



Foundation for the Development of Internal  
Medicine in Europe

**FDIME**

Activities 2022

Daniel Sereni  
Président FDIME



# FDIME Main activities

- Organizes the Clinical Research Seminar
- Offers ESIM Bursaries
- Supports YI exchange program
- Supports poster prizes at ECIM
- Supports Clinical Research with annual grants



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- **Is the voice of Internists in informing the public on health issues**



# Research Grants 2021

- 17 500 euros grant to Dr Benjamin Chaine (F)

**Integrated proteomic analysis of blood B cells and skin fibroblasts in systemic sclerosis: toward proteomic B/F signatures of SSc patients.**

**at the Division of Medicine, Research Department of Inflammation Centre for Rheumatology and Connective Tissue Diseases at the University College London**

- 17 500 euros grant to Dr Leonardo Bencivenga (I)

**Role of frailty and polymorbidity on blood pressure variability in elderly.**

**at the Aging Gerontopole, Toulouse University Hospital**



# Research Grant 2022

- 8750 euros grant to Dr Candido Munöz Munöz from Spain to London University at Prof Ian Giles research Centre (6 months) on a new technique of Anti Phospholipids Antibodies

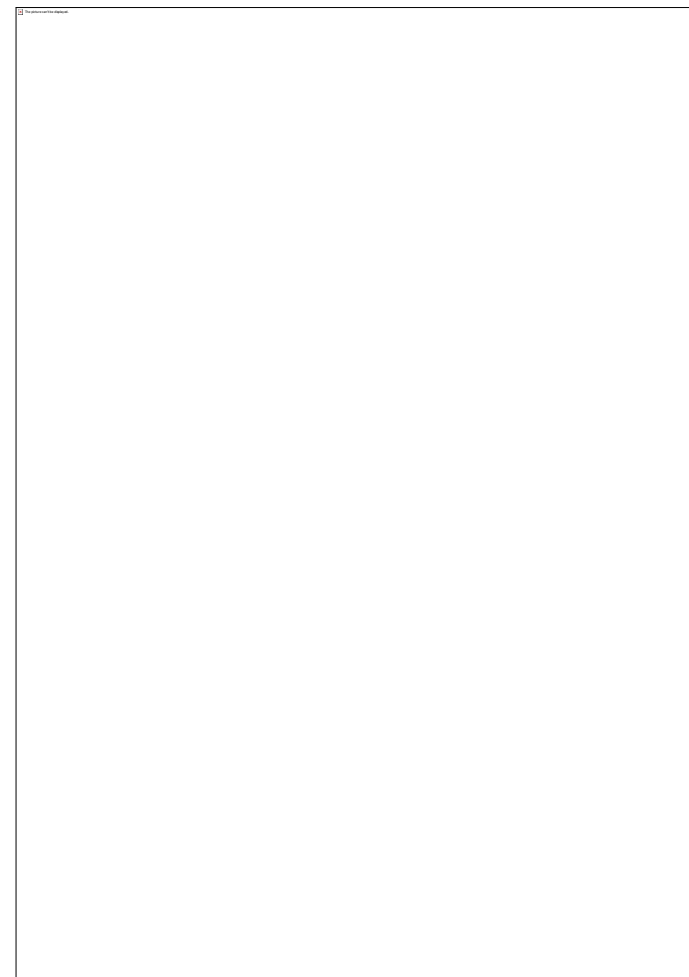


EFIM

European Federation of Internal Medicine

# Clinical Research Seminar

- From 25 to 27 October 2022 In Paris
- All expenses covered by the Foundation
  
- 10 academic speakers
- One patient representative
- Participants
  - 22 applicants
  - 14 accepted
  - 7 countries





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# Clinical Research Seminar topics

- Protection of persons in clinical research
- A patient's representative point of view
- How to deal with sample size and power
- Clinical epidemiology
- How to build a clinical trial
- Research in rare diseases



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# Clinical Research Seminar topics

- Genetic research in Iceland
- Analyzing a clinical paper
- High yield tips in grant application writing
- How to write a medical paper
- Short presentations of their own experience in research by all residents





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## Informing and Advising the Public

- 14 newsletters on Covid have been circulated through Mailchimp, Facebook and the FDIME website
- 4 new newsletters on various subjects
- Website ([www.fdime.org](http://www.fdime.org))
- Short News

## Short news items



Benefits of inefficient walking:  
Monty Python-inspired  
experimental study



Statins rarely cause muscle pain



Nonfasting vs fasting lipid testing



Black tea might be good for your  
health!



Why Iodine is important for  
you and your thyroid



Moderate coffee intake is  
associated with lower mortality  
regardless of whether sugar is  
added



Cycling for health



Sitting can elevate your blood  
sugar levels, so get up and move



Coffee is good for fatty  
liver disease

## Newsletters (FAQs)



Should sodium glucose  
co-transporter-2 inhibitors (SGLT2-i)  
be the first choice in the treatment  
of diabetes type 2?



Alcohol



Coronavirus Update  
FAQ 1 t/m 14



# EFIM/FDIME Meeting

## ECIM 2023, Athens, 17th of March

### 15h15 - 16h15



**15h15** Opening and objectives.  
Daniel Sereni & Dror Dricker

**15h20** Internists, patients and FDIME.  
Jan Willem Elte

**15h25** Short introductions on diabetes developments (Nikolaos Tentolouris), obesity (Dror Dicker) and rare diseases (Daniel Sereni), 5 minutes each.

**15h40** Efstathios Chatzopoulos on diabetes, Vicki Mooney on obesity and metabolic disease and Eustratios Chatziharalambous on rare diseases/general aspects), followed by a Round Table discussion with all speakers and a general discussion. "Patients address European Internists". Panel participants: Ramon Pujol, Daniel Sereni, Dror Dicker, George Dalekos, Ricardo Gomez Huelgas, Nikolaos Tentolouris, Diabetes patient, Vicki Mooney, Eustratios Chatziharalambous.

**16h10** Concluding remarks.  
Daniel Sereni & Dror Dricker