



EUROPEAN FEDERATION OF  
INTERNAL MEDICINE  
**GENERAL ASSEMBLY**

25 March 2026  
09:30 CET  
Hofburg Conference Centre



Welcome to the  
General Assembly  
Vienna, 2026





**EFIM**  
[www.efim.org](http://www.efim.org)

# EFIM Activities

## EFIM President, Prof. George Dalekos



# EFIM Executive Committee 2025



Prof. George Dalekos –  
EFIM President



Dr. Fredrik von Wowern –  
EFIM President Elect



Prof. Ricardo Gomez Huelgas –  
EFIM Past President



Dr. Filomena Pietrantonio –  
EFIM Treasurer



Prof. Margus Lember –  
EFIM Secretary General



## EFIM Headquarters



Aneta Trajkovska –  
EFIM Executive Manager



Catalina Angulo –  
EFIM Secretariat Support

# Election for a Treasurer – Mandate 2026 - 2028



**Candidate: Dr.  
Annette Kurrle**

**German Society of  
Internal Medicine**

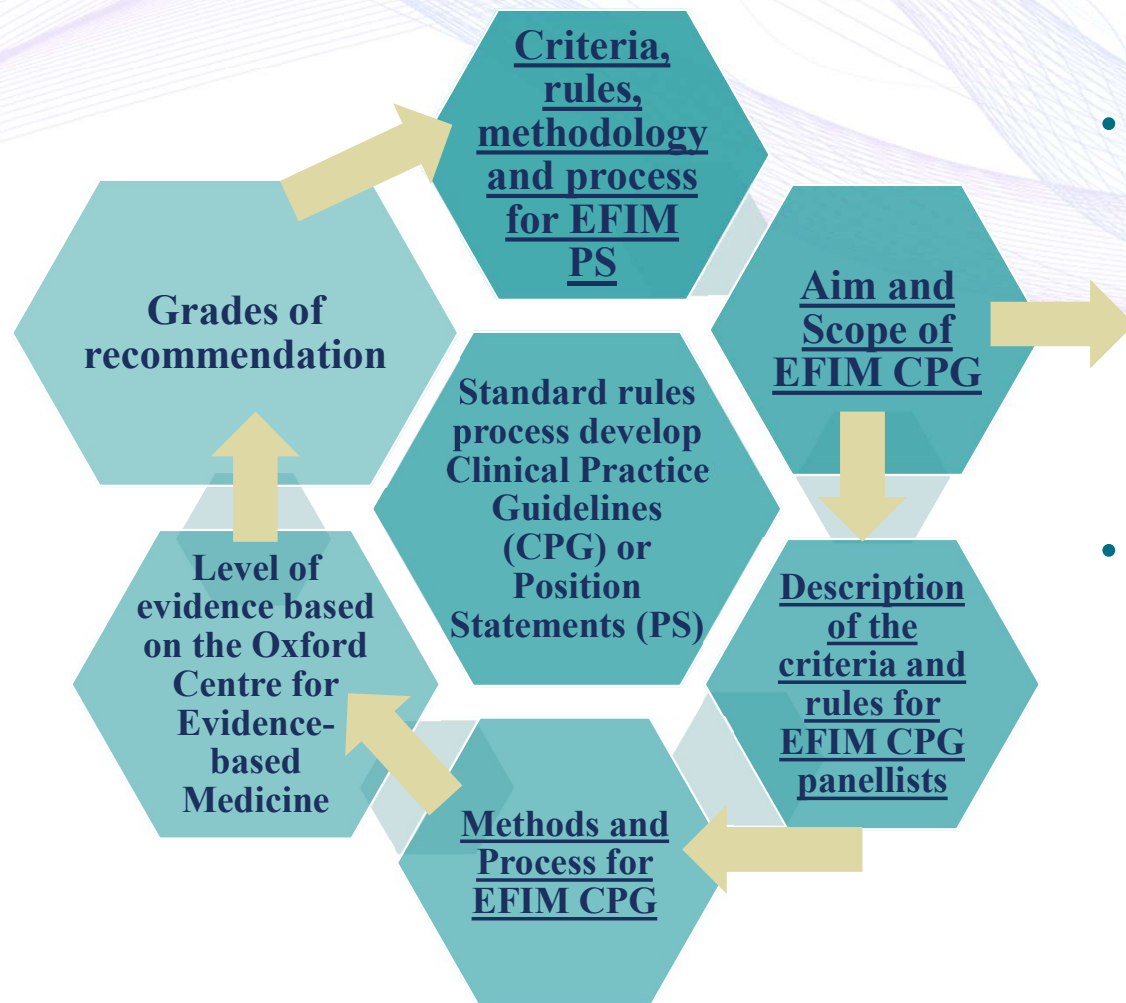
**Chief Physician in Geriatrics at  
Gemeinschaftsklinikum Mittelrhein Koblenz  
location Nastätten , Germany**

**We wish Dr. Kurrle lots of success with the elections!**



# Introduction of the Standard Rules Process (SRP) to develop Clinical Practice Guidelines (CPG) or Position Statements (PS) of EFIM

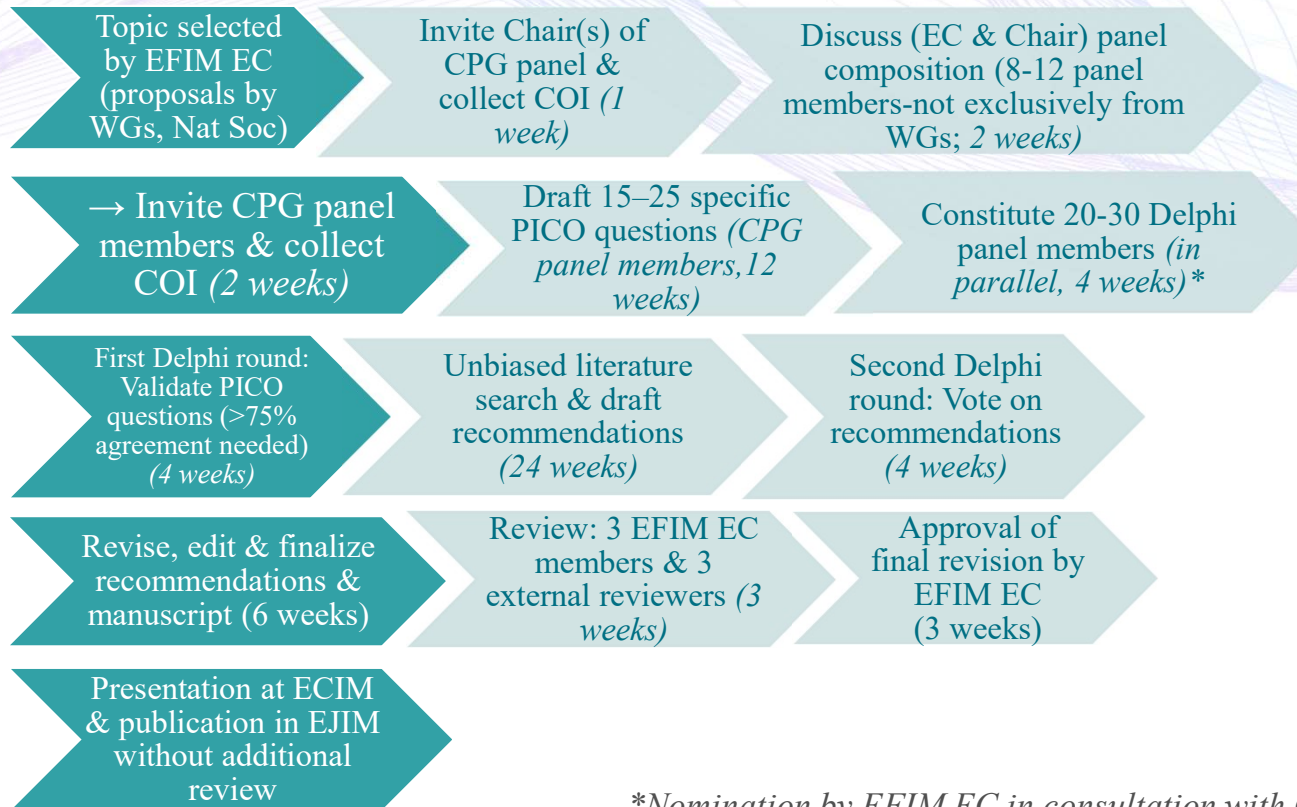
# Standard Rules Process (SRP) to develop Clinical Practice Guidelines (CPG) or Position Statements (PS) of EFIM



- To harmonise the procedure of developing and implementing reliable, evidence-based and up-to-date CPG or PS of EFIM according to international standards for CPG established by the Guidelines international network ([www.g-i-n.net](http://www.g-i-n.net))
- To advance methodology, transparency and science, but preserving at the same time practicability

# Standard Rules Process for CPG and PS

## (Max Duration: 62 Weeks)



*\*Nomination by EFIM EC in consultation with CPG Chair(s), National Societies and Patient Associations  
Note: Position Statements (PS) follow the same steps but do NOT include Delphi rounds – internal voting is conducted instead. For more details see the document at EFIM website.*

# New Initiative by the EFIM EC



The banner features a dark blue background with a white microscope icon on the left. A row of icons representing various medical and research concepts is positioned above the main text. The EFIM logo and website address are in the top right corner. The main title 'EFIM CLINICAL RESEARCH GRANT 2026' is prominently displayed, followed by the subtitle 'Promoting high-quality, patient-centred clinical research in Internal Medicine across Europe'. Two callout boxes provide details: 'About the Grant' (supporting collaboration, 2 grants available, €20,000 per grant, up to 24 months duration) and 'Research Topics' (Rare and Systemic Autoimmune Diseases, Multimorbidity in Internal Medicine).

## EFIM CLINICAL RESEARCH GRANT 2026

Promoting high-quality, patient-centred clinical research in Internal Medicine across Europe

### About the Grant

Supporting research collaboration between EFIM Ordinary and Associate members.

- Grants available: 2 grants
- Funding per grant: €20,000
- Funding duration: Up to 24 months

### Research Topics

- Rare and Systemic Autoimmune Diseases
- Multimorbidity in Internal Medicine

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www.efim.org



Applications for 2026 are invited in the following priority areas:

- Rare and Systemic Autoimmune Diseases
- Multimorbidity in Internal Medicine

## Key Dates

Application period: 1 April – 31 May 2026  
Decision notification: By 15 September 2026

## About the Grant

- Number of grants available: 2
- Funding per grant: €20,000
- Funding duration: Up to 24 months

## How to Apply

Through EFIM application link on EFIM website:  
<https://efim.org/efim-clinical-research-grant-2026-form>

1<sup>st</sup>

# Global Network of Internal Medicine



**EFIM**  
www.efim.org

26 March 2025 | 08.00-10.00 | Vienna, Austria



**Purpose**

An initiative to shape the future of internal medicine through consensus on shared challenges, training harmonization, and innovation.

## Participants

## New Initiative by the EFIM EC

First Name	Last Name	National Society	Position - National Society & EFIM
Nadia	Oumnia	Algerian Society of Internal Medicine	President
Darilyn	Moyer	American College of Physicians	CEO
Wendy	Rivera	American College of Physicians	Manager, Global Relations
Manuel	Klein	Argentinian Society of Internal Medicine	Appointed Representative
Hugo	Milione	Argentinian Society of Internal Medicine	Appointed Representative
Douglas	Johnson	Australian and New Zealand Society of Internal Medicine	Appointed Representative
Namal	Wijesinghe	Ceylon College of Physicians	President
Dumitha	Govindapala	Ceylon College of Physicians	Council Member
George	Dalekos	European Federation of Internal Medicine	EFIM President
Ricardo	Gomez Huelgas	European Federation of Internal Medicine	EFIM Past President
Margus	Lember	European Federation of Internal Medicine	EFIM Secretary General
Aneta	Trajkovska	European Federation of Internal Medicine	EFIM Executive Manager
Fredrik	von Wowern	European Federation of Internal Medicine	EFIM President Elect
Jong Pil	Im	Korean Association of Internal Medicine	Director of the General Business Board
Hyun-Jae	Kang	Korean Association of Internal Medicine	President
Dong-Jun	Lim	Korean Association of Internal Medicine	Director of the External Affairs Board
Ramon Jesus	Barrera Cruz	Mexican Society of Internal Medicine	President
Carlos Lenin	Pliego Reyes	Mexican Society of Internal Medicine	Vice President
Somia	Iqtadar	Pakistan Society of Internal Medicine	Vice President
Aftab	Mohsin	Pakistan Society of Internal Medicine	President
Carlos Walter	Contreras Camarena	Peruvian Society of Internal Medicine	Past President



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# EFIM Executive Committee participation in national and international meetings



# ACP Internal Medicine Meeting -April 2025



# SHM Meeting – April 2025



# FADOI - May 2025



# SIMI Italy October



## Armenian Society Congress – May 2025

## Romanian Society of Internal Medicine – 19-20 September 2025

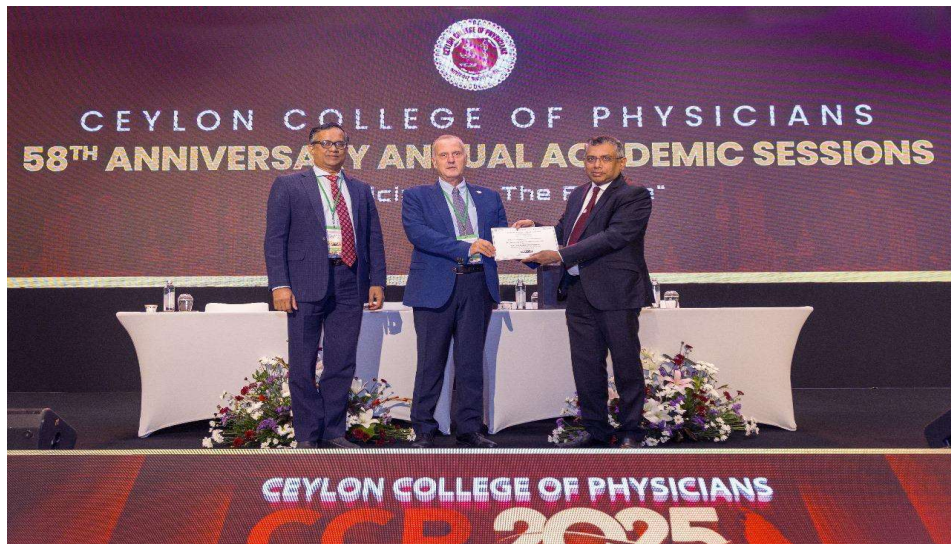


## EFIM Joint Session with ESH - May 2025



Athens, 24-27 September 2025

# Ceylon College of Physicians, Opening Lecture by Prof. George Dalekos, Colombo, Sri Lanka, 10-13 September 2025



# Many others meetings with EFIM National Societies



Argentinian Society Congress



Cyprus Society Congress



Spanish Society Congress



Turkish Association of Internists





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# EFIM Executive Committee meetings ECIM 2026 preparation



# Preparation of ECIM 2026 – April 2026



# Preparation of ECIM 2026 – June 2026



# Preparation of ECIM 2026 – December 2026





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# EFIM Membership



# EFIM MEMBERSHIP

COUNTRIES	ORDINARY MEMBERS	MEMBERS
1 ALBANIA	Albania Society of Internal Medicine	70
2 ARMENIA	Armenian Society of Internal Medicine	200
3 AUSTRIA	Austrian Society of Internal Medicine	3214
4 AZERBAIJAN	Azerbaijan Society of Internal Medicine	88
5 BELGIUM	Belgian Society of Internal Medicine	137
6 CYPRUS	Cypriot Society of Internal Medicine	85
7 CZECH REPUBLIC	Czech Society of Internal Medicine	1150
8 ESTONIA	Estonian Society of Internal Medicine	97
9 FINLAND	Finnish Society of Internal Medicine	880
10 FRANCE	French Society of Internal Medicine	1054
11 GEORGIA	Georgian Association of Therapists	76
12 GERMANY	German Society of Internal Medicine	12817
13 GREECE	Hellenic society of Internal Medicine	1100
14 ICELAND	Icelandic Society of Internal Medicine	220
15 ISRAEL	Israeli Society of Internal Medicine	628
16 ITALY	Italian Society of Internal Medicine	4761
17 ITALY	Italian Federation of Associations of Hospital Internists	3257
18 LATVIA	Latvian Society of Internal Medicine	335
19 NORTH MACEDONIA	Macedonian Association of Internal Medicine	80
20 MALTA	Association of Physicians of Malta	40
21 NETHERLANDS	Netherlands Society of Internal Medicine	2497
22 NORWAY	Norwegian Society of Internal Medicine	1880
23 POLAND	Polish Society of Internal Medicine	400
24 PORTUGAL	Portuguese Society of Internal Medicine	2360
25 ROMANIA	Romanian Society of Internal Medicine	280
26 RUSSIA	Russian Scientific Society of Internal Medicine	997
27 SERBIA	Serbian Society of Internal Medicine	385
28 SLOVAKIA	Slovakian Society of Internal Medicine	497
29 SLOVENIA	Slovenian Society of Internal Medicine	220
30 SPAIN	Spanish Society of Internal Medicine	6700
31 SWEDEN	Swedish Society of Internal Medicine	1375
32 SWITZERLAND	Swiss Society of General Internal Medicine	6268
33 TURKEY	Turkish Association of Internists	870
34 TURKEY	Turkish Society of Internal Medicine	1420
35 UK	Federation of Royal College of Physicians UK	5807
36 UK	Society for Acute Medicine	582
37 UKRAINE	Association of Internists of Ukraine	700



**EFIM currently comprises 48 MEMBER SOCIETIES representing OVER 70,000 INTERNISTS**

COUNTRIES	ASSOCIATE MEMBERS	MEMBERS
38 ALGERIA	Algerian Society of Internal Medicine	400
39 ARGENTINA	Argentinian Society of Internal Medicine	650
40 AUSTRALIA and NEW ZEALAND	Internal Medicine Society of Australia and New Zealand	769
41 DOMINICAN REPUBLIC	Dominican Republic Society of Internal Medicine	800
42 EGYPT	Egyptian Society of Internal Medicine	278
43 LEBANON	Lebanese Society of Internal Medicine	190
44 MEXICO	Mexican College of Internal Medicine	1200
45 MOROCCO	Moroccan Society of Internal Medicine	215
46 SRI LANKA	Ceylon College of Physicians	1420
47 PERU	Peruvian Society of Internal Medicine	401
48 IRAQ	Thi-Qar Internists Association of Iraq	135

**2026 TOTAL 69965**

# EFIM Membership 2025



## New membership applications:



**The Korean Association of Internal Medicine**

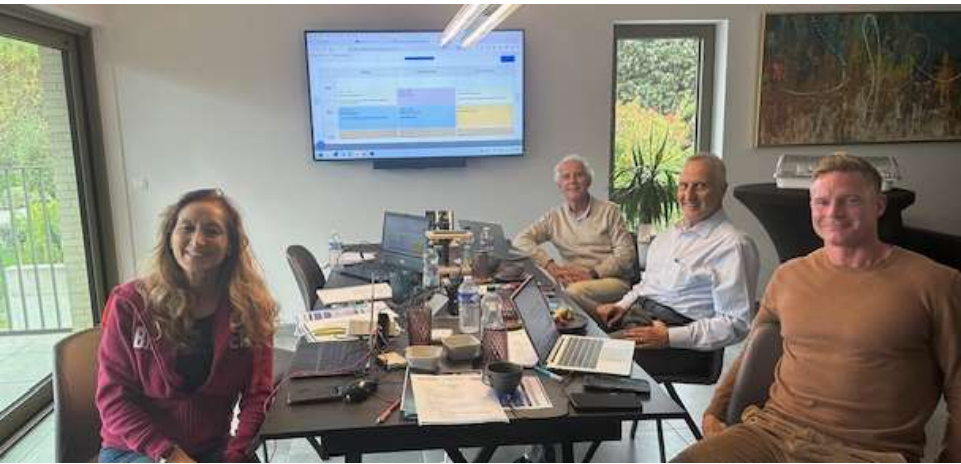




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# 10<sup>th</sup> EFIM Day





# 10<sup>th</sup> EFIM Day



## 10<sup>th</sup> EFIM Day - Ten years of sharing knowledge and European insight



**Save the date for the 11<sup>th</sup> EFIM Day in Brussels on 16 October**



**EFIM**  
[www.efim.org](http://www.efim.org)

**EBIM**



# New European Board of Internal Medicine, EBIM 2025



**EBIM  
President:**  
Prof. José  
Delgado  
Alves  
(EFIM)  
Portugal



**EBIM Vice-  
President:**  
Dr. Marc  
Cranston  
(UEMS)  
UK



**EBIM  
Secretary:**  
Dr. Paul  
Krediet  
(UEMS)  
The  
Netherlands



**EBIM  
Treasurer:**  
Dr.  
Friederike  
Benett  
(EFIM)  
Germany



**EBIM  
Member:**  
Prof.  
Panagiotis  
Skendros  
(EFIM)  
Greece



**EBIM  
Member:**  
Prof. Nada  
Cikes  
(UEMS)  
Croatia



**EBIM  
Member:**  
Dr. Anna  
Mavromanoli  
(YI Observer  
EFIM)  
Switzerland

## Upcoming Projects and Activities of EBIM



EU Curriculum  
Revision in  
Internal Medicine

Launch of the  
European Exam  
in Internal  
Medicine (EEIM)

Quality  
Assurance and  
Harmonization of  
Training

Accreditation and  
Certification  
Initiatives of  
Training Centres

Continuing  
Medical  
Education and  
Professional  
Development

European  
Internal Medicine  
Passport

**First meeting held by new EBIM in Lisbon from 5 – 8 February**



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# EFIM Young Internists

# EFIM Young Internists Section



**Dr. Anna Mavromanoli** - Swiss Society



**Dr. Zora Lazurova** - Slovakian Society



**Dr. Lucia Ordieres Ortega** - Spanish Society



**Dr. Andrea Salzano** - Italian Society - Secretary YI

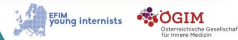


**Dr. Miguel Romano** - Portuguese Society - Chair YI



The YI Section Board is re-elected every two years to ensure broad participation of YI representatives. Elections are scheduled to take place in Vienna.

Organized by the EFIM Young Internists and Austrian Young Internists



**GLP-1 Receptor Agonists: Applications in Clinical Practice**

February 18<sup>th</sup> 2026  
7:00 PM CET

Moderators:  
**Noor Lasheen, Austria**  
**Jakub Jurica, Slovakia**

Speaker:  
**Adrian Szodl, Austria**



The (un)expected fundamentals of  
**Medicine & Artificial Intelligence**

18<sup>th</sup> February, 2025  
5 pm CET

JOIN ON ZOOM

speaker  
**Marco Montagna**, Vita-Salute San Raffaele University

moderators  
**Ismael Said Criado**, Chair of the Telemedicine, Innovative Technologies and Digital Health WG  
**Mario Daidone**, University of Palermo

A webinar for all Internists, co-organized by:





**EFIM**  
[www.efim.org](http://www.efim.org)

# EFIM Early Career Subcommittee



# EFIM Early Career Subcommittee



Dr.  
Friederike  
Bennett –  
German  
Society

Dr. Alina  
Dima –  
Romanian  
Society

Dr. Sara  
Lindberg  
– Swedish  
Society –  
CHAIR

Dr.  
Candido  
Munoz –  
Spanish  
Society

Dr.  
Katarzyna  
Zielińska  
Polish  
Society



Frauke Weidanz has stepped down from her role as Chair. We extend our best wishes to her!

Organised by the EFIM WG of Early Career Group



## The Connection Between Internal Medicine and Lifestyle Medicine

September 24<sup>th</sup> 2025  
18:00 CEST.

**Moderators:** Dr. Mihaela Taraburca, Dr. Alina Dima

**Presentations and Speakers:**

Definition, Particularities, and Ecosystem of Lifestyle Medicine.  
Dr. Emanuela Mercore Huțanu

Why We All Health Professionals Need Lifestyle Medicine?  
Dr. José Luis Palma-Gámiz

The Role of Behavior Change in Lifestyle Medicine  
Simon Matthews



Organised by the EFIM Early Career Group

in collaboration with the Telemedicine, Innovative Technologies and Digital Health WG



## Training Doctors in Digital Therapeutics: Skills of the Future Medicine

November 19<sup>th</sup> 2025  
4:30 PM CET

**Moderators:**

**Filomena Pietrantonio, Alina Dima**

New Competences for the Use of Digital Therapeutics  
**Ismael Said**

Implementation of AI to Leverage Clinical Performance  
**Juan Mora Delgado**

The Patients' Side: Perceptions and Concerns  
about AI and Digital Therapeutics  
**Enes Erul**





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# EFIM Journals

# EJIM and EJCRIM



[www.ejinme.com](http://www.ejinme.com)



**Editor in Chief –  
Prof. Giancarlo Agnelli**



**Editor in Chief –  
Dr. John Kellett**

# EJIM 2024 Impact Factor

Journal Impact Factor is calculated using the following metrics

$$\frac{\text{Citations in 2024 to items published in 2022 (995) - 2023 (796)}}{\text{Number of citable items in 2022 (159) + 2023 (137)}} = \frac{1,791}{296} = 6.1$$

## 2024 Impact Factor ranking

CATEGORY

MEDICINE, GENERAL & INTERNAL

29/332

JCR YEAR	JIF RANK	QUART ILE	JIF PERCENTILE	
2024	29/332	Q1	91.4	<div style="width: 91.4%;"></div>
2023	30/329	Q1	91.0	<div style="width: 91.0%;"></div>

## 2024 CiteScore

7.9 CiteScore<sup>2024</sup>



84th percentile

Powered by Scopus

# Call for EJIM – Editor-in-Chief opened



ISSN 0953-6205

EUROPEAN JOURNAL OF  
**INTERNAL  
MEDICINE**

**CALL FOR THE  
NEXT EDITOR-IN-CHIEF**

We are opening the call for applications for the next Editor in Chief of the European Journal of Internal Medicine. Click below for more information

[More information](#)

 EFIM  
www.efim.org  
The Official Journal of  
The European Federation  
of Internal Medicine (EFIM)



EUROPEAN JOURNAL OF  
**INTERNAL  
MEDICINE**  
is seeking an Editor-in-Chief

The European Federation of Internal Medicine (EFIM) is seeking candidates for the position of Editor in-Chief of the *European Journal of Internal Medicine (EJIM)*. EJIM, the official publication of the EFIM, is a peer-reviewed journal committed to promoting the science and practice of internal medicine in Europe and worldwide.

#### Qualifications:

- Global expert in the field of Internal Medicine, with an H-index of no less than 100
- International track record in scientific leadership and connections in medical and academic communities
- Experience as an Editor in journals with an IF of at least 3
- Knowledge of peer review processes, research integrity and editorial independence
- Excellent communicator, fluent in English, who knows how to handle critical situations
- Able to commit the necessary amount of time to the management and development of the Journal

#### Responsibilities of the Editor-in-Chief of EJIM include:

- Ensure the scientific quality according to the scope and strategy of the journal.
- Uphold and enhance the journal's reputation.
- Drive submissions, identifying key trends, and fostering impactful content.
- Lead the editorial board, and engage in discussions about the journal's strategic direction
- Manage the peer review process using the editorial management system in collaboration with the Editorial Office.
- Collaborate effectively with EFIM, the journal's community, and the Publisher's representatives.
- Support the promotion of the journal, by acting as its ambassador.

#### Information and Deadlines:

- Term will begin January 1, 2027 and continues for a six-year term
- An honorarium will be paid to the Editor-in-Chief in recognition of the time and effort allocated to this position
- To apply, please submit a letter of applications, curriculum vitae and a brief description of future vision for the journal and specific objectives the applicant wants to achieve
- Letter of application and accompanying materials should be sent to Aneta Trajkovska (aneta.trajkovska@efim.org)
- Candidates will be selected for in-person interviews with members of EFIM Publication Committee which will be carried out at the EFIM Headquarters in Brussels

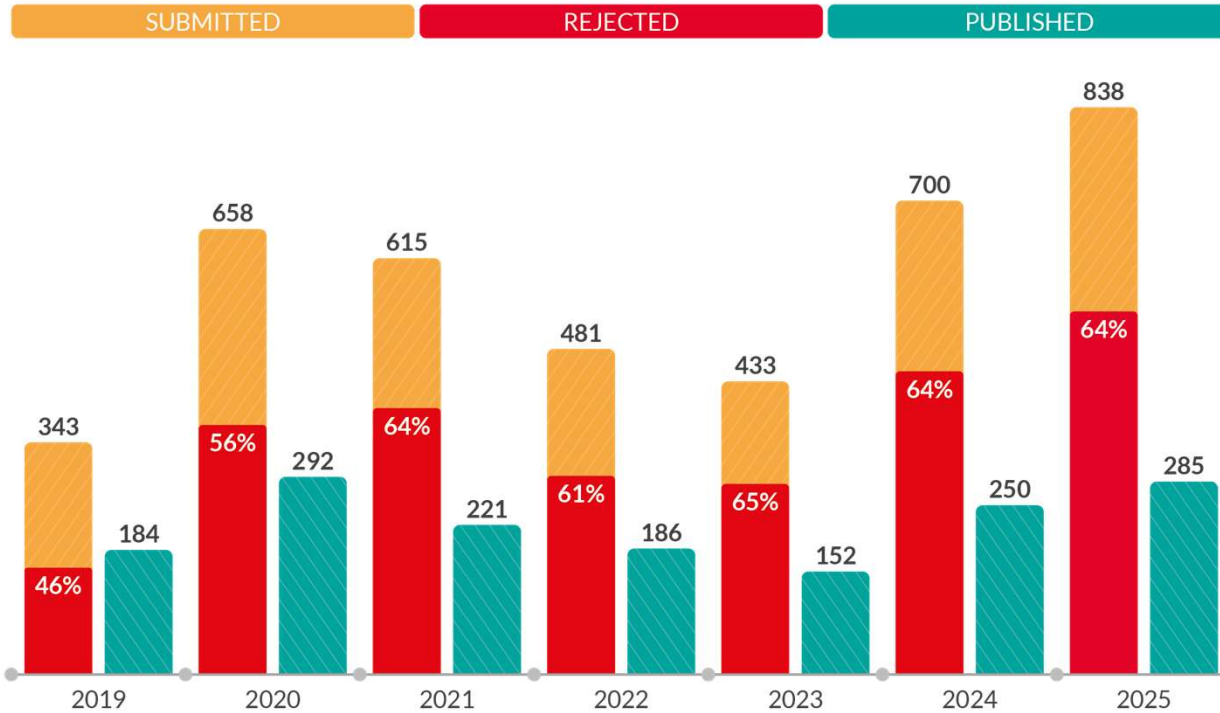
**Deadline for applications May 31, 2026**





**EJCRIM**  
European Journal  
of Case Reports  
in Internal Medicine

# Editorial Performance



Following the COVID-19 peak, we experienced a decline in submissions in 2022 and 2023

In 2025, the numbers continue to increase, confirming the journal growth



On 4<sup>o</sup> March 2025, we have officially applied to Clarivate for the Impact Factor evaluation

CiteScore 2024



$$1.3 = \frac{1005 \text{ Citations } 2021 - 2024}{796 \text{ Documents } 2021 - 2024}$$

Calculated on 05 May, 2025

Indexed in





**EFIM**  
www.efim.org

# EFIM Working Groups

# EFIM Working Groups



## Choosing Wisely

- Chair: Prof. Omar Kherad
- Swiss Society of General Internal Medicine



## Critical Appraisal of Guidelines WG

Chair: Prof. Valentin Kokorin

Russian Scientific Society of Internal Medicine



## Multimorbidity WG

- Chair: Prof. Maximo Bernabeu Wittel
- Spanish Society of Internal Medicine



# EFIM Working Groups



## Telemedicine WG

- Chair: Dr. Ismael Said Criado
- Spanish Society of Internal Medicine



## Ultrasound WG

- Chair: Dr. João Neves
- Portuguese Society of Internal Medicine



## Acute Medicine and Hospital Medicine WG

Chair: Prof. Manuel Mendez Bailon

Spanish Society of Internal Medicine



# Clinical Working Groups



## Diabetes and Obesity WG

- Chair: Prof. Alexandra Kautzky-Willer
- Austrian Society of Internal Medicine



## Heart Failure WG

Chair: Prof. Antonio Cittadini  
Italian Society of Internal Medicine



## Infectious Diseases in Internal Medicine WG

- Chair: Prof. Emanuele Durante Mangoni
- Italian Society of Internal Medicine



# EFIM New Working Groups launched in June 2025

## Systemic Autoimmune Diseases WG

- Chair: Prof. Chloé Comarmond Ortoli
- French Society of Internal Medicine



## Rare Diseases WG

- Chair: Prof. Francois Maillot
- French Society of Internal Medicine



## 2<sup>nd</sup> EFIM WGs Chairs meeting – 23 June



3<sup>rd</sup> EFIM WGs Chairs meeting tbc June 2026

# Activities of the Working Groups

## Webinars



Organised by the EFIM WG of Telemedicine, Innovative technologies and Digital Health



**Digital Transformation of Clinical Reasoning in Internal Medicine**

May 8<sup>th</sup> 2025  
18:00 - 19:30h CEST.

**Moderator:** Dr. Ismael Said Criado (Spain)

**Speakers:**  
**Quality of clinical data to enhance decision making.**  
Prof. Mahmood Adil (UK/Qatar)  
**Barriers on redefining clinical performance with new technologies in Internal medicine**  
Prof. Filomena Pietrantonio (Italy)  
**New skills for internists in the era of AI**  
Prof. Henrique Martins (Portugal)



Organised by the EFIM Multimorbidity WG



**Hospitalist Model and Co-management in Surgical Areas Across Europe**

April 29<sup>th</sup> 2025  
17:30 to 18:30 CET

**Chair:**  
**Ombretta Para.** Internal Medicine 1 - University Hospital of Careggi, Florence Italy

**17:30-17:55**  
**Lecture 1.** A travel through different co-management models in surgical settings.  
**Professor Francesco Dentali.**  
Department of Medicine and Surgery, University of Insubria, Varese, Italy

**17:55-18:20**  
**Lecture 2.** Managing relevant diseases and medical complications in patients with multimorbidity  
**Professor Arantxa Alvarez de Arcaya Vicente.**  
Hospitalist Medicine Unit, Hospital Clínico San Carlos, Madrid, Spain.

**18:20-18:30.** Discussion and conclusions.



### Publications in EJIM 2025:

Treatment of hospitalized patient with hyperglycemia: An EFIM critically appraised and adapted guideline. *2025;132:27-36.*

The role of the hospitalist in Europe: results by EFIM multimorbidity working group survey. *2025;Oct:140:106341.*

Preparations for ECIM 2026 sessions and workshops: Dedicated sessions for each WG!

2 Webinars are in the process of planning to be held in the coming months!

# Activities of the Working Groups – Webinars 2025



Organized by the EFIM Young Internists and Australian Young Internists

**GLP-1 Receptor Agonists: Applications in Clinical Practice**

February 18<sup>th</sup> 2026  
7:00 PM CET

**Moderators:**  
Noor Lashreen, Austria  
Jakub Jurica, Slovakia

**Speaker:**  
Adrian Szodi, Austria

GLP-1 Receptor Agonists: Applications in Clinical Practice

Organized by the EFIM Young Internists in collaboration with the Critical Appraisal of Guidelines in Internal Medicine WG

**From Evidence to Practice: How Internists Can Contribute, Critique, and Adapt Evidence**

January 20<sup>th</sup> 2026  
18:30 PM CET

**Moderators:**  
Zora Lazurova, Catalin Teodor Rusu, Andrea Salzano

Inside the EFIM Guideline - Making Process: Methods, Challenges, and Best Practices  
Ignacio Marin-Leon

Acute heart failure – an EFIM guideline critical appraisal and adaptation for internists  
Valentin Kokorin

From Evidence to Practice: How Internists Can Contribute, Critique, and Adapt Evidence

Organized by the EFIM Multimorbidity WG

**Sarcopenia in Patients with Multimorbidity**

December 4<sup>th</sup> 2025  
17:00 to 18:00 CET

**Chair:** Máximo Bernabeu-Wittel, General of Internal Medicine, Universidad Hospital Virgen del Rocío, Sevilla, Spain.

17:00-17:20  
**Lecture 1:** Identification and diagnosis of sarcopenia in patients with multimorbidity  
Samuel Garcia-Rubio, Service of Internal Medicine, University Hospital Marqués de Valdehita, San Sebastian, Spain

17:20-17:40  
**Lecture 2:** A new paradigm: Management of sarcopenia in patients with multimorbidity  
Željka Valdeharka, Internal Diseases Department, Nephrology and Renal Replacement Therapy Clinic, Riga Stradiņi University, Riga East University Hospital, Riga, Latvia

17:40-18:00 Discussion and conclusions.

Sarcopenia in Patients with Multimorbidity

Organized by the EFIM Early Career Group in collaboration with the International, Innovative Technologies and Digital Health WG

**Training Doctors in Digital Therapeutics: Skills of the Future Medicine**

November 19<sup>th</sup> 2025  
4:30 PM CET

**Moderators:**  
Filomena Pietrantoni, Alina Dima  
New Competences for the Use of Digital Therapeutics  
Imaél Said  
Implementation of AI to Leverage Clinical Performance  
Juana Mora Delgado  
The Patients' Side: Perceptions and Concerns about AI and Digital Therapeutics  
Eves Enl

Training Doctors in Digital Therapeutics: Skills of the Future Medicine

Organized by the EFIM WG of Ultrasound

**Abdominal ultrasound - A Tool for the Internal Medicine specialist**

October 29<sup>th</sup> 2025  
15:00-16:00 CET

**Chair and introduction**  
Prof. Odd Helge Gilja (15:00-15:05 CET)

**Approach to the patient with upper abdominal pain**  
Dr. Andrea Boccatonda (15:05-15:20 CET)

**Abdominal ultrasound in acute liver disease**  
Prof. Carla Serra (15:20-15:35 CET)

**Role of ProCUS in the evaluation of the urinary system**  
Dr. Claudio Marone (15:35-15:50 CET)

**Closure - Questions & Answers**  
Prof. Odd Helge Gilja (15:50-16:00 CET)

Abdominal Ultrasound - A Tool for the Internal Medicine Specialist

Organized by the EFIM WG of Early Career Group

**The Connection Between Internal Medicine and Lifestyle Medicine**

September 24<sup>th</sup> 2025  
18:00 CET

**Moderators:** Mhaela Tarabucca, MD, Alina Dima, MD, MSc, PhD, PEFIM

**Presentations and Speakers:**  
Definition, Particularities, and Ecosystem of Lifestyle Medicine.  
Eważula Mercedes Medina, MD, DPHM, FRCPC, FRCPC, University of Toronto  
Why Lifestyle Medicine Matters in Internal Medicine?  
Catalina Figueroa, MD, MEd, EdM, BSM, MSc, PhD, University Medical Center, Lincoln, Conductor and Past President, Chinese Society of Integrative Medicine (SCIM-USA)  
The Role of Behavior Change in Lifestyle Medicine  
Simon Matthews, FACM, MSc, DPHM, Psychologist, Faculty, Azevedo University & Universidade Federal de Goiás

The Connection Between Internal Medicine and Lifestyle Medicine

Organized by the EFIM WG of Telemedicine, Innovative technologies and Digital Health

**Digital Transformation of Clinical Reasoning in Internal Medicine**

May 8<sup>th</sup> 2025  
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Barriers on redefining clinical performance with new technologies in Internal medicine  
Prof. Filomena Pietrantoni (Italy)  
New skills for internists in the era of AI  
Prof. Henrique Martins (Portugal)

Digital Transformation of Clinical Reasoning in Internal Medicine

Organized by the EFIM Multimorbidity WG

**Hospitalist Model and Co-management in Surgical Areas Across Europe**

April 29<sup>th</sup> 2025  
17:30 to 18:30 CET

**Chair:**  
Ombretta Pera, Internal Medicine 1 - University Hospital of Ferrara, Ferrara, Italy

17:30-17:45  
**Lecture 1:** A travel through different co-management models in surgical settings  
Professor Francesco Deodati, Department of Medicine and Surgery, University of Insubria, Varese, Italy

17:45-18:00  
**Lecture 2:** Managing relevant diseases and medical complications in patients with multimorbidity  
Professor Arantxa Alvarez de Arcego Vicente, Hospital Medicine Unit, Hospital Doctor San Carlos, Madrid, Spain

18:00-18:30 Discussion and conclusions.

Hospitalist Model and Co-Management in Surgical Areas across Europe

Organized by the EFIM Heart Failure WG

**The Challenge of Congestion in Heart Failure**

December 19<sup>th</sup> 2024  
6pm (CET, Rome-Berlin)

**Moderators:** Antonio Cittadini (Italy), Vera Larina (Russia)

**Program:**  
How to evaluate congestion in acute heart failure:  
Physical examination, biomarkers and imaging  
Jesse Cassels (Canada), Chief of Internal Medicine Section, University Hospital of Geneva, HUG, Geneva  
Tackling with refractory congestion and diuretic resistance  
Wilfried Mullens (Belgium), Full Professor of Cardiology, Department of Cardiology, Universitair Ziekenhuis Ghent, Ghent, Belgium  
President Elect, Heart Failure Association-European Society of Cardiology  
Final discussion

EFIM Webinar - The Challenge of Congestion in Heart Failure - Heart Failure



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# Institutional collaborations

# Collaboration with FDIME



**CRS Seminar  
Paris**

**Joint EFIM and  
FDIME session at  
ECIM 2026, Vienna**

**Bursaries for the  
Winter and  
Summer schools  
2026**

**Support of EFIM  
Exchange  
programme with 5  
bursaries**

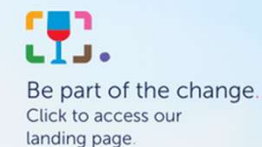
**Aletheia project**



## New collaborations



## European Health Alliance on Alcohol



## Potential collaboration



## EU Health Coalition



## European Medicines Agency



## DG Sante – HTA Stakeholder

**European Commission**  
DG Health and Food Safety  
Unit C2 Health Technology  
Assessment: (HTA)  
Stakeholder Network

## Institutional and Scientific Collaborations

## Existing Collaborations

Collaborating with the Society of Hospital Medicine and American College of Physicians via congresses and joint initiative



### Joint EFIM / SHM Session:

- ECIM 2026 Vienna
- EFIM discussion at the SHM Convergence Meeting, March 29–April 1 in Nashville

### Joint EFIM / ACP Session:

- ECIM 2026 Vienna
- ACP Internal Medicine Meeting – San Francisco 16 -18 April



McMaster International Review Conference of Internal Medicine 7 – 9 May, Krakow  
- EFIM session 2026 by members of Polish Society

# Institutional Collaborations



Wolters Kluwer

New collaboration established

- Wolters Kluwers

New collaboration established

- Amboss

**Personal letter was sent to each President to launch the discount for their members!**

EFIM members **save** on personal UpToDate® subscriptions



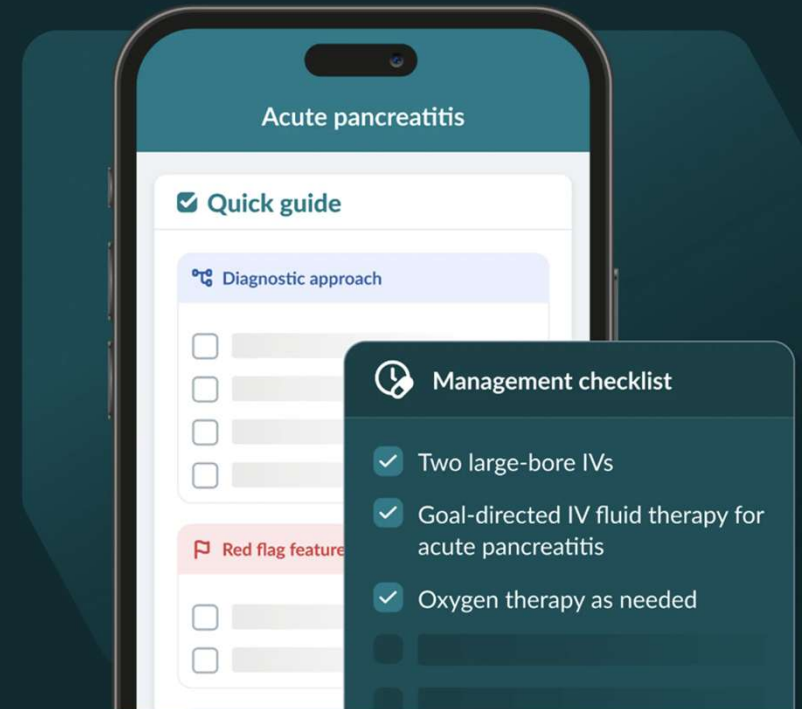
European Federation of Internal Medicine (EFIM) professional and trainee members SAVE 20% and student members SAVE 50% on an annual or longer personal subscription to UpToDate as a special member benefit

# AMBOSS



## Membership Benefit to all EFIM National Internal Medicine Associations

3 months of free access + 25% discount on yearly access



Contact for implementation:  
Dr. Pablo Estrella  
pea@amboss.com

Booth N°1 ECIM 2026



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# EFIM Communication



# EFIM Quarterly Newsletters 2025



It is a great honour for me to address you for the first time as President of the European Federation of Internal Medicine (EFIM), following the success of ECIM 2025 in Florence.



Dear Colleagues,  
As we welcome the autumn season across Europe, I am pleased to share some important updates and highlights from EFIM.

It was a pleasure to mark ten years of EFIM Day at our recent meeting in Brussels, where representatives from 25 national societies joined us for a day of engaging discussion and collaboration.



As we enjoy the summer season, I am pleased to reflect on what has already been achieved in the past months for EFIM.

In addition to the recent ECIM Congress in Florence in March, which was a resounding success, and the highly successful ESIM Summer School held for the first time in Alexandroupolis, Greece in June, with over 50 residents in attendance I am also proud to share the publication of the EFIM 2024 Annual Report.



As we approach the end of the year, I would like to extend warm greetings to all our national societies and their members. On behalf of EFIM, I wish you a joyful holiday season and a happy, healthy, and successful New Year.



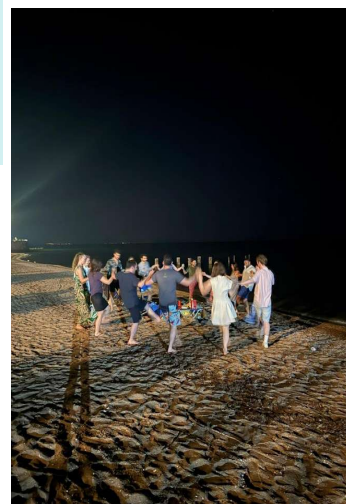
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# European Schools of Internal Medicine





54 PARTICIPANTS  
FROM 21 COUNTRIES  
Director: Prof. Skendros





# ESIM 2026

BARI - ITALY

## Winter School

FEBRUARY 15th - 21st



**46 PARTICIPANTS, FROM 22 National Societies**  
**Director: Prof. Francesco Dentali – FADOI Italy**

# ESIM 2026

EUROPEAN SUMMER SCHOOL OF INTERNAL MEDICINE

31 May – 6 June 2026 | Alexandroupolis, Greece



www.esim2026.com



EFIM  
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## ESIM Summer 2026

**Director:**  
**Prof. Panagiotis Skendros**  
—  
**Hellenic Society**

**The motto of Summer ESIM 2026 is:**  
**"Learn, Connect, Evolve!"**

TIME	Sunday, 31 May	Monday, 1 June	Tuesday, 2 June	Wednesday, 3 June	Thursday, 4 June	Friday, 5 June	
09.00-10.00	Arrivals	<b>Introduction &amp; Groups Building</b>	<b>Lecture 1</b>	<b>Lecture 3</b>	<b>Lecture 5</b>	<b>Lecture 6</b>	
			Statistical significance vs clinical impact <i>V.P. Papadopoulos (Greece)</i>	Antimicrobial resistance and new antibiotics <i>M. Samarkos (Greece)</i>	MASLD: Diagnostic and therapeutic challenges in 2026. <i>M. Amin (Egypt)</i>	The obesity pandemic and management <i>E. Gouveri (Greece)</i>	
10.00-11.00		<b>Opening Lecture (OL)</b>	<b>Lecture 2</b>	<b>Lecture 4</b>	Visit to Archaeological Museum of Alexandroupolis (Social Event- SE)	<b>Lecture 7</b>	
		Intelligence without consciousness: where does the machine end and the physician begin? <i>TBA</i>	Agitation in the acute medical setting <i>Th. Vorvolakos (Greece)</i>	Improving the management of people with diabetes as in-patient <i>M. Strachan (UK)</i>		Fever/inflammation of unknown origin <i>P. Skendros (Greece)</i>	
11.00-11.30		Coffee break	Coffee break	Coffee break		Coffee break	
11.30-12.30		<b>Interactive Cases Learning (ICL) (live voting)</b>	<b>Interactive Cases Learning (ICL) (live voting)</b>	<b>Interactive Cases Learning (ICL) (live voting)</b>	<b>Interactive Cases Learning (ICL) (live voting)</b>	Being an Internist in the XXI Century <i>R. G. Huelgas (Spain)</i>	
		ICL-1: Cases (1-3) <b>Moderator: G.N. Dalekos (Greece)</b>	ICL-2: Cases (4-6) <b>Moderator: C. Papagoras (Greece)</b>	ICL-3: Cases (7-9) <b>Moderator: E. Korompaki (Greece)</b>	ICL-6: Cases (18-20) <b>Moderator: G.O. Llauradó (Spain)</b>		
12.30-13.30		<b>Exploring Clinical Scenario (ECS)-1 (live voting)</b>	<b>Exploring Clinical Scenario (ECS)-2 (live voting)</b>	<b>Exploring Clinical Scenario (ECS)-3 (live voting)</b>	<b>Exploring Clinical Scenario (ECS)-4 (live voting)</b>	<b>Study Internal Medicine today: open discussion (OD) between trainees &amp; faculty</b>	
		ECS-1: Liver disease patient <i>G.N. Dalekos (Greece)</i>	ECS-2: Vasculitis patient <i>C. Papagoras (Greece)</i>	ECS-3: Stroke patient <i>E. Korompaki (Greece)</i>	ECS-4: Hypertensive patient <i>E. Kkaliagkousi (Greece)</i>	<b>Closing remarks</b>	
13.30-15.00		Light Lunch	Light Lunch	Light Lunch	Light Lunch	Light Lunch	
15.00-15.30		<b>Transition to Hospital</b>	<b>Transition to Hospital</b>	<b>Interactive Cases Learning (ICL) (live voting)</b>	<b>Interactive Cases Learning (ICL) (live voting)</b>	Leisure time	
15.30-16.30		<b>Hands on Workshop (HOW 1-4) (Group A, B, C, D)</b>	<b>Hands on Workshop (HOW 1-4) (Group C, D, A, B)</b>	ICL-4: Cases (10-13) <b>Moderator: Z.L. Kaya (Turkey)</b>	ICL-7: Cases (21-24) <b>Moderator: D. Tsilingiris (Greece)</b>		
16.30-17.00		University Hospital of Alexandroupolis	University Hospital of Alexandroupolis	<b>Interactive Cases Learning (ICL) (live voting)</b>	<b>Interactive Cases Learning (ICL) (live voting)</b>		
17.00-18.00		<b>Hands on Workshop (HOW 1-4) (Group B, C, D, A)</b>	<b>Hands on Workshop (HOW 1-4) (Group D, A, B, C)</b>	ICL-5: Cases (14-17) <b>Moderator: Ch. Antoniadou (Greece)</b>	ICL-8: Cases (25-28) <b>Moderator: N. Gatselis (Greece)</b>		
18.00-18.30		University Hospital of Alexandroupolis	University Hospital of Alexandroupolis	Leisure time	Leisure time		
18.30-20.00		Leisure time	(Social Event- SE)				
20.00		Welcome Dinner	Dinner	Dinner	Dinner	Dinner	Farewell beach party (Social Event- SE)



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# EFIM Fellowship



## EFIM Fellowship



2025: 20 eligible fellowship applications received

2026: 8 eligible fellowship applications received

26 participants will receive their Fellowship Diploma during the Opening Ceremony at ECIM 2026, representing 11 National Societies and EFIM partner organisations

Fellowship brochure has been updated for 2026

We are currently processing another 4 applications



## EFIM Fellowship Certificates Awarded in 2026



Name	National Society
Jim Whitfill	American College of Physicians
Barana Millawithana	Ceylon College of Physicians
Dumitha S. Govindapala	Ceylon College of Physicians
Chloe Comarmond	French Society of Internal Medicine
Francois Maillot	French Society of Internal Medicine
Alexander Koch	German Society of Internal Medicine
Karim Hamesch	German Society of Internal Medicine
Carmine Siniscalchi	German Society of Internal Medicine
Ahmed Abdelhafiz	German Society of Internal Medicine
Jerry Adesola Adeyemo	German Society of Internal Medicine
Dimitrios Patoulis	Hellenic Society of Internal Medicine
Irene Terzi	Hellenic Society of Internal Medicine
José Manuel Hernandez	Mexican College of Internal Medicine
Jerome Siy	Society of Hospital Medicine

Name	National Society
Alfredo Michan Dona	Spanish Society of Internal Medicine
Ramon Barrera Cruz	Spanish Society of Internal Medicine
Manuel Mendez Bailon	Spanish Society of Internal Medicine
Stefano Bassetti	Swiss Society of General Internal Medicine
Michael Osthoff	Swiss Society of General Internal Medicine
Zanyar Aghal	Thi-Qar Internists Association of Iraq
Abbas Gatea	Thi-Qar Internists Association of Iraq
Fatih Turker	Turkish Association of Internists
Emre Hoca	Turkish Association of Internists
Muhammet Ozbilen	Turkish Association of Internists
Suleyman Ahabab	Turkish Association of Internists
Alihan Oral	Turkish Association of Internists



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# EFIM Academy

**EFIM** *Academy*  
European Federation of Internal Medicine





Editorial



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King's College London Faculty of Life Sciences &  
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[Email Janaka](#)

# EFIM Academy Monthly Newsletters since March



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

The 23rd European Congress of Internal Medicine (ECIM) 2025 took place in Florence, Italy, on 5–8 March 2025. During the EFIM Academy session, Janaka Karaliedde led a discussion on the clinical management of type 2 diabetes in the outpatient setting, offering valuable insights for internists.

For a more comprehensive learning experience on the diagnosis and management of type 2 diabetes, explore the resources available on the EFIM Academy platform.



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

Early recognition of a stroke is crucial because timely treatment can significantly improve outcomes for patients. The sooner a stroke is identified, the quicker medical intervention can be initiated, which can help minimize brain damage and improve recovery chances.

Internists play a key role in stroke recognition and management. Education and training for early and accurate diagnosis of stroke, screening and risk assessment, operationalizing rapid responses



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

This month we are focusing on two very important topics around acute cardiovascular care and prevention.

Our latest digital training release delivers three high-impact cardiology resources: two full E-learning modules—"Acute Coronary Syndromes & Myocardial Infarction" and "Transient Ischemic Attack & Stroke Prevention"—that walk learners through evidence-based diagnostics,



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

[Data](#) from European Centre for Disease Prevention and Control (ECDC) shows that seasonal influenza and RSV epidemics come to an end in the EU/EEA region. Although SARS-CoV-2 activity is also low, ECDC calls for vigilance for potential increases. This month you can have insights at the role of emergency department in managing COVID-19 and the care algorithms in the post-pandemic era. Additionally, you can navigate different types of heart failure and its management through case stories.

We want to improve the EFIM Academy to better meet your training needs. If you haven't already done so, please do so now and give us your feedback at



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

Resistant hypertension, hypertension-mediated organ damage (HMOD), and acute heart failure are interrelated cardiovascular conditions that carry significant individual and public health implications. Resistant hypertension is associated with high cardiovascular risk, including stroke, myocardial infarction, chronic kidney disease, and heart failure. Patients are more likely to have HMOD, contributing to poor outcomes. Chronic kidney disease associated with hypertension is a growing burden, especially in aging populations. Hence, it is critical to systematically address these conditions as early detection and tight control of hypertension can prevent organ damage and heart failure. Two newly released modules in EFIM Academy provide practical approaches to tackle these conditions.



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

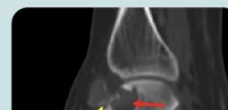
Starting in August 2025, the EFIM Academy newsletter will feature the "Case of the Month" from *The European Journal of Case Reports in Internal Medicine (EJCRIM)*, the official journal of the European Federation of Internal Medicine (EFIM), representing 40 national societies across 38 European countries. EJCRIM's mission is to promote best medical practice and innovation in acute and general medicine while offering a platform for internal medicine physicians to share new approaches that enhance diagnostic and clinical skills. As Editor-in-Chief John G. Kellett [notes](#), "To be accepted by EJCRIM a case report does not have to be outstanding, but it does have to be true, illuminating, useful, interesting, and easy to read." Through this new feature, we aim to bring valuable learning opportunities to our community by highlighting cases that reflect the breadth and depth of internal medicine practice.



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

It's stated that about half of the people with diabetes have some form of nerve damage. This translates into the fact that each day, healthcare professionals see several patients with diabetic neuropathy either diagnosed or left undiagnosed. This month in EFIM Academy, an excellent overview of clinical presentation, diagnosis, and management of diabetic neuropathy has been published. Additionally, check out the interesting one-minute learning pieces and the challenging real-life case of palpitations in the Home of Medicine podcast.



## CASE OF THE MONTH

Check the calcium first in any bone lesion: brown tumour of the talus



**What's new in EFIM Academy?**

**EFIM Academy is free**  
for all Healthcare Professionals & Trainees

Diabetic foot diseases are complex, sometimes very hard to treat conditions that require a coordinated team work. This month, we have published a very comprehensive module on the clinical presentation, diagnosis, and management of diabetic foot disease which will greatly help you to coordinate and manage the care of your diabetic patients. Additionally, don't forget to take a look at the case of the month and listen to the lively conversations of Amie and Ben on acute conditions and 'being a doctor'.



## CASE OF THE MONTH

Severe hypoalbuminaemia after Roux-en-Y gastric bypass: a diagnosis of exclusion

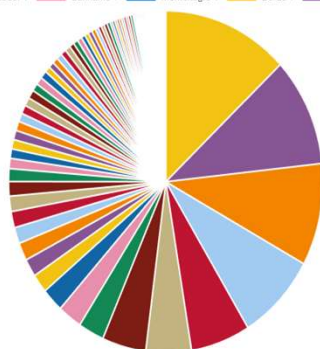
# User statistics

## Site users by countries (n=7153)

Reports / 04-10-2025

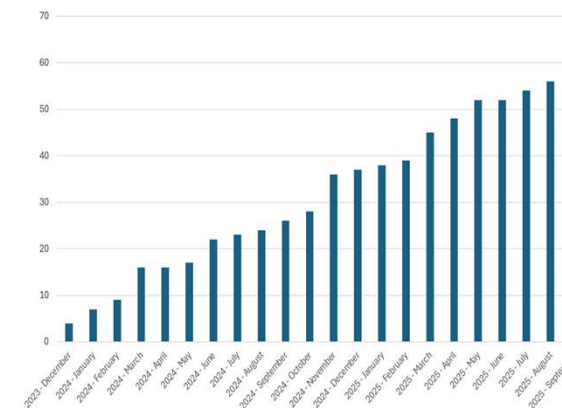


### Active users by countries (n=1241)



## Basic Clinical Ultrasound Completion Report

Month	Completion
2023 - December	4
2024 - January	7
2024 - February	9
2024 - March	16
2024 - April	16
2024 - May	17
2024 - June	22
2024 - July	23
2024 - August	24
2024 - September	26
2024 - October	28
2024 - November	36
2024 - December	37
2025 - January	38
2025 - February	39
2025 - March	45
2025 - April	48
2025 - May	52
2025 - June	52
2025 - July	54
2025 - August	56
2025 - September	58



# Ongoing funded activities

- **Release of 5 Chronic Kidney Disease (CKD) and Cardio-Renal-Metabolic (CRM) modules**
  - Pathophysiology and early identification of CKD (2 modules)
  - Management of the person with type 2 diabetes mellitus and early CKD
  - Heart failure, Cardiovascular disease and CKD
  - Management of the person with type 2 diabetes mellitus and late CKD
- **Monthly release of one CRM module over a 12-month period**
- **Young Internist / Internist of the Year CRM Championship:** Open to all Young Internists/Internist enrolled in the EFIM Academy
- **CRM certification**



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# Exchange Programme

# EFIM Exchange programme 2025



10 applications processed

- **10 Scholarships offered** of 1000€ per participant from EFIM and FDIME together
- A total of 8 bursaries have been granted up to January 2026 supported by EFIM and FDIME
- 2 cancellations in 2025

Some of the testimonials from the participants



I would like to express my sincere gratitude to the European Federation of Internal Medicine for granting me the opportunity to benefit from this exchange programme, which served as a true catalyst for professional development.

**Dr Asma Meraghni – Algerian Society**

The EFIM Exchange Programme at Universitätsklinikum Würzburg was a fantastic opportunity to observe high-quality European medical practice and improve clinical and interpersonal skills. **Dr. Barkın Yiğitbaşı – Turkish Society**

I am so fortunate to have received an approval to take part in this great program. **Dr. Ewa Kolonko – Polish Society**

This exchange has been an incredibly enriching experience that has broadened my perspective on healthcare delivery and provided valuable insights that will help enhance my clinical practice in the Netherlands. **Dr. Hannah Garcia Garrido – Dutch Society.**

Thanks to every supporter of this exchange programme. Thanks to my Italian team, every single one of you has taught me something and I am grateful for this. **Dr. Roberta La Cava – FRCP UK**

## EFIM Exchange programme 2026



- EFIM invited National Societies to update the list of hospital centres interested in participating in the programme.
- A total of 12 National Societies are currently participating, involving 49 hospital centres.
- The EFIM Exchange Programme was officially launched in February 2026.
- We received 22 eligible applications from various National Societies.
- Following a competitive selection process, the top 10 applicants were chosen to participate, with bursaries provided by EFIM and FDIME.
- Coordination of the Exchange Programme is ongoing to place selected applicants in their preferred hospital centres.



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# ECIM 2027 Paris, France



# 25<sup>th</sup> European Congress of Internal Medicine

31 March – 3 April 2027  
Paris, France

SAVE THE  
DATE

**Save the date! We are pleased to welcome you to Paris next year!**

[www.ecim2027.org](http://www.ecim2027.org)





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**Thank  
you!**

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