



ESIM2025

EUROPEAN SUMMER SCHOOL
OF INTERNAL MEDICINE

1-7 June 2025
Alexandroupolis
Greece

www.esim2025.com

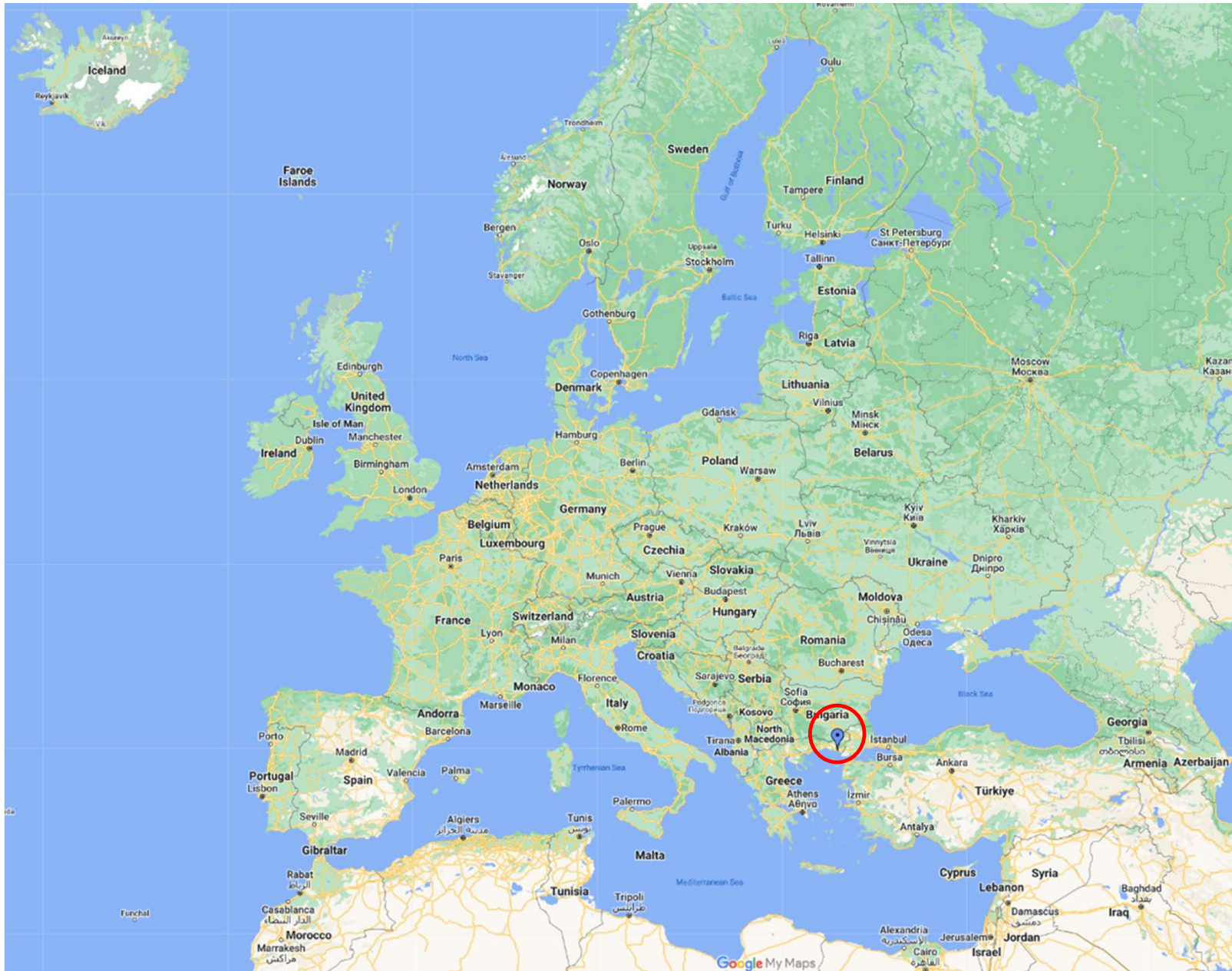
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ESIM Summer 2025
1-7 June 2025
Alexandroupolis, Greece
Final Report
EFIM General Assembly
Vienna, 25-03-2026

Panagiotis Skendros, MD, PhD, FEFIM
Director, ESIM Summer 2025





Hellenic Society of Internal Medicine

ESIM2025

EUROPEAN SUMMER SCHOOL
OF INTERNAL MEDICINE

1–7 June 2025 Alexandroupolis, Greece



- ✓ **52 residents from 22 societies, 21 countries**
- ✓ **19 instructors plus 8 residents from the University Hospital of Alexandroupolis assisting with the Hands-On Workshops**
- ✓ **4 members of technical staff and CPO staff**
- ✓ **8h of Expert Lectures (EL)**
- ✓ **3h of How-to-Treat discussions (HOT)**
- ✓ **10h of Interactive Cases Learning (ICL) discussions**
- ✓ **24h (6h per resident) of Hands-On Workshops (HOW)**



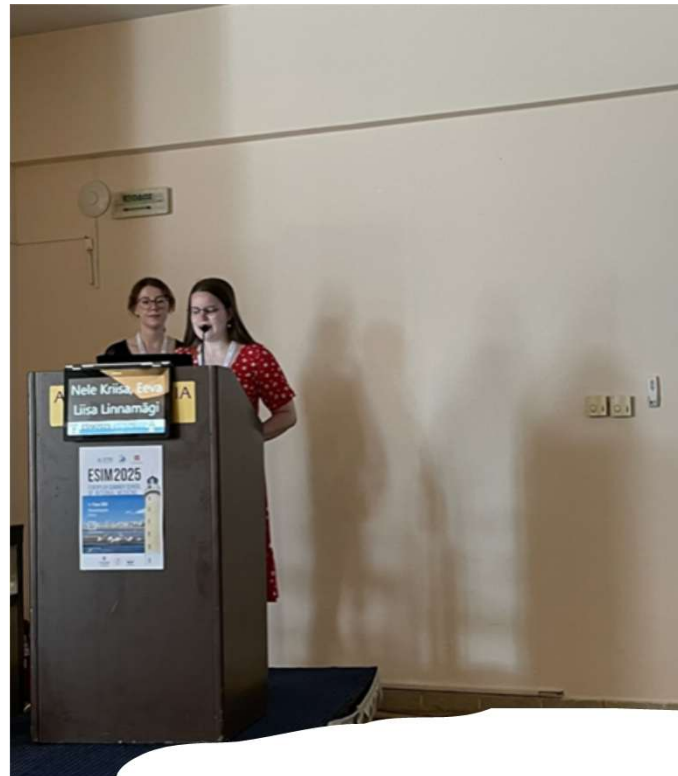
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TIME	Sunday	Monday, 2 June	Tuesday, 3 June	Wednesday, 4 June	Thursday, 5 June	Friday, 6 June
09.00-10.00	Arrivals	Introduction & Groups Building	Expert Lecture (EL) 1 Returning from areas of endemic infectious diseases: diagnostic approach to fever after journey S. Georgiadou	Expert Lecture (EL) 3 Towards the future of integrated therapeutic approaches in obesity complications prevention D. Dicker	Expert Lecture (EL) 5 Translational medicine: linking clinical phenotype to disease mechanism P. Skendros	Expert Lecture (EL) 6 Emerging concepts in essential hypertension: diagnosis & management K. Makaritsis
10.00-11.00			Opening Lecture (OL) Democritus, the "father of Atomic Theory" T. Vougiouklis	Expert Lecture (EL) 2 Metabolic dysfunction-associated steatotic liver disease: evolving knowledge & emerging treatments G. Dalekos	Expert Lecture (EL) 4 Evaluation of overall and residual cardiovascular risk G. Chalikias	Visit to Archaeological Museum of Alexandroupolis (Social Event- SE)
11.00-11.30		Coffee break	Coffee break	Coffee break	Visit Alexandroupolis City	
11.30-12.45		Interactive cases learning (ICL) 3, 4, 7, 13	Interactive cases learning (ICL) 15, 21, 23	Interactive cases learning (ICL) 11, 16, 26		Interactive cases learning (ICL) 5, 6, 17, 18
12.45-13.30		Moderator: I. Mitroulis	Moderator: S. Georgiadou	Moderator: D. Tsilingiris		Moderator: K. Makaritsis
		How to Treat (HOT) HOT 1: Hemophagocytic syndrome A. Tzioufas - L. Chatzis	How to Treat (HOT) HOT 2: Extrapulmonary TBC M. Samarkos	How to Treat (HOT) HOT 3: Acute ischemic stroke G. Ntaios	How to Treat (HOT) HOT 4: Secondary hypertension E. Gkaliagkousi	
13.30-15.00		Light Lunch	Light Lunch	Light Lunch	Light Lunch	Light Lunch
15.00-16.15		Interactive cases learning (ICL) 2, 12, 20, 24	Interactive cases learning (ICL) 8, 14, 22, 27	Interactive cases learning (ICL) 1, 25, 28	Interactive cases learning (ICL) 9, 10, 19	Being an Internist in the XXI Century R. G. Huelgas Study Internal Medicine today: open discussion (OD) between trainees & faculty
		Moderator: C. Papagoras	Moderator: M. Samarkos	Moderator: A. T. Guven	Moderator: R. Guitton	
16.15-16.30		Transition to Hospital	Transition to Hospital	Transition to Hospital	Transition to Hospital	Closing remarks
16.45-18.15	Hands on Workshop (HOW): HOW 1-4 (Group A, B, C, D) University Hospital of Alexandroupolis	Hands on Workshop (HOW): HOW 1-4 (Group B, C, D, A) University Hospital of Alexandroupolis	Hands on Workshop (HOW): HOW 1-4 (Group C, D, A, B) University Hospital of Alexandroupolis	Hands on Workshop (HOW): HOW 1-4 (Group D, A, B, C) University Hospital of Alexandroupolis		
18.15-18.30	Transition to Egnatia Hotel	Transition to Egnatia Hotel	Transition to Egnatia Hotel	Transition to Egnatia Hotel		
20.00	Welcome Dinner	Dinner	Dinner	Dinner	Dinner	Farewell beach party (Social SE)

Interactive Cases Learning (ICL) - Distribution of presentations	
Case 1	
Annina Reusser	SWITZERLAND
Mireille Yurina Hosli	SWITZERLAND
Case 2	
Maulde Rovero	SWITZERLAND
Donika Balaj	SWITZERLAND
Case 3	
Shams Dakhil	NORWAY
Mariam Youssef	EGYPT
Case 4	
Shadman Sakib Rahman	UNITED KINGDOM
Hira Amer	UNITED KINGDOM
Case 5	
Jeremy Claude Myers	UNITED KINGDOM
Valtteri Kaasinen	FINLAND
Case 6	
Pirkka Pekka Laurila	FINLAND
Malteena Lammi	FINLAND
Case 7	
Clara Beatriz Palacios Morenilla	SPAIN
David Manuel Montenegro Pascual	SPAIN
Case 8	
Paula Teresa López León	SPAIN
Rebecca Rowena Peña Zalbidea	SPAIN
Case 9	
María Dolores Galán Azcona	SPAIN
Ágata González Gómez- Lozano	SPAIN
Case 10	
Nele Kriisa	ESTONIA
Eeva Liisa Linnamägi	ESTONIA
Case 11 and Case 28	
Nino Sikharulidze	GEORGIA
Kordikova Christina	CZECH REPUBLIC
Case 12	
Alexanne Jubin	FRANCE
Bercu Leslie	FRANCE

Case 13	
Cemre Can Ulukaya	TURKEY
Eda Buse Akbulak	TURKEY
Case 14	
Özge Demirbaş	TURKEY
Sema Nur Dokur Yeni	TURKEY
Case 15	
Deniz Olgaç Çağatay	TURKEY
Gülperi Ateş Çetinkaya	TURKEY
Case 16	
Sebastaan van Tongeren	NETHERLANDS
Maxine van der Meer	NETHERLANDS
Case 17	
Marlies Habing	NETHERLANDS
Greta Hasandocaj	ALBANIA
Case 18	
Katharina Murillo	GERMANY
Svenja Zempel	GERMANY
Case 19	
Simati Stamatia	GREECE
Kaklamanos Aimilios	GREECE
Case 20	
Valarakou Paraskevi	GREECE
Orfanidou Martha	GREECE
Case 21	
Athanasidou Lazaros	GREECE
Nadeem Massalha	ISRAEL
Case 22	
Aviad Glick	ISRAEL
Nancy Hasson	ISRAEL
Case 23	
Dario Conte	ITALY
Gaia Jones	ITALY

Case 24	
Diamanto Kasapi	CYPRUS
Argyris Gavriel	CYPRUS
Case 25	
Matilda Rantanen	SWEDEN
Jacob Landén	SWEDEN
Case 26	
Ms. Ásrún Björk Hauksdóttir	ICELAND
Mr. Stefán Már Jónsson	ICELAND
Case 27	
Alexandra Machado	PORTUGAL
Margarida Guiomar	PORTUGAL



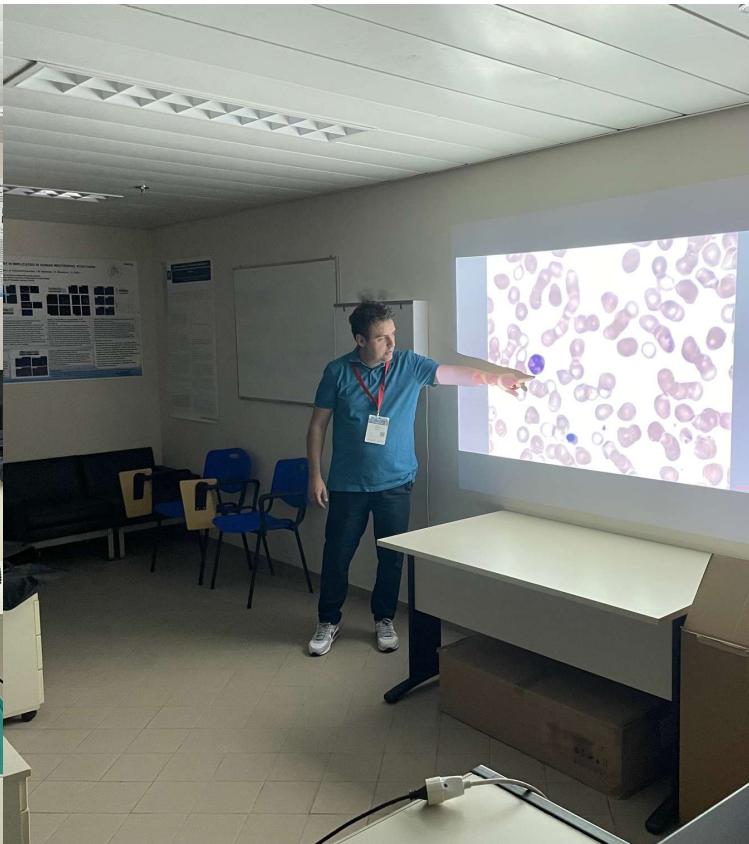
Interactive Cases Learning discussions with voting system

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Hands-On-Workshops (HOWs)

HOW-1	Blood smear examination & interpretation	I. Mitroulis
HOW-2	Musculoskeletal U/S in common diseases	C. Papagoras
HOW-3	Fundus examination for the internist	G. Labiris
HOW-4	Diabetic foot & neuropathy assessment	D. Tsilingiris

Please board the bus with the DUTH logo in front of the Egnatia Hotel at 16:30



Hands-On Workshop-1: Blood smear examination & interpretation

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Hands-On Workshop-2: Musculoskeletal POCUS - Arthrocentesis

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Hands-On Workshop-3: Fundus examination for the internist

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Hands-On Workshop-4: Diabetic foot & neuropathy assessment

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Friday, 6 June 2025 (Day 5), 15.30

Study Internal Medicine today: open discussion (OD) between trainees & faculty



Open Discussion – Call for Topics

- **We invite you to share any subjects, suggestions, or ideas you'd like to see discussed**
- Please send your input via email to: **pskendro@med.duth.gr**
- **Your contribution is valuable!**

Study Internal Medicine today: open discussion (OD) between trainees & faculty



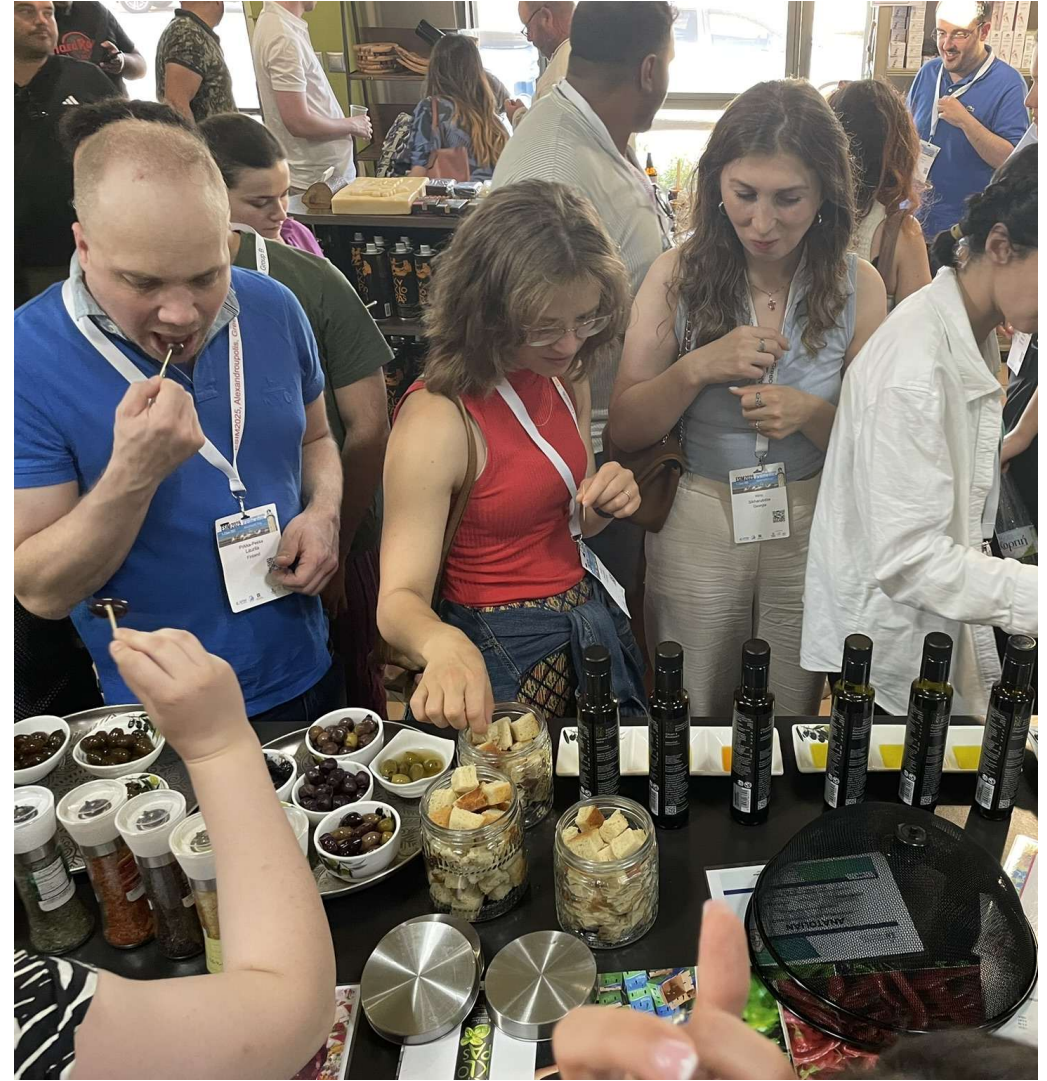


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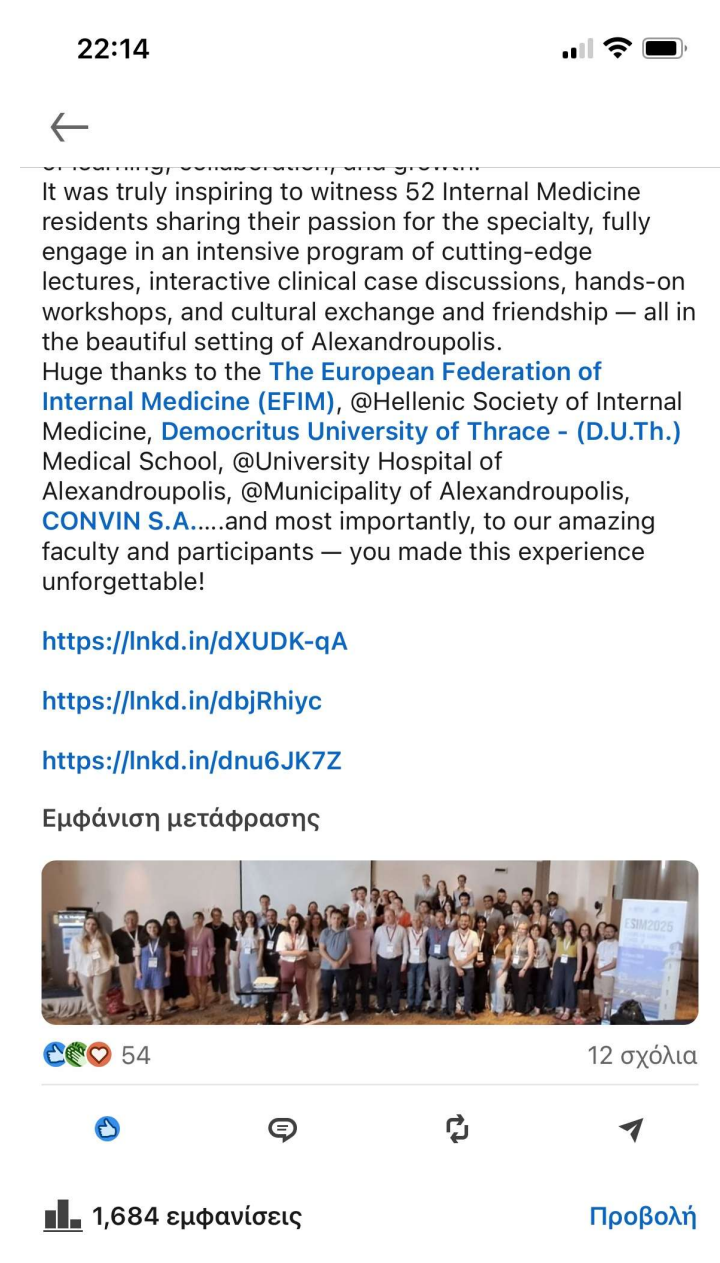
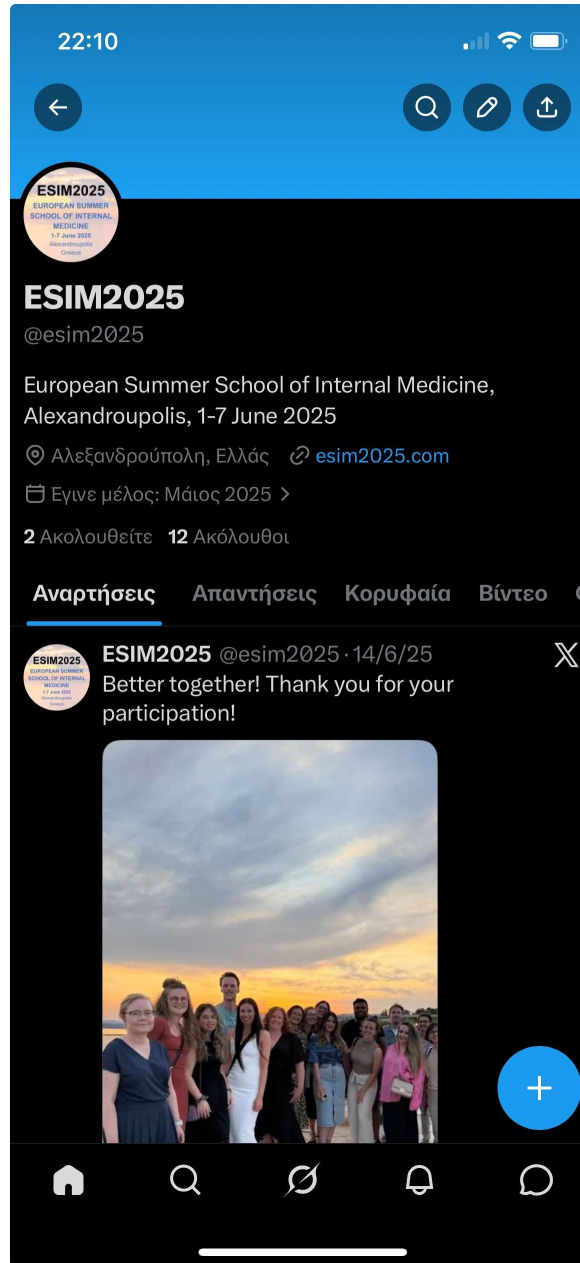
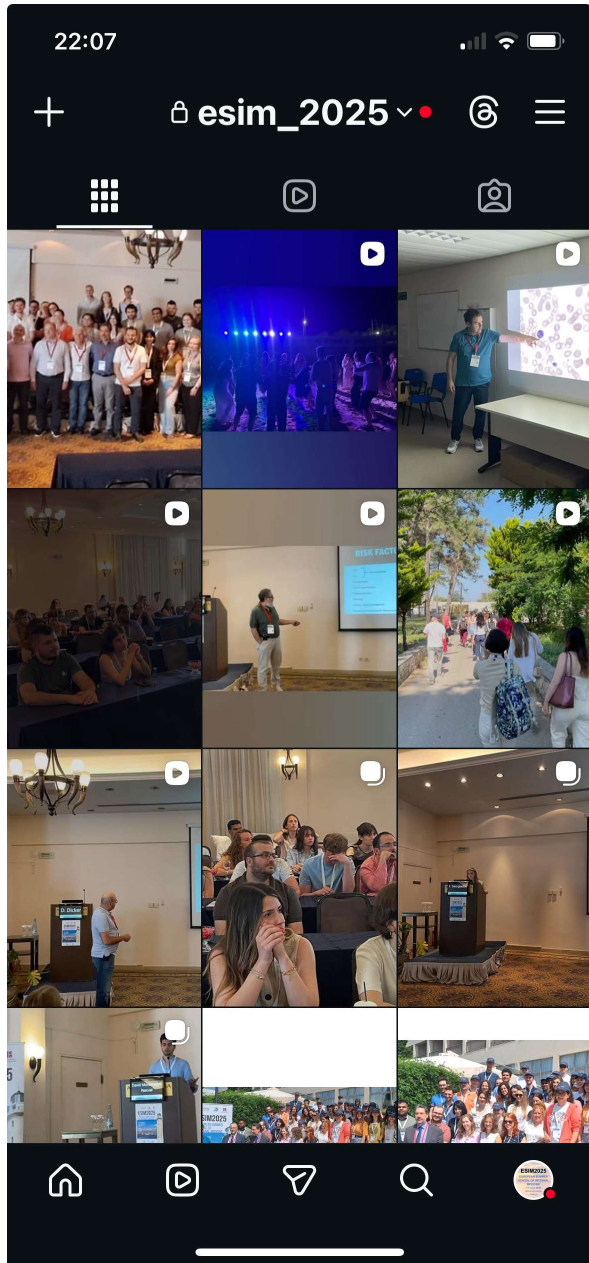
Guided tour of the Archaeological museum of Alexandroupolis



Guided tour in a traditional Greek olive mill







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Evaluation

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Under the auspices



Professional Congress Organizer:



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Evaluation



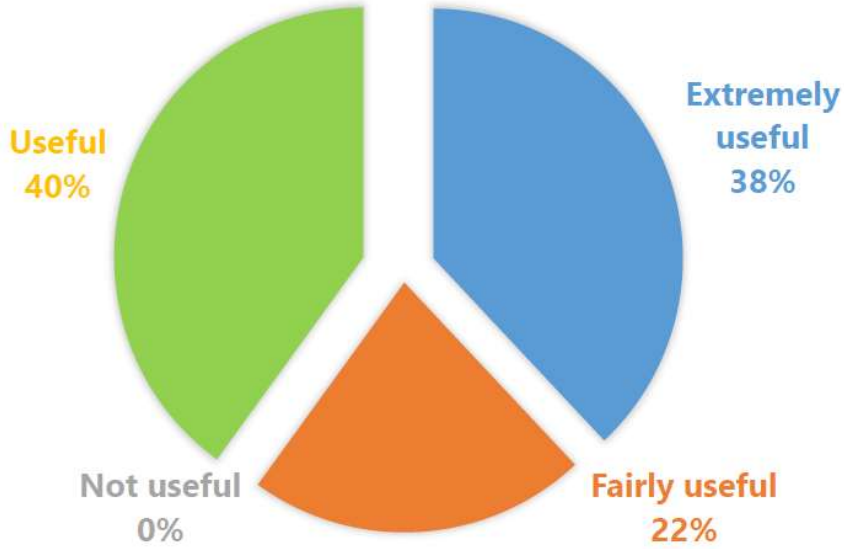
- ❖ **50** Residents completed the Summer School evaluation form
- ❖ **100%** of the Delegates rated the event as excellent or very good



Evaluation



HOW USEFUL FOR YOUR PROFESSIONAL ACTIVITY DID YOU FIND THIS SUMMER SCHOOL?

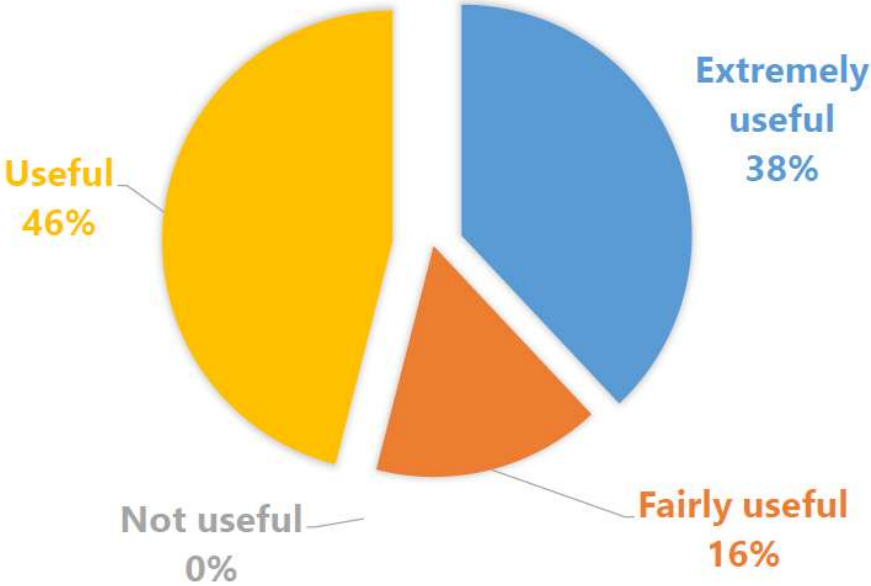




Evaluation



WHAT WAS YOUR OVERALL IMPRESSION OF THE SUMMER SCHOOL PROGRAMME?



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