
Polish Society of Internal Medicine

Towarzystwo Internistów Polskich (TIP)

1906–2026

120 years of Polish internal medicine



A national society for internists

Identity

A professional and scientific association bringing together physicians in internal medicine.

Purpose

TIP supports the development of internal medicine and represents Polish internists.

Scope

Its activities connect clinical knowledge, medical education and scientific research.

Professional values

The Society promotes medical ethics and cooperation across internal medicine specialties.

Historical milestones

- | | |
|-------------|---|
| 1906 | An organising committee marks the Society's foundation. |
| 1907 | The first congress takes place in Lwów, now Lviv. |
| 1923 | The Society adopts its current Polish name. Its journal begins publication. |
| 1946 | Postwar activity resumes. |
| 2026 | TIP celebrates its 120th anniversary. |

The founding generation

Władysław Antoni Gluziński

1856–1935

Founder of the Society

A professor in Kraków, Lwów and Warsaw, Gluziński helped establish a shared forum for Polish internists.

He also initiated the Society's journal and served as its first editor-in-chief.

Mission and educational role

Medical knowledge

Disseminate advances in internal medicine among internists and other physicians.

Training

Contribute to undergraduate teaching and specialist training in internal medicine.

Lifelong learning

Support continuing professional education and the development of clinical skills.

Research

Encourage internists to undertake scientific work and share their findings.

Conferences and continuing education

INTERNA 2026

The 40th TIP Congress and the 25th national training conference took place on 22–23 May 2026.

Clinical updates

Lectures address questions relevant to daily practice. Online recordings extend access.

Nutrition education

The 2026 programme covers nutritional risk, malnutrition and planning nutritional treatment.

International learning

TIP's education platform also highlights MIRCIM and the Young Talents world contest.

Polish Archives of Internal Medicine

1923

First issue of the Society's journal

Polskie Archiwum
Medycyny Wewnętrznej

An international, peer-reviewed
journal published monthly in English.

Its scope includes clinical research
and basic science with practical
implications.

Article formats include original research,
reviews and clinical images.

The best
Polish medical
journal



Sections

- Editorials
- Original articles
- Review articles
- Clinical images
- Research letters
- Clinical practice questions and answers
- Latest trends
- Letters to the Editor
- Special reports
- Memorial articles
- Special issue

NEWS

Impact Factor 2025

Clarivate has published its latest Journal Citation Reports, with Polish Archives of Internal Medicine achieving a higher Impact Factor, further strengthening its position among medical journals.

17 June 2025

NEW 2026 JOURNAL CITATION REPORT

4.8

PAIM IMPACT FACTOR

CLINICAL IMAGES

Multidisciplinary management of severe refractory hypoglycemia

Alicja Rajewska, Paweł Komarnicki, Adam Maciejewski, Jan Musiałkiewicz, Paweł Gut, Marek Ruchała

June 8, 2025 / DOI: 10.20452/pamw.17317 / Online first

Impact Factor 2025

4.8

Quartile in the category

Q1

IC value for 2024

178.00

Ministry of Science and Higher Education score

200

Average times from

Submission to first decision	3 days
Submission to first reviews	22 days
Acceptance to online first publication	6 days
Acceptance to final publication	61 days

Acceptance rates

National Activities





Promotion of Young Talents in Internal Medicine





**SEKCJA NAUKOWA
DS. LECZENIA ŻYWIENIOWEGO**

**TOWARZYSTWA
INTERNISTÓW POLSKICH**

WIEDZA • PRAKTYKA • WSPARCIE • PACJENT



Scientific Section on Nutritional Support, Polish Society of Internal Medicine



The background of the entire image is a photograph of medical equipment, including a white tube, purple connectors, and a syringe, resting on a green textured cloth. A green semi-transparent banner is overlaid on the left side, containing the text.

mp.pl

VADEMECUM LECZENIA ŻYWIENIOWEGO 2026

Cykl edukacyjny Towarzystwa
Internistów Polskich

grudzień 2026
Internet

International cooperation

European Federation of Internal Medicine

EFIM member since 1997

International Society of Internal Medicine

Membership since 1956

TIP representatives contribute to EFIM working groups covering:

- Multimorbidity
- Adult vaccination
- Critical appraisal of guidelines
- Digital health and telemedicine
- Rare and autoimmune diseases

International Activities



Polish session during ECIM in Athens

Parallel Session: Patient with diabetes is a patient with multimorbidity. What is more important: glucocentrism or cardiorenal protection?

Session Type Parallel Session
Date Sat, 18.03.2023
Session Time 11:05 - 12:35
Room MC 3
Moderators Michał Holecki (Poland)

Glucocentric point of view

Presenter Janusz Gumprecht (Poland)
Lecture Time 11:05 - 11:35

From a renal point of view

Presenter Michał Holecki (Poland)
Lecture Time 11:35 - 12:05

From a cardiovascular point of view

Presenter Piotr Rozentryt (Poland)
Lecture Time 12:05 - 12:35



Representatives of the Multimorbidity WG are:

- Nouria Benmostefa - Algerian Society of Internal Medicine
- Soraya Benchaouia - Algerian Society of Internal Medicine
- Jan Václavík - Czech Society of Internal Medicine
- Olivier Lidove - French Society of Internal Medicine
- Christian Angermann - German Society of Internal Medicine
- Georg Ertl - German Society of Internal Medicine
- Anette Kurrle - German Society of Internal Medicine
- Avishay Elis - Israeli Society of Internal Medicine
- Ombretta Para - FADOI Italy
- Antonino Tuttolomondo - Italian Society of Internal Medicine
- Julija Voicehovska - Latvian Society of Internal Medicine
- Michał Holecki - Polish Society of Internal Medicine
- Barbara van Munster - Netherlands Society of Internal Medicine
- Bernardo Neves - Portuguese Society of Internal Medicine
- Edouard Battegay - Swiss Society of General Internal Medicine

European Journal of Internal Medicine 109 (2023) 97–106



Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

European Journal of Internal Medicine

journal homepage: www.elsevier.com/locate/ejim



Original article

Competences of internal medicine specialists for the management of patients with multimorbidity. EFIM multimorbidity working group position paper

M Bernabeu-Wittel^{a,*}, O Para^b, J Voicehovska^c, R Gómez-Huelgas^d, J Václavík^e, E Battegay^f, M Holecki^g, B.C. van Munster^h, on behalf of EFIM Multimorbidity Working Group

EFIM Multimorbidity Working Group
Autumn Webinar 2023



EFIM
www.efim.org

DIABETES AND CHRONIC KIDNEY DISEASE IN ELDERLY PATIENTS WITH MULTIMORBIDITY - HOW TO TREAT THE PATIENTS SAFELY?

November 9, 2023
16.00-17.00 CET

Chair: Michal Holecki

"Diabetes in elderly patients - what to pay attention to?"

Michal Holecki

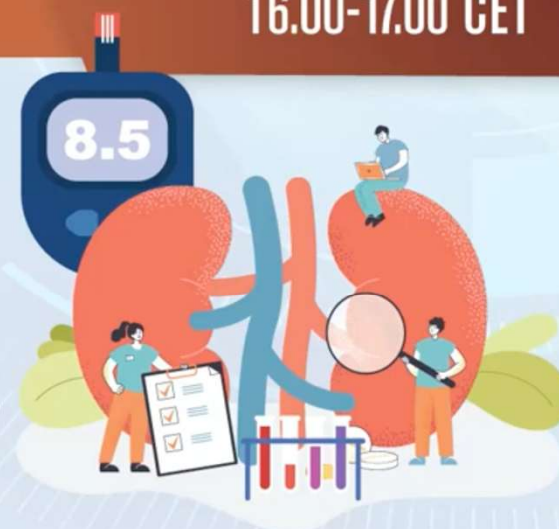
Department of Internal, Autoimmune and Metabolic Diseases, Medical University of Silesia,
Katowice, Poland.

"Chronic kidney disease in elderly patients - what to pay attention to?"

Jerzy Chudek

Department of Internal Medicine and Oncological Chemotherapy, Medical University of Silesia, 40-029
Katowice, Poland

Questions and discussion



Organized by the EFIM Multimorbidity WG



EFIM
www.efim.org

Palliative Care of End-Organ Disease in Patients with Multimorbidity

November 19, 2026
19:00 CET

Chair:

Prof. Michal Holecki, MD

19.00-19.25

Lecture 1. Let food be your medicine and medicine be your food – but is it always? Clinical nutrition in end-of-life care

Martyna Kurcz, MD.

Department of Internal Medicine, Autoimmune Diseases and Diabetology,
Medical University of Silesia, Poland

19.25-19.50

Lecture 2. The limits of common sense in treating patients with multimorbidity at the end of life

Prof. Jerzy Chudek, MD, PhD.

Department of Internal Diseases and Oncologic Chemotherapy, Medical University of Silesia, Poland

19.50-20.00 Discussion and conclusions



Organisation and leadership

2026–2030

Current executive term

President

Prof. Michał Holecki

President-elect

Prof. Krzysztof Mucha

The General Assembly of Delegates elects the national leadership.

Regional branches connect the Society with physicians across Poland.

Committees support education, international cooperation and awards.

TIP at 120 years

A long-standing forum for Polish internal medicine

TIP supports physicians through continuing education and opportunities to exchange clinical knowledge.

Its journal and international partnerships connect Polish internists with the wider medical community.

Official website: tip.org.pl