



# 9<sup>th</sup> EFIM Day

18 October 2024, Brussels  
Crowne Plaza Hotel Brussels Airport

# Welcome to the 9<sup>th</sup> EFIM Day



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18 October 2024, Brussels  
Crowne Plaza Hotel Brussels Airport

**EFIM Activities since March 2024**  
**EFIM President,**  
**Prof. Ricardo Gómez Huelgas**

# EFIM Executive Committee 2024



## EFIM Secretariat



Prof. Ricardo  
Gomez  
Huelgas –  
EFIM  
President



Prof. George  
Dalekos –  
EFIM  
President  
Elect



Prof. Dror  
Dicker –  
EFIM  
Immediate  
Past  
President



Dr. Filomena  
Pietrantonio  
– EFIM  
Treasurer



Dr. Vasco  
Barreto –  
EFIM  
Secretary  
General



Aneta  
Trajkovska –  
EFIM  
Executive  
Manager





**EFIM**

European Federation of Internal Medicine

### Early Career subcommittee members



Dr. Alina Dima –  
Romanian Society



Dr. Candido Munoz -  
Spanish Society



Dr. Sara Lindberg –  
Swedish Society



Dr. Friederike Bennett -  
German Society



Dr. Frauke Weidanz –  
RCPE, UK  
**CHAIR**



Prof. Daniel Sereni



Dr. Miguel Romano -  
Chair - EFIM Young  
Internist's Section





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# EFIM Executive Committee participation in national and international meetings

# ACP Internal Medicine Meeting -April 2024



# Romanian Society Meeting - May 2024

# Swedish Society Meeting – September 2024



# FADOI - May 2024



# Irak - September 2024



Agenda of 3<sup>rd</sup> international conference of ThiQar Internists association- Iraq

First day

Wednesday 18 September 2024

6:00-7:00	Registration	
7:00-7:30	Opening & Ceremony	
7:30-8:00	Being an internist in the era of artificial intelligence	Ricardo Gomez President of EFIM

# Mexico - May 2024

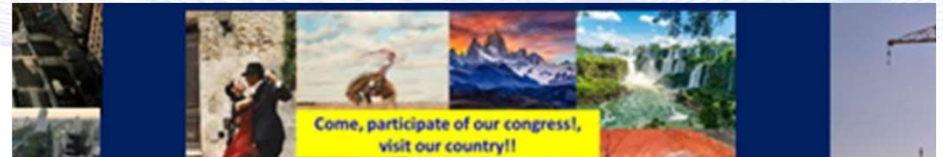


# VIRTUAL MEETINGS



# Argentina - September 2024

## ESCUELA DE LIDERES –YOUNG INTERNISTS 2024



## III CURSO INTERNACIONAL DE MEDICINA INTERNA DEL PACIFICO

16 y 17 - Agosto - 2024,

19:00-20:00	Conferencia magistral	Conferencia Magistral Dr. Ricardo Gómez Huelgas (España)
20.00-20.20		CLAUSURA

# Peru – August 2024



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# EFIM Executive Committee meetings ECIM 2025 preparation



# Preparation of ECIM 2025 – June and September





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# EFIM Executive Committee – upcoming activities

## Upcoming projects and activities of EFIM EC



Opening a call of interest for hosting ESIM Winter School 2026-27/28

Opening elections Executive Committee:

- EFIM Secretary General
- EFIM President Elect

Opening of two new Working Groups:

- Rare Diseases
- Systemic Autoimmune Diseases

## Upcoming projects and activities of EFIM EC



# Wolters Kluwer

New potential collaborations

- Wolters Kluwers

New potential collaborations

- Amboss



# AMBOSS



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# EFIM new Headquarters

# EFIM new Headquarters



# EFIM new Headquarters





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# EFIM Journals



# EJIM



[www.ejinme.com](http://www.ejinme.com)



**Editor in Chief –  
Prof. Giancarlo Agnelli**

## Presentation by Prof. Agnelli



**EJCRIM**  
European Journal  
of Case Reports  
in Internal Medicine

# EJCRIM Achievements and upcoming goals

Editor in Chief –  
Dr. John Kellett



- **IMPACT FACTOR APPLICATION:**

EJCRIM citations have increase encouraging us to apply for the impact factor with Clarivate..help us and cite EJCRIM case reports!



- **EJCRIM EDITORIAL :**

After a remarkable decade as Editor-in-Chief, Dr. Kellett's editorial is a powerful tool to highlight the value of your case reports! READ IT AT



**CHECK  
IT  
OUT**

- **EJCRIM BLOG «What's wrong with medicine and how to fix it»:**

What's wrong with medicine? 🩺 🤔 We are glad you asked!

Join the discussions and explore insightful debates on EJCRIM NEW BLOG



**JOIN  
THE  
CHAT**



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# EFIM Working Groups

# New Clinical Working Groups launched in February 2024



## Acute Medicine and Hospitalism WG

- Chair: Prof. Christiane Erley
- German Society of Internal Medicine



## Diabetes and Obesity WG

- Chair
- Prof. Alexandra Kautzky-Willer
- Austrian Society of Internal Medicine



## Heart Failure WG

- Chair
- Prof. Antonio Cittadini
- Italian Society of Internal Medicine

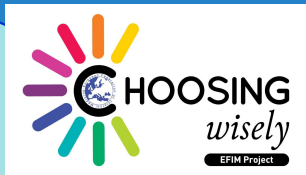


## Infectious Diseases in Internal Medicine WG

- Chair
- Prof. Emanuele Durante Mangoni
- Italian Society of Internal Medicine



# Working Groups



## Choosing Wisely

- Chair: Prof. Omar Kherad
- Swiss Society of General Internal Medicine



## Critical Appraisal of Guidelines WG

- Chair
- Prof. Wiktorja Lesniak
- Polish Society of Internal Medicine



## Multimorbidity WG

- Chair
- Prof. Maximo BERNABEU WITTEL
- Spanish Society of Internal Medicine



## Professional Issues and the Quality of Care

- Chair
- Prof. Luis Campos
- Portuguese Society of Internal Medicine



# EFIM Working Groups



## Telemedicine WG

- Chair:
- Dr. Ismael Said Criado
- Spanish Society of Internal Medicine



## Ultrasound WG

- Chair
- Dr. João Neves
- Portuguese Society of Internal Medicine



# EFIM WGs meeting – 19 June





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# Institutional collaboration





**Established collaboration with:**

**Society of Hospital Medicine and the American College of Physicians through congresses and collaborative initiatives**





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# EFIM Annual Report 2023

# Annual Report – 2023 published!





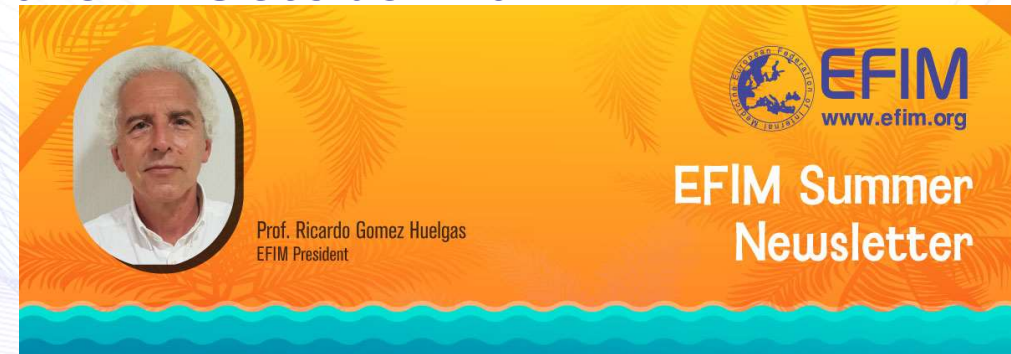
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# EFIM Newsletters and webinars

# EFIM Newsletters and webinars March - October 2024



I am excited to share the tremendous success of the European Congress of Internal Medicine (ECIM) 2024, which took place in the fascinating city of Istanbul from 6 – 9 March welcoming more than 2000 participants from Europe and round the world. The congress brought together excellent speakers, experts from diverse backgrounds to lecture the latest advancements and challenges in internal medicine...



Following the meeting of the Scientific Programme Committee Members in June the preparations for our congress are well underway, and I am excited about the innovative sessions and collaborative opportunities that will be presented in Florence. Meanwhile I am pleased to announce that both registrations and abstract submissions for ECIM 2025 are now open! This is a fantastic opportunity to engage with peers, share your research, and contribute to the European Congress of Internal Medicine, ECIM...

Organised by the EFIM Multimorbidity Working Group

**SPRING WEBINAR 2024:  
CARDIOVASCULAR DISEASE AND DEPRESSION**

June 18<sup>th</sup> 2024  
16.00-17.00 CET

**Chair:**  
**Prof. Dr. med. Edouard Battegay**  
FACP, International Center for Multimorbidity and Complexity (ICMC),  
Basel, Zurich, Zurich Academy of Internal Medicine, Switzerland

**"HEART and Depression"**  
**Prof. Dr. med. Thomas Lüscher**  
FRCP, Royal Brompton Hospital & Harefield, London, United Kingdom,  
European Heart House, University of Zurich, Switzerland

**"Heart and DEPRESSION"**  
**Dr. phil. Claudia Hackl-Zuccarella**  
Dept. of Consultation-Liaison Psychiatry & Psychosomatic  
Medicine, University Hospital Zurich, Switzerland

**Questions, Discussion, and Conclusions**

Organised by the EFIM Early Career Group

**Challenges during medical career:  
a perspective on our mental health**

September 14<sup>th</sup> 2024  
11.00am CET

**Moderator:**  
**Gemma Ortiz Llauradó**  
Hospital de Terrassa

**Speaker:**  
**Dr. Gustavo Tolchinsky Wiesen**  
MD, Internal Medicine Specialist.  
-Head of Internal Medicine at Badalona Serveis Assistencials in Catalonia, Spain.  
-Secretary of the Board of the Barcelona Medical College  
-Coordinator of the PAIMM (Catalan Physicians' Health Program).

**2 Webinars are in the process of planning to be held in the coming months!**



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# European Schools of Internal Medicine



# European School of Internal Medicine, ESIM ESIM Summer 2024

EUROPEAN SUMMER SCHOOL OF  
**Internal Medicine**

9 TO 15 JUNE 2024  
**El Escorial**

REAL CENTRO UNIVERSITARIO  
EL ESCORIAL MARÍA CRISTINA

**37 participants**



## ESIM Winter 2025

**ESIM 2025**

**WINTER SCHOOL**

**FEBRUARY 9<sup>th</sup>-15<sup>th</sup>**

**BJÖRKLIDEN,  
SWEDEN**

**60 participants  
confirmed from 26  
national societies**

# ESIM Summer 2025, 1 – 7 June, Alexandroupolis



Hellenic Society of Internal Medicine

Under the auspices of the  
Medical School



ANONIMOTI  
ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΔΗΜΟΚΡΙΤΟΥ  
ΘΡΑΚΗΣ



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# ESIM2025

## EUROPEAN SUMMER SCHOOL OF INTERNAL MEDICINE

1–7 June 2025  
Alexandroupolis  
Greece

[www.esim2025.com](http://www.esim2025.com)

Professional Congress Organizers



24 K. Livanou str., 11527 Athens, Greece  
+30210 6833600 [www.convin.gr](http://www.convin.gr)







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# EFIM Fellowship

# EFIM Fellowship 2024



Since March 2024:

- 13 Successful applications processed
- 3 non-eligible applications



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# EFIM Academy

**EFIM** *Academy*  
European Federation of Internal Medicine



Mine Durusu  
Editor-in-Chief

# Platform Content

- Interactive modules/Webinars
- Courses
- One minute learning
- Podcasts

### Interactive Modules

Rare causes of acute      Common infections in illicit      Inflammatory myopathies

EN | 60 m

Interactive

### Webinars

Cardiovascular disease and depression      Pulmonary hypertension. Primer for the internist      Bone health and calcium homeostasis in malignancy

Webinar

### One Minute Learning

Anti-LG11 encephalitis      Erdafitinib-induced keratopathy and      Tuberculosis

One Minute Learning

Headache  
Home of Medicine with Dr Amie Burbridge

HOME OF MEDICINE PODCAST

1x More Info Share

00:00 | 36:52

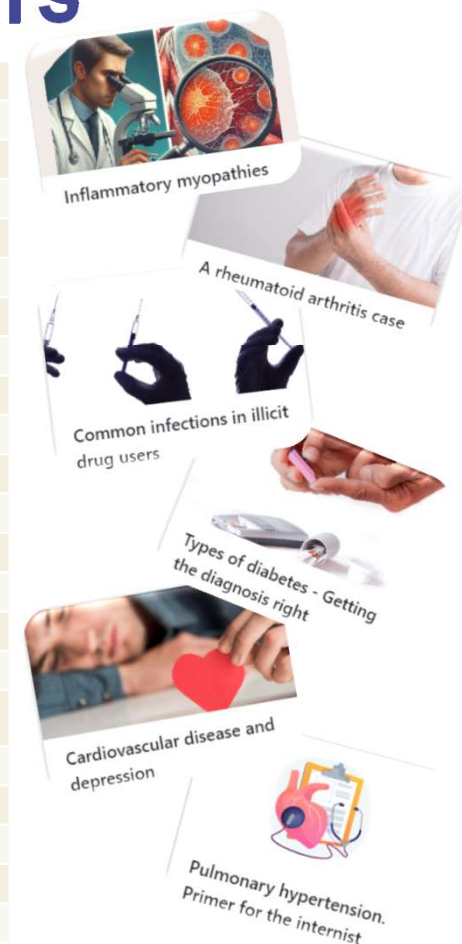
### COURSES

COVID-19 COURSES      ULTRASOUND COURSE      DIABETES MELLITUS      MANAGEMENT OF MULTIMORBIDITY

# Released E-Learning Modules & Webinars

1	Acute decompensated heart failure	Interactive
2	Acute respiratory infections, frailty and sarcopenia	Interactive
3	Approach to patients with arthritis	Interactive
4	Atrial fibrillation guideline 2020	Webinar
5	A rheumatoid arthritis case	Interactive
6	Axial spondyloarthritis	Interactive
7	BASIC CLINICAL ULTRASOUND – CME Accredited	Courses
8	Bone health and calcium homeostasis in malignancy	Webinar
9	Cardiovascular disease and depression	Webinar
10	Common infections in illicit drug users	Interactive
11	Community acquired pneumonia -An EFIM guidelines critical appraisal adaptation for internists	Webinar
12	Coordination of care	Webinar
13	COVID-19: What we have learned	Webinar
14	Diabetes and chronic kidney disease in elderly patients with multimorbidity - How to treat the patients safely?	Webinar
15	Diagnostic and therapeutic approach in patients with hyponatremia	Interactive
16	Drug treatment algorithm for essential hypertension	Interactive
17	Early onset severe degenerative arthritis	Interactive
18	Fatty acid oxidation disorders	Interactive
19	Guideline: appraisal and adaptation for internists on pulmonary embolism	Webinar
20	How to optimize observational studies to provide high quality real world data?	Interactive
21	Hypercalcemia and a breast mass	Interactive
22	Hypertension in pregnancy	Interactive
23	Inflammatory myopathies	Interactive

24	Influenza in patients with diabetes	Interactive
25	Influenza: cardiovascular complications & vaccination	Interactive
26	Low-energy fractures	Interactive
27	Management of a COVID-19 patient with long term pulmonary sequela	Interactive
28	Management of a patient with brain fog and depression	Interactive
29	Management of a patient with massive pulmonary embolism	Interactive
30	ME'NA-ISN webinar on influenza and multimorbidity	Webinar
31	Nausea and vomiting from gender perspective	Interactive
32	Nausea and vomiting in patients with cancer	Interactive
33	Pharmacist's role in managing current COVID-19 patients	Courses
34	Polypharmacy by multimorbidity WG	Interactive
35	Primary care-led management of patients with COVID-19	Courses
36	Pulmonary hypertension. Primer for the internist	Webinar
37	Recurrent abdominal pain	Interactive
38	Rheumatoid arthritis	Interactive
39	Role of antivirals in the treatment of COVID-19	Courses
40	SARS-CoV-2: virus characteristics, mutations, and impacts on the efficacy of the therapeutic arsenal	Courses
41	The current situation of the pandemic and new patient profiles	Courses
42	Types of diabetes - Getting the diagnosis right	Courses
43	Undiagnosed chronic diarrhea and abdominal pain	Interactive
44	Update of guidelines for the management of patients with COVID-19	Courses
45	Vaccination of adults with diabetes mellitus	Interactive



# CME Accredited Courses

- The basic clinical ultrasound course
  - Chapter 1-5 (2.5 ECMEC®)
  - Chapter 6-8 (2.5 ECMEC®)



# Released Podcasts – 2024

Date	Episode	Duration	Downloads
Sep 25, 2024	Lethargy	28:38:00	1,729
Sep 2, 2024	Shortness of Breath - 3	26:43:00	1,841
Aug 9, 2024	Facial Numbness	22:27:00	1,943
Jul 25, 2024	Tired All The Time	40:00:00	2,217
Jul 1, 2024	BITESIZE - Clinical pearls	13:05:00	1,836
Jun 17, 2024	Foot drop - Again ?!	41:11:00	2,095
Jun 7, 2024	Double Vision and Headache	33:36:00	2,189
May 31, 2024	BITESIZE; The art of the reverse ward round	16:25:00	1,616
May 24, 2024	Agonising leg pain	42:09:00	2,056
May 10, 2024	BITESIZE; The art of feedback	13:37:00	1,632
May 3, 2024	Expecting the Unexpected: Pregnancy and Urinary Retention	25:18:00	1,937
Apr 26, 2024	Chest pain and leg weakness - What happened next...	26:02:00	2,145
Apr 19, 2024	RE-POST - Chest pain and leg weakness	32:30:00	1,962
Apr 12, 2024	Foot drop	36:16:00	2,343
Mar 29, 2024	Delirium and reflection	36:28:00	2,420
Mar 15, 2024	Fever and rash	36:56:00	2,599
Feb 22, 2024	Headache and fever	38:06:00	2,694
Feb 9, 2024	The swollen leg	26:08:00	2,731
Jan 26, 2024	Night brain and abdominal pain	51:53:00	2,824



# Active users



965 active users

Kindly share information about the EFIM Academy and motivate your members to register and explore the learning platform!





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# Exchange Programme

# EFIM Exchange programme 2024



## Testimonials



10 applications processed

- **10 Scholarships offered** of 1000€ per participant from EFIM and FDIME together
- 5 bursary given until October
- 4 residents are currently following the Exchange programme in different hospital centres in Europe
- 2025 Exchange programme applications will be opened in December

The experience of working as a doctor in another country was very important in my Career as a resident. It showed me different solutions and approaches at work and expanded my professional contacts. I would like to thank sincerely the European Federation of Internal Medicine for the opportunity that was given to me in taking part of this interesting internship.

**Dr. Elena Fedele – SIMI Italy**

I am grateful for the support and trust that EFIM placed in me, which enabled me to fully utilize this time to gain knowledge and skills that will have a significant impact on my future medical career.

**Dr. Katarzyna Zielińska – Polish Society of Internal Medicine**

It was a very educational and fun program for me from the beginning to the end. I want to thank all my friends who helped me in the ward and outpatient clinic, and especially Dr. Alberto Tosoni, who always treated me most kindly from my first day to my last day, helped me in every way, and enabled me to observe in many different fields.

**Dr. Yunus Kaygusuz – Turkish Society of Internal Medicine**



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# ECIM 2024 Florence Italy

**ECIM** 2025  
ITALY



# 23<sup>rd</sup> European Congress of Internal Medicine

**5-8 March 2025**  
Florence, Italy

**SAVE THE  
DATE**

[www.ecim2025.org](http://www.ecim2025.org)





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**Thank  
you!**

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