

ESIMWINTER2025

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ESIM 2025
WINTER SCHOOL
FEBRUARY 9th-15th
BJÖRKLIDEN,
SWEDEN

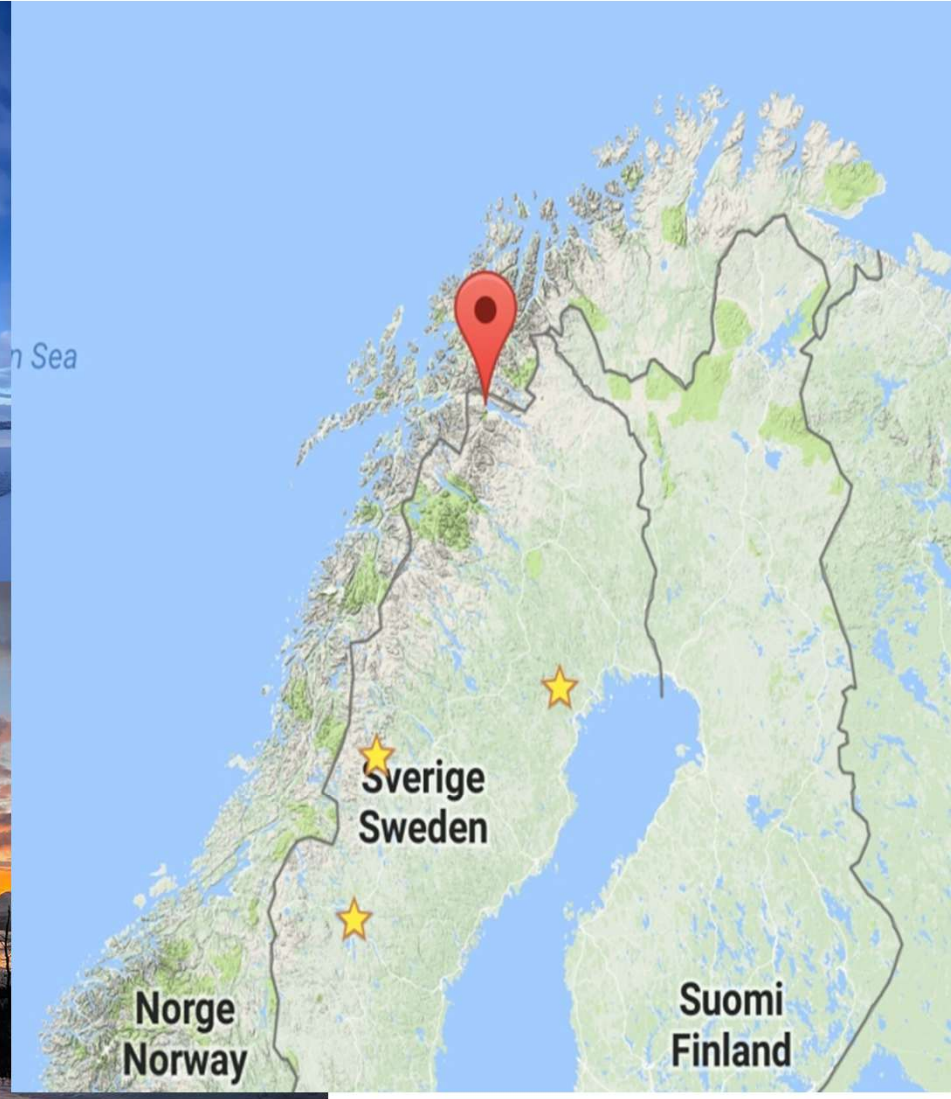


WINTERSCHOOL



EFIM
www.efim.org

LOCATION AND VENUE - BJÖRKLIDEN







Kevin Palmer
Photography

THE TEAM

ESIM director and Lead for the sc
Dr Christine Sävervall



Co-directors

Dr Ieva Ruza
Dr Amie Burbridge



Organising committee

Dr Sara Lindberg
Dr Adrian Hassler
Dr Jonatan Haile



Young Internists Sweden

Dr Veronika Lindblom



60 PARTICIPANTS FROM 26 COUNTRIES




Albania
Algeria
Austria
Belgium
Cyprus
Estonia
Finland
France
Germany
Greece
Iceland
Israel
Italy

Latvia
The Netherlands
North Macedonia
Norway
Poland
Portugal
Romania
Slovakia
Spain
Sweden
Switzerland
Turkey
United Kingdom

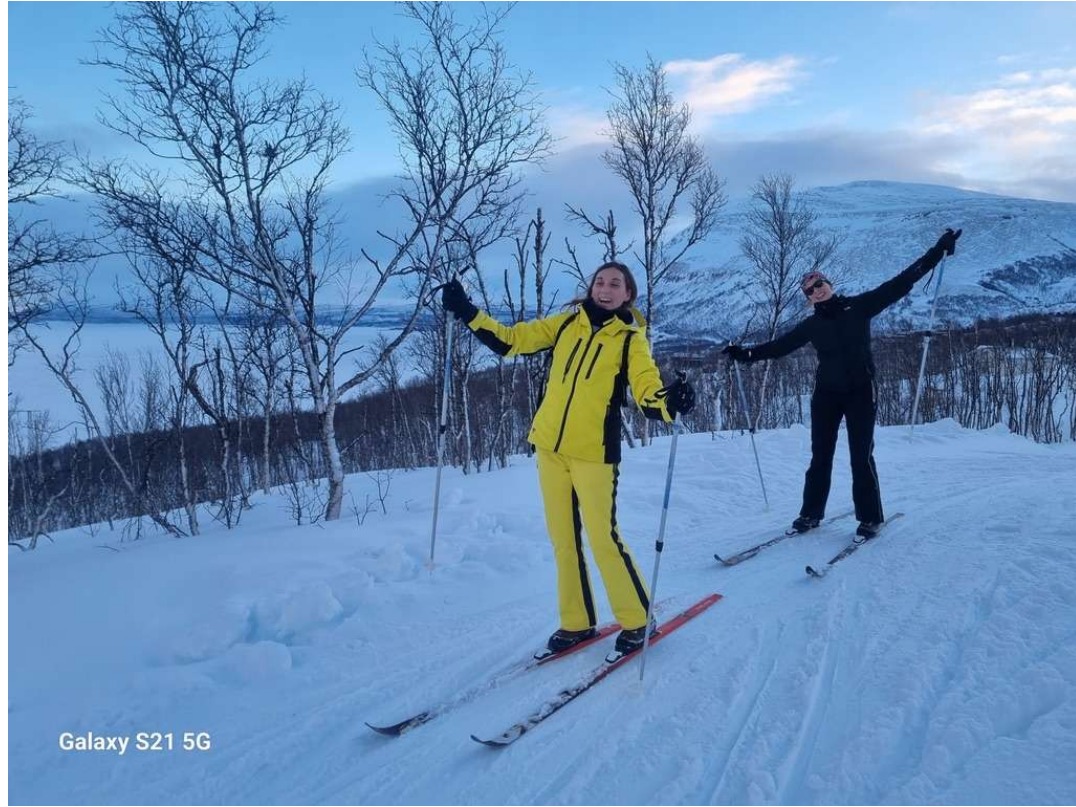




Programme

| | Sunday 9 feb | Monday 10 feb | Tuesday 11 feb | Wednesday 12 feb | Thursday 13 feb | Friday 14 feb | Saturday 15 feb |
|-------------------------|--|---|---|--|--|---|---|
| | | 07.30-08.30 Breakfast | 07.30-08.30 Breakfast | 07.30-08.30 Breakfast | 07.30-08.30 Breakfast | 07.30-08.30 Breakfast | |
| | | 08.30 - 09.10 Welcome and Introduction Organising Committee | 08.30-09.25 Lecture "What's in the doctor's bag?" Andrew Elder | 8.30 - 10.00 Workshop/lecture "Bias" Amie Burbridge | 08.30 - 09.25 Lecture "IgG4-related diseases" Farouk Benmediouni | 08.30 - 09.45 Lecture "Endocrine cases" Ieva Ruza | 07.30-08.30 Breakfast / Packing |
| | | 09.15 - 10.15 Lecture "Medical generalism" Ricardo Gómez Huelgas President EFIM | 09.30-10.15 Lecture "Living in a cold climate" Niklas | 10.00-10.30 Coffee Break | 09.30 - 10.15 Lecture "Frailty" Sara Lindberg and Veronika Lindblom | 09.50-11.00 Workshop "Education and work environment" ECG session Jonatan Haile and Sara Lindberg | |
| | | 10.15-10.45 Coffee Break | 10.15 - 10.45 Coffee Break | | 10.15-10.45 Coffee Break | | |
| | | 10.45 - 12.00 Lecture "Toxidromes" Mir Fraz | 10.45 - 12.00 Lecture "Diagnostics in Inflammation of unknown origin: shifting paradigms" Steven Callens Novel | 10.30 - 12.30 Workshop Ultrasound Michael Kallenbach | 10.45 - 11.15 Workshop "Frailty" Sara Lindberg and Veronika Lindblom | 11.00-11.30 Coffee Break | Residents depart in the morning Have a safe trip home! |
| | | 12.05 - 13.00 Lecture "Cardiac arrest - beyond the basics" Erik Ullemark | 12.00-12.30 Lunch | | 11.15-12.30 Lecture "Acid-Base Enigmas + quiz" Adrian Hassler | 11.30 - 12.30 Lecture "Gender Medicine" Young Internist Lucia Ordieres Ortega | |
| | | 13.00-15.00 Lunch and free time + activity of choice | 12.30-17.30 | 12.30-15.00 Lunch and free time / skiing lessons (cross country or beginner's alpine) | 12.30-15.00 Lunch and guided tour "winter wonderland" | 12.30-16.30 | |
| Welcome! | | | 12.30 Bus to Abisko/Polar research science center and sauna 17.00 bus back to Björkliden Organising Committee | | | | |
| Residents arrive today | | 15.00-16.45 Workshop Presenting Science Gijs Meeusen | | 15.00-16.45 Clinical case presentations 11-15 Organising committee | 15.00-15.55 Lecture "From Stethoscope to Datascope: What can data do for your patients?" 16.00-16.45 Lecture "Medical Errors" Amie Burbridge | Lunch and free time + activity of choice | |
| | | 16.45-17.15 Coffee Break | | 16.45-17.15 Coffee Break | 16.45-17.15 Coffee Break | 16.30-17.30 Lecture "The future of Internal Medicine" Organising committee | |
| Evening: 19.00 | | 17.15-18.45 Clinical case presentations 1-5 Organising Committee | 17.30-18.55 Clinical case presentations 6-10 Organising Committee | 17.15-18.30 Lecture "Empathy - from brain to bedside" Andrew Elder | 17.15-18.45 Clinical case presentations 16-20 Organising Committee | | |
| Reception | | | | | | | |
| Meet & Greet | | | | | | | |
| Dinner at hotel | | | | | | | |
| | 19.00-20.30.00 Buffet Fjället 20.30 - 22.30 Guide Northern lights | 19.00-20.30 Buffet Fjället 20.30 - 22.30 Salsa | 19.00-20.30.00 Buffet Fjället 20.30 - 22.30 Guide Northern lights | 19.00-20.30 Buffet Fjället 20.30 - 22.30 Karaoke night | 19.00-late Dinner and danceparty Gala dinner Fjället | |  |











EVALUATION

> The lectures



> The venue



> The social activities



> The overall experience





