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Young Internists Report

Dr. Caterina Delcea
Chairman Young Internists
European Federation of Internal Medicine

-Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Colentina Clinical Hospital, Bucharest, Romania



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**Joint European Congress of Internal Medicine and
the International Congress of Internal Medicine**

15-18 March, 2023 | Athens, Greece





- Young Internists is a **section** of the **European Federation of Internal Medicine**
- The term ‘Young Internist’ refers **to doctors in training in internal medicine** and to doctors in the **early years of their senior posts (MD/PhD students)**. All young specialists and trainees who belong to an **EFIM member society** are members of the Young Internists Section. The criterion for the definition of a Young Internist member is **until 5 years after qualification as a specialist in internal medicine (regardless of age)**.



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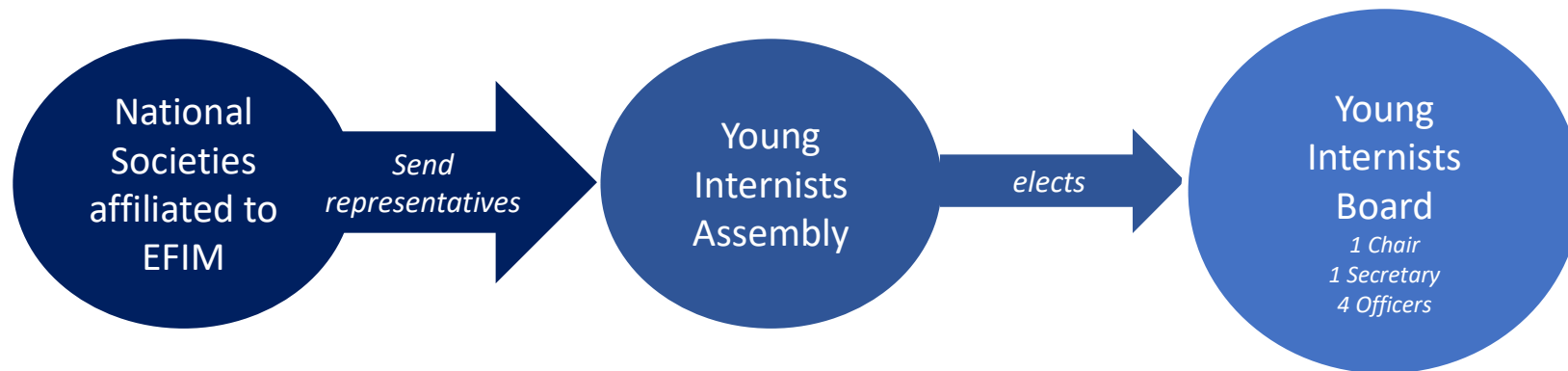
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Organization scheme



The officers of the board are **elected by the Assembly** for a period of **1 term of 2 years**.

The Chair is elected by the Assembly for a period of **1 term of 2 years**. Either National Representative or Board Officers can apply as Chair.

The board appoints the **Secretary among its members**. The Secretary steps down automatically from her/his Office once the term as Board Officer expires.



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The Young Internists Assembly

- 27 members
- 5 members of the Board
- 22 countries
- 24 from 31 EFIM Member National Societies



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Photo credit: Thomas Aro
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EFIM young internists @ ECIM 2023

Join us in Athens from **MARCH 15TH to 18th**





Wednesday, March 15th
9:00 – 13:30 CET

Workshop How to write and publish a paper

Join us!



Professor Giancarlo Agnelli



Editor-in-chief of



Dr Marco Proietti



IRCCS Istituti Clinici Scientifici
Maugeri, Milan, Italy
Honorary Senior Research Fellow
Liverpool Centre for
Cardiovascular Science
University of Liverpool, UK

Dr Andrea Salzano



Cardiology of AORN A Cardarelli,
Napoli, Italy
Honorary Senior Research Fellow
Department of Cardiovascular
Science
University of Leicester, UK

Dr Caterina Delcea



EFIM Young Internists Chair
Colentina Clinical Hospital
Assistant Professor
Carol Davila University
Bucharest, Romania



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EFIM young internists @ ECIM 2023

Wednesday, March 15th from 15.35 - 17.05 CET

Challenges in Internal Medicine – Finding Ariadne’s Thread

Joint session with the Latin American Young Internists



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**EFIM
young internists @ ECIM 2023**



Join us on

Saturday, March 18th

11:05 – 12:35 CET



Life outside of Medicine

Tales of Asclepius, the Muses and the Olympians

Life outside of Medicine
Tales of Asclepius, the Muses and the Olympians
 @ ECIM 2023 Saturday, March 18th, 11:05 – 12:35 CET

EFIM Young Internists Session

Dr Rui Bragança

Hospital da Senhora da Oliveira, Guimarães, Portugal

Life outside of Medicine
Tales of Asclepius, the Muses and the Olympians
 @ ECIM 2023 Saturday, March 18th, 11:05 – 12:35 CET

EFIM Young Internists Session

Professor Filomena Pietrantonio

**Internal Medicine Unit Director, Castelli Hospital, Roma, Italy
 EFIM Treasurer
 Past President Medécins sans Frontières Italy 1996 – 1999**

Life outside of Medicine
Tales of Asclepius, the Muses and the Olympians
 @ ECIM 2023 Saturday, March 18th, 11:05 – 12:35 CET

EFIM Young Internists Session

Dr Tuomas Aro

Helsinki University Hospital, Finland





The Young Internists' Corner



Thursday March 16th

10:35 – 11:05 **Young Internists's Corner: How to deal with Breaking Bad. News**

Speakers: Dr Ish Thethy, Dr Anda Bularga (RCP Edinburgh). Moderator: Dr Andrea Salzano (Italy)

Friday March 17th

10:35 – 11:05 **Young Internists's Corner: When should we think about autoimmune disease?**

Speaker: Prof Antonio Brucato (Italy). Moderator: Dr Miguel Morante (Spain)

17:30 – 18:00 **Young Internists's Corner: What is the role of General Internal Medicine in 2023? Are we needed?**

Speaker: Dr Darilyn Moyer (USA). Moderator: Christine Sävervall (Sweden)

Saturday March 18th

10:35 – 11:05 **Young Internists's Corner: How to ace your case (report)**

Speaker: Dr John Kellet (Denmark, Editor-in-chief EJCRIM). Moderator: Caterina Delcea (Romania)



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Young Internists Best Abstract Award

Best Original Work: Dr. Avishai Tsur (Israel)

Title: ADOLESCENTS WHO STUTTER AND TYPE 2 DIABETES IN YOUNG ADULTS

Best Case Report: Dr. Adriana Jácome Pérez (Spain)

Title: PULMONARY OPPORTUNISTIC INFECTION MIMICKING NEOPLASIA.



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EFIM young internists Webinars

EFIM Young Internists' Webinar



**Acute pericarditis –
Primer for the internist**



April 27, 2022
6:00 pm - CET
5:00 pm - WET
7:00 pm - EET



Speaker
Professor Antonio Brucato
(University of Milano, Ospedale Fatebenefratelli, Milano, Italy)


Moderators: Christine Sävervall, Shkelqim Muharremi

Organised by the EFIM Young Internists



**Challenges in 2023 for
Systemic Lupus Erythematosus**

March 29th 2023
6:00 pm CET



Speaker:
Laurent Arnaud, MD, PhD, Professor of Rheumatology at Strasbourg University and Academic Hospitals and French National Reference Center for Rare Auto-immune diseases, President-Elect of the European Lupus Society (SLEuro), Disease Coordinator for Lupus and relapsing polychondritis of the European Reference Network for rare diseases ReCONNET

[@Lupusreference](https://twitter.com/Lupusreference)

Moderators:
Lucía Barrera-López, MD, Internal Medicine Department, Hospital da Barbanza, A Coruña, Spain
Ivars Veckalns, Department of Internal Diseases, Riga Stradiņš University, Latvia



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ATHENS



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European School of Internal Medicine

European Summer School of Internal Medicine
Internal Medicine-Joint Action

12 to 18 June 2022
REAL CENTRO UNIVERSITARIO EL ESCORIAL MARIA CRISTINA
El Escorial. Madrid

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ESIM
EUROPEAN SCHOOL OF INTERNAL MEDICINE

SEMI
SOCIETÀ EUROPEA DI MEDICINA INTERNA
La vocazione globale di la medicina interna



Tuomas Aro (Finland)

Colleague's Fever of unknown origin



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Andrea Salzano (Italy)

Heart Failure



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Collaboration with Latin American Young Internists



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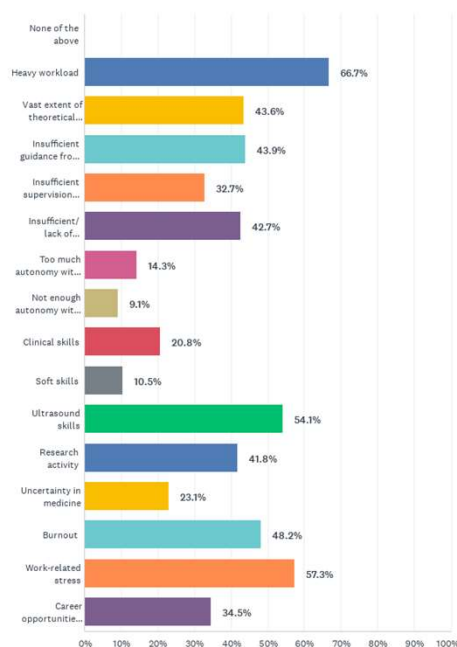
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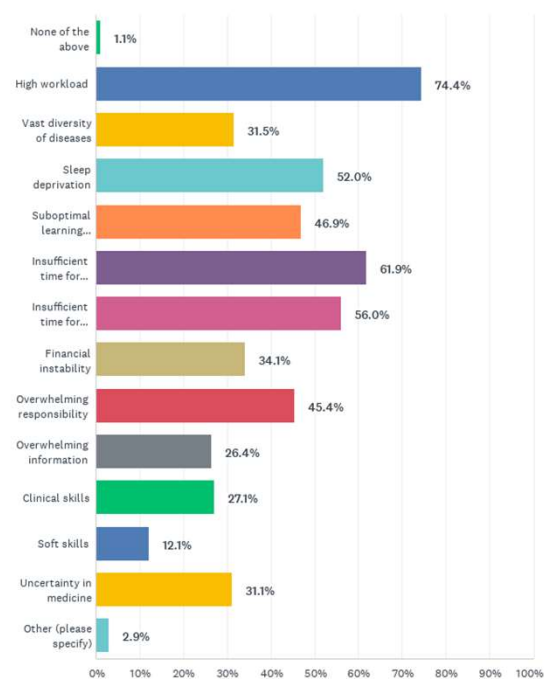


Challenges in Internal Medicine Training Survey

Q11 Which of these aspects do you consider to be current challenges in your training and career in Internal Medicine? Please choose all that apply:



Q48 Do any of the following cause your stress or anxiety? Please check all that apply.



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Thank you for your attention!



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