

Journey of PSIM

Dr. Somia Iqtadar

MBBS, FCPS (Pak), FRCP (London), FPSIM

Associate Professor of Medicine













King Edward Medical University Lahore





Senior Vice President - Operations PSIM







PSIM TEAM


 Prof. Muhammad Umer Vice President - Federal	 Dr. Salma zeb Vice President - KPK	 Dr. Wafa Qaisar Joint Secretary
 Prof. Aamir Shaukat Vice President - Central Punjab	 Dr. Muhammad Saleem Khan Vice President - AJ& K / GB	 Dr. Hina Latif Information Secretary
 Prof. Qazi Masoor Ali Vice President - South Punjab	 Dr. Zulfiqar Ali Vice President - Overseas	 Dr. Sami Ullah Mumtaz Coordination Secretary
 Prof. Hakim Ali Abro Vice President - Sindh	 Prof. Sajid Abaidullah Treasure	 Mr. Waqar Ahmad Executive Secretary

 Prof. Aftab Mohsin President PSIM	 Prof. Aziz-ur-Rehman President Elect	 Prof. Tariq Waseem Senior Vice President (Academic)
 Dr. Somia Iqtadar Senior Vice President (Operations)	 Prof. Aamir Ghafoor Khan Senior Vice President (International Affairs)	
 Prof. Bikha Ram Devrajani Senior Vice President (Research)	 Prof. Munir Ahmad Azhar Secretary General PSIM	

CONTACT INFORMATION


Address
49 Justice Akram Road, MozangChungi,
Lahore, Punjab 54600, Pakistan

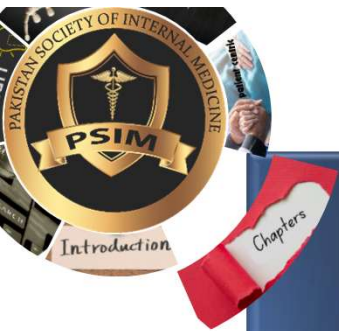

Phone
+92 321 405 5243
+92 346 405 5243


Email
✉ info@psim.org.pk



PSIM INTRODUCTION





PSIM CHAPTERS



PATIENT CENTRIC

World Hypertension Day 2024



The graphic is divided into several sections. At the top, there is a portrait of a man and Urdu text: 'بلڈ پریشر بہت ساری بیماریوں کی جڑ ہے: وزیر صحت' and 'فری ٹیسٹوں کی سہولیات فراہم کریں گے: سوشل سیکریٹری'. Below this is a group of men at a podium. The bottom section features a list of names and the Getz Pharma logo.



PATIENT CENTRIC World Dengue Day



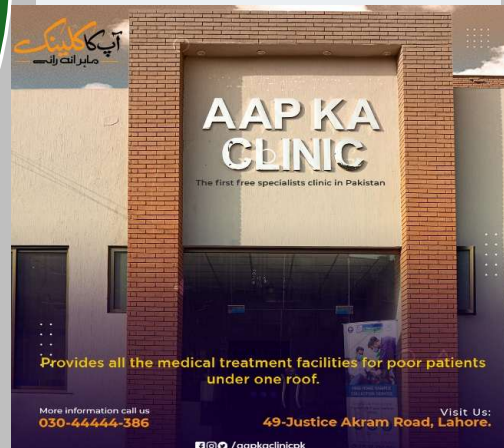
PATIENT CENTRIC World Hepatitis Day 2024



PATIENT CENTRIC



آپ کا کلینک
-فری ماہرانہ راتے-



آپ کا کلینک
-فری ماہرانہ راتے-

Heartiest congratulations to all on the establishment of a free **Dialysis Center** at AAP KA CLINIC, dedicated to serving the community in the name of Allah. May He accept the efforts of all involved and reward us and our families in this world and the hereafter. Ameen, and in sha Allah, may this initiative bring relief and comfort to those in need, fulfilling a crucial healthcare need while embodying the spirit of compassion and service.



More information call
042-36366767

<https://aapkaclinic.org>
VISIT OUR WEBSITE





Diabetes Research Group

Diabetes Research Group

PSIMRA & MIRCIM


PSIMRA & MIRCIM

JPSIM

JPSIM

RESEARCH






(PROTECT) OF HYDROXYCHLOROQUINE, OSELTAMIVIR AND AZITHROMYCIN TO TREAT NEWLY DIAGNOSED PATIENTS WITH COVID-19 INFECTION WHO HAVE NO COMORBIDITIES LIKE DIABETES MELLITUS: A STRUCTURED SUMMARY OF A STUDY PROTOCOL FOR A RANDOMIZED CONTROLLED TRIAL.

JAVED AKRAM, SHEHNOOR AZHAR, MUHAMMAD SHAHZAD, WAQAS LATIF & KHALID SAEED KHAN

Click on this link and Download this Article:

<https://bit.ly/protect04616> 

DIABETES RESEARCH GROUP



Participants:

- University of Health Sciences Lahore
- Rawalpindi Medical University
- Shaheed Zulfiqar Ali Bhutto Medical University-Pakistan Institute of Medical Sciences Islamabad
- King Edward Medical University-Mayo Hospital Lahore
- Ameeruddin Medical College-Postgraduate Medical Institute-Lahore General Hospital
- Fatima Jinnah Medical University-Sir GangaRam Hospital Lahore
- Faisalabad Medical University
- Khyber Teaching Hospital Peshawar
- Nawaz Sharif Medical College-Aziz Bhatti Shaheed Hospital Gujrat
- Sargodha Medical College
- Gujranwala Medical College
- Akram Medical Complex
- Pakistan Society of Internal Medicine
- Federal TaskForce on Covid19 under Chairmanship of Prof. Atta ur Rahman (NI)

Enrolled Patients

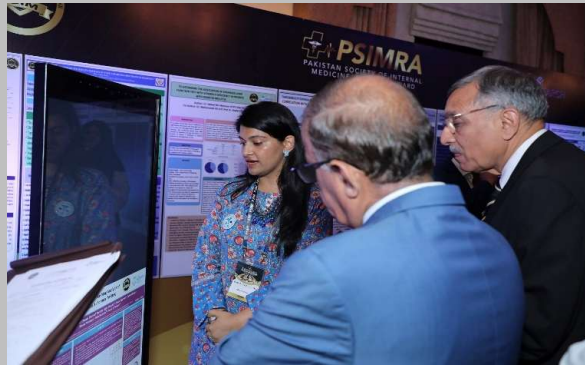


VICCTORI Trial

Vitamin D in COVID Cytokine Therapy on Registered Inpatients




RESEARCH



RESEARCH



JPSIM

PSIM NEWS & VIEWS Quarterly

Vol. 01, Issue 01-02, January - June 2024

PSIM

PAKISTAN SOCIETY OF INTERNAL MEDICINE

5th ANNUAL INTERNATIONAL CONFERENCE

#PSIM2K24

Diabetes Research Group

PSIMPA & MIPCIM

JPSIM

medicine

JP

PSIMpak

in PSIMpak

ACCREDITATION



Pakistan Society of Internal Medicine (PSIM)
is now officially a member of
International Society of Internal Medicine (ISIM)

Executive committee of ISIM has approved the membership of PSIM
on 10th of December, 2023



COLLABORATIONS INTERNATIONAL





COLLABORATIONS

MOU SIGNING CEREMONIES





COLLABORATIONS

WOMEN'S LEADERSHIP



Women in Leadership League in Medicine (WILL-MED)

5th ANNUAL INTERNATIONAL CONFERENCE
Pakistan Society of Internal Medicine
"Patient Centric & Evidence Based Medicine Pa"


BY
Prof. Lubna Kamani
MBBS, FCPS, MRCP(UK), FRCP(London)
Professor of Gastroenterologist
Liaquat National Hospital, Karachi
Pakistan





CONFERENCE SECRETARIAT
"AAPKA CLINIC" 49 Justice Akram Road (Mozang Road) Lahore. Contact: Asif: +92 321 4055243 / Waqar: +92 346 4033650

PSIM-RCP: Advancing Women Leadership in Healthcare

Dr. Somia Iqtadar
MBBS, FCPS (Pak), FRCP (London), FPSIM
Associate Professor of Medicine
King Edward Medical University Lahore
Secretary General
Pakistan Society of Internal Medicine
Pakistan



MID SUMMER
EVIDENCE BASED MEDICINE 2023
22nd to 24th September, 2023
Pearl Continental, Shurban
WOMEN'S LEADERSHIP
• Free Conference Attendance
• International expert-led faculty
• State of Art Lectures
• Scientific Symposium
• Dinner-VIP Session
• Practical Workshops
• Social Events
• Networking Opportunities




CONTINUED MEDICAL EDUCATION

MENTOR MENTEE



Mentor Mentee Multan Chapter
Mock Clinical Session of Long and Short Cases in Medicine

MENTOR MENTEE PROGRAM
1ST EVER MEDICINE REVIEW BOARD IN PAKISTAN

Guest Director

Chief Organizers

Course Coordinators

8th - 9th October, 2022 | FC, Royal Lakes



MENTOR MENTEE PROGRAM

LAHORE EDITION

Pharmvo

MENTOR MENTEE PROGRAM
1ST EVER MEDICINE REVIEW BOARD (1ST Program)

PANELISTS & SPEAKERS

Pharmvo

MENTOR MENTEE PROGRAM
1ST EVER MEDICINE REVIEW BOARD (2ND Program)

PANELISTS & SPEAKERS

Pharmvo





CONTINUED MEDICAL EDUCATION

Vitamin D Academy

VITAMIN D ACADEMY
1st EVER VITAMIN D RESEARCH AWARDS
 "To Foster Research on Vitamin D in Pakistan"
Call for Abstracts
 Top 3 researchers will win
Rs. 150,000, Rs. 100,000 & Rs. 50,000
 This is your chance to present your research & win cash prizes in the 4th Pakistan Society of Internal Medicine (PSIM) International Conference 2023
Eligibility Criteria:
 - Medical Doctors
 - No age limit
Submit by 31st January 2023
 Submit your papers: VitaminDacademy@pharmevo.biz For info contact: 0333-7172801

2nd International Osteoporosis & Bone Health Summit
Redefining Osteoporosis
 From Prevention To Treatment

Speakers:

- Prof. Dr. Michael F. Hollick: Professor of Endocrinology, Diabetes, Nutrition & Therapeutics, Harvard Medical School, Boston, USA
- Prof. Dr. Faisal Masood: Professor of Osteoporosis, Department of Endocrinology, University of Karachi, Pakistan
- Dr. Sornia Iqtadar: Director General, Ministry of Health, Government of Punjab, Pakistan
- Dr. Uneeba Syed: Associate Professor, Department of Endocrinology, University of Karachi, Pakistan

Summit Keynotes:

- Comprehensive Approaches to Osteoporosis Management
- The Importance of Calcium and Vitamin K2 in Osteoporosis Treatment
- The Role of Vitamin D and Supplementation Protocols

National Faculty:

Wednesday, 28th December 2024 | 1:00 PM - 4:45 PM | Paletti's Hotel, Lahore

FROM CONCEPTION TO EXECUTION

MoU Signing Ceremony of Vitamin D Academy

Inaugural Session of Vitamin D Academy



CONTINUED MEDICAL EDUCATION

CME

1st Pakistan Society of Internal Medicine Larkana Symposium

NEW FRONTIERS IN EVIDENCE-BASED MEDICINE

December 23, 2024
SZABIST University, Sectoral Colony, Larkana

The Symposium Workshop
"Artificial Intelligence in Research"
December 21, Medical Unit 1, Hall

ORGANIZING COMMITTEE

Patron
Prof. Bashir Ahmed Shaikh
Chairman Organizing Committee
Prof. Hakim Ali Abro

Secretary Symposium
Prof. Ali Hyder Bokoch

Scientific Committee
Chairman Prof. Azizullah Jabbari
Co-Chairman Dr. Fayaz Mujtaba Shah

SYMPOSIUM HIGHLIGHTS

- Renowned National Faculty
- State of the Art Lectures
- Clinical Vignettes
- Updates on Dengue
- Updates on Diabetes Mellitus
- NAFID to MASLD
- Updates on Hepatitis Management

Sponsor: Getz Pharma

Symposium Secretariat: Medicine Department, Unit 1, CMC Larkana

ONE DAY SYMPOSIUM ON DIABETIC FOOT

SPEAKERS

Chief Guest
Prof. Dr. Amjad Ali
Dean, BMC, M.I. BMC, Multan

PANEL OF EXPERTS

MODERATORS

AGENDA

22nd July 2024
MONDAY
Time: 10:30 am

Venue: Haidar Hall BMC, Multan

Sponsors: Iyagur, Haidar, Girdis, Sami Pharmaceuticals

Essentials of Ischemic Stroke
(04 CME Credits - EHS/CPD/25/081)

22 FEBRUARY 2025
SATURDAY

VENUE: Fatima Memorial Seminar Room, PAD Auditorium Oud Metha Dubai

Ischemic stroke is the most common type of stroke, accounting for approximately 87% of all strokes. It occurs when a blockage in a blood vessel reduces or stops blood flow to the brain, leading to brain cell damage due to a lack of oxygen and nutrients.

Faculty

Seminar Agenda

08:30 - 10:00	Registration & Welcome	Dr. Saadul Haque
10:00 - 10:45	Anatomy: Stroke - Vessels Perspective	Dr. Waseem Gada
10:45 - 11:00	Coffee & Refreshments	
11:00 - 11:45	Stroke: Mechanism and Classification	Dr. Waseem Gada
11:45 - 12:00	Secondary Prevention of Stroke	Dr. Sara Khan
12:00 - 12:45	Prevention of Stroke	Dr. Saadul Haque
12:45 - 1:30	Conclusion & Evaluation	Dr. Zulfikar Ali

FOR REGISTRATION

REGISTER NOW

Media & Supporting Partners: BMJ, ESC, ACC, MED, etc.

Tox-10 Workshop
(05 CME Credits - EHS/CPD/25/081)

January 25, 2025 (Saturday) | Room B6 Training Center, Rashid Hospital Dubai
Poisoning Risk Assessment & Decontamination (Dr. Sara Kazim)

Case 1 & 2 (Dr. Naeem Toosy, Dr. Anser) (Sympathomimetic/Sympatholytic)

Case 3 & 4 (Dr. Anser, Dr. Zulfikar) (Cholinergic/Anticholinergic)

Case 5 & 6 (Dr. Anser) (Rodenticides/Toxic alcohols)

Case 7 & 8 (Dr. Naeem Toosy) (CO/Digoxin)

Case 9 & 10 (Dr. Seemin) (Salicylates/Paracetamol)

Dr. Sara Kazim
Consultant Emergency Med, Rashid Hospital (Workshop Director)

Dr. Naeem TOOSY
Consultant Emergency Med, International SOS, University of London, RAK

Dr. Anser Mahmood
Consultant Emergency Med, American Hospital Dubai

Dr. Seemin Shiraz
Consultant Intensivist, Parkview Medical Clinic, Dubai

Dr. Zaka Malik
Consultant Emergency Med, Rashid Hospital, Dubai

Dr. Zulfikar Ali
Consultant Physician, DHA (Workshop Coordinator)

Sponsors: TOX 10, PMCA, BMJ, MED, ESC, etc.

1ST PAKISTAN SOCIETY OF INTERNAL MEDICINE SUKKUR SYMPOSIUM

NEW FRONTIERS IN EVIDENCE-BASED MEDICINE

GHULAM MUHAMMAD MAHAR MEDICAL COLLEGE, SUKKUR

December 21 Saturday 7:00pm RT GRACE SUKKUR

SYMPOSIUM HIGHLIGHTS

- Renowned National Faculty
- State of the Art Lectures
- Scientific Updates
- Updates on Diabetes Mellitus
- Session on AI

ORGANIZING COMMITTEE

Patron:
Prof. Dr. Attaf Ahmed Shaikh Principal GMMC Sukkur

Organizing Committee:
Faculty of Medicine Ghulam Muhammad Mahar Medical College in collaboration with Getz Pharma

Pakistan Society of Internal Medicine Cordially invites you to

Cardiovascular Health Symposium

In collaboration with Pakistan Hypertension League & Pakistan Cardiac Society

19TH JAN 2025, SUN
10:30 AM
MULTAN INSTITUTE OF CARDIOLOGY, MULTAN.

Chairperson
Prof. Javed Akram

Co-Chairperson
Prof. Tariq Abbas

Panelists
Prof. Munir Azhar | Prof. Zahra Nazish | Prof. Zafar Iqbal | Prof. Raj Kumar

The Session will cover the following topics:

- CV Health Metrics and ASCVD Risk Assessment
Prof. Tariq Waseem
- Hypertension Treatment Targets & Goals
Prof. Kasim Ali Hashmi
- Holistic Approach to manage Diabetes
Prof. Aziz Ur Rehman
- Aspirin and Statins for the Primary Prevention of ASCVD
Prof. Altaf Mohsin

Sponsor by: AEDC



CONTINUED MEDICAL EDUCATION

7th ANNUAL CONFERENCES

PSIM
2026
LAHORE



7th ANNUAL
INTERNATIONAL CONFERENCE

Pakistan Society of Internal Medicine

Mentoring Physicians, Advancing Healthcare.

5th to 8th February 2026

Pearl Continental
Hotel Lahore Pakistan



<https://www.psim.org.pk/>

COLLABORATING ORGANIZATIONS



ROYAL COLLEGE
of PHYSICIANS
of EDINBURGH



Royal College
of Physicians





CONTINUED MEDICAL EDUCATION CONFERENCES





UPDATE MEDICAL KNOWLEDGE INTERNATIONAL CONFERENCES





CONTINUED MEDICAL EDUCATION INTERNATIONAL CONFERENCES

World Congress of Diabetes 2025
By International Diabetes Federation

IDF 2025 BANGKOK
SIMPLIFYING ADHERENCE FOR PEOPLE WITH TYPE 2 DIABETES: WHAT ARE THE UNMET NEEDS

Dr. Somia Iqtadar
FCPS(Med), FRCP(London), FPPSM(Pak)
Associate Professor Medicine
King Edward Medical University
Secretary General
Pakistan Society of Internal Medicine

Welcome to the IDF Congress 2025

CEYLON COLLEGE OF PHYSICIANS
58TH ANNIVERSARY ANNUAL ACADEMIC SESSIONS
"Physician For The Future"
INAUGURATION

PROFESSOR JAVED AKRAM

CEYLON COLLEGE OF PHYSICIANS
58TH ANNIVERSARY ANNUAL ACADEMIC SESSIONS
"Physician For The Future"
INAUGURATION

PSIM AT 33RD INTERNATIONAL CHEMOTHERAPY CONGRESS
FORGING NEW ALLIANCES

King Edward Medical University
Lahore Pakistan

PSIM



3rd PIMCON



Mid-Summer Meeting 2026



8th Annual Conference 2027

