

## EFIM Academy Reports 2025-Q1 Feb 28, 2025



#### Content

- Editorial team
- Platform content and the modules
- EFIM Academy users
- EFIM Academy newsletter
- Sending invitation e-mails
- Sponsors & support
- Future





#### Editorial team



**Editorial** 



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FEFIM

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**Email Mine** 

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**Associate Editor** 

### Dr. Janaka Karalliedde, MBBS FRCP FHEA PhD

King's College London Faculty of Life Sciences & Medicine, the School of Cardiovascular Medicine & Sciences

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## Platform Content & Modules

Interactive e-learning modules, courses, webinar recordings & podcasts "Home of Medicine"





### Platform content

- Interactive e-learning modules
- Webinars
- Congress presentations
- Courses
- One minute learning
- Podcasts





Course Name	Enrolled	Not Started	In Progress	Completed
Acute decompensated heart failure	73	58	8	5
Acute respiratory infections, frailty and sarcopenia	19	7	7	4
Approach to patients with arthritis	56	12	10	34
A rheumatoid arthritis case	20	12	2	6
Axial spondyloarthritis	33	18	12	3
Common infections in illicit drug users	11	6	3	2
Diagnostic and therapeutic approach in patients with hyponatremia	62	34	16	12
Drug treatment algorithm for essential hypertension	67	19	26	19
Early onset severe degenerative arthritis	23	14	2	7
Fatty acid oxidation disorders	25	20	2	3
How to optimize observational studies to provide high quality real world data?	52	39	8	5
Hypercalcemia and a breast mass	16	3	6	4
Hypertension in pregnancy	49	21	17	10
Inflammatory myo pathies	35	17	7	11
Influenza in patients with diabetes	100	36	4	60
Influenza: cardiovascular complications & vaccination	168	79	6	83
Low-energy fractures	12	6	2	4
Management of a COVID-19 patient with long term pulmonary sequela	32	25	4	3
Management of a patient with brain fog and depression	54	30	11	13
Management of a patient with massive pulmonary embolism	63	22	20	13

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Course Name	Enrolled	Not Started	In Progress	Completed
Nausea and vomiting from gender perspective	18	12	1	5
Nausea and vomiting in patients with cancer	17	10	3	3
Polypharmacy by multimorbidity WG	22	15	4	2
Rare causes of acute pancreatitis in adults – CME Accredited	41	19	7	14
Recurrent abdominal pain	58	37	6	14
Rheumatoid arthritis	46	26	9	11
Undiagnosed chronic diarrhea and abdominal pain	66	48	7	11
Vaccination of adults with diabetes mellitus	30	25	4	1





## Webinars & Congress presentations

Webinars	Enrolled	Not Started	In Progress	Completed
Atrial fibrillation guideline 2020	65	61	-	4
Bone health and calcium homeostasis in malignancy	15	14	-	1
Cardiovascular disease and depression	11	9	-	2
Community acquired pneumonia -An EFIM guidelines critical appraisal adaptation for internists	49	38	-	11
Coordination of care	21	7	10	4
COVID-19: What we have learned	31	28	-	3
Diabetes and chronic kidney disease in elderly patients with multimorbidity - How to treat the patients safely?	48	47	-	1
Guideline: appraisal and adaptation for internists on pulmonary embolism	20	7	11	2
ME'NA-ISN webinar on influenza and multimorbidity	8	8	-	-
Pulmonary hypertension. Primer for the internist	20	15	-	5

Congress presentations	Enrolled	Not Started	In Progress	Completed
EFIM 2024 WEBINAR: Challenges and updates in dyslipidemia	3	2		1
EFIM 2024 WEBINAR: The frail patient	1	1		



### Courses



Course Name	Enrolled	Not Started	In Progress	Completed
BASIC CLINICAL ULTRASOUND – CME Accredited	344	235	69	39

Course Name	Enrolled	Not Started	In Progress	Completed
MANAGEMENT OF MULTIMORBIDITY				
Geriatric and prognostic assessment in patients with multimorbidity	15	4	3	8
Personalised care in patients with multimorbidity	12	5	4	3
Special aspects of multimorbidity	7	6	-	1

Course Name	Enrolled	Not Started	In Progress	Completed
COVID-19 COURSE				
The current situation of the pandemic and new patient profiles	23	19	2	2
SARS-CoV-2: virus characteristics, mutations, and impacts on the efficacy of the therapeutic arsenal	19	16	1	2
Update of guidelines for the management of patients with COVID-19	43	37	-	6
Role of antivirals in the treatment of COVID-19	19	19	-	-
Pharmacist's role in managing current COVID-19 patients	5	5	-	-
Primary care-led management of patients with COVID-19	19	19	-	-

Course Name	Enrolled	Not Started	In Progress	Completed
DIABETES MELLITUS COURSE				
Types of diabetes - Getting the diagnosis right	20	8	6	6
Management of newly diagnosed type 2 Diabetes Mellitus	18	9	8	-
Management of established type 2 Diabetes Mellitus	8	6	1	1
Management of acute complications of diabetes - Diabetic ketoacidosis	4	4	-	-
Management of acute complications of diabetes - Hyperosmolar hyperglycemic state (HHS) and hypoglycemia	8	5	1	1
Management of the person with established type 2 diabetes mellitus and cardio-renal complications	11	9	2	-
Management of type 1 diabetes	1	1	-	-













## One-minute learning

Course Name	Туре	Enrolled
Tuberculosis	One Minute Learning	121
Erdafitinib-induced keratopathy and retinopathy	One Minute Learning	7
Anti-LGI1 encephalitis	One Minute Learning	22







#### Released modules

- 2023 1<sup>st</sup> quarter: 6 modules
- 2023 2<sup>nd</sup> quarter: 5 modules
- 2023 3<sup>rd</sup> quarter: 3 modules
- 2023 4<sup>th</sup> quarter: 6 modules
- 2024 1st quarter: 3 modules (January and February)
- 2024 2<sup>nd</sup> quarter: 5 modules (March May)
- 2024 3<sup>rd</sup> quarter: 6 modules (June September)
- 2024 4<sup>th</sup> quarter: 7 modules (October December)
- 2025 1st quarter: 5 modules (January and February)



# CME accredited courses & e-learning modules



- The basic clinical ultrasound course
  - Chapter 1-5 (2.5 ECMEC®)
  - Chapter 6-8 (2.5 ECMEC®)





• Rare causes of acute pancreatitis in adults (1 ECMEC®)



## Released podcasts – 2021 & 2022





71,127 downloads

Date	Episodes	Duration (min)	Download (n)
Oct 12, 2022	Influenza	34:56	3,464
Oct 10, 2022	Chest pain - Part 2	40:00	3,820
Sep 26, 2022	Genital Rash	51:27	3,275
Sep 12, 2022	Back pain	44:14	3,729
Jul 12, 2022	Paralysis	40:43	4,402
Jun 23, 2022	In Conversation with Professor Andrew Elder; Is bedside teaching still relevant?	38:35	2,844
May 23, 2022	Abdominal Pain	26:18	4,570
May 16, 2022	BONUS EPISODE; Fatigue	49:33	3,582
May 10, 2022	Rash	38:52	3,844
Apr 21, 2022	Seizure	40:06	3,949
Apr 8, 2022	BONUS EPISODE; What is Longevity Medicine?	32:59	2,750
Mar 30, 2022	Chest pain - Part 1	27:15	3,931
Mar 15, 2022	Shortness of breath	54:51	5,038
Feb 28, 2022	Aggressive Behaviour	32:52	3,838
Jan 9, 2022	Delirium	29:28	4,292
Jan 9, 2022	The Abnormal Full Blood Count	37:55	4,628
Nov 30, 2021	Fever	40:52	4,427
Nov 30, 2021	Headache	38:23	4,744







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No. Inches	www.efim.org



48,205 downloads

Dec 15, 2023       The night shift before Christmas       48:25       3,070         Dec 1, 2023       An unexpected blood result       42:18       3,230         Nov 7, 2023       Overwhelmed in ED       37:14       3,252         Oct 6, 2023       Chest pain; a missed opportunity       32:28       3,781         Sep 22, 2023       Palpitations       35:07       3,674         Jul 17, 2023       To admit or not to admit!       34:17       3,729         Jun 12, 2023       Obesity - Bonus Episode       30:38       3,100         Jun 6, 2023       Chest pain and leg weakness       32:30       3,516         May 4, 2023       Hypertension       28:00       3,931         Mar 8, 2023       Overdose       20:43       3,535         Feb 24, 2023       Shortness of breath - 2       26:44       3,424         Feb 9, 2023       Collapse       29:37       3,608				
Dec 1, 2023       An unexpected blood result       42:18       3,230         Nov 7, 2023       Overwhelmed in ED       37:14       3,252         Oct 6, 2023       Chest pain; a missed opportunity       32:28       3,781         Sep 22, 2023       Palpitations       35:07       3,674         Jul 17, 2023       To admit or not to admit!       34:17       3,729         Jun 12, 2023       Obesity - Bonus Episode       30:38       3,100         Jun 6, 2023       Chest pain and leg weakness       32:30       3,516         May 4, 2023       Hypertension       28:00       3,931         Mar 8, 2023       Overdose       20:43       3,535         Feb 24, 2023       Shortness of breath - 2       26:44       3,424         Feb 9, 2023       Collapse       29:37       3,608	Date	Episode	Duration (min)	Download (n)
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May 4, 2023       Hypertension       28:00       3,931         Mar 8, 2023       Overdose       20:43       3,535         Feb 24, 2023       Shortness of breath - 2       26:44       3,424         Feb 9, 2023       Collapse       29:37       3,608	Jun 12, 2023	Obesity - Bonus Episode	30:38	3,100
Mar 8, 2023       Overdose       20:43       3,535         Feb 24, 2023       Shortness of breath - 2       26:44       3,424         Feb 9, 2023       Collapse       29:37       3,608	Jun 6, 2023	Chest pain and leg weakness	32:30	3,516
Feb 24, 2023       Shortness of breath - 2       26:44       3,424         Feb 9, 2023       Collapse       29:37       3,608	May 4, 2023	Hypertension	28:00	3,931
Feb 9, 2023 Collapse 29:37 3,608	Mar 8, 2023	Overdose	20:43	3,535
	Feb 24, 2023	Shortness of breath - 2	26:44	3,424
Jan 27, 2023 Ask a microbiologist 30:26 2,989	Feb 9, 2023	Collapse	29:37	3,608
	Jan 27, 2023	Ask a microbiologist	30:26	2,989
Jan 12, 2023         Diarrhoea         29:50         3,366	Jan 12, 2023	Diarrhoea	29:50	3,366



## Released podcasts – 2024

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58,765 downloads

Date	Episode	Duration (min)	Download (n)
November 25, 2024	Hyponatraemia	44:17	3,025
October 28, 2024	Seizures	34:05	2,754
October 11, 2024	Headache	36:52	2,794
September 17, 2024	Lethargy	28:38	2,674
September 2, 2024	Shortness of Breath - 3	26:43	2,718
August 9, 2024	Facial Numbness	22:27	2,753
July 25, 2024	Tired All The Time	40:00	2,908
July 1, 2024	BITESIZE - Clinical pearls	13:05	2,315
June 17, 2024	Foot drop - Again ?!	41:11	2,632
June 7, 2024	Double Vision and Headache	33:36	2,794
May 31, 2024	BITESIZE; The art of the reverse ward round	16:25	1,931
May 24, 2024	Agonising leg pain	42:09	2,544
May 10, 2024	BITESIZE; The art of feedback	13:37	1,905
May 3, 2024	Expecting the Unexpected: Pregnancy and Urinary Retention	25:18	2,282
April 26, 2024	Chest pain and leg weakness - What happened next	26:02	2,529
April 19, 2024	RE-POST - Chest pain and leg weakness	32:30	2,325
April 12, 2024	Foot drop	36:16	2,768
March 29, 2024	Delirium and reflection	36:28	2,768
March 15, 2024	Fever and rash	36:56	2,968
February 22, 2024	Headache and fever	38:06	3,055
February 9, 2024	The swollen leg	26:08	3,125
January 26, 2024	Night brain and abdominal pain	51:53	3,198





## Released podcasts – 2025

Date	Episode	Duration (min)	Download (n)
February 24, 2025	Abdominal Pain	35:14	1,199
February 10, 2025	REPOST; Chest pain - A Missed Opportunity - Our Favourite Episode Yet!	32:28	1,680
February 03, 2025	Seizures Again?!	39:53	1,885
January 20, 2025	Navigating Challenging Conversations in Medicine - Fatigue	35:53	2,177
January 06, 2025	Painful Shoulder	31:39	2,188





9,129 downloads





### Modules and podcasts in production

#### Diabetes mellitus course

- Diabetes & Chronic complications Diabetes foot/ nerve complications
- · Managing patients with diabetes on the inpatient setting ward

#### Cardiovascular disease course

- Patient with acute chest pain
- Heart failure
- Stroke CVA/TIA
- Hypertension acute chronic care

#### Management of multimorbidity course

- · End of life care in multimorbidity
- · Drug management in multimorbidity

#### COVID-19 course

- Role of the emergency department in managing COVID-19: identifying patients with a risk of progression. Care pathways
- Management of patients hospitalized due to COVID-19 pneumonia

#### E-learning modules

- Classification and work-up of ischemic stroke patients
- Pregnancy: A window to women's future health

#### Webinars/Congress presentations

- EFIM Webinar: Guideline Appraisal and Adaptation for Internists on Acute Heart Failure
- 22<sup>nd</sup> European Congress of Internal Medicine, ECIM 2024 held on March 7 9, 2024



Headache





## EFIM Academy Users

Distribution by country

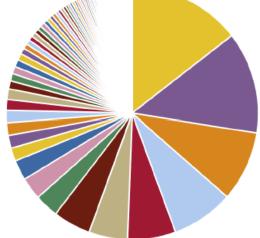




#### Countries



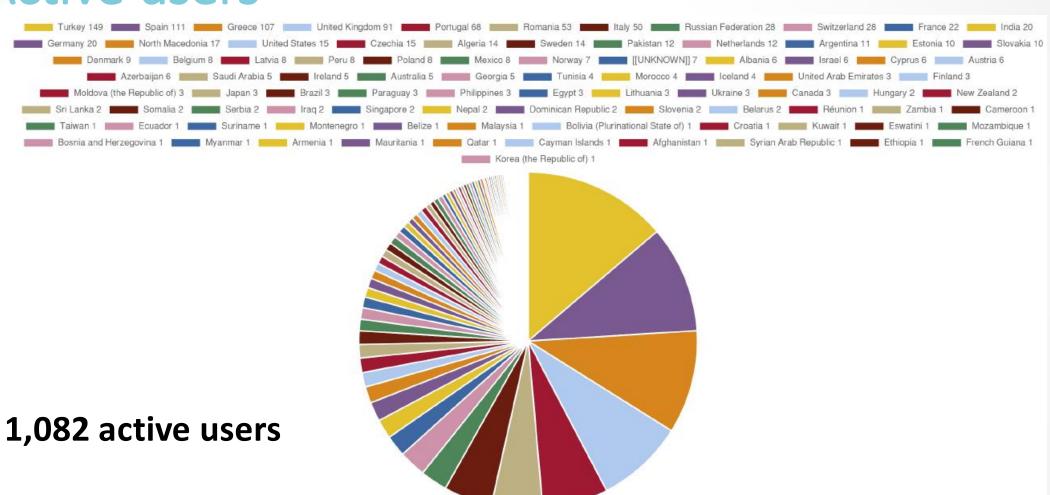
**5,258 registered users** 143 different countries







#### Active users









## **EFIM Academy podcasts**









## EFIM Academy podcasts - downloads

#### Countries / Territories (165 Total)

<i>GB</i> United Ki	ngdom	81%	152,580
<i>AU</i> Australia			6,225
<i>US</i> United St	tates		3,527
<i>IE</i> Ireland			3,468
<i>NZ</i> New Zea	land		1,611
SE Sweden			1,333
DE Germany	,		1,318
<i>IN</i> India			1,095
<i>ES</i> Spain			854
<i>CA</i> Canada			831









### **EFIM Academy podcasts**

#### 187,162 downloads since published

LAST 7 DAYS LAST 30 DAYS LAST 90 DAYS ALL TIME CUSTOM









## EFIM Academy Newsletter





The newsletters are regularly sent to around 20,000 people every month

EFIM-Academy-Newsletter-February-2025	Sent	19,686	14.24%	2.54%	02/27/2025 01:38 PM
EFIM-Academy-Newsletter-January-2025	Sent	19,709	27.91%	1.53%	01/31/2025 01:08 PM
★ EFIM-Academy-Announcing our latest CME-ac Announcing the latest EACCME® accredited e  **The control of the latest EACCME® accredited the latest EACCME® accredited the latest EACCME® accredited to the latest EACCME® ac	Sent	19,733	33.41%	22.32%	01/10/2025 04:00 PM
	Sent	19,764	35.77%	20.42%	12/24/2024 03:41 PM
☆ EFIM-Webinar-2024-11-27 YOUNG INTERNISTS! DO NOT MISS THE WEBI	Sent	19,792	32.85%	24.95%	11/27/2024 05:12 PM
	Sent	19,826	33.92%	21.52%	11/25/2024 12:20 PM
☆ EFIM-Academy-Newsletter-October-2024  • What's New on EFIM Academy? ▲	Sent	19,854	27.26%	14.8%	10/28/2024 05:11 PM
☆ EFIM-Academy-Newsletter-September-2024  • What's New on EFIM Academy? ▲	(Sent )	19,888	25.04%	13.08%	09/25/2024 04:02 PM
☆ EFIM-Webinar-2024-09-13  The EFIM webinar "Challenges during medical	Sent	19,901	26.03%	13.13%	09/13/2024 02:47 PM
☆ EFIM-Academy-Newsletter-August-2024  • What's New on EFIM Academy? ▲	Sent	19,919	25.35%	12.83%	09/02/2024 12:34 PM
☆ EFIM-Academy-Newsletter-July-2024  • What's New on EFIM Academy? ▲	Sent	19,952	26.14%	10.23%	07/29/2024 01:18 PM
☆ EFIM-Academy-Newsletter-June-2024  ◆ What's New on EFIM Academy? ▲	Sent	19,979	23.51%	11.47%	06/28/2024 03:27 PM
☆ EFIM-Academy-2024-06-11-Survey Help us improve the EFIM Academy to meet yo	Sent	20,026	25.07%	13.08%	06/12/2024 09:23 AM
☆ EFIM-Academy-Ultrasound-Course-Campaign  ◆ Ultrasound Course is now CME accredited!	Sent	20,051	27.75%	16.54%	06/10/2024 04:19 PM
☆ EFIM-Academy-Newaletter-May-2024  • What's New on EFIM Academy? ▲	Sent	20,080	26.13%	23.95%	05/29/2024 05:01 PM
☆ EFIM-Academy-Newsletter-April-2024  • What's New on EFIM Academy? ▲	Sent	20,113	26.99%	10.77%	04/30/2024 02:10 PM
☆ EFIM-Academy-Newsletter-March-2024  • What's New on EFIM Academy? ▲	Sent	20,156	25.4%	9.86%	03/29/2024 01:24 PM
☆ EFIM-Academy-International Course on Health Applications for the International Course on H	Sent	20,200	26.54%	7.58%	03/18/2024 01:05 PM
The EFIM-Academy-International Course on Health International Course on Health and the Environ	Sent	20,236	25.56%	10.99%	03/08/2024 01:50 PM
EFIM-Academy-Newsletter-February-2024  What's New on EFIM Academy?	Sent	20,266	24.72%	9.35%	02/22/2024 04:23 PM
EFIM-Academy-Newaletter-January-2024 What's New on EFIM Academy?	Sent	20,310	25.41%	9.75%	01/26/2024 02:50 PM





## EFIM Academy Invitations

Sending invitation e-mails





#### Invitation e-mails



#### **Monthly E-mail Sending**

#### For e-learning modules

The invitation e-mails are regularly sent to the authors of the articles published in EJIM

#### For one-minute learning

The invitation e-mails are regularly sent to the authors of the articles published in EJCRIM



#### Follow-Up

The instructions and templates are sent to those who respond positively

The reminder emails are sent to each author







# Contents received from the EJIM and EJCRIM authors





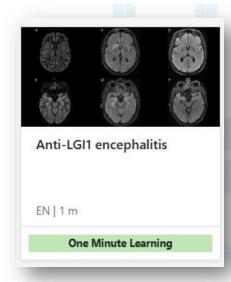


#### **E-learning modules**

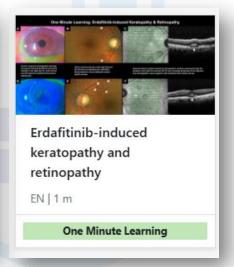


by Jorge Álvarez Troncoso from Spain

#### **One-minute learning**



by Aimilios Kaklamanos, Lamprini Bounou, Theodoros Androutsakos, Elissavet Kemanetzoglou, Ioanna Moustaka, Athanasios Protogerou & Athina Euthimiou from Greece



by Ali Osman Saatci & Mustafa Kayabaşı from Turkiye



by Eugenio Cautures, Andrés Serra, & Roberto Parodi from Argentina





## Sponsors & Support





## Sponsors & Support

**Gold Sponsor** 

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## Future of the EFIM Academy





## Future of the EFIM Academy

- A new perspective brought by the Associate Editor
- Effort needed from the Societies to reach out to a wider audience!
  - What should we do to increase to a wider audience and increase the number of active users?
- CME accreditation to expand
- Funding required for the sustainability of the platform

