



ESIM2025

EUROPEAN SUMMER SCHOOL
OF INTERNAL MEDICINE

1–7 June 2025
Alexandroupolis
Greece

www.esim2025.com

Professional Congress Organizer:



24 K. Karamanliou, 55131 Thessaloniki, Greece
+30 210 6633606 | www.convin.gr

ESIM Summer 2025

1-7 June 2025

Alexandroupolis, Greece

Progress Report

Panagiotis Skendros, MD, PhD, FEFIM
Director, ESIM Summer 2025

- ESIM Summer 2025 was officially announced by EFIM and the website was launched at the beginning of December 2024 (www.esim2025.com)
- Auspices and support by the Medical School of Democritus University of Thrace and the Municipality of Alexandroupolis were secured
- 18 speakers/moderators have been invited and accepted, 2 pending
- **16 national societies of Internal Medicine have declared their intention to send 43 residents. Two of them have already selected 5 residents**
- **By the 1st of April, the names of all the selected residents are expected**
- The directors and organizers are doing their best to arrange the course in a timely manner

	Internal Medicine Societies	Number of residents to attend
1	German Society	6
2	Israel Society	3
3	Netherlands Society	3
4	Czech Society	1
5	Finnish Society	3
6	Hellenic Society of Internal Medicine	3
7	Spanish Society of Internal Medicine	6
8	Italian Society of Internal Medicine	2
9	Foundation for the Development of Internal Medicine in Europe	2
10	SNFMI – Me Louet Gaëlle Département de Médecine Interne	2
11	Estonian Society of Internal Medicine	2
12	Albania Society of Internal Medicine	1
13	Cyprus Society Of Internal Medicine	2
14	Swiss Society of General Internal Medicine	4
15	Royal College of Physicians and Surgeons of Glasgow	1
16	Royal College of Physicians of Edinburgh	2

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Invitation Letter

Dear Colleagues,

It is with great pleasure to invite you to the **European School of Internal Medicine (ESIM), Summer School 2025** that will be hosted by the **First Department of Internal**





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- Venue
- City
- How to get there
- Application form**
- Poster



Invitation Letter

Dear Colleagues,

Form B for Residents

1-7 June 2025 Alexandroupolis, Greece

FORM B
INTENTION TO SEND RESIDENTS

Website:
<http://www.esim2025.com/>
1 - 7 June 2025

Venue:
Astir Egnatia Hotel
&
University Hospital of
Alexandroupolis

ESIM Director:
Prof. Panagiotis Skandros,
MD, PhD, FEFIM


Co-Directors
Dr. Javier Moreno
Dr. Dimitrios Tsilingiris
Dr. Charalampos Papagoras
Dr. Ioannis Mitroulis
Prof. Konstantinos Ritis

Young Internists Liaisons
Dr. C. Antoniadou
Dr. E. Gavrilidis

ESIM 2024 Secretariat:
CONVIN S.A

Email:
workshop_hms@convin.gr

Supported by:
Hellenic Society of Internal
Medicine



<https://www.hsintmed.gr/>


Name of your National Society	
Name of person completing this form	
Your E-mail Address	
Invoice address	
VAT number *	
Please State the <u>Number of Residents</u> that your National Society expects to send to ESIM 2025	

Please Complete and Return This Form by 31 January 2025

ESIM 2024 Secretariat:
CONVIN S.A

Email:
workshop_hms@convin.gr

Supported by:
Hellenic Society of Internal
Medicine



<https://www.hsintmed.gr/>

to: ESIM2025 Secretariat
e-mail address: workshop_hms@convin.gr

We will send you a Registration Form to complete and return to us, when you tell us the name(s) of the Residents that you have selected to attend ESIM.

NOTE:
We will require the names and e-mail addresses of the participating residents sponsored by your national society as soon as possible (deadline **1 April 2025**). We aim to accept up to 50 residents at the Summer School from EFIM member countries. The residents should be at the end of their training in Internal Medicine and have a good understanding of the English language.

* National Society Sponsorship includes the Registration Fee 1.250€ (including VAT). The registration fee covers the cost of accommodation in a share bed room & food for a 6 night stay, attendance at the 1 week ESIM course with all educational material, social activities. Applicants are responsible for making their own travel booking, for checking their passport validity, obtaining a visa (if applicable), and arranging Travel insurance.

09.00-10.00	Arrivals	Introduction & Groups Building	Expert Lecture (EL) 1 Returning from areas of endemic infectious diseases: diagnostic approach to fever after journey	Expert Lecture (EL) 3 Evaluation of overall and residual cardiovascular risk	Expert Lecture (EL) 5 Emerging concepts in T2DM management: complications prevention	Expert Lecture (EL) 7 Emerging concepts in essential hypertension: diagnosis & management	Departures
10.00-11.00		Opening Lecture (OL) Democritus, the "father of modern science"	Expert Lecture (EL) 2 Metabolic dysfunction-associated steatotic liver disease: evolving knowledge & emerging treatments G.	Expert Lecture (EL) 4 Rapidly progressive dementia in primary care: when to suspect & refer	Expert Lecture (EL) 6 Towards the future of integrated therapeutic approaches in obesity complications prevention	Expert Lecture (EL) 8 Translational medicine: linking clinical phenotype to disease mechanism	
11.00-11.30		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
11.30-12.45		Interactive cases learning (ICL) ICL 1: Group A	Interactive cases learning (ICL) ICL 3: Group B	Interactive cases learning (ICL) ICL 5: Group C	Visit to Archaeological Museum of Alexandroupolis (Social Event- SE)	Interactive cases learning (ICL) ICL 8: Group D	
12.45-13.30		How to Treat (HOT) HOT 1: Hemophagocytic syndrome A. TZIOUFAS	How to Treat (HOT) HOT 2: Extrapulmonary TBC M. SAMARKOS	How to Treat (HOT) HOT 3: Acute ischemic stroke G. NTAIOS		How to Treat (HOT) HOT 4: Secondary hypertension E. GKALIAGKOUSI	
13.30-15.00		Sport activities & Light Lunch	Sport activities & Light Lunch	Sport activities & Light Lunch	Sport activities & Light Lunch	Sport activities & Light Lunch	
15.00-16.15		Interactive cases learning (ICL) ICL 2: Group A	Interactive cases learning (ICL) ICL 4: Group B	Interactive cases learning (ICL) ICL 6: Group C	Interactive cases learning (ICL) ICL 7: Group D	Study Internal Medicine today: open discussion (OD) between trainees &	
16.15-16.45		Transition to Hospital	Transition to Hospital	Transition to Hospital	Transition to Hospital	Closing remarks	
16.45-18.15		Hands on Workshop (HOW): HOW 1-4 (Group A, B, C, D) University Hospital of Alexandroupolis	Hands on Workshop (HOW): HOW 1-4 (Group B, C, D, A) University Hospital of Alexandroupolis	Hands on Workshop (HOW): HOW 1-4 (Group C, D, A, B) University Hospital of Alexandroupolis	Hands on Workshop (HOW): HOW 1-4 (Group D, A, B, C) University Hospital of Alexandroupolis		
20.00		Welcome dinner	Dinner	Dinner	Dinner	Farewell beach party (Social Event- SE)	
	Groups	4 (A, B,C, D), 10-12 trainees each	Main Venue	Hands on Workshops (HOWs) hosting Venue			
	HOW-1	Blood smear examination & interpretation	EGNATIA HOTEL	University Hospital of Alexandroupolis, Democritus University of Thrace			
	HOW-2	Musculoskeletal U/S in common diseases					
	HOW-3	Fundus examination for the intrenist					
	HOW-4	Diabetic foot & neuropathy assesment					
	OL	1					
	EL	8					
	ICL	8 (x 5 cases)					
	HOT	4					
	HOW	4					
	OD	1					
	SE	2					



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