



**EFIM**  
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President: Prof. Ricardo Gómez Huelgas, Spain  
President Elect: Prof. George Dalekos, Greece  
Past President: Prof. Dror Dicker, Israel  
Secretary General: Prof. Vasco Barreto, Portugal  
Treasurer: Prof. Filomena Pletrantonio, Italy

## **Clinical Working Group on Diabetes and Obesity**

Diabetes and Obesity are considered as chronic pandemics of unprecedented magnitude. Internists are in the front line of care of patients with diabetes and obesity and their complications. On the other hand, in recent times great advances in the knowledge and therapeutic of diabetes and obesity have been developed and require a permanent update to assure a high-quality care to our patients.

### **Objectives**

To promote the awareness of diabetes among European Internists and to promote common European strategies for prevention, diagnosis, and therapy of patients with diabetes and/or obesity.

### **Specific primary aims of the Diabetes and Obesity Working Group of EFIM are:**

- to gather data on diabetes and obesity in European Internal Medicine departments.
- to gain and share scientific knowledge about diabetes and obesity.
- to increase the awareness on diabetes and obesity among Internists across Europe.
- to imagine and create specific curricular tracks on diabetes and obesity for medical students and Internal Medicine residents.
- to implement the development of European research projects on diabetes and obesity.
- to promote joined initiatives with other scientific societies interested in diabetes and obesity.
- to possibly coordinate future European multicentric clinical trials on diabetes and obesity.

### **General and future aims of the Working Group will be:**

- to implement the comprehensive approach which is peculiar to Internal Medicine to diabetes and obesity.
- to support the development of appropriate EU public health policies for diabetes and obesity.
- to increase international cooperation in scientific research among EFIM members.



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- to coordinate studies aimed at developing new diagnostic and therapeutic procedures.
- to support campaign aimed at raising public awareness of diabetes and obesity in the EFIM Countries.
- to provide comprehensive quality information to diabetes and obesity communities.

#### **WG Chairman Profile**

- Qualified clinical expertise in the management of patients with diabetes and obesity
- Accredited merits on research and publications on diabetes and obesity.
- Contrasted experience in the organization of scientific meetings and congresses in these fields.