

**ESIMWINTER2024**

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# ESIM 2024

## WINTER SCHOOL

11/2-17/2  
BJÖRKLIDEN,  
SWEDEN



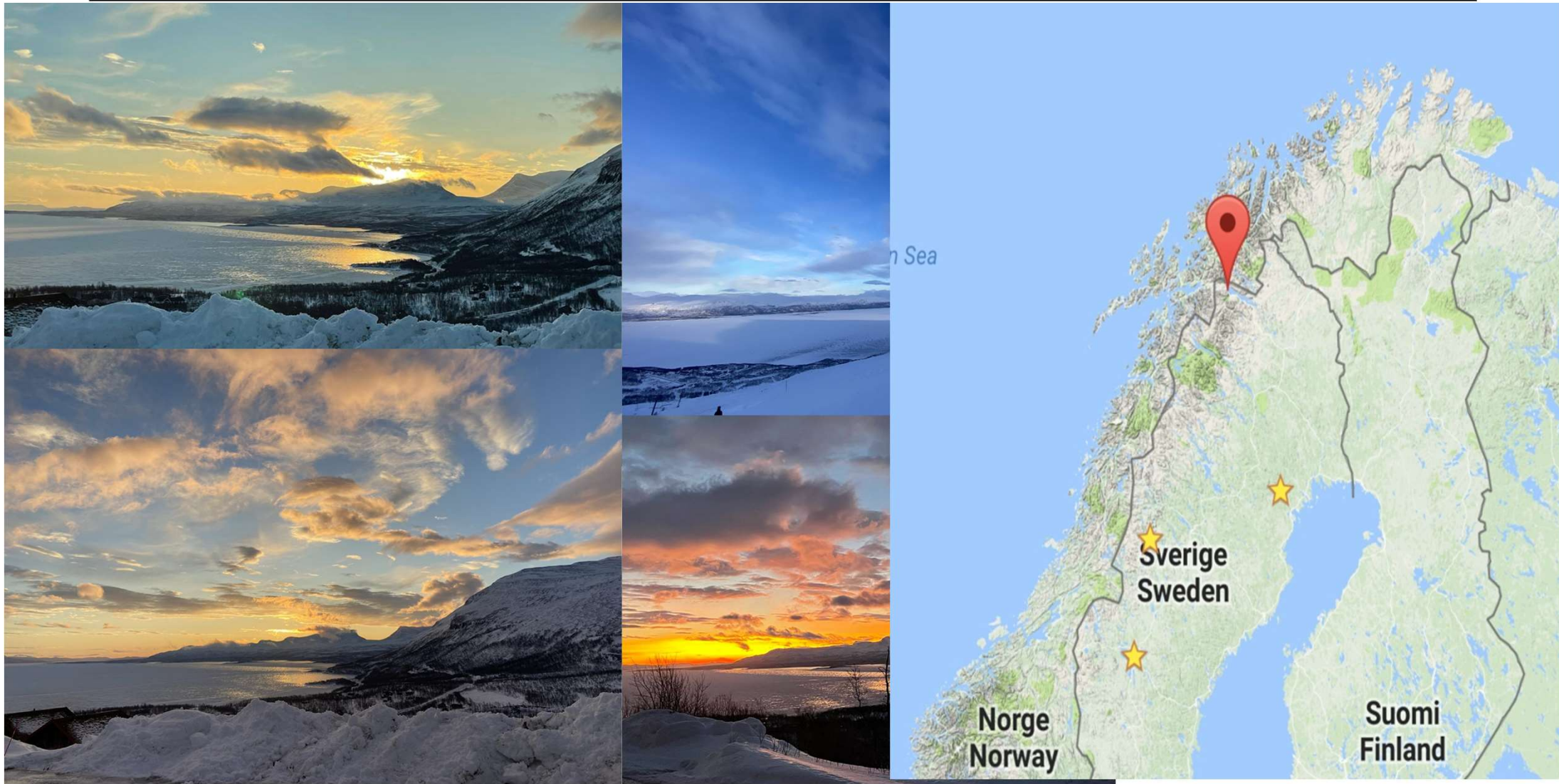
# WINTERSCHOOL



**EFIM**  
[www.efim.org](http://www.efim.org)



# LOCATION AND VENUE - BJÖRKLIDEN



# THE TEAM

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**ESIM Director and Lead for the School:**

Dr Christine Sävervall

**Co-Directors:**

Dr Kim Pettersson-Fernholm (Finland)

Dr Amie Burbridge (Great Britain)

Dr Ieva Ruza (Latvia)

**Organising Committee:**

Dr Sara Lindberg

Dr Malin Hanehøj Kjølåsøy

Dr Jonatan Haile

Dr Adrian Hassler

**Young Internists Sweden:**

Dr Veronika Lindblom





# 58 PARTICIPANTS FROM 22 COUNTRIES

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Austria  
Cyprus  
Czech Republic  
Estonia  
Finland  
France  
Germany  
Greece  
Israel  
Italy  
Latvia  
Mexico  
The Netherlands  
Norway  
Poland  
Portugal  
Slovakia  
Spain  
Sweden  
Switzerland  
Turkey  
United Kingdom







# Programme

Sunday 11 feb	Monday 12 feb	Tuesday 13 feb	Wednesday 14 feb	Thursday 15 feb	Friday 16 feb	Saturday 17 feb
	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-08.30 Breakfast	07.30-08.30 Breakfast	
<b>Welcome!</b> Residents arrive today	08.30 - 09.10 Welcome and Introduction Organising Committee	08.30 - 09.25 Lecture "Toxidromes" Digital Mr Fraz	8.30 - 10.00 Workshop/lecture "Bias" Amie Burbridge & Christine Sævervalf	08.30 - 09.25 Lecture "Autoimmune liver disease" Kallioi Zachou	08.30-09.25 Lecture "IgG4" Kim Fernholm Pettersson	08.30-10.00 Breakfast
	09.15 - 10.15 Lecture "Medical generalism" Ricardo Gómez Hueigas President EFIM	09.30-10.15 Lecture "Medical Errors" Amie Burbridge	10.00-10.30 Coffee Break	09.30 - 10.15 Lecture "Cardiovascular risk and dyslipidemia" Oguz Abdulah Uyaroglu	09.30-10.15 Lecture "Management of DOAC related bleeding" Francesco Dentali	
	10.15-10.45 Coffee Break	10.15 - 10.45 Coffee Break	10.30 - 12.30 Workshop Ultrasound Michael Kaltenbach	10.15-10.45 Coffee Break	10.15-10.45 Coffee Break	
<b>Evening: 19.00</b>	10.45 - 12.00 Lecture "Bedside medicine" Andrew Elder	10.45 - 11.30 Lecture Ultrasjudytt Erik Uilemark		10.45 - 12.30 Lecture "Acid-Base Enigmas + quiz" Wouter Meerseman	10.45 - 12.00 Lecture "Endocrine cases" Ieva Ruza	Residents depart in the morning - bus leaves 7 am
<b>Reception</b>	12.05 - 12.50 Lecture "Living in a cold climate" Fredrik Kjølberg	11.35 - 12.30 Lecture "Cardiac arrest - beyond the basics" Erik Uilemark	12.30-13.00 Lunch			<b>Have a safe trip home!</b>
<b>Meet &amp; Greet</b>	13.00-15.00 Lunch and free time + activity of choice	12.30-15.00 Lunch and free time / skilling lessons (cross country or beginner's alpine)	13.00-17.00 13.00 Bus to AbiskoPolar research science center and sauna 17.00 bus back to Björkliden Organising Committee	12.30-15.00 Lunch and guided tour "winter wonderland"	12.00-16.30 Lunch and free time + activity of choice	
<b>Dinner at hotel</b>	15.00-16.45 Workshop Presenting Science Margot van der Lee	15.00-16.45 Clinical case presentations 6-11 Organising committee		15.00-15.55 Lecture "Sleep apnea / Heart failure" Hamza Ashur		
	16.45-17.15 Coffee Break	16.45-17.15 Coffee Break	17.30-18.55 Clinical case presentations 12-16 Organising Committee	16.00-16.45 Lecture Frailty Christine Sævervalf and Sara Lindberg		
	17.15-18.45 Case presentations 1-5 Organising Committee	17.15-18.00 Lecture Developing countries "Development projects and humanitarian action. My experience in the field" Fibrená Flebotonio		16.45-17.15 Coffee Break	16.30-17.30 Lecture "The future of Internal Medicine" Organizing committee	
	19.00-20.30.00 Buffet Fjället 20.30 - 22.30 Guide Northern lights	19.00-20.30 Buffet Fjället 20.30 - 22.30 Salsa	19.00-20.30.00 Buffet Fjället 20.30 - 22.30 Karaoke	17.15-18.45 Clinical case presentations 17-21 Organising Committee		
				19.00-20.30 Buffet Fjället 20.30 - 22.30 Guide Northern lights	19.00-late Gala dinner	



# SCIENTIFIC PROGRAMME

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# EVALUATION





SEE YOU IN FEBRUARY 2025 IN BEAUTIFUL BJÖRKLIDEN!

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