11th EFIM Day – Summary Report

16 October 2026 | Brussels, Belgium

The 11th EFIM Day gathered representatives of EFIM National Societies, EFIM Executive Committee members, Working Group Chairs, Young Internists, and invited guests from across Europe for discussions on the future of Internal Medicine and the work of EFIM. A total of approximately 46 participants representing 26 national societies, EFIM Executive Committee, and invited speakers attended the meeting in Brussels.

The 11th EFIM Day was opened by Prof. George Dalekos, EFIM President, who welcomed participants to Brussels and provided a brief overview of EFIM's recent achievements, ongoing initiatives, and future priorities. Special attention was given on EFIM's continued growth, the strengthening of international collaborations, and growing educational and scientific opportunities for internists across Europe and beyond. Future priorities of the Executive Committee were presented including the preparations for the upcoming Executive Committee elections, the selection of future ESIM hosts, and planning for future editions of the European Congress of Internal Medicine.

Among the achievements Prof. Dalekos presented:

- The publication of EFIM Annual Report highlighting EFIM's accomplishments during 2025.
- Launch of the new EFIM Clinical Research Grant Programme, which attracted 33 applications and selected two winning projects.
- The launch of the Global Network of Internal Medicine
- EFIM's Academy new certified educational modules focused on Cardio-Renal-Metabolic diseases and many other important developments.

Prof. Giancarlo Agnelli, Editor-in-Chief of EJIM, joined the meeting via Zoom to present recent journal developments and key performance indicators. He also introduced the transition in editorial leadership, announcing that Prof. Marcel Levi has been appointed as the incoming Editor-in-Chief and will succeed him from 1 January 2027. Following his introduction, Prof. Levi shared his ideas and ambitions for the future of the journal. He invited the National Societies representatives to engage actively with EJIM by contributing high-quality content and subscribing to the journal's e-TOC for regular updates on new publications.

Furthermore Prof. George Dalekos, Prof. Luc Mouthon ECIM 2027 Chair presented the preparations for ECIM 2027, which will take place in Paris. Participants were informed that abstract submissions and registrations have already opened and key deadlines were presented. The successful outcome of ECIM 2026 in Vienna was also highlighted, having attracted over 2,300 participants and nearly 1,800 abstract submissions.

The highlight of the day was the keynote presentation delivered by Prof. Henrique Martins on the topic:

"The European Health Data Space: Governance and Access for Physicians."
The lecture provided an overview of the European Health Data Space, EHDS, focusing on opportunities and challenges related to health data governance, digital transformation in healthcare, and improving access to health information for clinicians and researchers across Europe. The presentation stimulated lively discussion among participants regarding the implementation and future impact of EHDS on clinical practice.

The second keynote lecture was delivered by Prof. José Delgado Alves, President of the European Board of Internal Medicine, EBIM. The presentation, entitled **"Shaping the Future: Updates on the EU Curriculum in Internal Medicine,"** focused on the ongoing efforts to revise and harmonise Internal Medicine training across Europe. Participants received updates on current EBIM projects, including the progress on the curriculum revision, development of the European Examination in Internal Medicine, accreditation initiatives and other important projects.

As every year several national societies were invited to present their national societies activities. Representatives from the following national societies shared updates on recent activities, successes, and challenges within their countries:

- Estonian Society of Internal Medicine – Prof. Margus Lember
- Portuguese Society of Internal Medicine – Prof. Luis Duarte Costa
- Icelandic Society of Internal Medicine – Prof. Runofur Palsson
- Polish Society of Internal Medicine – Prof. Magdalena Wiśniewska

The presentations encouraged lively discussions and highlighted opportunities for future collaboration among EFIM member societies.
Before the close of the meeting, Dr. Alexis Müller-Marbach, representing the German Society, presented a proposal for a new EFIM Working Group on Tobacco Control and Cessation for further consideration within EFIM.

In his closing remarks, Prof. George Dalekos thanked all participants for their active participation throughout the day. He stressed the importance of EFIM's commitment to supporting Internal Medicine through further education, research, international collaboration, and professional development and invited all the participants to the ECIM 2027 meeting in Paris.