



## YOUNG INTERNISTS: 2025 REPORT

EFIM GENERAL ASSEMBLY



**ECIM 2026** | 25-28 March 2026  
AUSTRIA | Vienna, Austria

24<sup>th</sup> European Congress of  
**Internal Medicine**

— Care Beyond Diagnosis —

**MIGUEL ROMANO**

**CHAIR**

**YOUNG INTERNISTS, EFIM**

# YOUNG INTERNISTS - A GROWING EUROPEAN NETWORK OF FUTURE INTERNISTS



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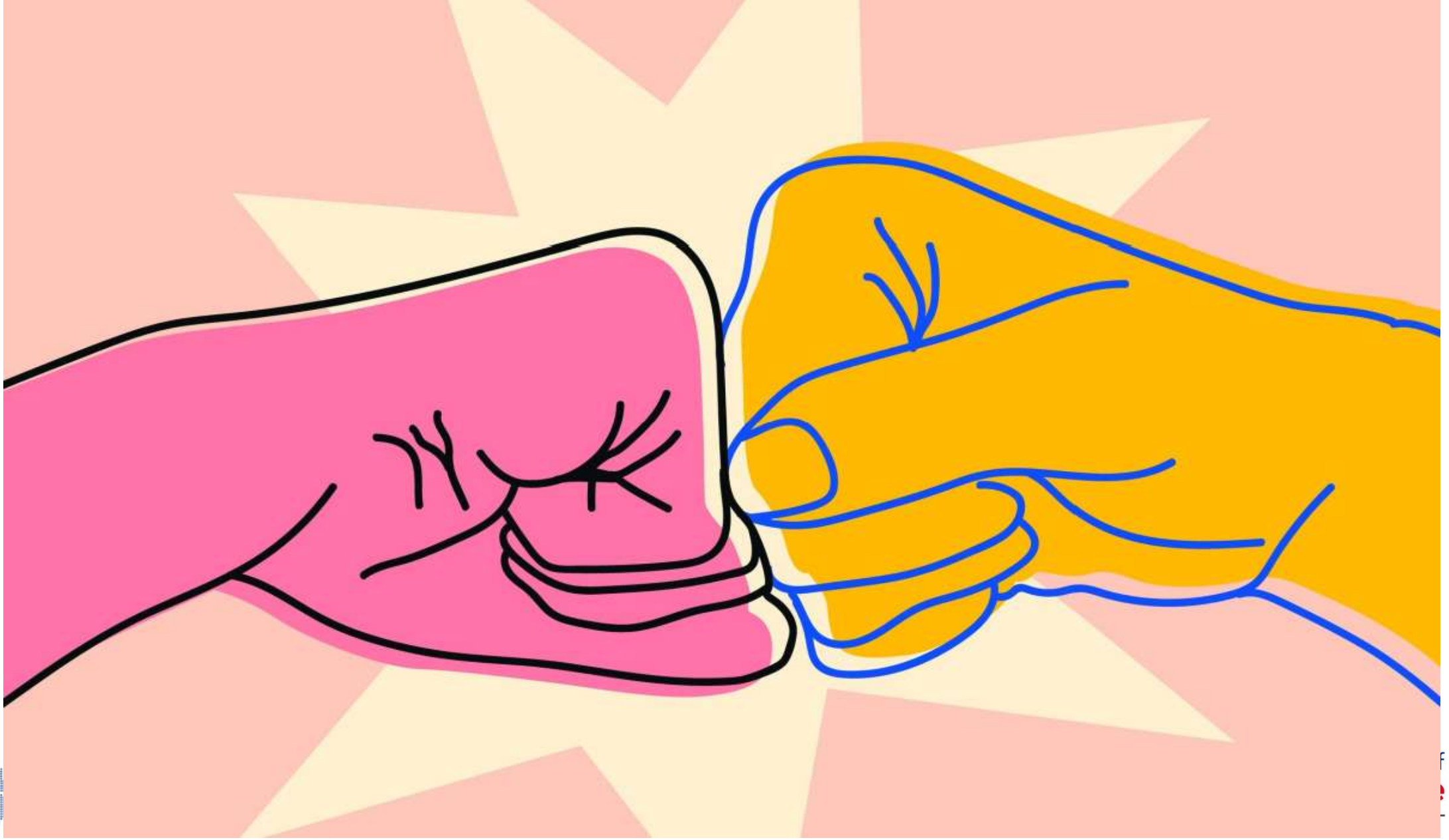
Young Internists is a **subcommittee** of the European Federation of Internal Medicine

Doctors **in training** in Internal Medicine or in the **early years of their consultant** practice (up to 5 years after completing Internal Medicine specialty training, regardless of age).



# YOUNG INTERNISTS - A GROWING EUROPEAN NETWORK OF FUTURE INTERNISTS





# YOUNG INTERNISTS SOCIAL MEDIA



Join us in ECIM 2...

**EFIM Young Internists**

43 publicações    1 118 seguidores    564 a seguir

Formação

Follow us to find out more about our activities!  
Join EFIM and stay tuned for projects dedicated to the Young Internists across Europe!



YI General Assembly

Grupo · 31 membros

EFIM Young Internists

Grupo · 60 membros



**ECIM 2026 AUSTRIA**

**24<sup>th</sup> European Congress of Internal Medicine**

25-28 March 2026  
Vienna, Austria

www.ecim2026.org

**EFIM and Young Internists**

2,6 mil seguidores · 29 a seguir

Meeting point for internists from all European countries, with the mission to revitalize the interna

Negócio local

Grupo de EFIM and Young Internists

**Young Internists of Europe**

Grupo Privado · 2,0 mil membros

# YOUNG INTERNISTS 2024-2026



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# YOUNG INTERNISTS - ORGANIZATION



# YOUNG INTERNISTS - ORGANIZATION

## BEFORE



## TRANSFORMATION



## (NEAR) FUTURE

### Connected but informal group

- Independent initiatives
- Limited continuity
- Interaction mainly during congresses

### We structured, connected and activated the network

- Diagnosis and Characterization
- 6 Working Groups
- Leadership roles (Board-led)
- Integration of external YI
- Regular online meetings
- Advisory Board

### A functional and growing European system

- Continuous collaboration
- Active engagement
- Clear distribution of roles
- Scalable and sustainable structure



# ORGANIZATION - YI CHARACTERIZATION

## Young Internists Characterization

Dear Representatives,

Young Internists represent the **largest sub-population within EFIM**. In order to give us **more power to negotiate**, it is important to **understand how big we are and how many people we represent**. The YI Board would also like to seize this opportunity to know a little bit more about you, your interests and motivations and plans for the future of the Young Internists.

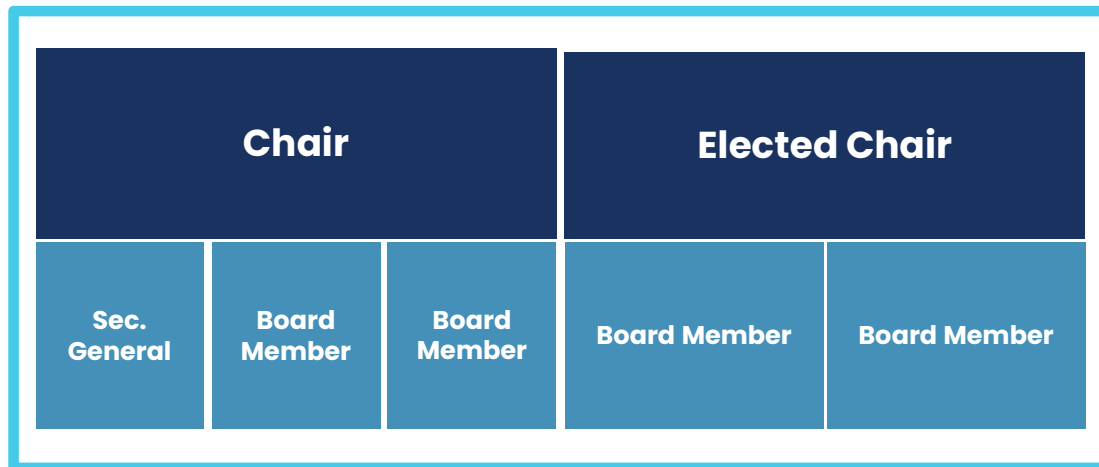
This survey will only take a few minutes to complete, but **it is very important**. If you don't have the answer right away, please try to find the answers in **your own national society** and fill this in afterwards.

Thank you very much.  
Miguel Romano

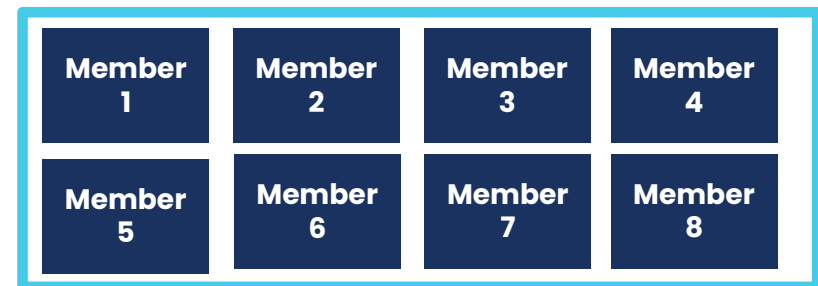


# YOUNG INTERNISTS - ORGANIZATION

## YI BOARD



## ADVISORY BOARD



# ORGANIZATION - YI WORKING GROUPS



- **Research & Mentorship**

Chair: Dr. Andrea Salzano

- **Webinars**

Chair: Dr. Zora Lazurova

- **Newsletter & Social Media**

Chair: Dr. Miguel Romano

- **European Congress**

Chairs: Dr. Miguel Romano and Dr. Anna Mavromanoli

- **Education & Essential Skills**

Chair: Dr. Lucia Ordieres

- **External Affairs**

Chair: Dr. Miguel Romano

# ORGANIZATION – YI WORKING GROUPS

## Young Internists Working Groups

Following the decisions approved during the EFIM Young Internists General Assembly in Florence, we are pleased to officially **launch the Call for Applications to join the Young Internists Working Groups**. These working groups are designed to expand collaboration across the Young Internists network and promote shared responsibility in key areas of action.

In this first phase of applications **we will be opening the call for:**

- Research & Mentorship – Chair: Dr. Andrea
- Webinars – Chair: Dr. Zora
- Newsletter & Social Media – Chair: Dr. Miguel Romano
- European Congress – Chairs: Dr. Miguel Romano and Dr. Anna
- Education & Essential Skills – Chair: Dr. Lucia

Each Working Group will be **led by a Board Member (Chair)** and will include:

- 2 Assembly representatives
- Up to 3 external young internists from across Europe



### JOIN THE EFIM YOUNG INTERNISTS WORKING GROUPS!

Are you ready to shape the future of internal medicine in Europe?



As part of our new working groups, you can help us create, grow, and innovate in:

- Research & Mentorship
- Webinars
- Newsletter & Social Media
- European Congress
- Education & Essential Skills



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# ORGANIZATION – YI MEETINGS

## IN PERSON MEETINGS

### 1. YI General Assembly

- ECIM
- Open to the YI Board and national representatives

### 2. EFIM Day

- EFIM Day in Brussels;
- Open to the YI Board and national representatives



ECIMI **ÄUSTRÍA** | Vienna, Austria 2026  
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# ORGANIZATION – YI MEETINGS

## ONLINE MEETINGS

### 1. YI Open Meeting 1

- January
- Open to all

### 2. YI Open Meeting 2

- June
- Open to all



# EDUCATION

The (un)expected fundamentals of  
**Medicine & Artificial Intelligence**

18<sup>th</sup> February, 2025  
5 pm CET  
[JOIN ON ZOOM](#)

speaker  
**Marco Montagna**, Vita-Salute San Raffaele University

moderators  
**Ismael Said Criado**, Chair of the Telemedicine, Innovative Technologies and Digital Health WG  
**Mario Daidone**, University of Palermo

A webinar for all Internists, co-organized by:



## Cardiorenal Syndrome - Perspectives from Nephrology and Internal Medicine

14 MAY Wednesday, May 14, 2025  
From 5:00 - 6:00 PM (CEST)

Speaker  
**Amaryllis Van Craenenbroeck**, Belgium

Speaker  
**Alberto Marra**, Italy

Panellist  
**Balazs Odler**, Austria

Panellist  
**Martin Satny**, Czech Republic

Moderator  
**Safak Mir**, Türkiye

Organised by the EFIM Young Internists



## Endocrine emergencies - what every young internist should know

Speaker:  
**Johanna Brägelmann**, Germany

Moderators: **Noor Lasheen**, Austria  
**Zora Lazurova**, Slovakia



October 8<sup>th</sup> 2025  
7.00 PM CET

 **EFIM**  
www.efim.org

# EDUCATION

Organised by the EFIM Young Internists

in collaboration with the Critical Appraisal of Guidelines in Internal Medicine WG



## From Evidence to Practice: How Internists Can Contribute, Critique, and Adapt Evidence

January 20<sup>th</sup> 2026  
18:30 PM CET

Moderators:

Zora Lazurova, Catalin Teodor Rusu, Andrea Salzano

Inside the EFIM Guideline - Making Process: Methods, Challenges, and Best Practices

Ignacio Marin-Leon

Acute heart failure – an EFIM guideline critical appraisal and adaptation for internists

Valentin Kokorin



Organized by the EFIM Young Internists and Austrian Young Internists



## GLP-1 Receptor Agonists: Applications in Clinical Practice

February 18<sup>th</sup> 2026  
7:00 PM CET

Moderators:

Noor Lasheen, Austria

Jakub Jurica, Slovakia

Speaker:

Adrian Szodl, Austria



8 March 2026  
Vienna, Austria

Congress of  
**Internal Medicine**  
Diagnosis —

# EDUCATION



## EFIM European Federation of Internal Medicine

@efimeuropeanfederationofin6151 · 405 subscribers · 29 videos

The European Federation of Internal Medicine (EFIM) was established in 1996 through a m... >

[efim.org](#) and 2 more links

Subscribed



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# EDUCATION



Hellenic Society of Internal Medicine

# ESIM2025

## EUROPEAN SUMMER SCHOOL OF INTERNAL MEDICINE

[www.esim2025.com](http://www.esim2025.com)

1-7 June 2025

Alexandroupolis, Greece



# ESIM 2025

## WINTER SCHOOL

FEBRUARY 9<sup>th</sup>-15<sup>th</sup>

BJÖRKLIDEN,  
SWEDEN



EFIM  
young internists

EFIM  
[www.efim.org](http://www.efim.org)

EFIM 2026  
25-28 March 2026  
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# EDUCATION

**ESIM 2026**  
EUROPEAN SUMMER SCHOOL  
OF INTERNAL MEDICINE  
31 May – 6 June 2026 | Alexandroupolis, Greece  
[www.esim2026.com](http://www.esim2026.com)

EFIM [www.efim.org](http://www.efim.org)

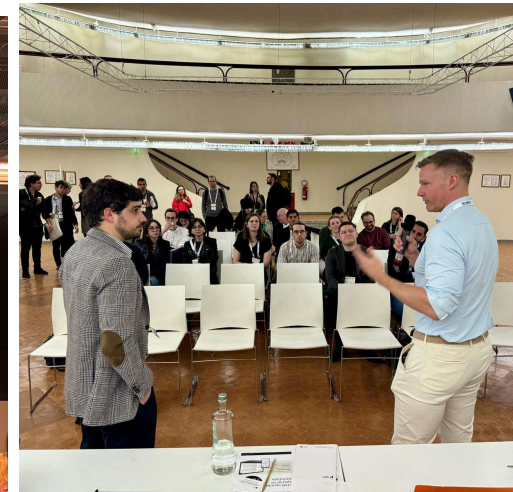
ESIM

ΕΕ  
ΕΝ  
Hellenic Society  
of Internal Medicine

**ESIM 2026**  
**BARI - ITALY**  
**Winter School**  
FEBRUARY 15th – 21st



# ECIM 2025



# ECIM 2025

- **YOUNG INTERNISTS WORKSHOP**

- **How to Write and Publish an Article**

- **YOUNG INTERNISTS PARALLEL SESSIONS**

- **Guardians of Patient Safety: Innovations and Insights in Internal Medicine**
- **Preparing for the Unpredictable: The Power of Collaboration in Crisis Management**



# ECIM 2025

## • **YOUNG INTERNISTS' CORNER**

- Life Achievement Awards Winner - Dr. Stefano Pretolani (for Prof. Gasbarrini)
- Life Achievement Awards Winner - Prof. Daniel Sereni
- Quality of Life for the Young Internists with Early Career Group
- Meeting EFIM President Elect
- Q&A with John Kellett



# ECIM 2026

## YOUNG INTERNISTS WORKSHOP (25TH MARCH)

- How to Write and Publish an Article

## YOUNG INTERNISTS PARALLEL SESSIONS

- Annual Updates on Internal Medicine – Young Internists POV
  - 25th March 17:15-18:15
- AI in Healthcare – a friend or a foe? [Joint Session EFIM YI – Austrian YI]
  - 27th March 17:40-18:40



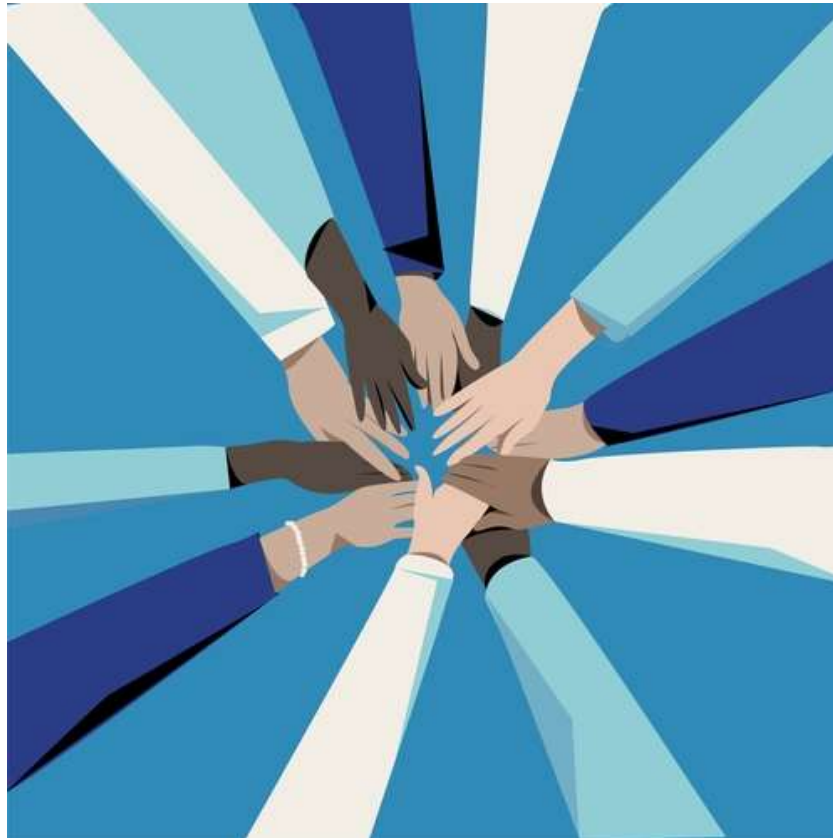
# ECIM 2026

## YOUNG INTERNISTS' CORNER

- **Leadership in Internal Medicine: challenges and Opportunities [with ACP]**
- **Speed Mentoring Event [with ECG]**
- **Meeting EFIM Life Achievement Awards Winners**
- **EFIM Guidelines: general principles and professional opportunities for YI**



# COLLABORATIONS



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# COLLABORATIONS



**Ceylon College of Physicians CCP2025**  
Joint Symposium with EFIM

## Navigating a Career in Internal Medicine Without Burnout

Miguel Romano  
Chair - EFIM Young Internists



## Speed mentoring event registration

### Introduction

This is an interactive event designed to provide doctors with rapid-fire access to “expert” advice across a range of crucial topics. This Speed Mentoring Event will offer a dynamic platform to engage with professionals in research, publishing, innovation, leadership, education, and finance.



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THANK YOU!

**Young Internists are a driving force within Internal Medicine. Across Europe, we are connecting people, structuring ideas, and creating impact. This is not just a network. This is a movement.**

Through education, collaboration, and shared purpose, we transform challenges into progress and ideas into action.

**The future of Internal Medicine is not ahead of us, it is being built, together, today.**





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