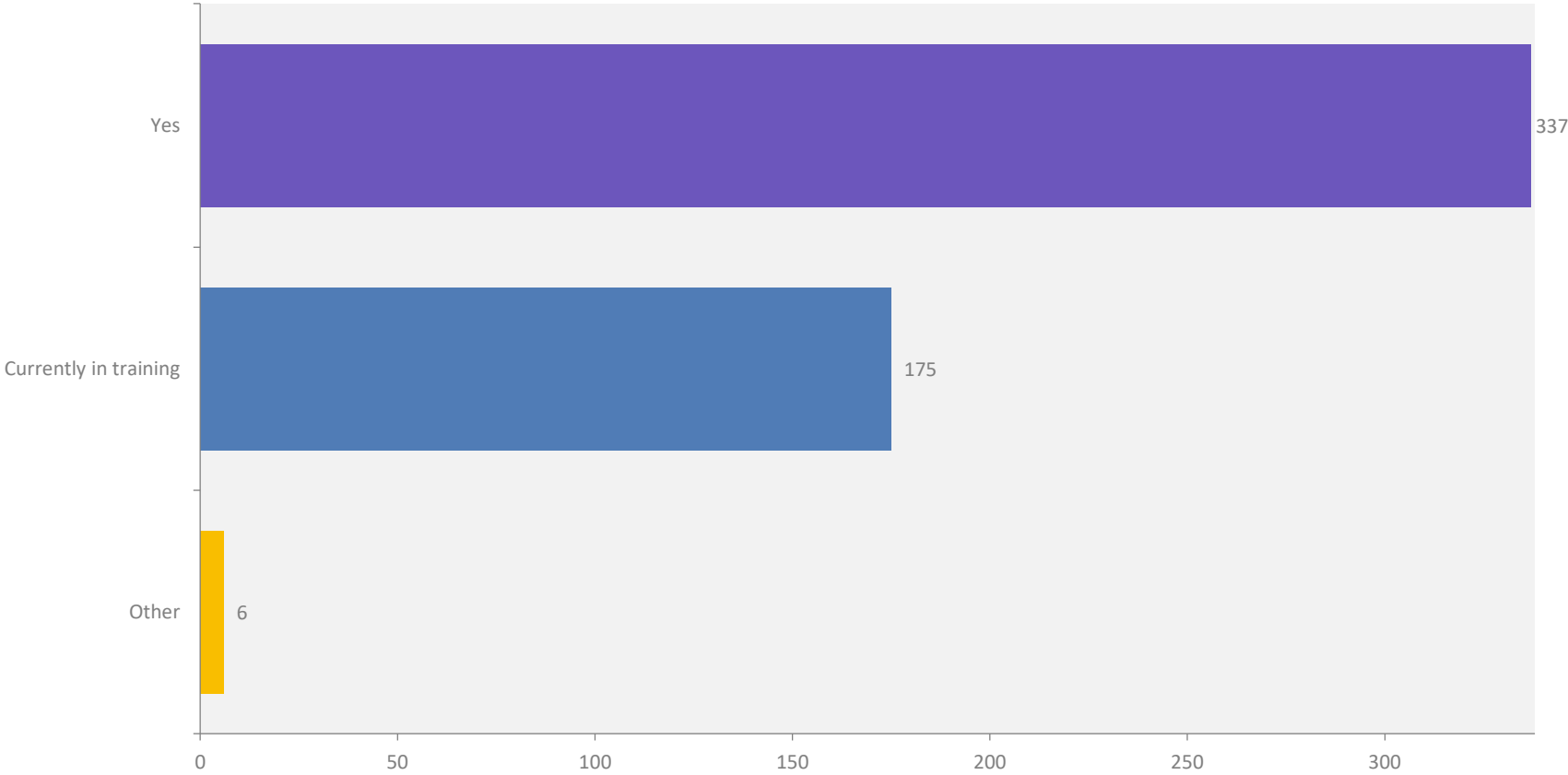
Q17: WHICH YEAR OF INTERNAL MEDICINE TRAINING ARE YOU CURRENTLY IN?

• Answered: 459 Skipped: 60



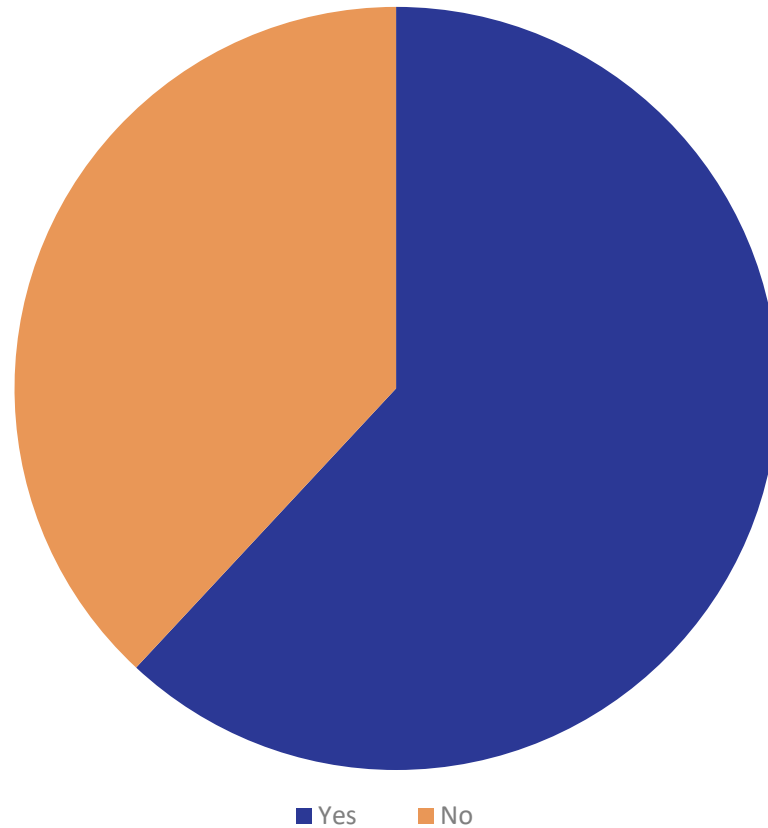
Q5: HAVE YOU COMPLETED INTERNAL MEDICINE TRAINING?

• Answered: 518 Skipped: 1



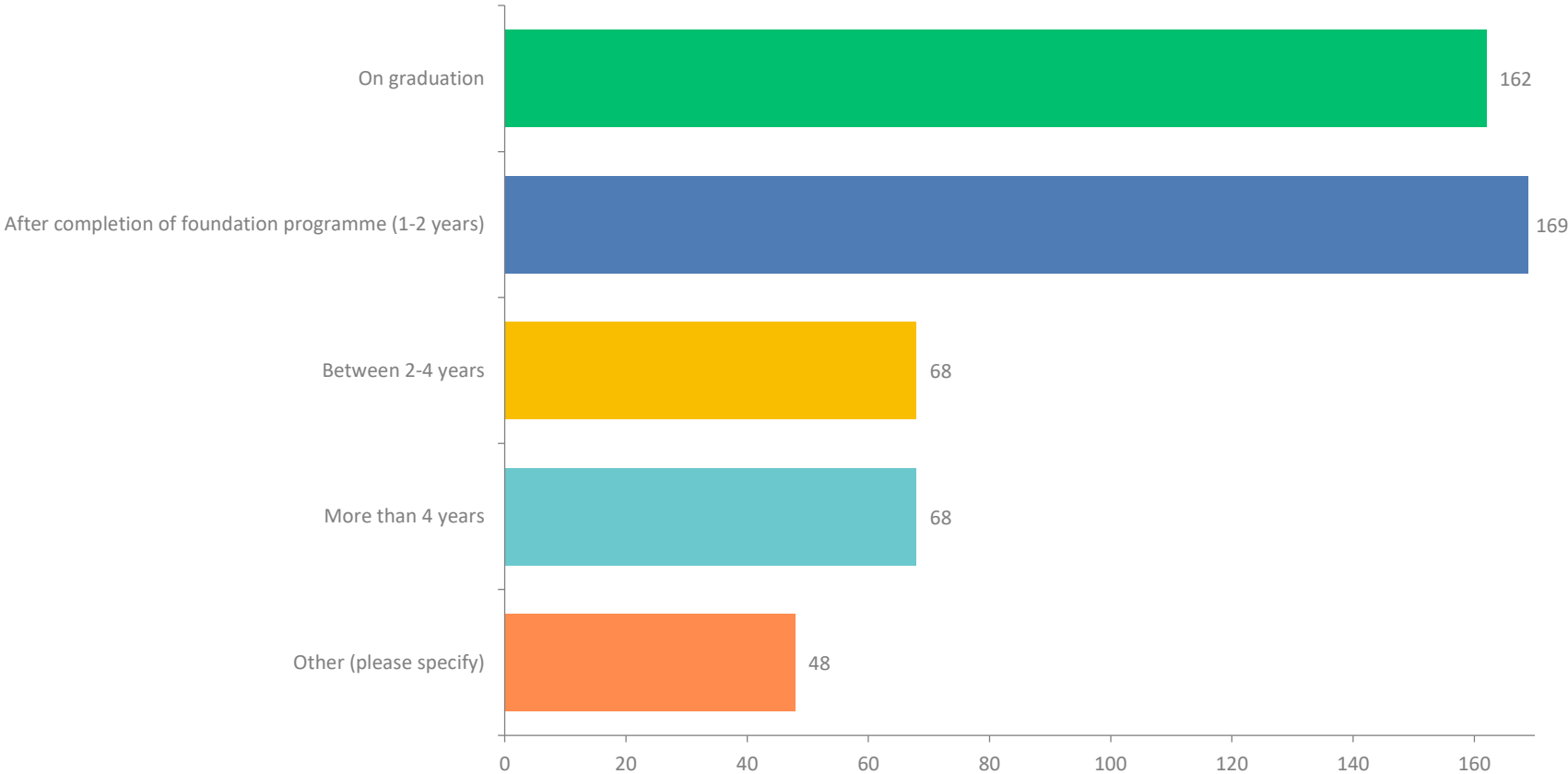
Q10: DOES THE HOSPITAL HAVE A MEDICAL SHORT STAY WARD?

• Answered: 507 Skipped: 12



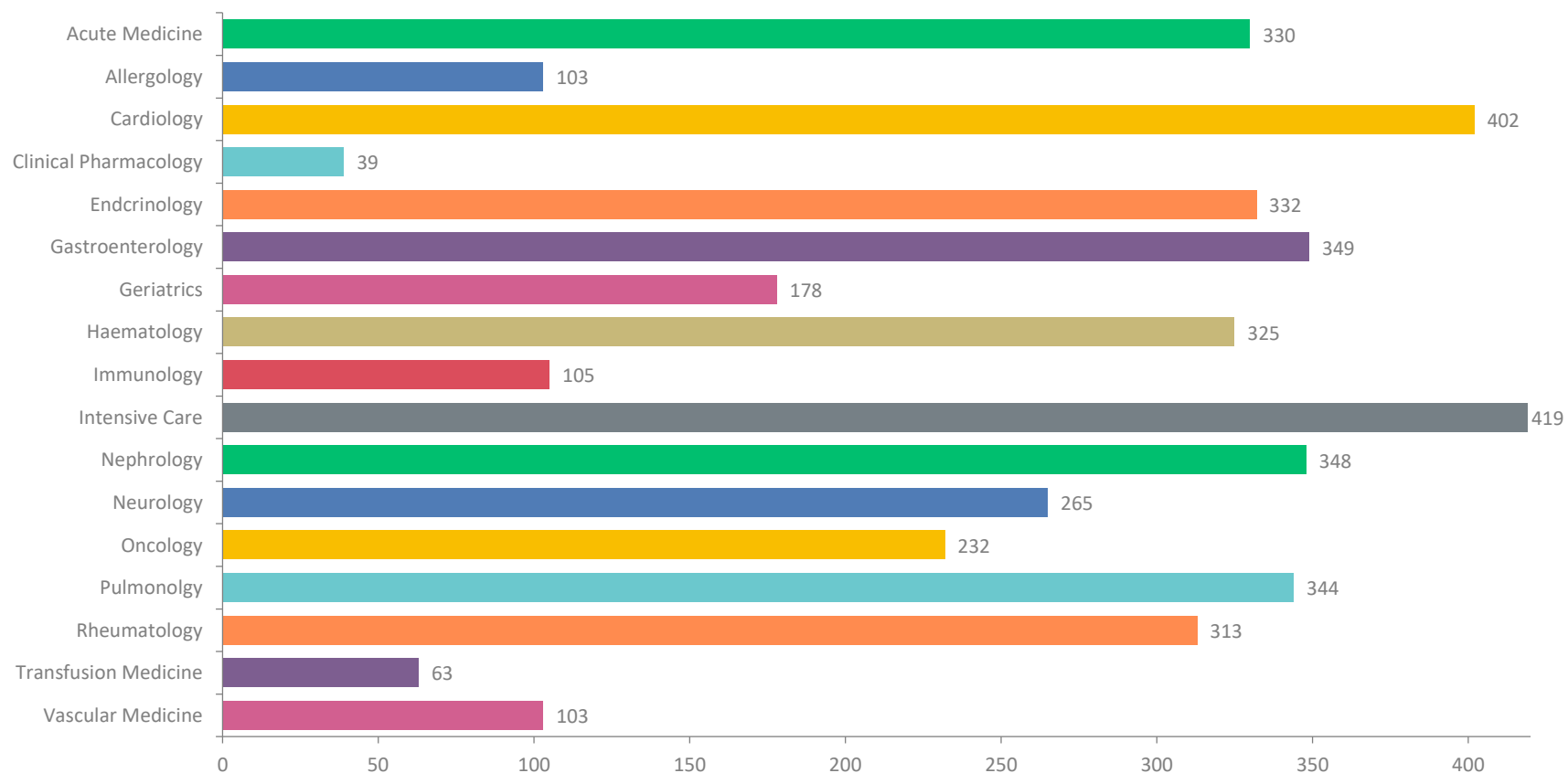
Q15: HOW LONG ON AVERAGE AFTER GRADUATION DO YOU ENTER SPECIALTY TRAINING IN INTERNAL MEDICINE?

• Answered: 515 Skipped: 4



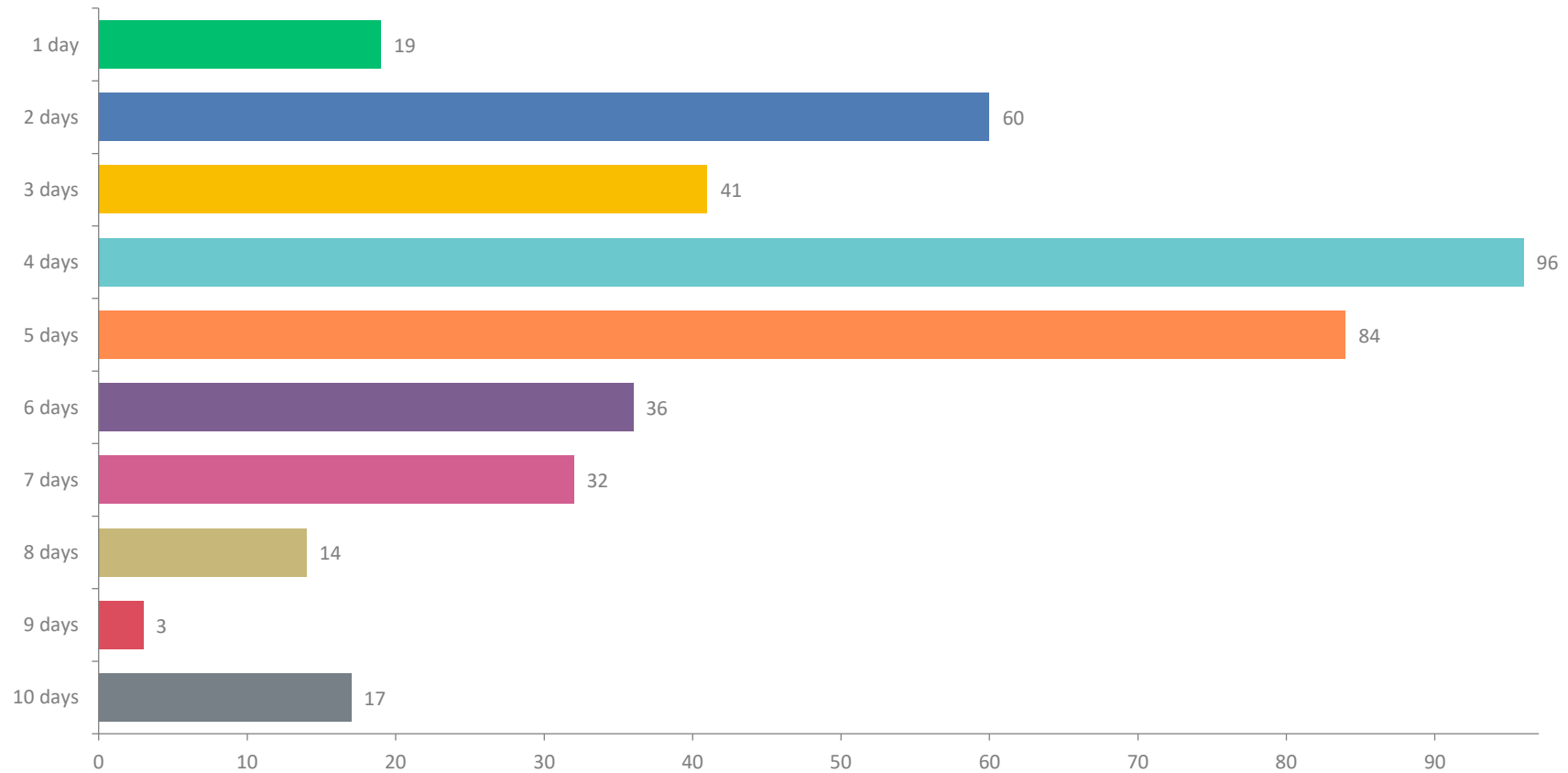
Q20: DOES THE TRAINING PROGRAMME IN INTERNAL MEDICINE INCLUDE ROTATIONS IN THE FOLLOWING MEDICAL SPECIALTIES RELATED TO INTERNAL MEDICINE?

• Answered: 498 Skipped: 21



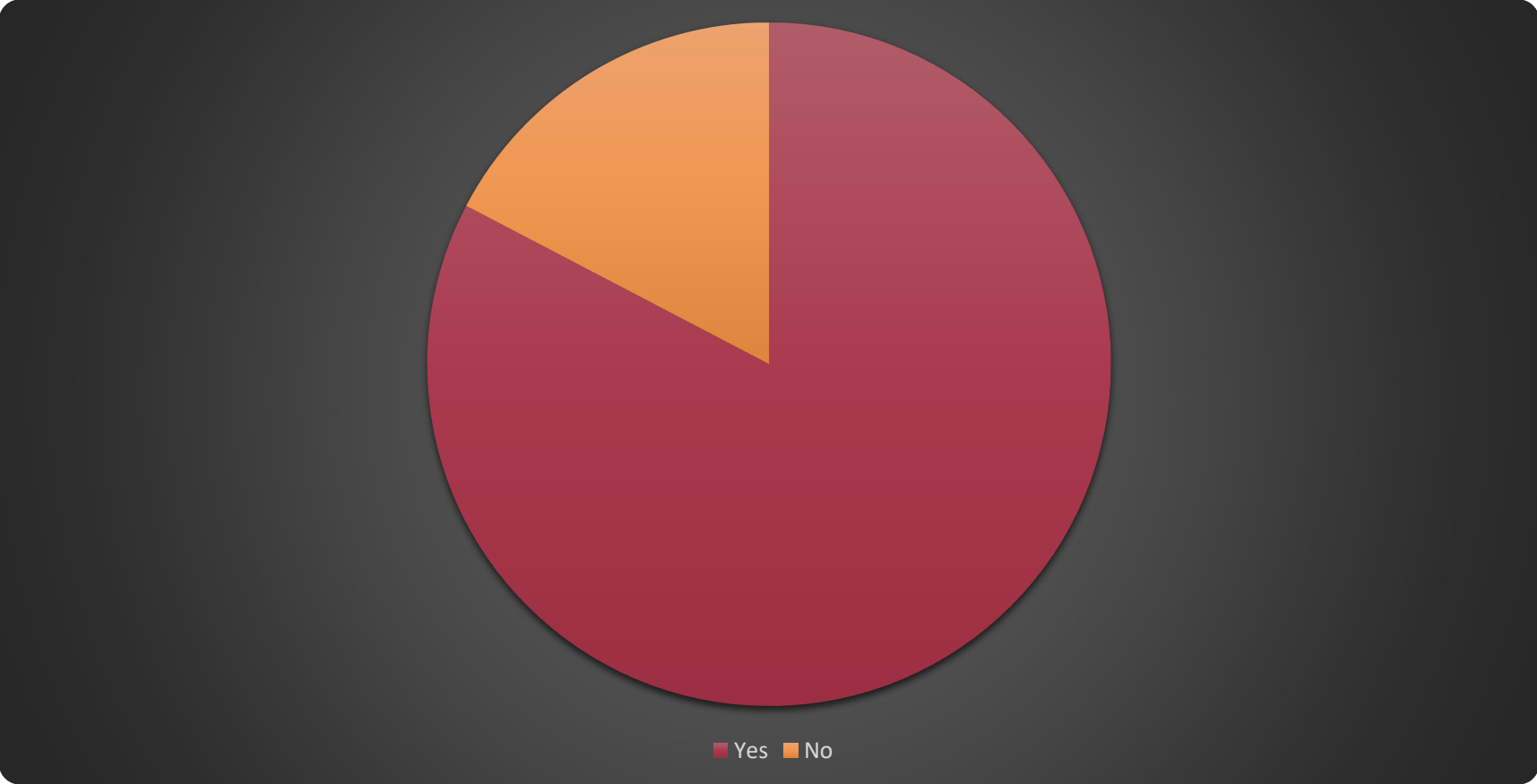
Q31: ON AVERAGE, HOW MANY DAYS PER MONTH DO EMERGENCY ON-CALL DUTIES OCCUR?

• Answered: 402 Skipped: 117



Q38: DO YOU HAVE AN ELECTRONIC MEDICAL HEALTH RECORD SYSTEM IN YOUR PLACE OF WORK?

• Answered: 502 Skipped: 17





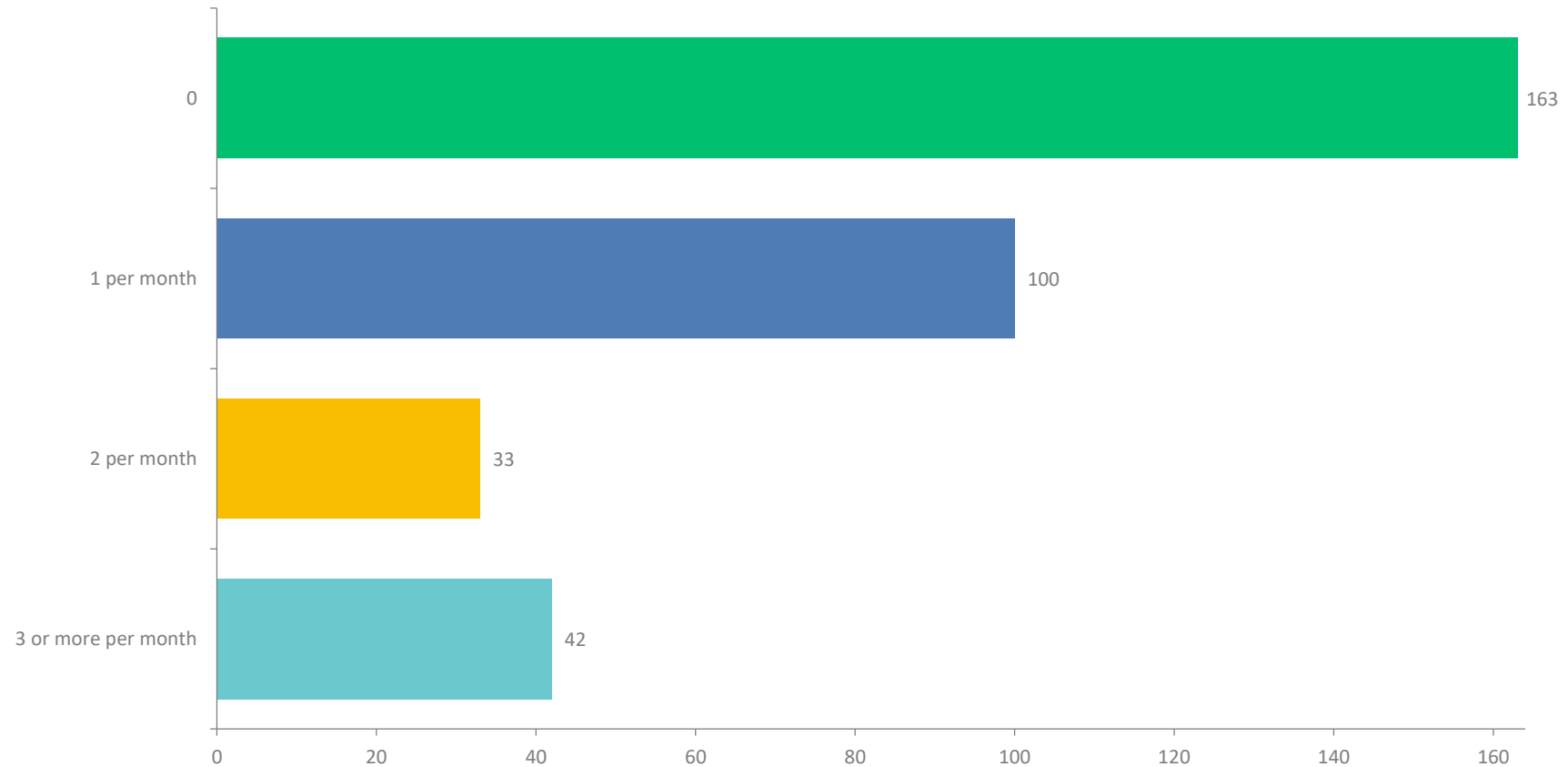
Review

SECTION 2 ORGANISATION OF TRAINING

REVIEW

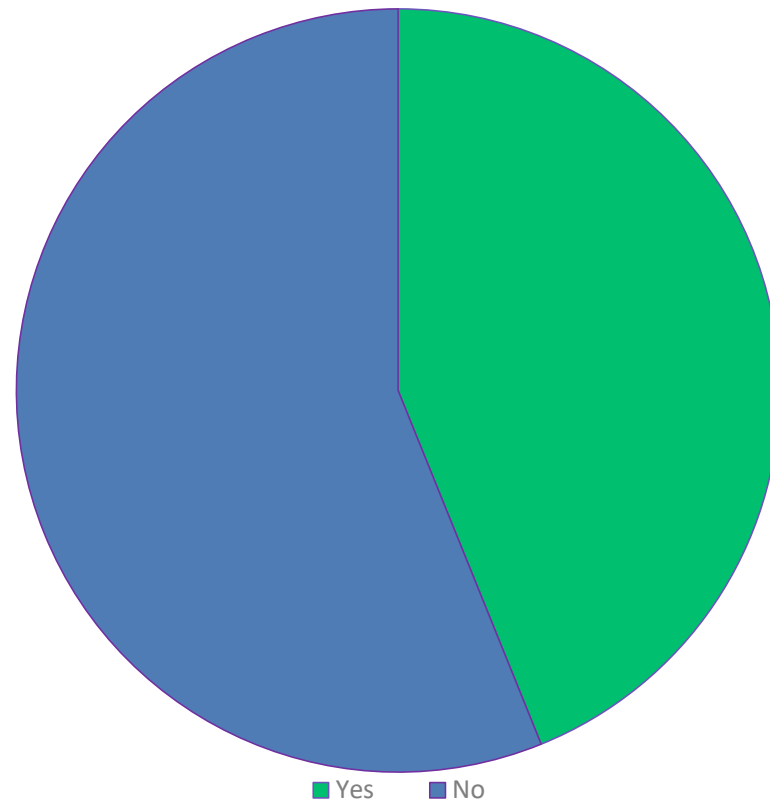
Q39: HOW MANY WORKPLACE BASED ASSESSMENTS MUST BE COMPLETED IN ORDER TO SATISFY YOUR TRAINING REQUIREMENTS?

• Answered: 338 Skipped: 181



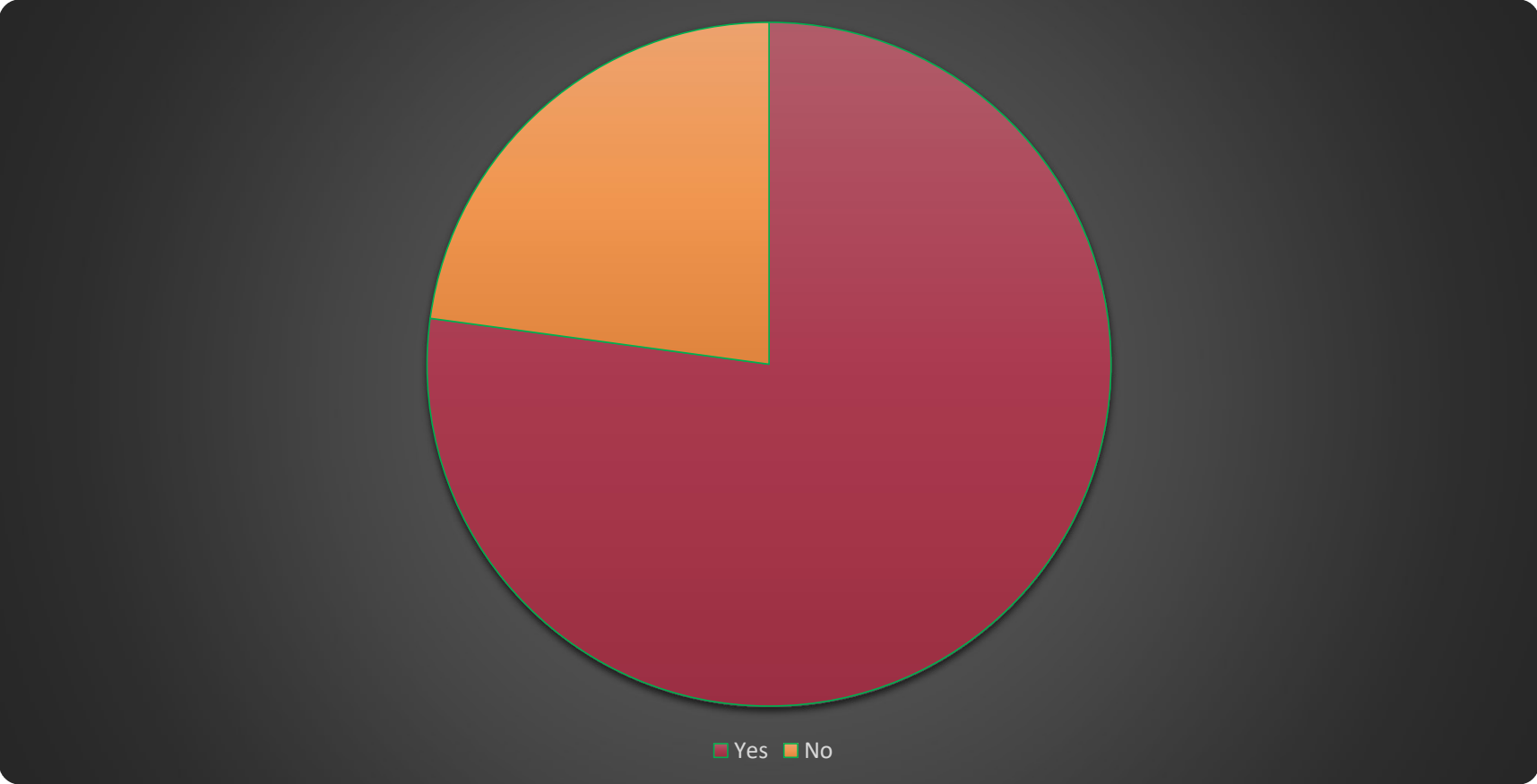
Q41: IN YOUR OPINION, DO YOU RECEIVE SUFFICIENT MEANINGFUL FEEDBACK FROM YOUR SUPERVISOR ABOUT YOUR PERFORMANCE AT WORK?

• Answered: 401 Skipped: 118



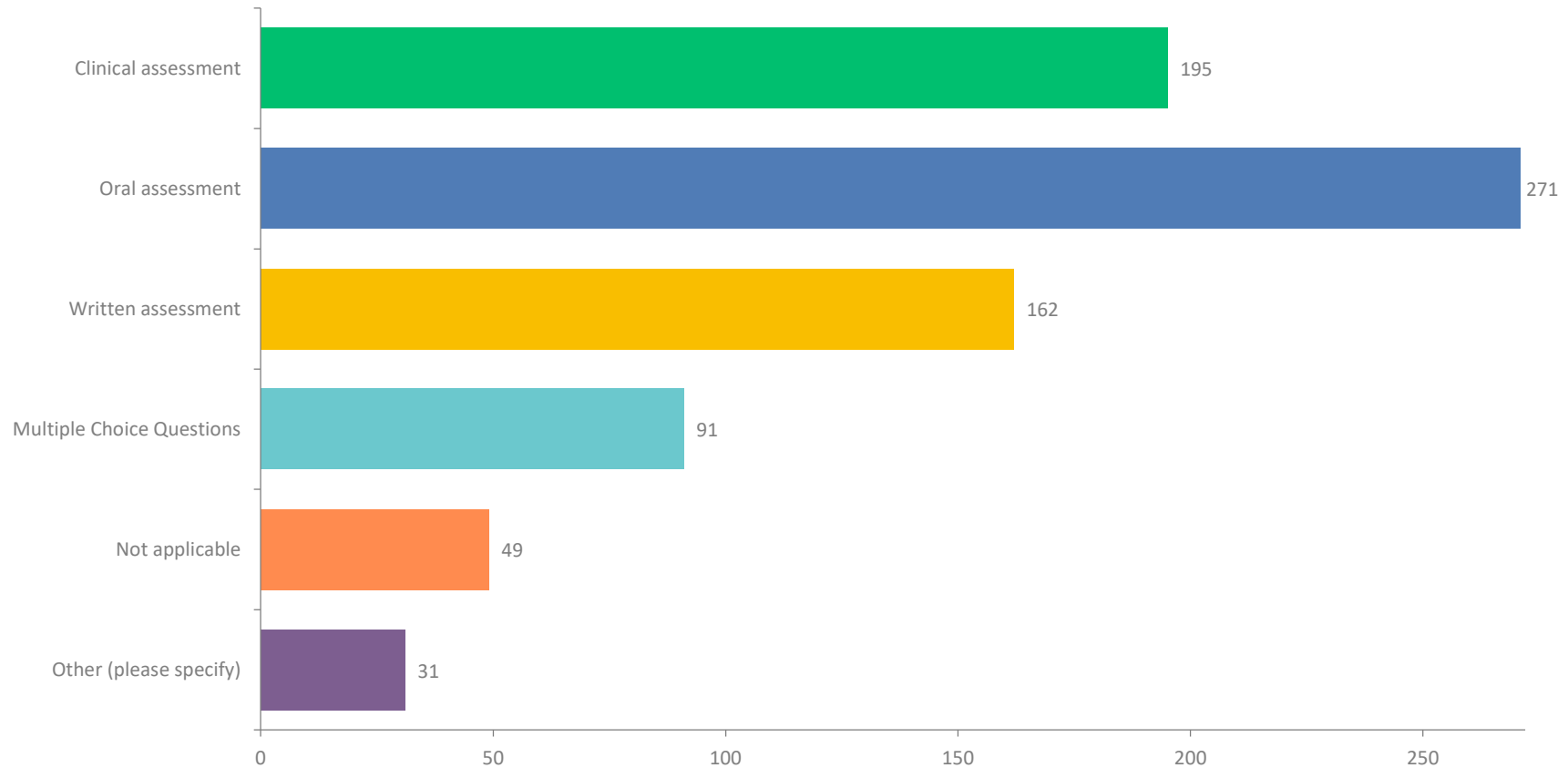
Q44: DO THE TRAINEES IN INTERNAL MEDICINE HAVE TO PASS A FINAL EXAMINATION IN ORDER TO BECOME A CERTIFIED SPECIALIST IN INTERNAL MEDICINE IN YOUR COUNTRY?

• Answered: 407 Skipped: 112



Q40. DOES THE FINAL EXAMINATION'S REQUIREMENTS INCLUDE WRITTEN, ORAL, CLINICAL ASSESSMENT OR OTHER COMPONENTS? (PLEASE TICK ALL THAT APPLY)

• Answered: 369 Skipped: 150





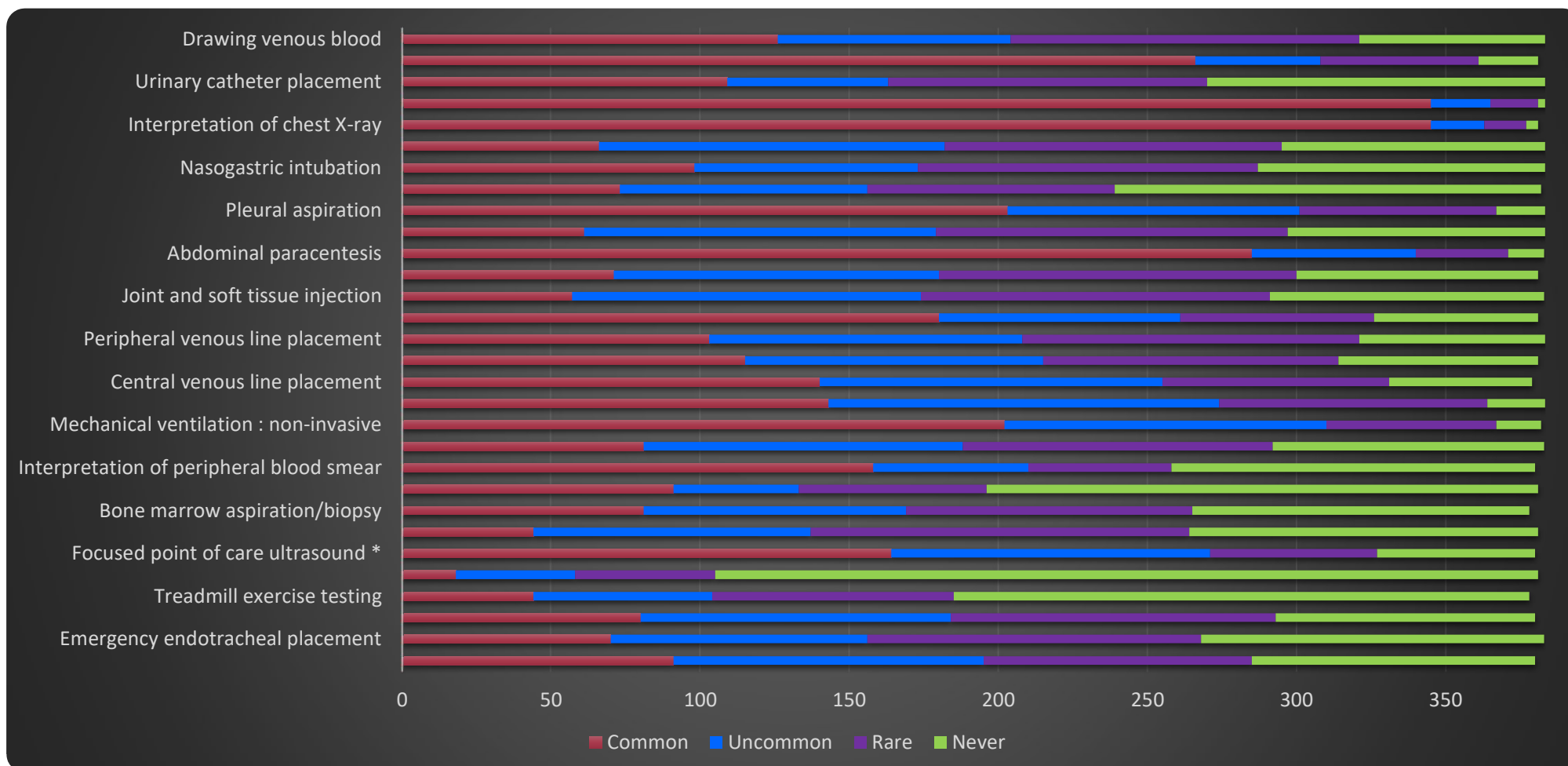
Review

SECTION 3 PROCEDURES

REVIEW

Q54: HOW FREQUENTLY DO TRAINEES IN INTERNAL MEDICINE IN YOUR COUNTRY PERFORM THE FOLLOWING PROCEDURES?

• Answered: 383 Skipped: 136





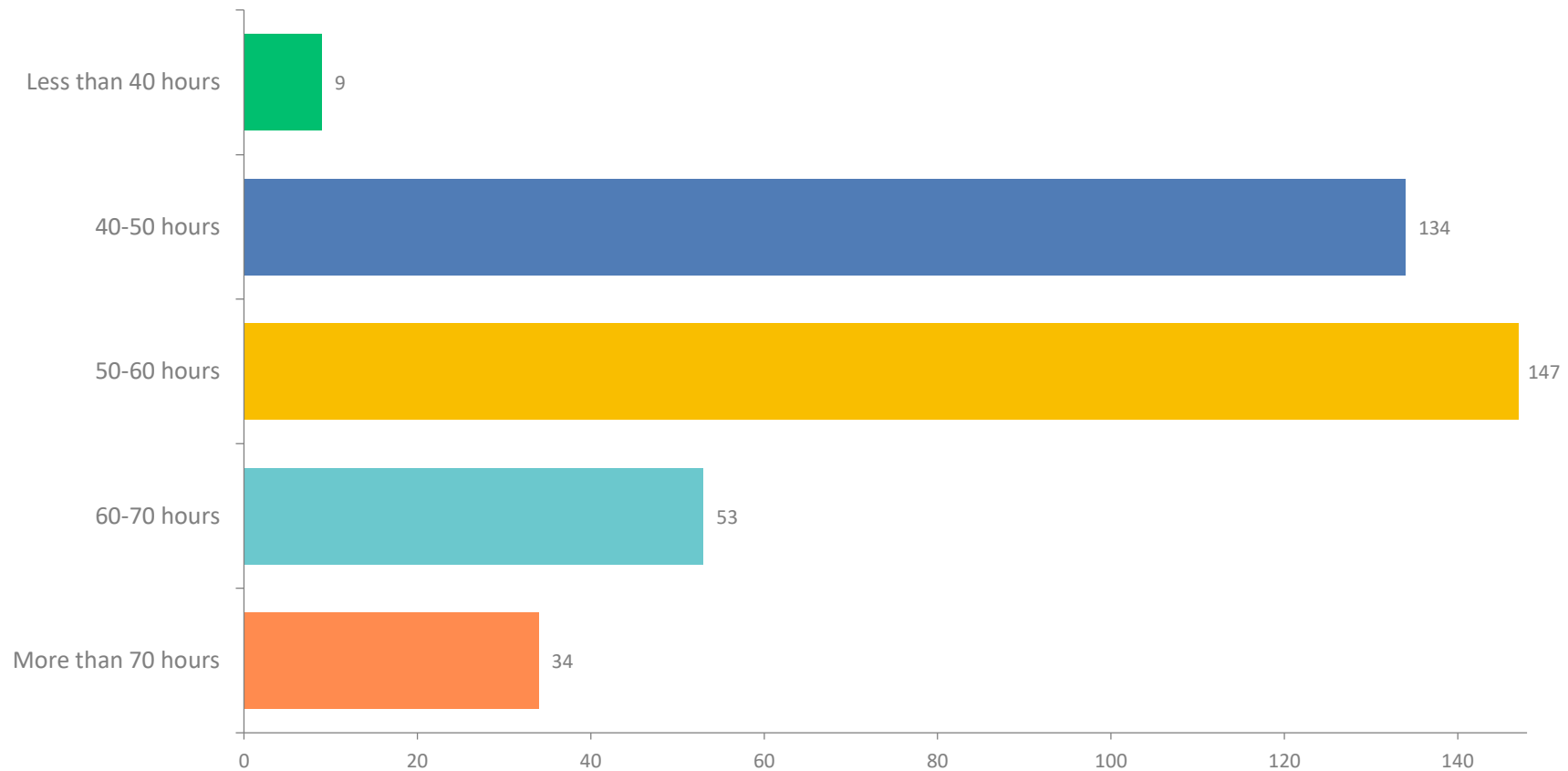
Review

SECTION 4 INTERNAL MEDICINE WORKING CONDITIONS

REVIEW

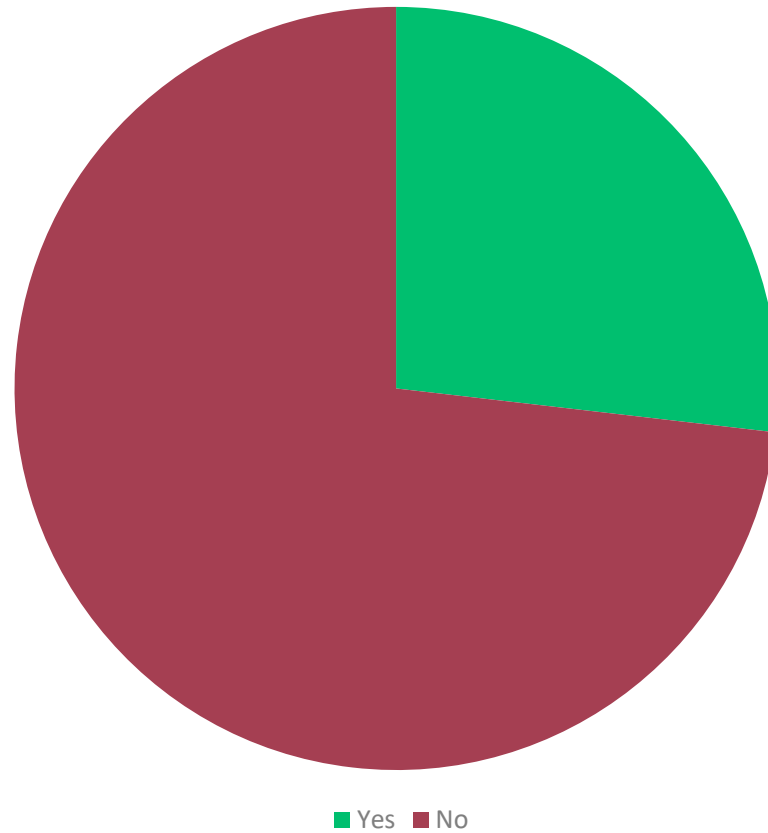
Q55: PLEASE GIVE AN ESTIMATE OF YOUR AVERAGE WEEKLY HOURS SPENT AT WORK.

• Answered: 377 Skipped: 142



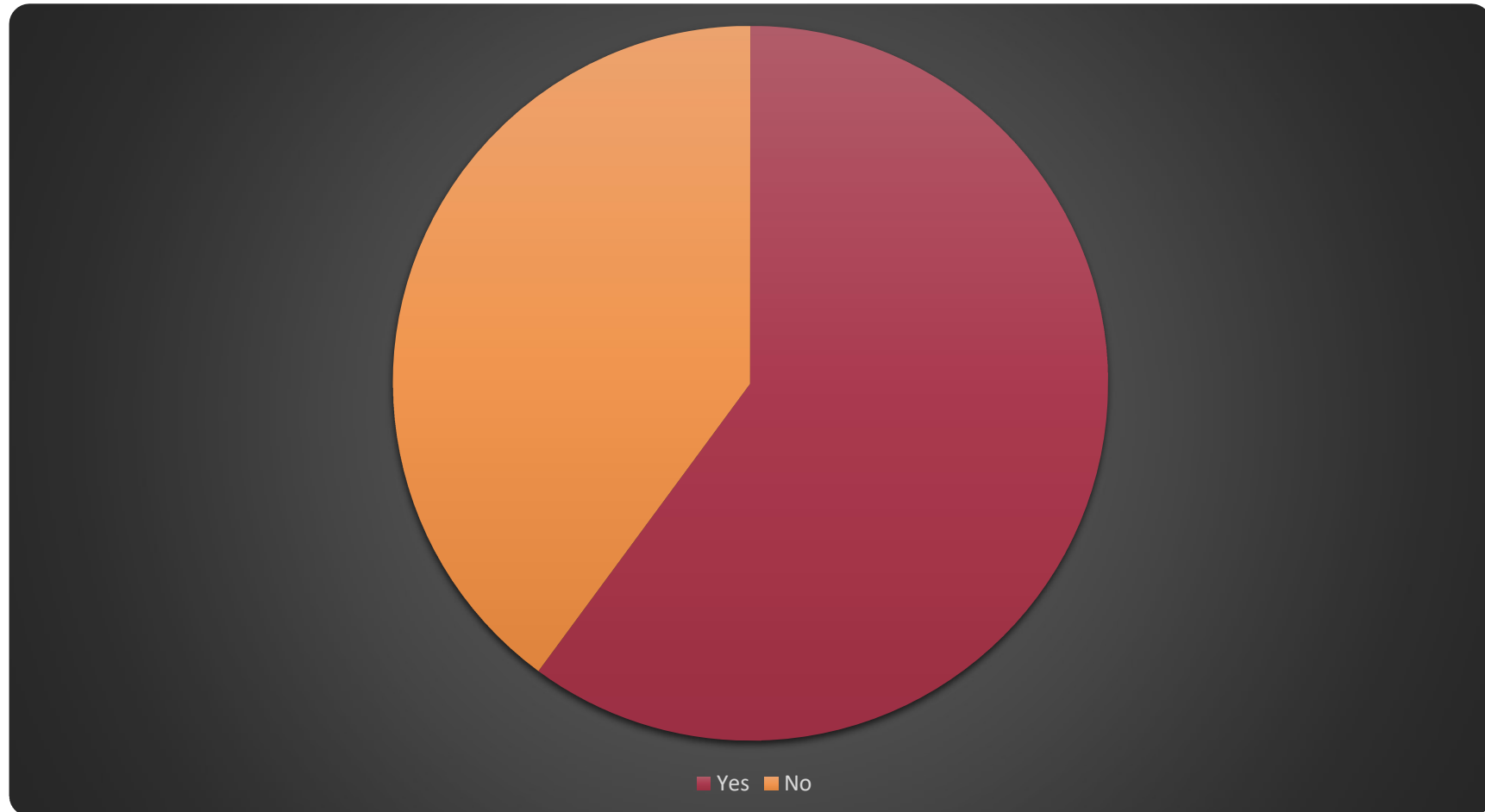
Q57: HAS THE EUROPEAN WORKING TIME DIRECTIVE BEEN IMPLEMENTED IN YOUR HOSPITAL OR CLINIC?

• Answered: 369 Skipped: 150



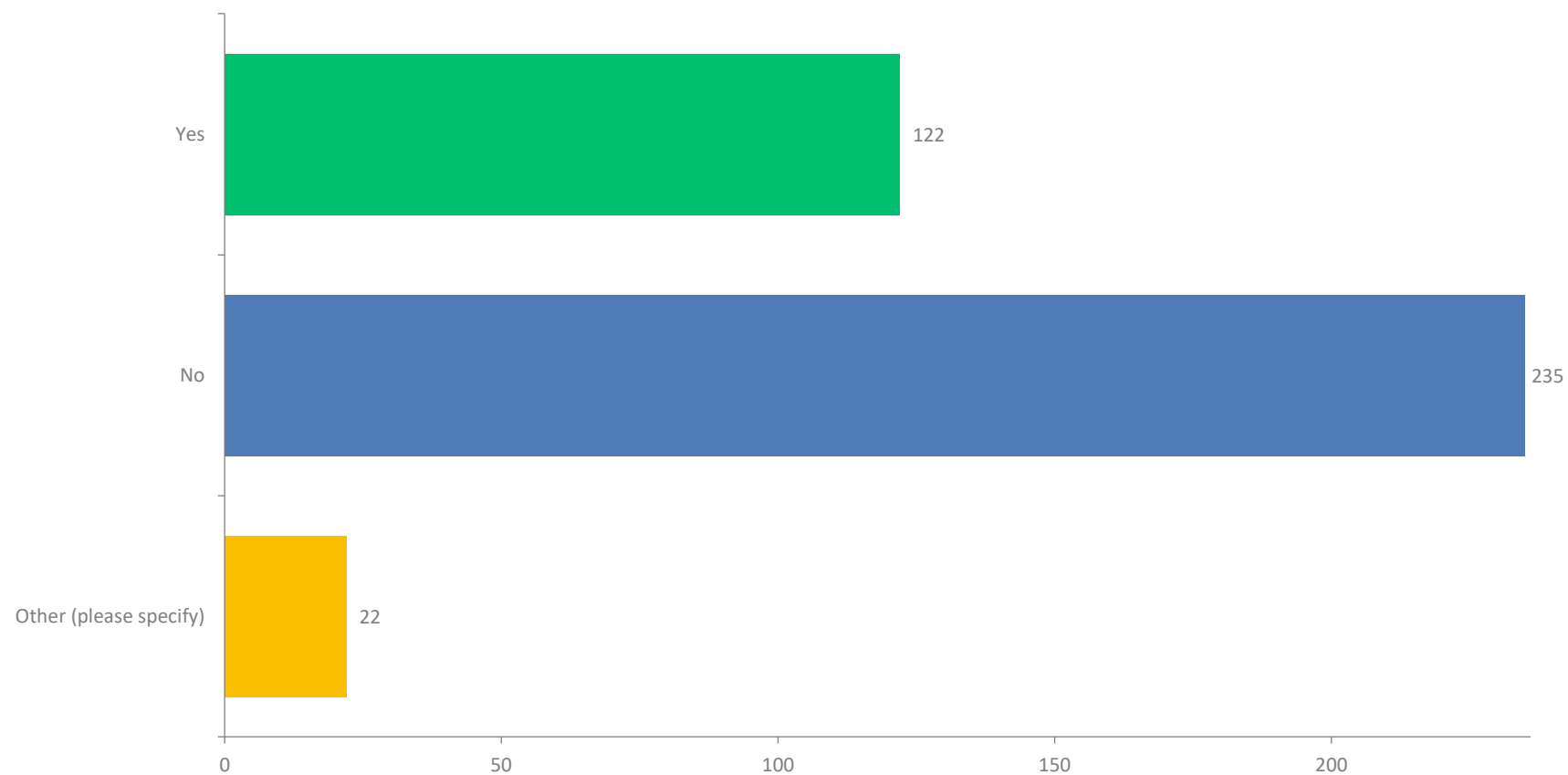
Q62: IS IT OBLIGATORY THAT ALL PATIENTS ADMITTED ARE SEEN BY THE CONSULTANT/SUPERVISING SPECIALIST WITHIN 24 HOURS?

• Answered: 376 Skipped: 143



Q63: IS IT POSSIBLE THAT A PATIENT IS ADMITTED AND DISCHARGED WITHOUT BEING SEEN BY THE CONSULTANT/SUPERVISING SPECIALIST?

• Answered: 379 Skipped: 140





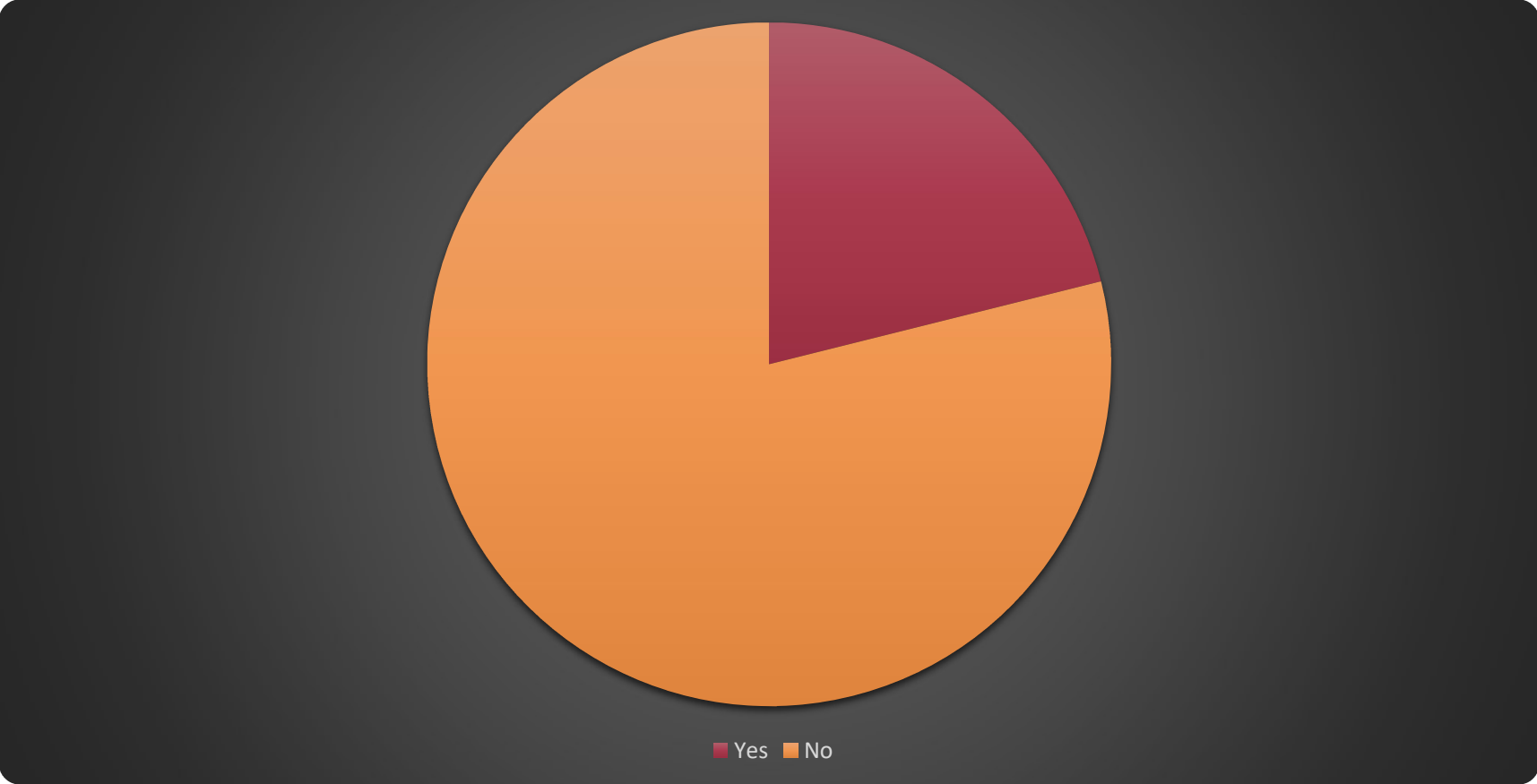
Review

SECTION 5 ASSESSMENT OF TRAINING

REVIEW

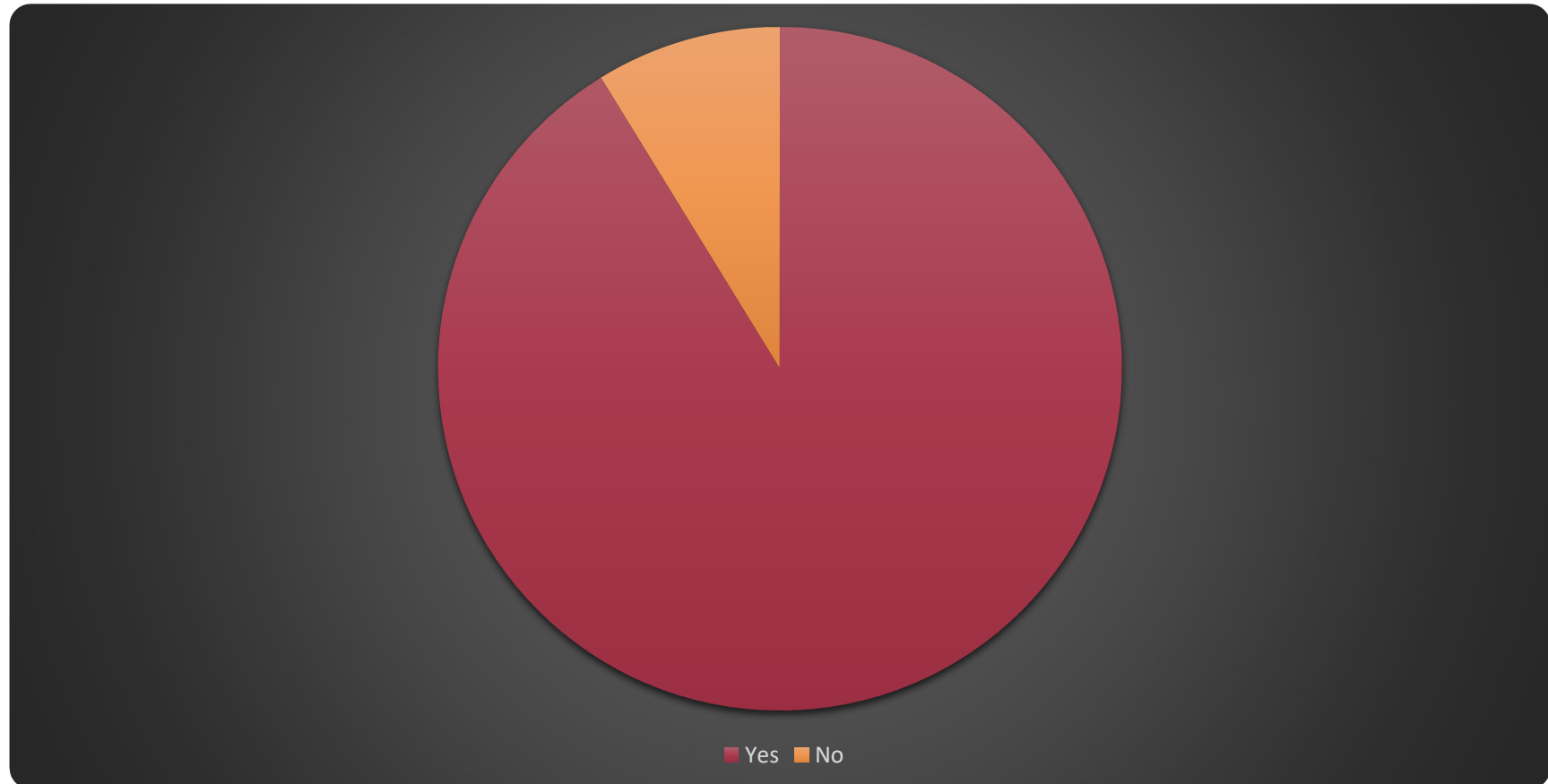
Q64: ARE YOU AWARE OF THE NEW EUROPEAN INTERNAL MEDICINE CURRICULUM?

• Answered: 365 Skipped: 154



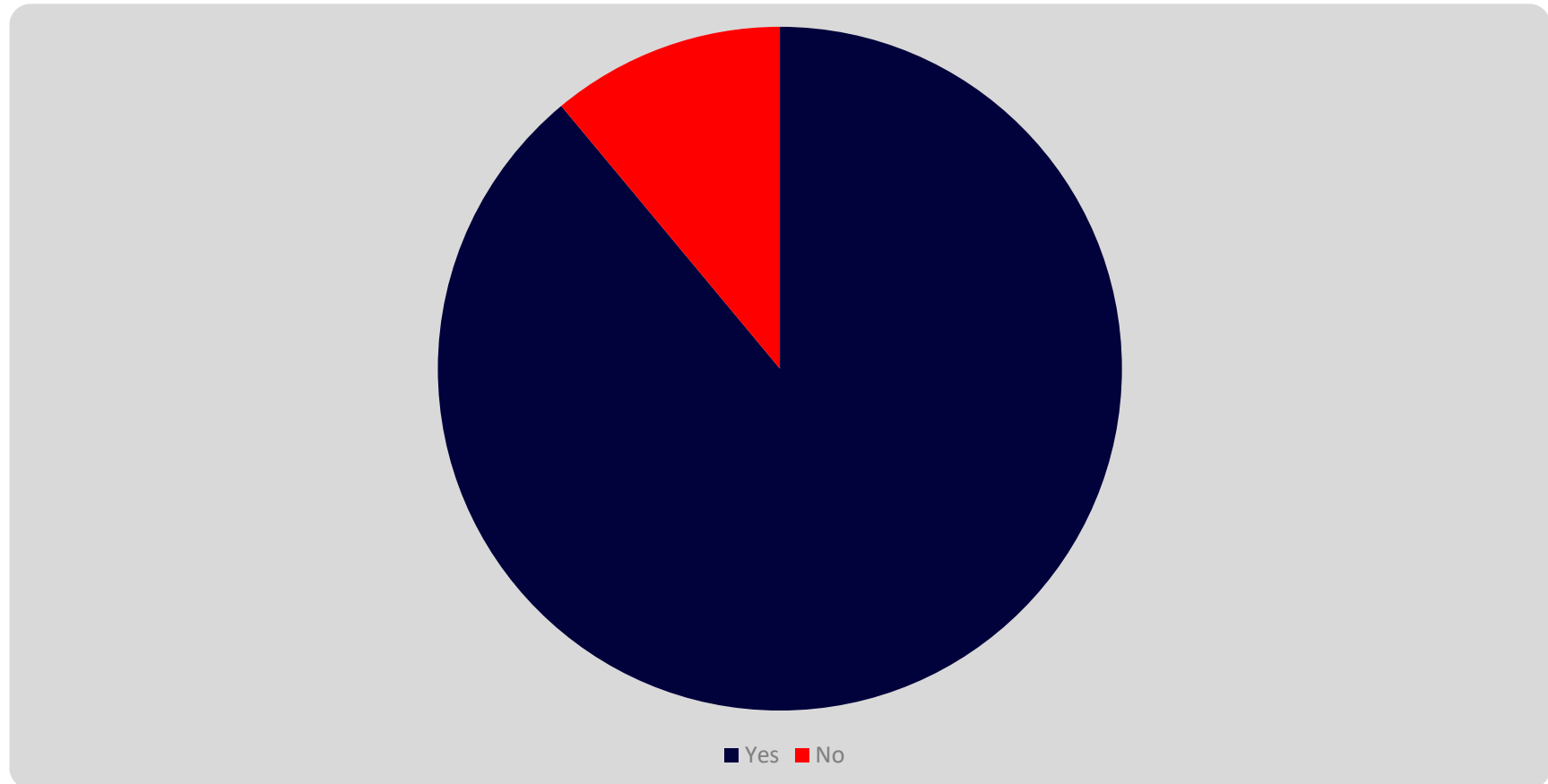
Q70: IS IT IMPORTANT THAT TRAINING CENTRES ARE ACCREDITED AT A EUROPEAN LEVEL?

• Answered: 365 Skipped: 154



Q72: WOULD THE CREATION OF A EUROPEAN DIPLOMA OF INTERNAL MEDICINE EXAMINATION BE USEFUL, IF RECOGNISED BY THE AUTHORITIES IN YOUR COUNTRY?

• Answered: 362 Skipped: 157





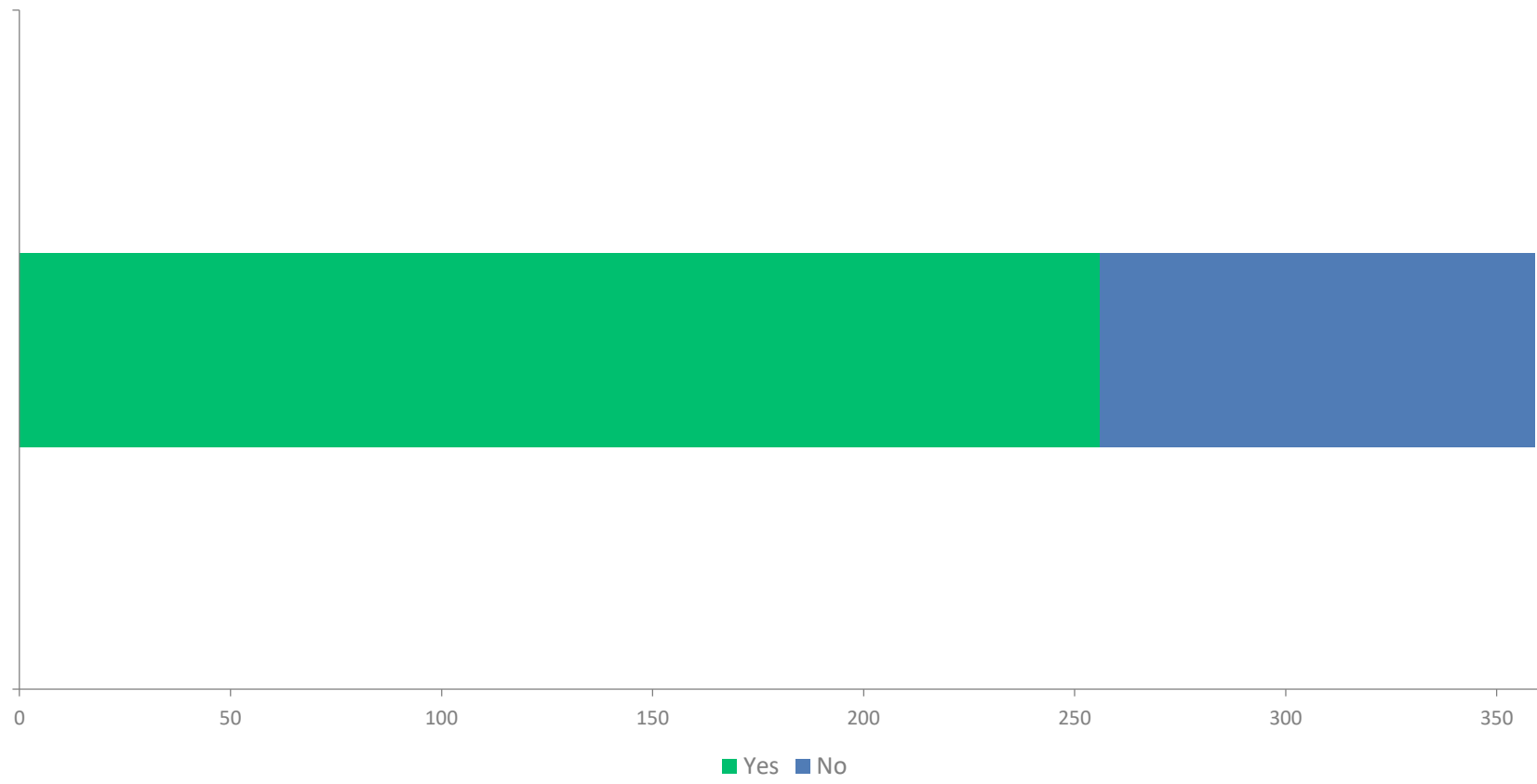
Review

SECTION 6
ATTITUDES TO WORK
AND TRAINING

REVIEW

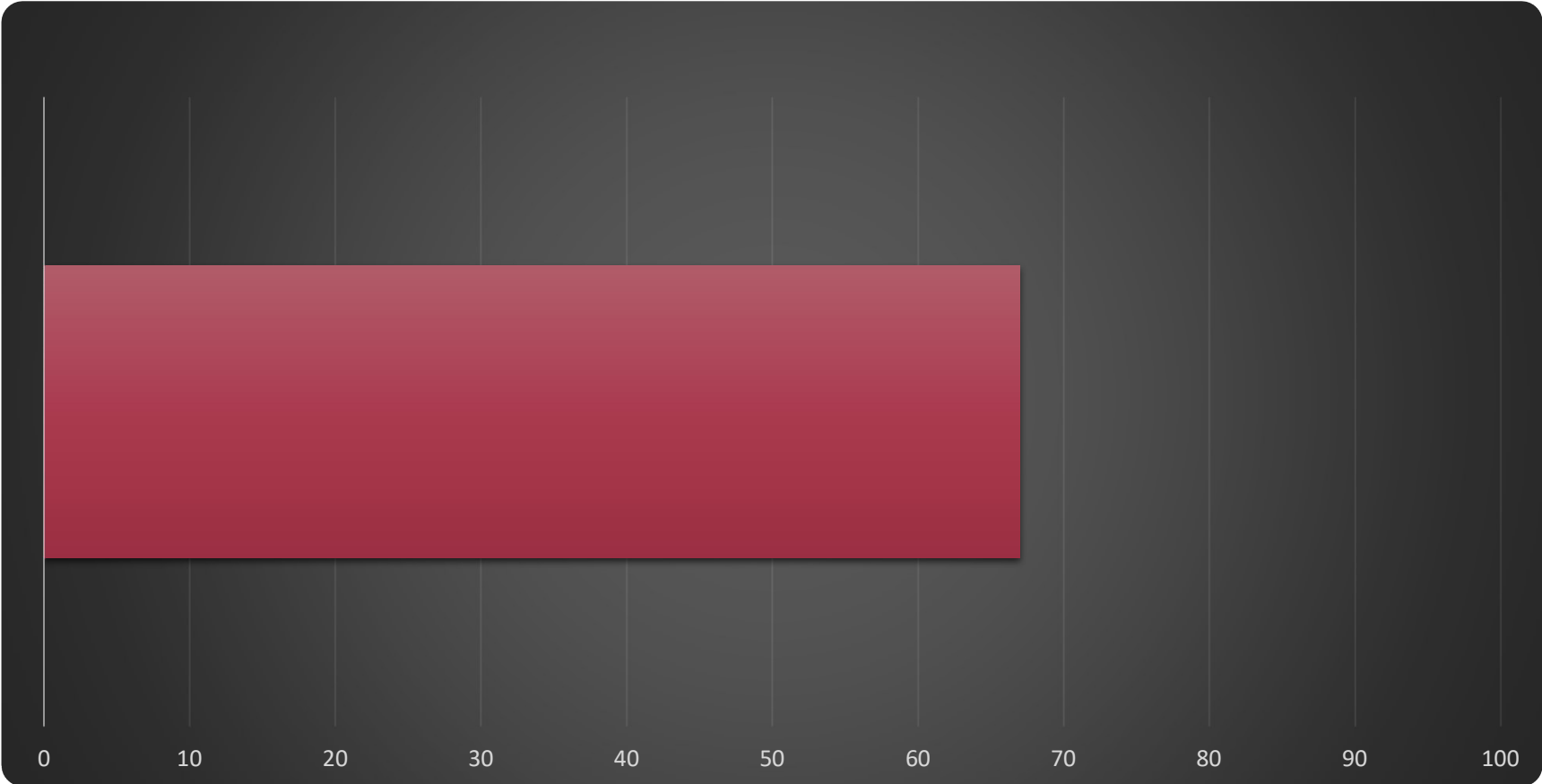
Q79: DOES YOUR CHOICE OF INTERNAL MEDICINE AS A CAREER MEET YOUR EXPECTATIONS?

• Answered: 359 Skipped: 160



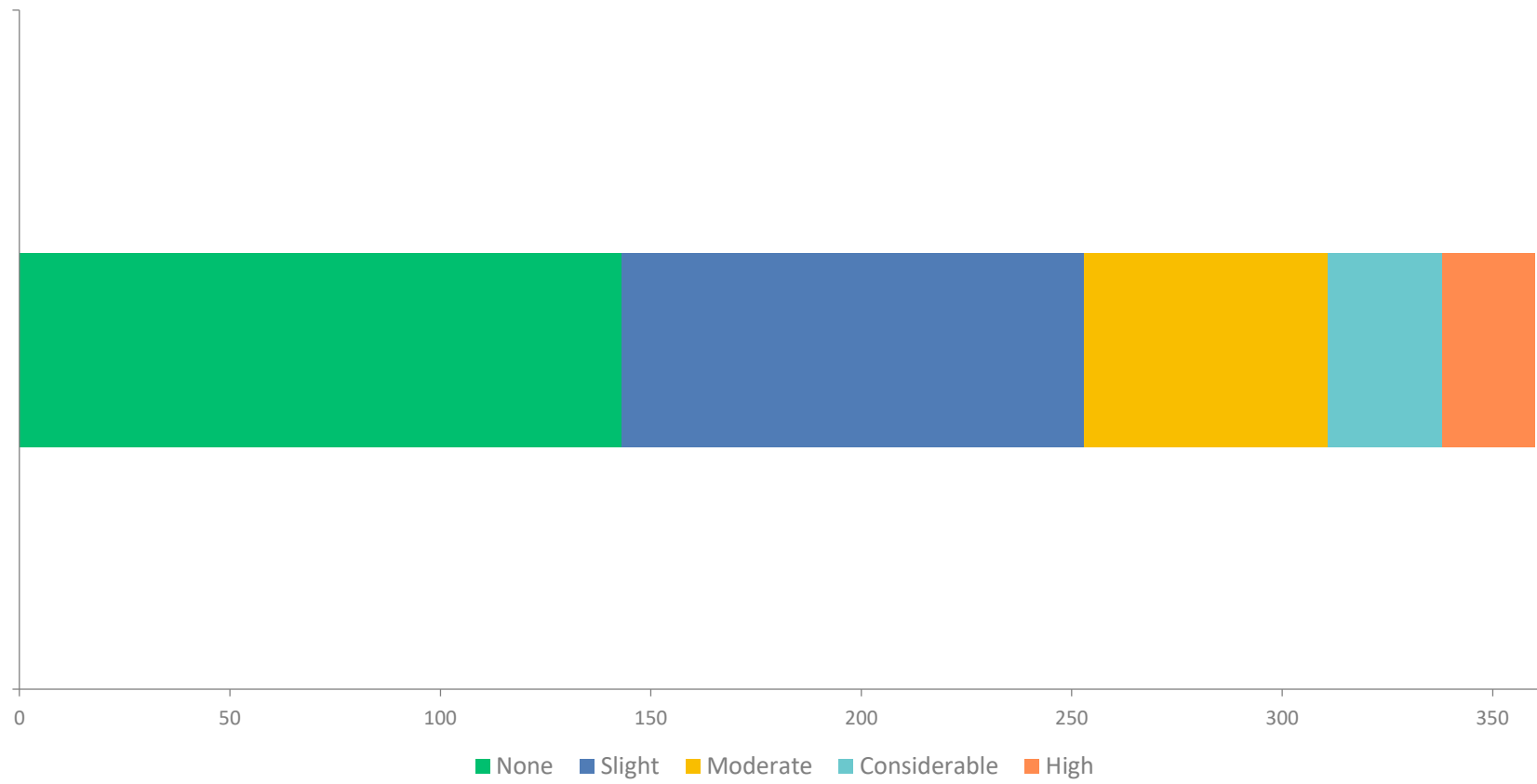
Q83: ARE YOU INTELLECTUALLY STIMULATED IN YOUR ROLE AS A DOCTOR?

• Answered: 362 Skipped: 157



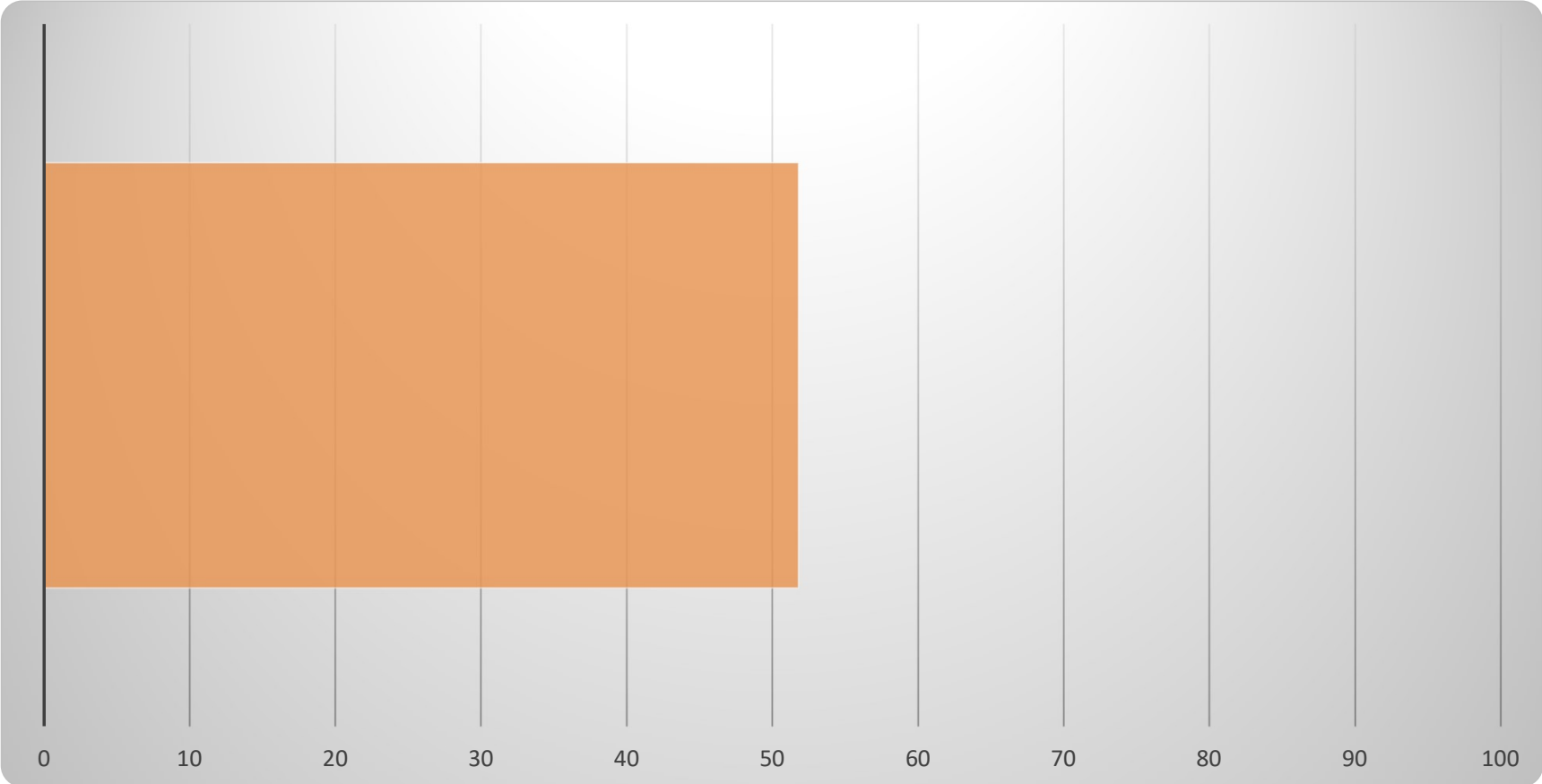
Q99: WHAT IS THE LIKELIHOOD YOU WILL LEAVE YOUR CAREER IN INTERNAL MEDICINE WITHIN FIVE YEARS?

• Answered: 360 Skipped: 159



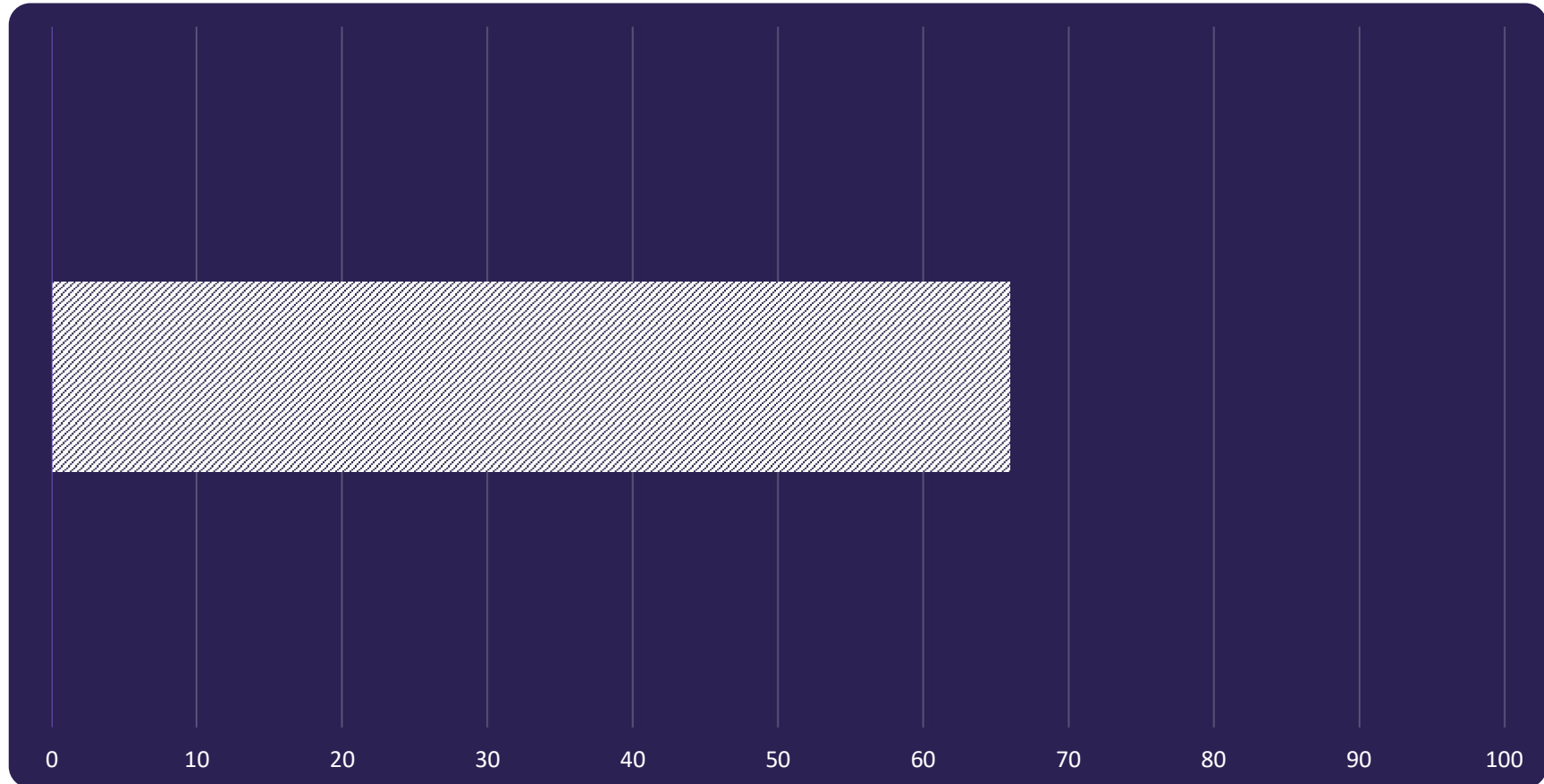
Q80: DO YOU FEEL BURNED OUT? USE THE SLIDE RULE TO RESPOND TO THE QUESTION

• Answered: 357 Skipped: 162



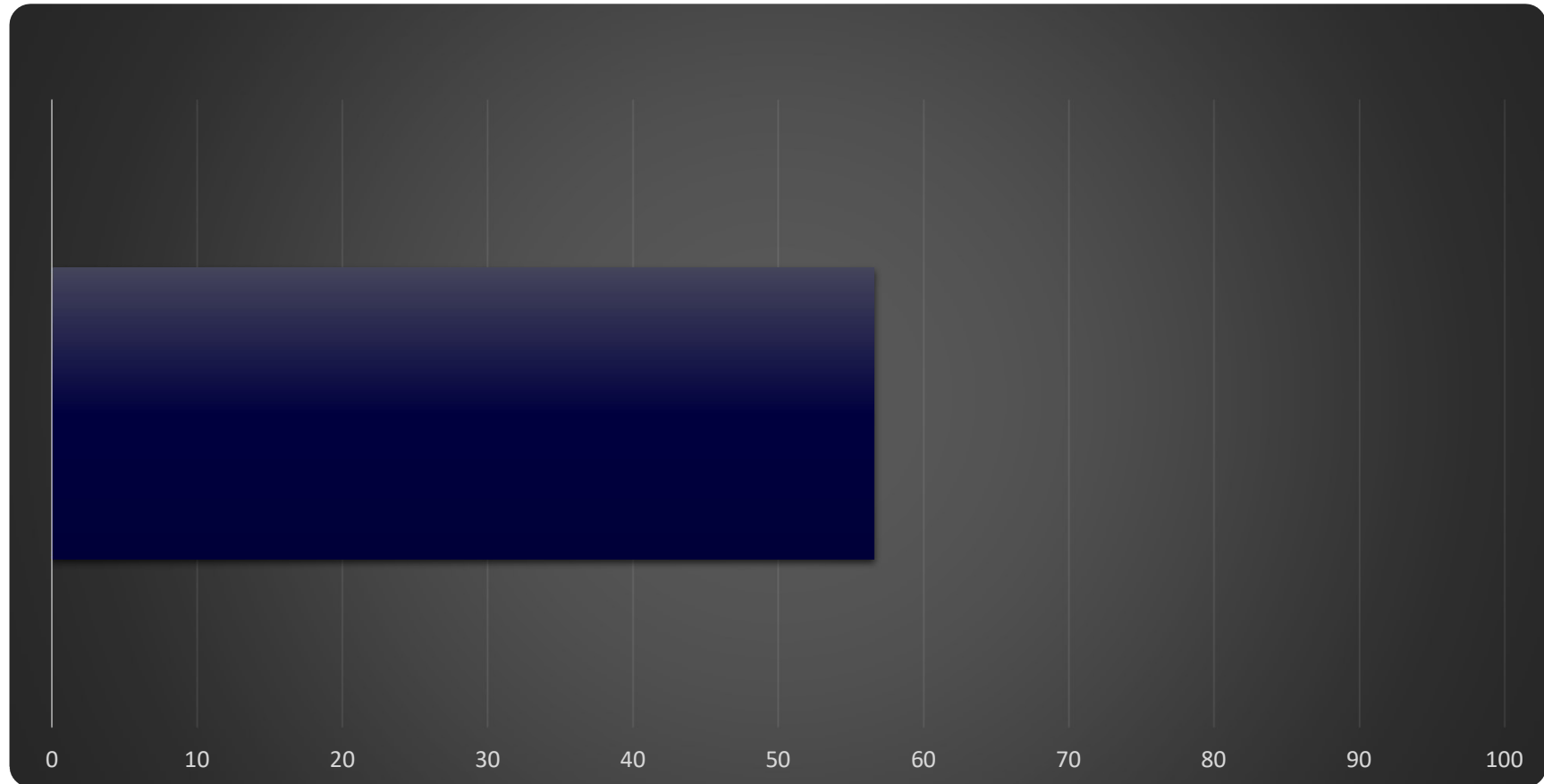
Q81: DO YOU FEEL SUPPORTED BY COLLEAGUES? USE THE SLIDE RULE TO RESPOND TO THE QUESTION

- Answered: 362 Skipped: 157



Q82: DO YOU FEEL VALUED IN YOUR CURRENT ROLE? USE THE SLIDE RULE TO RESPOND TO THE QUESTION

- Answered: 359 Skipped: 160





WHAT'S NEXT

LOOKING AHEAD

THEMES



. Excessive Workload and Burnout

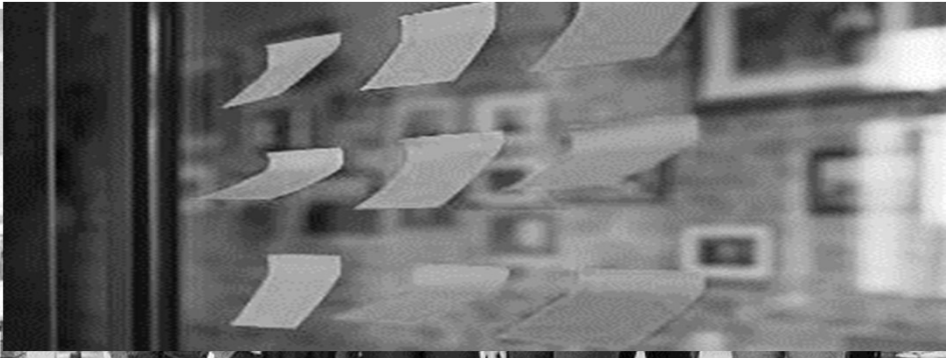
- **73%** of respondents feel their workload is excessive.
- This perception of workload directly correlates with the high burnout rates reported by **52%** of respondents experiencing moderate burnout
- **63%** feeling emotionally exhausted.



Work-Life Balance

- **42%** of respondents report having a satisfactory work-life balance.
- More than half of the professionals struggle to manage their personal and professional responsibilities effectively.
- This is compounded by the demanding work hours (often exceeding **48-60** hours per week)

THEMES



. Procedural Competency Gaps

- .While **72%** of respondents reported they could independently perform basic procedures like drawing venous blood
- More advanced procedures such as mechanical ventilation were much less commonly performed independently.
- Many trainees still perform these advanced tasks under supervision, suggesting a gap in hands-on training opportunities.



Support from Colleagues

- **66%** of respondents feel supported by their colleagues, indicating a healthy workplace culture in many institutions.
- Peer support is crucial, especially in high-stress environments like hospitals, as it fosters collaboration, reduces feelings of isolation, and provides an emotional outlet for professionals.
- However, only **57%** felt valued in their roles, suggesting that recognition and appreciation from management may be lacking

THEMES



Night Shifts and Supervision

- Many respondents reported that during night shifts, they were often the most senior doctor on duty.
- This responsibility can increase stress, as night shifts often require quick decision-making in acute situations.
- Despite this, **87%** of hospitals ensure that a consultant sees patients within 24 hours, providing some level of support



Future Career Intentions

- **33%** of respondents are considering leaving the profession within the next five years. This trend is concerning, as it indicates that the high stress, burnout, and workload are pushing professionals to rethink their careers.
- Given the importance of internal medicine in healthcare systems, any significant loss of professionals could create shortages and further strain existing staff.



RECOMMENDATIONS

- **Address Workload and Burnout:** Implement workload distribution strategies and offer mental health support services to reduce burnout.
- **Promote Work-Life Balance:** Flexible working hours and stress management programs could improve personal well-being and satisfaction.
- **Enhance Procedural Training:** Increase hands-on training opportunities for advanced procedures, with more supervision and structured feedback





RECOMMENDATIONS

- **Improve Recognition and Support:** Create programs to ensure staff feel valued and supported by management, in addition to peer support.
- **Enforce Work Hour Monitoring:** Stricter monitoring of working hours is needed to ensure compliance with the European Working Time Directive and reduce burnout.



THANK YOU



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ANY QUESTIONS?