



EFIM Young Internists' Report

***Dr. Caterina Delcea
Chair Young Internists
European Federation of Internal Medicine***

Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Colentina Clinical Hospital, Bucharest, Romania





EFIM young internists



Who are we?



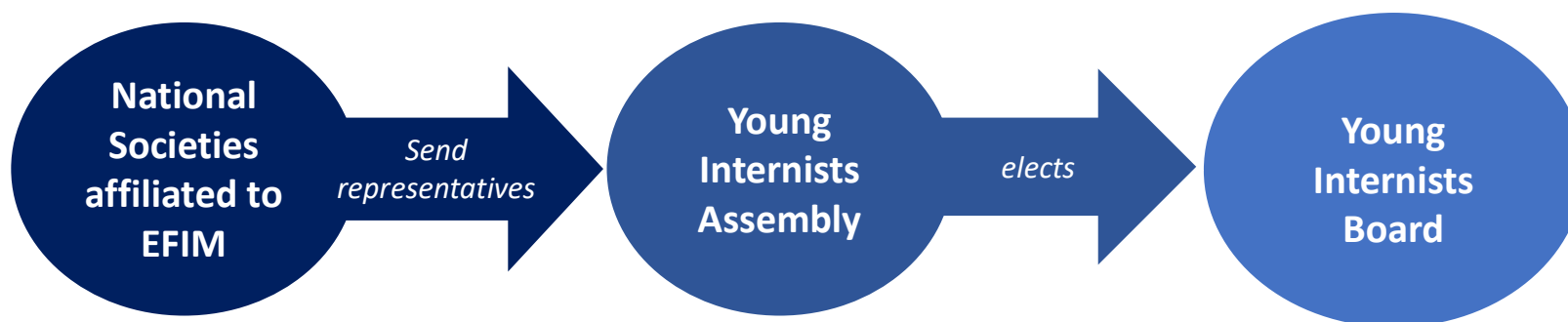


- Young Internists is a **section** of the **European Federation of Internal Medicine**
- **Doctors in training in internal medicine / early years of their senior posts.**
- **Up to 5 years after Internal Medicine specialty (regardless of age).**





Organization Scheme



The officers of the Board are **elected by the Assembly** for a period of **1 term of 2 years**.

The Chair is elected by the Assembly for a period of **1 term of 2 years**. Either National Representative or Board Officers can apply as Chair.

The board appoints the **Secretary among its members**. The Secretary steps down automatically from her/his Office once the term as Board Officer expires.





Young Internists' Assembly

- 34 members
- From 25 countries
- YIs Board:
 - 1 chair
 - 1 secretary
 - 4 officers



Photo credit – Tuomas Aro



Young Internists' Projects

- Education



- Research



- Collaborations

- ESIM



- ECIM





Education





Education - Webinars

Organised by the EFIM Young Internists

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Challenges in 2023 for Systemic Lupus Erythematosus

March 29th 2023
6:00 pm CET

Speaker:
Laurent Arnaud, MD, PhD, Professor of Rheumatology at Strasbourg University and Academic Hospitals and French National Reference Center for Rare Auto-immune diseases, President-Elect of the European Lupus Society (ELEuS), Disease Coordinator for Lupus and relapsing polychondritis of the European Reference Network for rare diseases ReCERNET

Moderators:
Lucía Barrera-López, MD, Internal Medicine Department, Hospital de Barbanza, A Coruña, Spain
Ivars Veckalns, Department of Internal Diseases, Rigas Stradiņi University Latvia

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POCUS for the Young Internist

April 19th 2023
4:00 pm CET

Speaker:
Professor Juan Torres Macho, Head of Internal Medicine Department, Hospital Universitario Madrid-Lepoeder Virgen de la Torre, Madrid, Associate Professor of Medicine, Complutense University, Madrid, Spain, Chair of the EFIM Ultrasound Working Group

Moderators:
Öğüz Abdullah Uyaroğlu, Department of Internal Medicine, Division of General Internal Medicine, Hacettepe University Faculty of Medicine, Ankara, Turkey
Miguel Romano, Internal Medicine, ULSAM Viana do Castelo, Portugal

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Community Acquired Pneumonia - An EFIM Guidelines Critical Appraisal Adaptation for Internists

June 15th 2023
7:00 pm CET

Speaker:
Professor Dr. Serhat Ünal, FACP, FRCP
Hacettepe University, Ankara, Turkey
Department of Infectious Diseases

Moderators:
Thomas Aro, Infectious diseases resident and doctoral candidate, Department of Infectious Diseases, Helsinki University Hospital and University of Helsinki, Finland
Miguel Morante, Internal Medicine Department, Hospital Universitario Fundación Jiménez Díaz, Madrid, Spain

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Systemic sclerosis - Primer for the internist

October 10th 2023
7:00 pm CET

Speaker:
Associate Professor Carina Mihai, PD Dr.med
Department for Rheumatology, University Hospital Zurich, University of Zurich, Switzerland

Moderator:
Max Schuller, Division of Nephrology Department of Internal Medicine, Medical University Graz, Austria

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Pulmonary Hypertension Primer for the Internist

November 30th 2023
6:00 pm CET

Speaker:
Alberto M. Marra
Associate Professor of Internal Medicine
Internal Medicine Section
Department of Translational Medical Sciences
"Federico II" University of Naples
Naples Italy

Moderators:
Lucía Ordieres Ortega, Internal Medicine Department, Hospital Gregorio Marañón, Madrid School of Medicine, Universidad Complutense de Madrid (Associate Professor)
Irmengard Meyer, Medizinische Klinik I, St. Bernhard Krankenhaus, Hildesheim, Germany





Education – Webinars – 2024

Deep Vein Thrombosis – Primer for the internist

Dr Pablo Demelo, Spain

TBA

Hyperthyroidism – Primer for the internist

Prof Dagmar Fuehrer-Sakel, Germany

September 2024

Vasculitis – Primer for the internist

Dr Balasz Odler, Austria

November 2024

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Bone Health and Calcium Homeostasis in Malignancy. Primer for the Internist

January 8th 2024
17:00 GET (18:00 EET)

"Hypercalcaemia of malignancy"
Dr. Ieva Ruža
Department of Endocrinology, Department of Internal Medicine, Riga Stradins University, Riga East University Hospital, Riga, Latvia

"Bone loss in women with breast and men with prostate cancers"
Prof. Uģis Gruntmanis
Professor, Geisel School of Medicine, Dartmouth, USA





Education - Webinars



EFIM European Federation of Internal Medicine

@efimeuropeanfederationofin6151 · 405 subscribers · 29 videos

The European Federation of Internal Medicine (EFIM) was established in 1996 through a m... >

[efim.org](#) and 2 more links

Subscribed ▾





Research





Research - Surveys

Challenges in Internal Medicine training and residency. EFIM Young Internists' Survey

- November 2022 – February 2023
- 512 responses
- > 25 countries





What are the challenges?



Demographics and
general information



Ultrasound



Workload



Soft skills



Theoretical knowledge

Stress and burnout



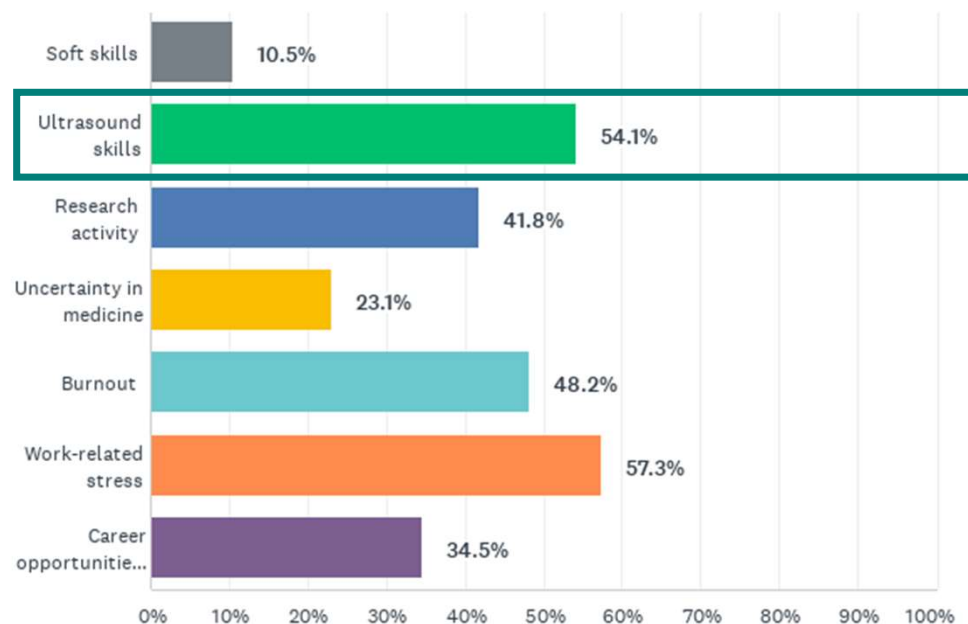
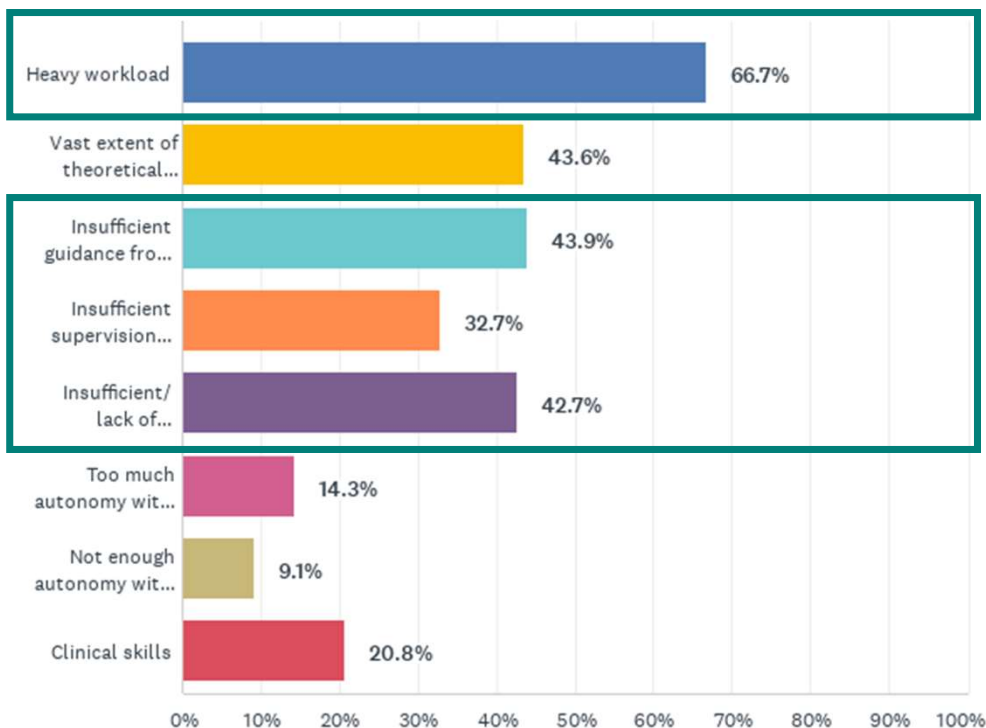
Clinical skills

Perspectives



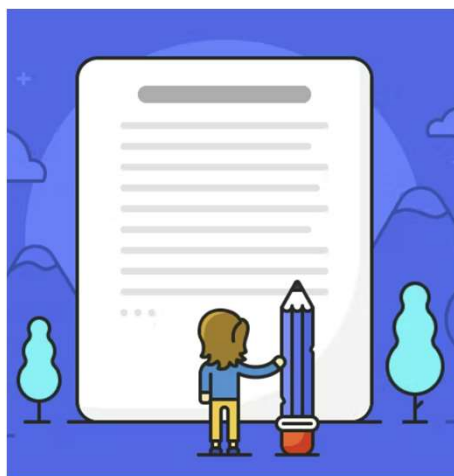


What are the challenges?





Research – Upcoming Surveys



24-hour shifts – Lucia Ordieres Ortega





Collaborations



Collaborations

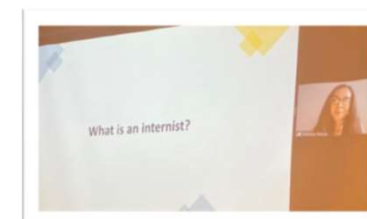
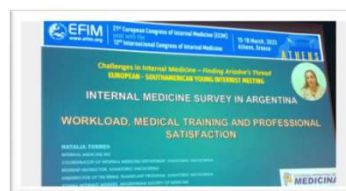
Young Group - Sociedad Argentina de Medicina Interna



EFIM
young internists @ ECIM 2023 Wednesday, March 15th from 15.35 - 17.05

Challenges in Internal Medicine – Finding Ariadne's Thread

Joint session with the Latin American Young Internists





Collaborations

ÖGIM – Young Internists



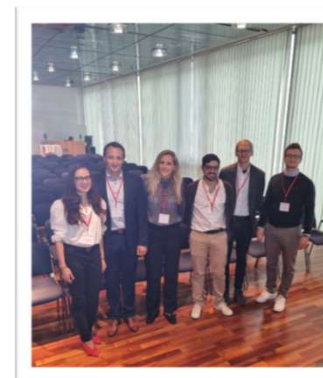
Internal Medicine Residency in Europe - Is the grass greener on the other side?

Challenges in Internal Medicine Training - A multinational survey across Europe - Caterina Delcea (Bucarest, Romania)

Soft skills - The unmet need we didn't know we had (and how to solve it) - Christine Sävérall (Lund, Sweden)

The well-being of the internal medicine residents - during Covid and beyond - Miguel Romano Ribeiro (Braga, Portugal)

Digital medicine - the future has already begun - Jan Skrha (Prague, Czech Republic)



Upcoming Collaborations

European Young Nephrologists



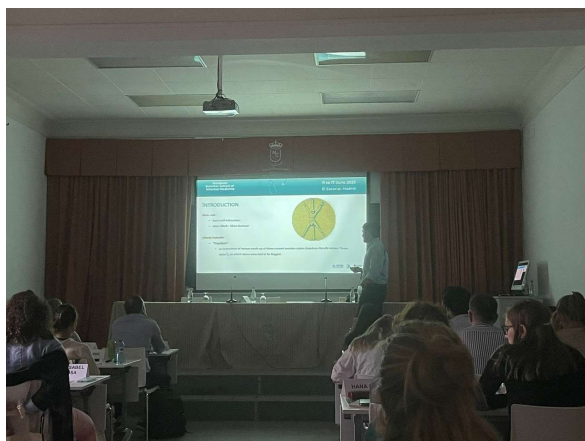


European Schools of Internal Medicine





Miguel Romano – Burnout: An Invisible Fire





Oğuz A. Uyaroğlu – Cardiovascular Risk and Dyslipidemia



22nd European Congress of Internal Medicine

Complexity in Internal Medicine – From Bench to Bedside

6-9 March 2024
Istanbul-Türkiye

ECIM

efim.org/ecim2024





22nd
European Congress of
Internal Medicine



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#ecim2024

Complexity in
Internal Medicine
From Bench to Bedside



Wednesday - March 6th, 13:00 – 16:00

Workshop : Young Internists – How to Write and Publish an Article

Friday - March 8th 2024, 9:40 – 10:40

Parallel Session 14

**The Phoenix Internist - Overcoming hardship and rising from the ashes -
Joint Session**

Saturday - March 9th, 14:00 – 15:00

Best Abstracts of the Young Internists

#ecim2024

6-9 March 2024
Istanbul-Türkiye | ECIM



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22nd
European Congress of
Internal Medicine

Young Internists Corner

March 7th

11:10 - 11:30

Who is your role
model? Let's
create one!

17:10 - 17:30

Artificial
medicine versus
internal
intelligence

March 8th

11:45 - 12:00

Doctors and
patients - we
teach each other

17:10 - 17:30

Unveiling the
Mosaic: Diversity
and Complexity in
Internal Medicine

March 9th

10:35 - 11:05

Medical mistakes - Let's open
Pandora's box



#ecim2024

6-9 March 2024
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