



EFIM Young Internists Report

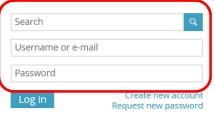
Dr. Ieva Ruža Latvian Society of Internists EFIM YI Chair

EFIM General Assembly, Wiesbaden, 30.08.2018.

www.efim.org







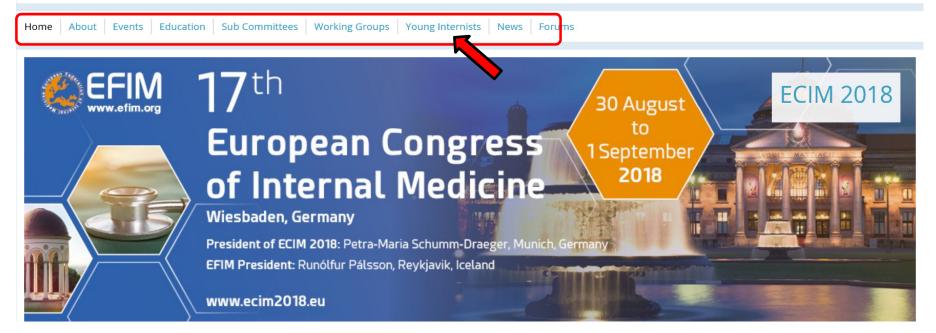




Photo credit – Tuomas Aro

Young Internists Assembly

- 27 members
- 3 main officers (Chair, Past-Chair, Secretary)
- 22 countries
- 24 from 31 EFIM Member National Societies



Young Internists Subcommittee

Ieva Ruža (Chair)

Alberto Marra (Secretary, Chair-Elect)

Ewelina Biskup (Treasurer)

Matthias Raspe

Vikas Kumar Sarna

Caterina Delcea

Christine Sävervall

Frauke Weidanz (Past-Chair)





Projects and scientific work

Young Internists as a source of inspiration for EFIM



Photo - https://wgnhs.uwex.edu/water-environment/springs/



Projects and scientific work

- Surveys, publications (EoL)
- 3 Working Groups of EFIM (YI representatives):
 - Professional Issues and Quality of Care
 - Choosing Wisely
 - Gender Medicine (IMAGINE project)
- Promotional work (participations in national meetings, plenary sessions and YI Corner during ECIM, social media)
- Education ESIM, EASIM, workshops, MIRCIM etc.

Projects and scientific work

- EFIM Clinical Research Course (Paris, France)
- Scientific grants (rare diseases)
- Projects (ALCHIMIE, competencies, working satisfaction, <u>End-of-Life decisions, Gender</u> <u>Medicine, EASIM</u> etc.)





YI Workshops during ESIM 2018: Winter – Levi (Finland), Summer – Ede (The Netherlands)



- ESIM Winter Caterina Delcea (Choosing Wisely)
- ESIM Summer Vikas Kumar Sarna (gender medicine)

17th European Congress of Internal Medicine

http://www.ecim2018.org/

- 3 plenary sessions by YIs:
 - "Are hospitals safe places for patients?"
 - "Reflective practice: Focus on doctor-patient relationship"
 - "Why civility saves lives" prosocial behaviour
- YI Corner 5 informal discussions during breaks
- Case report competition (collaborate with EJCRIM)

YI Corner – 5 informal discussions during breaks

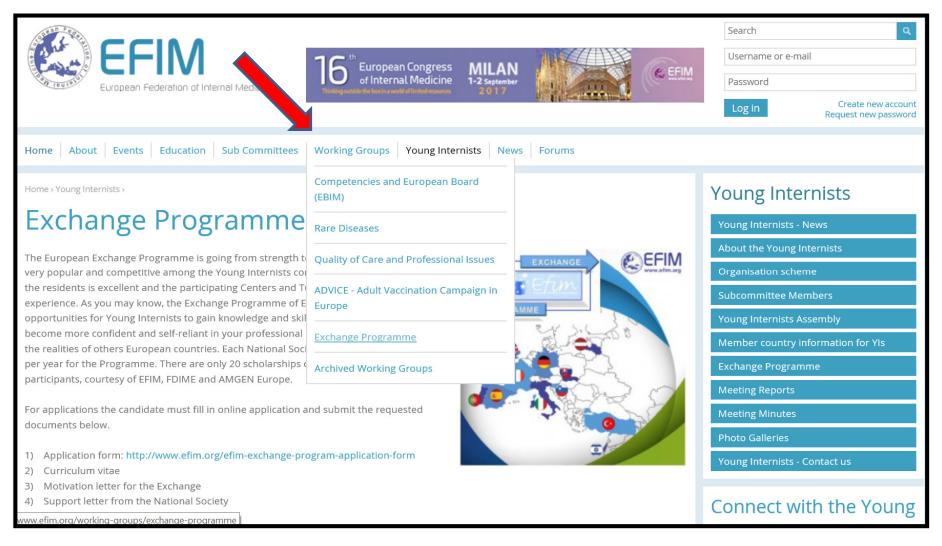




 Registration waiving lottery – Cristiana-Elena Vlad (Romania) and Maria Derevyanchenko (Russia) – donated by prof. Victor Novack (Israel)

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EFIM Exchange Program (15 YIs)



Facebook Group- Young Internists of Europe

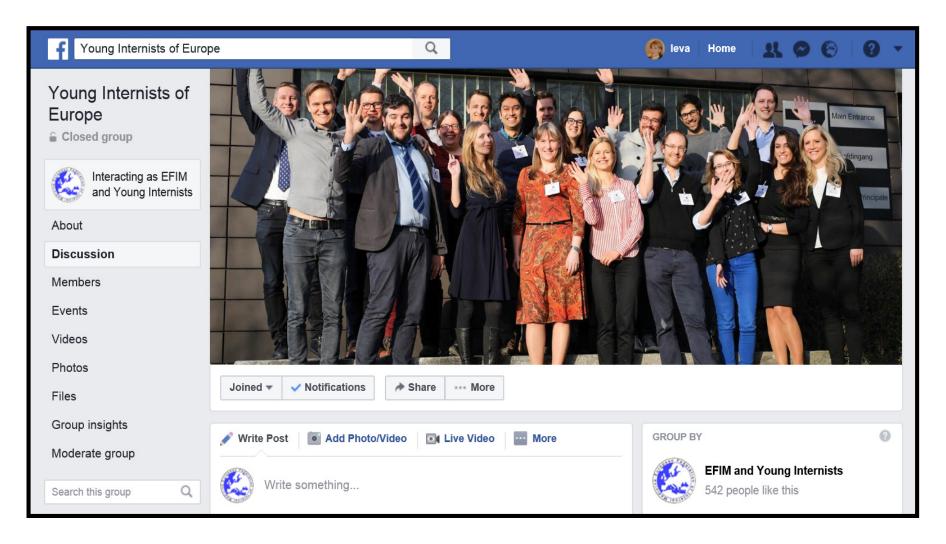
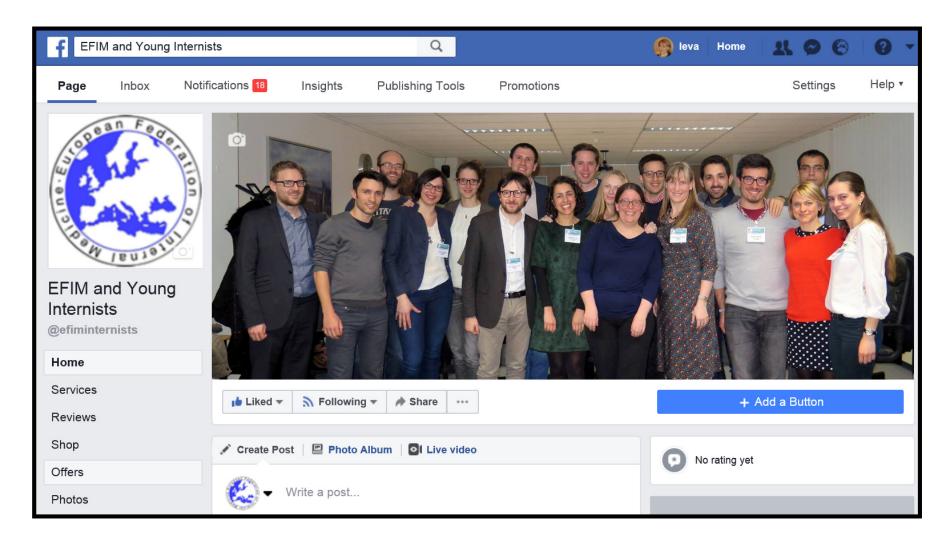


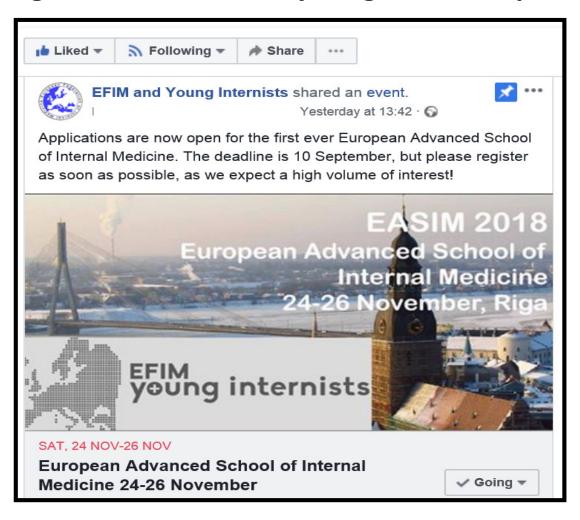
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Facebook Page – EFIM and Young Internists



- Pilot project in Riga, Latvia
- 24-26 November, 2018 (Saturday Monday)
- Society "ESIM in Riga", involving EFIM educational forces
- Director Dr.leva Ruža (Latvia)
- Co-Directors Prof. Nicola Montano (Italy),
 Dr. Frauke Weidanz (UK)
- Venue Astor Riga Hotel





- Goal to become a full EFIM educational initiative
- **Small scale** up to 30 participants
- Target early-in career (3-7 years after training) IM specialists
- Based on ESIM concept, but tailored to prepare young specialists for independent practice
- Balanced clinical and non-clinical training (conflict management, feedback delivery, less is more, leadership skills etc.) – lectures, workshops, clinical case presentations (challenging cases)

- Participants cover their costs
- Costs course/ Astor Riga Hotel stay/ meals =
 =550 Eur package
- www.easim2018.mozello.lv
- Web-based application in order to select the balanced group - OPENED NOW!
- /how-to-apply
- Initial deadline 10 September 2018







http://www.efim.org/ young-internists



Thank you for continuous support of your Young Internists! Welcome you in Wiesbaden!

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