



ESIM 2026

EUROPEAN SUMMER SCHOOL
OF INTERNAL MEDICINE
31 May – 6 June 2026

Alexandroupolis, Greece

www.esim2026.com



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Progress Report

EFIM General Assembly

Vienna, 25-03-2026

Panagiotis Skendros, MD, PhD, FEFIM
Director, ESIM Summer 2026

Director: Prof. Panagiotis Skendros, MD, PhD, FEFIM

Co- Directors: Dr. Gemma Ortiz Llauro, Dr. Dimitrios Tsilingiris, Dr. Charalampos Papagoras, Dr. Ioannis Mitroulis

Young Internists Liaisons: Dr. C. Antoniadou, Dr. E. Gavriilidis



The Venues

ASTIR EGNATIA HOTEL

LECTURES
& OTHER
SESSIONS

The ESIM Summer School will be held in the University General Hospital of Alexandroupolis for the hands-on workshops and in the Egantia Astir Hotel for lectures & other sessions.



ΔΗΜΟΚΡΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ
DEMOCRITUS UNIVERSITY OF THRACE

HANDS ON
WORKSHOPS

UNIVERSITY GENERAL
HOSPITAL OF
ALEXANDROUPOLIS

10 min



Timeline - Milestones

- The 2nd edition of ESIM Summer in Alexandroupolis will be held 31 May – 6 June 2026 in
- The school was officially announced by EFIM and the website was launched at the beginning of December 2025
- Auspices and support by the Medical School of Democritus University of Thrace and the Municipality of Alexandroupolis were secured
- **25 speakers/moderators have been invited and accepted**
- **19 national societies of Internal Medicine from 17 countries and FDIME have declared their intention to send 50 residents. Some of them have already selected the residents**
- **By the 1st of April, the names of all the selected residents are expected**
- **By the end of April, the residents will submit the Interactive Cases presentations**
- **The social media accounts for this year's edition will be launched by the 21st of May**

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ID	Society Name	Residents
1	Norwegian Society	2
2	Finnish Society	3
3	Royal College of Physicians of Edinburgh	2
4	Czech Society of Internal Medicine	1
5	Turkish Society of Internal Medicine (TİHUD)	3
6	Estonian Society of Internal Medicine	1
7	Foundation for the Development of Internal Medicine in Europe (FDIME)	2
8	HELLENIC SOCIETY OF INTERNAL MEDICINE (HSIM)	3
9	Israel Society of Internal Medicine	3
10	Società italiana di medicina interna	2
11	Netherlands Society of Internal Medicine	3
12	Swiss Society of General Internal Medicine	3
13	FADOI Italy	2
14	SPANISH SOCIETY OF INTERNAL MEDICINE	6
15	French Society	3
16	Belgium BSIM	2
17	Turkish Association of Internists (DAHUDER)	3
18	Ceylon College of Physicians (Colombo, Sri Lanka)	1
19	Cyprus	2
20	German Society of Internal Medicine	3
TOTAL		50

TIME	Sunday, 31 May	Monday, 1 June	Tuesday, 2 June	Wednesday, 3 June	Thursday, 4 June	Friday, 5 June	Saturday, 6 June	
09.00-10.00	Arrivals	Introduction & Groups Building	Lecture 1	Lecture 3	Lecture 5	Lecture 6	Departures	
			Statistical significance vs clinical impact <i>V.P. Papadopoulos (Greece)</i>	Antimicrobial resistance and new antibiotics <i>M. Samarkos (Greece)</i>	MASLD: Diagnostic and therapeutic challenges in 2026. <i>M. Amin (Egypt)</i>	The obesity pandemic and management <i>E. Gouveri (Greece)</i>		
10.00-11.00		Opening Lecture (OL)	Lecture 2	Lecture 4	Visit to Archaeological Museum of Alexandroupolis (Social Event- SE)	Lecture 7		
		Intelligence without consciousness: where does the machine end and the physician begin? <i>TBA</i>	Agitation in the acute medical setting <i>Th. Vorvolakos (Greece)</i>	Improving the management of people with diabetes as in-patient <i>M. Strachan (UK)</i>		Fever/inflammation of unknown origin <i>P. Skendros (Greece)</i>		
11.00-11.30		Coffee break	Coffee break	Coffee break		Coffee break		
11.30-12.30		Interactive Cases Learning (ICL) (live voting)	Interactive Cases Learning (ICL) (live voting)	Interactive Cases Learning (ICL) (live voting)	Interactive Cases Learning (ICL) (live voting)	Being an Internist in the XXI Century <i>R. G. Huelgas (Spain)</i>		
		ICL-1: Cases (1-3) Moderator: G.N. Dalekos (Greece)	ICL-2: Cases (4-6) Moderator: C. Papagoras (Greece)	ICL-3: Cases (7-9) Moderator: E. Korompoki (Greece)	ICL-6: Cases (18-20) Moderator: G.O. Llaouradó (Spain)			
12.30-13.30		Exploring Clinical Scenario (ECS)-1 (live voting)	Exploring Clinical Scenario (ECS)-2 (live voting)	Exploring Clinical Scenario (ECS)-3 (live voting)	Exploring Clinical Scenario (ECS)-4 (live voting)	Study Internal Medicine today: open discussion (OD) between trainees & faculty		
		ECS-1: Liver disease patient <i>G.N. Dalekos (Greece)</i>	ECS-2: Vasculitis patient <i>C. Papagoras (Greece)</i>	ECS-3: Stroke patient <i>E. Korompoki (Greece)</i>	ECS-4: Hypertensive patient <i>E. Gkaliagkousi (Greece)</i>	Closing remarks		
13.30-15.00		Light Lunch	Light Lunch	Light Lunch	Light Lunch	Light Lunch		
15.00-15.30		Transition to Hospital	Transition to Hospital	Interactive Cases Learning (ICL) (live voting)	Interactive Cases Learning (ICL) (live voting)	Leisure time		
15.30-16.30		Hands on Workshop (HOW 1-4) (Group A, B, C, D) University Hospital of Alexandroupolis	Hands on Workshop (HOW 1-4) (Group C, D, A, B) University Hospital of Alexandroupolis	ICL-4: Cases (10-13) Moderator: Z.I. Kaya (Turkey)	ICL-7: Cases (21-24) Moderator: D. Tsilingiris (Greece)			
16.30-17.00				Interactive Cases Learning (ICL) (live voting)	Interactive Cases Learning (ICL) (live voting)			
17.00-18.00		Hands on Workshop (HOW 1-4) (Group B, C, D, A) University Hospital of Alexandroupolis	Hands on Workshop (HOW 1-4) (Group D, A, B, C) University Hospital of Alexandroupolis	ICL-5: Cases (14-17) Moderator: Ch. Antoniadou (Greece)	ICL-8: Cases (25-28) Moderator: N. Gatselis (Greece)			
18.00-18.30								
18.30-20.00		Leisure time	(Social Event- SE)	Leisure time	Leisure time			
20.00		Welcome Dinner	Dinner	Dinner	Dinner	Dinner		Farewell beach party (Social Event- SE)

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Hand- on Workshops (University Hospital of Alexandroupolis) - 4 Groups (A, B,C, D)

HOW-1	Diabetic foot & neuropathy assesment	<i>D. Tsilingiris - N. Papanas (Greece)</i>
HOW-2	Fundus examination for the intrenist	<i>A. Giannoukaki - G. Labiris (Greece)</i>
HOW-3	Seeing More, Missing Less: POCUS bootcamp for the internist	<i>E. Polyzogopoulou (Greece)</i>
HOW-4	Blood smear examination & interpretation	<i>I. Mitroulis (Greece)</i>

Each resident for 5 days will attend and participate in:

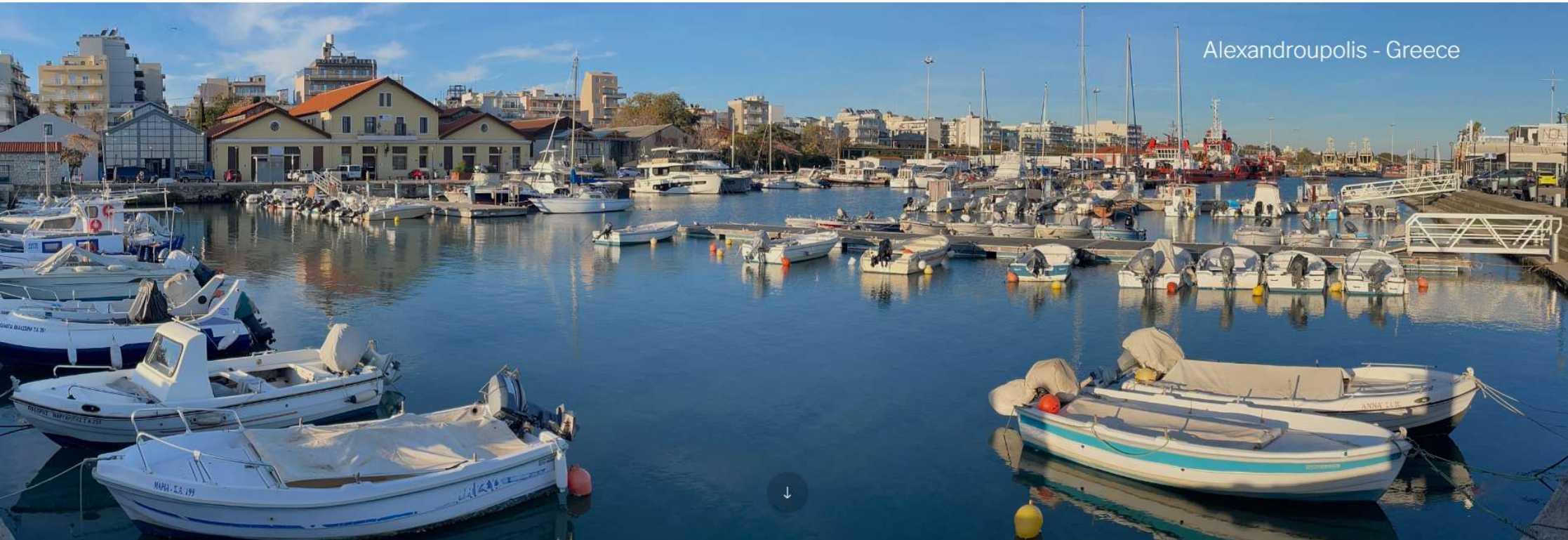
- ✓ **9 hours of Lectures** on hot topics in Internal Medicine, including the Opening and Closing Lectures
- ✓ **4 hours of Exploring Clinical Scenarios (ECS)** practical sessions with live voting
- ✓ **9 hours of Interactive Case Learning (ICL)** educational sessions with live voting (case presentations by residents working in pairs)
- ✓ **1 hour of Open Discussion** on Internal Medicine training across Europe (EFIM panel, Course Directors, and Residents)
- ✓ **5 hours of extensive Hands-On Workshops** in POCUS, Diabetes, Fundoscopy, and Laboratory Medicine
- ✓ **Several informal discussions, leisure activities, and social events**

<https://www.esim2026.com/>

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ESIM 2026 | European Summer School of Internal Medicine
“Learn, Connect, Evolve”

31 May - 6 June 2026, Alexandroupolis | **Greece**



Alexandroupolis - Greece

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ΕΕΕΝ
Hellenic Society
of Internal Medicine

