EFIM Activities 2023 – EFIM President, Prof. Ricardo Gómez Huelgas
EFIM Executive Committee 2023

Prof. Ricardo Gomez Huelgas – EFIM President
Prof. George Dalekos – EFIM President Elect
Prof. Dror Dicker – EFIM Immediate Past President
Dr. Filomena Pietrantonio – EFIM Treasurer
Dr. Vasco Barreto – EFIM Secretary General

EFIM Secretariat
Aneta Trajkovska – EFIM Executive Manager
EFIM EC participation on nationals congresses and meetings

ACP Meeting 2023
DGIM Congress 2024
Mexican Congress 2023
Romanian Society Virtual Event 2023

Professor Ricardo GOMEZ HUELGAS (Spain)
President of the European Federation of Internal Medicine EFIM

Professor Filomena PIETRANTONIO (Italy)
Treasurer of the European Federation of Internal Medicine EFIM

Professor George DAKOS (Greece)
President elect of the European Federation of Internal Medicine EFIM

Professor Doron DICKER (Israel)
Immediate past President of the European Federation of Internal Medicine EFIM

Professor Serhat UNAL (Turkey)
President of the Turkish Society of Internal Medicine TISIM

Bridging the Gap: Research and Innovation in Internal Medicine
September 21, 2023

Coordinated by: The World Society
Prof. Dr. Ina Biernecker
#Bridge_Med2023
EFIM EC participation on congresses and meetings

Meeting Brussels

EFIM Apartment meeting

1st meeting of HTA Sante, Brussels

ECIM 2024 programme meeting

… upcoming joint session at the Argentinian Society Congress

… and lots of Video conferences
We received many suggestions that we are currently analyzing to address EFIM members requests.
EFIM Survey

Are you satisfied with the level of communication between EFIM Secretariat, EC and your national society?

- Very satisfied: 25.4%
- Satisfied: 40.6%
- Neither satisfied nor dissatisfied: 28.5%
- Dissatisfied: 4.3%
- Very dissatisfied: 0.8%
In order to improve the communication between EFIM and the national societies, which measures do you consider more important?

- Periodic teleconference between EFIM EC members and the Board of the National Society
- Organise joint sessions with EFIM during the National Society's congress
- All of them depending on the context
- Face-to-face meeting with EFIM EC members during the National Society congress
- OK as now
- None needed
- I am not sure which to choose
- All of them
- Closer cooperation between WGs/SCs and equivalent groups in national societies
- It would be very good to include the European lecture in National society congresses, where the representative of the Ex comm will address the participants, give the lecture etc.
- Email
EFIM Survey

Which new Clinical Working Groups would you consider of interest?

- Diabetes and Obesity: 121
- Cardiovascular Prevention: 89
- Acute Medicine & Hospitalism: 106
- Heart Failure: 100
- Rare Diseases: 79
- Systemic Autoimmune Diseases: 94
- Thromboembolic Venous Disease: 63
- Health and Environment: 66
- Infectious Diseases in Internal Medicine: 99
Upcoming activities
Elections and Re-elections GA Istanbul

We will announce the election / re-elections for the Secretary General and Treasurer at the end of October for the new term of two years starting 2024 – 2026!

New Clinical Working Groups

We will launch the new Clinical Working Groups:
- Diabetes and Obesity
- Infectious Diseases in Internal Medicine
- Acute Medicine and Hospitalism
- Heart Failure
Joint sessions at national societies congresses 2024

We will organise joint session at national societies congresses
- Several societies congresses will be selected

Event calendar available on EFIM website for all the national societies congresses promotion. Please send the dates to EFIM Secretariat!
Future activities
Potential Task Force Groups

We will launch the following Task Forces:
- Cardiovascular Prevention
- Systemic Autoimmune Diseases
- Rare Diseases
- Thromboembolic Venous Disease
- Health and Environment
## EFIM Members 2023

### ORDINARY MEMBERS

<table>
<thead>
<tr>
<th>National Society</th>
<th>Countries</th>
<th>N° members 2023</th>
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<tbody>
<tr>
<td>Austrian Society of Internal Medicine</td>
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### ASSOCIATE MEMBERS

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<tr>
<th>National Society</th>
<th>Country</th>
<th>N° members 2023</th>
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<tbody>
<tr>
<td>Algerian Society of Internal Medicine</td>
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<td>Dominican Republic Society of Internal Medicine</td>
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<td>Lebanese Society of Internal Medicine</td>
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<td>Mexican College of Internal Medicine</td>
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<tr>
<td>Moroccan Society of Internal Medicine</td>
<td>MOROCCO</td>
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</table>

**Total 2023: 60371**

New membership applications to be presented during the GA in Istanbul:
- Ukrainian Society of Internal Medicine
- Peruvian Society of Internal Medicine
- Requests received from:
  - Georgian Society of Internal Medicine
  - Iraqi Society of Internal Medicine
EFIM Webinars 2023
EFIM Webinars 2023

**Multimorbidity Working Group**

**EFIM Multimorbidity Working Group Spring Webinar 2023**

**COORDINATION OF CARE**

May 10, 2023
15.00 - 18.00 CET

Chair: Barbara van Munster

"Coordination of care in patients with multimorbidity. From words to facts"

Barbara van Munster
Professor and Chair of Geriatric Medicine, University Medical Center Groningen, The Netherlands

"Personalized care plans in the coordination of care. A realistic solution?"

Máté Berencéi-Wórái
Internal Medicine, Hospital Universitario Virgen del Rocío, Sevilla, Spain

Questions and discussion

**EFIM Multimorbidity Working Group Autumn Webinar 2023**

**DIABETES AND CHRONIC KIDNEY DISEASE IN ELDERLY PATIENTS WITH MULTIMORBIDITY - HOW TO TREAT THE PATIENTS SAFELY?**

November 9, 2023
18.00-19.00 CET

Chair: Michal Holeczki

"Diabetes in elderly patients – what to pay attention to?"

Michal Holeczki
Department of Internal, Acute, and Geriatric Medicine, Medical University of Silesia, Katowice, Poland

"Chronic kidney disease in elderly patients – what to pay attention to?"

Jarosław Zuzel
Department of Internal Medicine and Oncological Hematology, Medical University of Silesia, Katowice, Poland

Questions and discussion

All EFIM Webinars are available on https://efim.org/videos
2022 Impact Factor of EJIM has reached 8.0.
Editor in Chief – Dr. John Kellett

Collaboration with EFIM Academy

- Themed collections
- Webinars and educational programmes
- Hospital Rounds
- Scopus registration
EFIM Newsletters and social media
Welcome to the EFIM Spring newsletter!
As the new President of EFIM, I am honored to serve and represent EFIM over the next two years, and I will do my utmost to promote further growth of the organisation. Additionally, I would like to congratulate Prof. George Dalekos from Greece who was elected future president of EFIM and I welcome him to the Executive Committee. I also would like to welcome personally our two new members: Royal College of Physicians of Edinburgh, RCPE and the Mexican College of Internal Medicine!
It was a great pleasure seeing so many of you at ECIM 2023 in Athens during our highly successful congress, that brought together more than 1400 participants. It was a congress to remember! …

Dear Colleagues,
I am delighted to address you through the pages of the EFIM Summer newsletter as we embrace the summer and inform you on forthcoming events and activities to be launched by EFIM. Following a very successful congress in Athens, we have been busy working on the programme of ECIM 2024. We are preparing attractive programme that will offer you the opportunity to staying abreast of the latest developments in internal medicine. I encourage you to mark your calendars for the upcoming ECIM 2024, taking place from 6 – 9 March in Istanbul. …

Autumn Newsletter will follow after the 8th EFIM Day
Join us on EFIM Social Media and network with your peer!
European School of Internal Medicine, ESIM
ESIM Summer 2023

41 residents participated
17 National Societies

ESIM Winter 2023

50 residents
20 National Societies participating
European School of Internal Medicine, ESIM

17 countries replied sending in total 43 trainees – reminder will follow

Call for expressing interest to host ESIM Summer 2025 – 2026/27 will be announced in November !!!
European Advanced School of Internal Medicine, EASIM 2023 in collaboration with the Slovakian Society

5th European Advanced School of Internal Medicine (EASIM) in Bratislava 2023

Programme V5 (September 2023)

<table>
<thead>
<tr>
<th>Friday 03-Nov-2023</th>
<th>Saturday 04-Nov-2023</th>
<th>Sunday 05-Nov-2023</th>
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</thead>
<tbody>
<tr>
<td>Participants can arrive today</td>
<td>Clinical Update Session set (Teach Your Colleagues)</td>
<td>Clinical Update Session set (Teach Your Colleagues)</td>
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<tr>
<td>09:00-09:30 Coffee</td>
<td>10:00-11:15 Coffee</td>
<td>11:15-11:45 Coffee</td>
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<tr>
<td>10:45-11:15 Coffee</td>
<td>11:15-12:00 Meet The Expert Lecture (Sepsis)</td>
<td>12:00-12:45 Meet The Expert Lecture (CriticalCare - PSIU)</td>
</tr>
<tr>
<td>12:45-13:30 Lunch</td>
<td>13:30-14:00 Lunch</td>
<td>Participants can depart today</td>
</tr>
<tr>
<td>14:00-14:30 Discussion workshop Walking tour to Castle</td>
<td>14:30-15:45 Workshop 1B (Teamwork Strategy and Feedback)</td>
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<tr>
<td>15:45-16:30 Meet The Expert Lecture (Cardiology)</td>
<td>16:00-17:00 Opening, Introduction (Endocrine and IM Cases)</td>
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<tr>
<td>17:00-17:45 Clinical Update Session set (Teach Your Colleagues) (Switch with Cardiology?)</td>
<td>17:45-19:00 Workshop 3B (Communication - poor performance)</td>
<td>17:45-19:00 Workshop 4A (Perioperative DM management)</td>
</tr>
<tr>
<td>18:00-19:00 Interactive Session (Difficult Ethical Cases)</td>
<td>18:00-19:00 Interactive Session (Endocrine and IM Cases) (Teach Your Colleagues)</td>
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<tr>
<td>19:30-20:30 Dinner</td>
<td>19:30-20:30 Dinner</td>
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<td>20:00-21:00 Coffee break</td>
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COURSE DATES: 3 – 5 NOVEMBER 2023 (Friday to Sunday)
VENUE: Park Inn by Radisson Danube Hotel, Bratislava, Slovakia

EASIM Director: Dr. Ivan Krajčí, ivan.krajci@gmail.com
Co-Directors: Prof. MUDr. M. Molnár, Dr. Ivan Krajčí, Dr. Ivan Krajčí
Organizing Committee: MUDr. M. Molnár, Dr. Ivan Krajčí, Dr. Ivan Krajčí
EFIM Young Internists activities

Joint session during the national congress of the Austrian Society of Internal Medicine

Parallel session and a workshop organization during the ECIM 2024 in Istanbul
EFIM Fellowship 2023

32 EFIM Fellowship 2023

60 successful Fellowships granted

New requirement: attendance at ECIM or publication in EJIM!
EFIM collaboration
EFIM Educational collaboration

Joint Session at EFIM and ACP Meetings 2024:
- Workplace Safety in Global Healthcare

EFIM Session MIRCIM 2023:
The Multimorbid Patient
Chair: Prof. Michal Holecki (Poland), EFIM Multimorbidity Working Group

Joint Session at EFIM and SHM Meetings 2024:
- Management of diabetes in hospital setting

EFIM Session MIRCIM 2024:
EFIM Multimorbidity Working Group

Joint Session at EFIM and ESH Meetings 2024:
- New Hypertension Guidelines
FDIME Research Grant 2023 announcement

- (FDIME) is offering Research Grants to Young Internists (up to age 38 years) to study in.
- Research projects including all fields of General Internal Medicine, particularly comorbidity and other common I.M. conditions.
Institutional Collaboration: EFIM collaboration with the European Alliance for Value in Health

Meeting in Brussels: mapping the roles of stakeholders in transitioning towards value-based health systems: what should each stakeholder do in a value-based healthcare system
Proposal for Collaboration with AMBOS

AMBOS is a breakthrough medical learning platform dedicated to helping future physicians succeed on their USMLE exams.
- 6 months free trial for all EFIM members
- cross promotion on AMBOSS and EFIM sites
- increasing visibility of EFIM and EFIM Activities
EFIM Academy
# Released Modules

<table>
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<tr>
<th>No.</th>
<th>Module</th>
<th>Category</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>SARS-CoV-2: virus characteristics, mutations, and impacts on the efficacy of the therapeutic arsenal</td>
<td>Courses</td>
</tr>
<tr>
<td>2</td>
<td>COVID-19: The current situation of the pandemic and new patient profiles</td>
<td>Courses</td>
</tr>
<tr>
<td>3</td>
<td>Acute decompensated heart failure</td>
<td>Interactive</td>
</tr>
<tr>
<td>4</td>
<td>Acute respiratory infections, frailty and sarcopenia</td>
<td>Interactive</td>
</tr>
<tr>
<td>5</td>
<td>Approach to patients with arthritis</td>
<td>Interactive</td>
</tr>
<tr>
<td>6</td>
<td>Drug treatment algorithm for essential hypertension</td>
<td>Interactive</td>
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<tr>
<td>7</td>
<td>Early onset severe degenerative arthritis</td>
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<tr>
<td>8</td>
<td>How to optimize observational studies to provide high-quality real-world data?</td>
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<tr>
<td>9</td>
<td>Hypercalcemia and a breast mass</td>
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<td>10</td>
<td>Hypertension in pregnancy</td>
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<td>11</td>
<td>Influenza in patients with diabetes</td>
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<tr>
<td>12</td>
<td>Influenza: cardiovascular complications &amp; vaccination</td>
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<td>Low-energy fractures</td>
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<td>14</td>
<td>Management of a COVID-19 patient with long term pulmonary sequela</td>
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<td>15</td>
<td>Management of a patient with brain fog and depression</td>
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<td>16</td>
<td>Management of a patient with massive pulmonary embolism</td>
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<td>17</td>
<td>Nausea and vomiting from gender perspective</td>
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<td>18</td>
<td>Nausea and vomiting in patients with cancer</td>
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<td>Polypharmacy by multimorbidity WG</td>
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<td>Vaccination of adults with diabetes mellitus</td>
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<td>Atrial fibrillation guideline 2020</td>
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<td>Coordination of care</td>
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<td>COVID-19: What we have learned</td>
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<td>Guideline: appraisal and adaptation for internists on pulmonary embolism</td>
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<td>27</td>
<td>ME’NA-ISN webinar on influenza and multimorbidity</td>
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**New content categories:**
- One minute learning
- Courses
Users

4309 Users
101 Different Countries

The biggest countries who listen are

UK, Australia and the USA

We do have listeners

South Korea, Greece and UAE
Exchange Programme
EFIM Exchange programme

13 applications received
- 3 from Polish Society
- 2 from Algerian Society
- 1 from Macedonian Association
- 2 from Italian Society
- 1 from German Society
- 3 from Turkish Society
- **10 Scholarships offered** of 1000€ per participant from EFIM and FDIME together
- 4 bursaries processed
- 4 cancellations in the process
- New rules for acceptance in 2024

EFIM Exchange programme 2024 – New selection criteria

- Applications will be opened end of November 2023
- 10 best applications will be selected among different national societies
- Only one application per country with EFIM and FDIME support with max of 10 participants per year
- national societies can support the residents to participate in the EFIM Exchange programme accordingly without EFIM and FDIME support.
Final Considerations
The challenge of multimorbidity

Promote generalism: Internal Medicine

Add generalism skills to specialists

"Care more particularly for the individual patient than for the especial features of the disease"

William Osler (1849-1919)
The main EFIM´s challenge

- European certification
- European curriculum
- EFIM Academy
- EFIM Working Groups
- EFIM Fellowship
- Exchange Programme
- ECIM ESIM

Common Identity between European internists
Thank you!

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infor@efim.org
www.efim.org